



# 2019 NWA Gaited Dressage Introductory Level - TEST A

## WALK - FLAT WALK

**REQUIREMENTS:**

Free walk  
 Medium walk  
 Flat walk  
 20 meter circle  
 Halt through walk

**PURPOSE:** To introduce the rider and/or horse to the sport of dressage. To show understanding of riding the horse forward with a steady tempo into an elastic contact with independent, steady hands and a correctly balanced seat. To show proper geometry of figures in the arena with correct bend (corners and circles).

**NO:**

TEST		DIRECTIVE IDEA	POINTS	COEFFICIENT	TOTAL	REMARKS
1	A Between X & C	Enter flat walk. Medium walk.	Straightness on centerline and in transition; clear flat walk and walk rhythm.			
2	C M	Track right. Flat walk.	Balance and bend in turn. Quality of transition.			
3	A	Circle right 20 meters, flat walk.	Roundness and size of circle; clear flat walk rhythm and bend.			
4	K-X-M	Change Rein.	Clear flat walk rhythm and straightness on diagonal; bend through corners.			
5	C	Circle left 20 meters, flat walk.	Roundness and size of circle; clear flat walk rhythm and bend.			
6	Between C&H	Medium walk.	Willing and balanced transition; clear walk rhythm.			
7	H-X-F	Free walk.	Complete freedom to stretch neck forward and downward; clear walk rhythm, straightness on the diagonal; ground cover.			
8	F-A	Medium walk.	Willing and balanced transition; clear walk rhythm; bending in corner and turn.			
	A	Down centerline.	Straightness on centerline.			
9	X	Halt and salute.	Straightness; willing, balanced transition at halt.			

Leave arena at free walk. Exit at A.





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**COLLECTIVE MARKS:**

GAITS (freedom and regularity).				
IMPULSION (desire to move forward with suppleness of the back and steady tempo).				
SUBMISSION (acceptance of steady contact, attention, and confidence).		<b>2</b>		
RIDER'S POSITION (keeping in balance with horse).				
RIDER'S EFFECTIVENESS OF AIDS (correct bend and preparation of transitions).				
GEOMETRY AND ACCURACY (correct size and shape of circles and turns).				

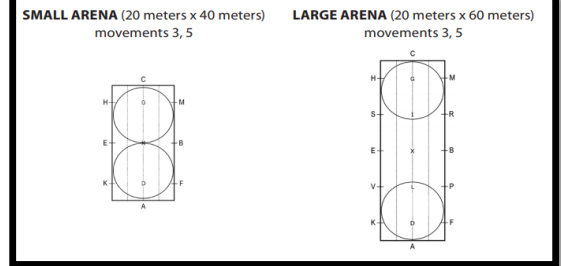
160

**FURTHER REMARKS:**

SUBTOTAL: \_\_\_\_\_

ERRORS ( - \_\_\_\_\_ )

TOTAL POINTS: \_\_\_\_\_



National Walking Horse Association

2019

INTRODUCTORY LEVEL - TEST A

WALK - FLAT WALK

NWAHA  
INTRODUCTORY  
LEVEL TEST

A

This unique series of tests provides an opportunity for the horse and/or rider new to dressage to demonstrate elementary skills. The tests have been designed to encourage correct performance and to prepare the horse for the transition to the USEF tests.

**SUGGESTED SCHEDULING TIME**

5:00 Standard Arena  
4:00 Small Arena  
(Possibly longer for schooling shows)

**INSTRUCTION:**

Turns from centerline to long side and long side to centerline should be ridden as a half circle, touching the track at a point midway between the centerline and the corner, and vice versa.

**COMMENT:**

Horses should be ridden on a light but steady contact, with the exception of the free walk in which the horse is allowed complete freedom to stretch neck forward and downward.

**National Walking Horse Association**  
 PO Box 7111  
 Jacksonville, North Carolina 28540  
 Phone (859) 252-6942  
 E-Mail [office@nwaha.com](mailto:office@nwaha.com)

Score sheet effective date: December 1, 2018 - November 30, 2022

Name of Competition	Class
Date	Number and Name of Horse
Name of Judge / Position	Name of Rider
Signature of Judge	Name of Judge / Position

MAXIMUM POSSIBLE POINTS: 160

FINAL SCORE

Points	Percent
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