Community Resources For White County Bondecroft & Sparta Head Start Centers 2022-2023



To locate additional information on Community Resources access:

https://empoweruppercumberland.org/discoverresources/. Or https://ucassist.org/search/

Developed and Distributed by L.B.J.& C. Head Start

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Adult Education:

St. Raphael's Episcopal Church

Crossville, TN 38555 931-484-2407 931-788-5073 = Directors Number (Assists adults with reading comprehension, remedial work, and understanding English as a Second Language)

Roane State Community College

Crossville, TN 38555 931-456-9880 (Assists adults with furthering their formal education. Assistance with financial aid& scholarship sign-up is available)

TENNESSEE RECONNECT

Tennessee Reconnect Is The Stae Of Tennessee's Initive To Help Adults Enter Higher Education So That They May Gain New Skills, Advance In The Workplace, And Fulfill Lifelong Dreams Of Completing A Degree Or Credential. <u>ask@tnreconnect.gov</u> Or call 800-342-1663

Tennessee Technology Center

910 Miller Ave. Crossville, TN. 38555 (931) 484-7502 (Assists Adults to further their education and job skills training)

<u>www.UCReconnect.com</u> 931-526-2211

Adult Job Training Services:

American Job Center 931-520-9502 Anthony.scionti@tn.gov

Families Resource Center

Sponsored by: White County Board of Education Sparta, TN. 38583 (931) 836-2229 aprilyoung@whitecoschools.net (Assists Adults to further their education)

Career Center

60 Ridley Street Crossville, TN. 38555 (941) 484-7456 (Assist adults to find jobs and provides basic training on job seeking skills)

Social Security Administration - SSI Program

1145 Perimeter Park Dr Cookeville, TN 38501 1-888-717-1528 (Assists with Disability Services, Money/Employment Assistance. The SSA administer a program called SSI for persons with disabilities who are age 65 or older, a blind adult or child, or disabled adult or child - children under 18. If under 18, substantially reduced ability to function independently. appropriately and effectively in a manner expected of children of similar age due to a physical or mental impairment, which has lasted or is expected to last at least 12 months or end in death.)

Tennessee Technology Center

910 Miller Ave. Crossville, TN. 38555 (931) 484-7502 (Assists Adults to further their education and job skills training)

Upper Cumberland Human Resource Agency – White County

826 Valley View Drive Sparta, TN 38583 931-738-6255 (Assist with Children's Issues, Food, Health, Housing, and Money/Employment Assistance Transportation/Utilities. UCART provides public transportation services for low -income individuals, financial assistance for daycare expenses for Family First participants, food commodities program, emergency funds for utility, rent and prescription medication payment, meals on wheels services, home energy assistance program.

Resources for Bereavement:

Heart of the Cumberland

377 Short St or P.O. Box 717, Cookeville, TN 38503 Phone: 931-525-2600 heartofthecumberland@gmail.com Specifically for children and teens that are hurting because of losses suffered through death, divorce or family circumstances

Healthy Bereavement & Grief Classes/Education

Highlands Medical Center 401 Sewell Rd Sparta, TN 931-738-9211

Gentiva Hospice

Sponsored by: Lazarus House Hospice 851 South Willow Ave Ste 102 Cookeville, TN. 931-520-1705 931-528-5133

Hospice of Cumberland County

Meets at the First United Methodist Church First Tuesday of each month at 11:00 a.m. Crossville, TN. 38555 (931) 484-4748

Childcare:

BLUE SPRINGS DAY CARE

2175 DORAN ROAD SPARTA, TN 38583 (931) 738-9394 (*Call for fees*)

BONDECROFT HEAD START

9020 CROSSVILLE HWY SPARTA, TN 38583 (931) 935-8420 (*Free Service*)

CASSVILLE ELEM PRE-KINDERGARTEN (-E-)

261 WILL THOMPSON ROAD SPARTA, TN 38583 (931) 761-2277 (Call for fees)

DEBBIES DAYCARE

336 LEON DRIVE SPARTA, TN 38583 931-836-8480

DOYLE ELEMENTARY SCHOOL AGE CARE (-E-)

AGE CARE (-E-) 174 W.GOOSENECK ROAD DOYLE, TN 38559 (931) 657-2287 (*Call for fees*)

FINDLAY ELEMENTARY PRE-

KINDERGARTEN (-E-) 576 HALE STREET SPARTA, TN 38583 (931) 738-2412 (*Call for fees*)

HEAVENLY SUNSHINE

LISA SCOTT COOKEVILLE, TN 38506 (931) 738-3882 (*Call for fees*)

Mary Poppins Daycare

Cliffview Dr Sparta, TN 38583 931-492-1282

NORTHFIELD ELEMENTARY

SCHOOL AGE CARE (-E-) 570 S.BUNKER HILL ROAD SPARTA, TN 38583 (931) 761-7979 (*Call for fees*)

Shepard's Little Flock Preschool

1461 Sparta Hwy Crossville, TN 38572 931-707-0508

SPARTA HEAD START

430 N Spring St SPARTA, TN 38583 (931) 836-2615 (*Free Service*)

Tender Care

958 McMinnville Hwy Sparta, TN 38583 931-739-8145

TLC

3235 MONTEREY HIGHWAY SPARTA, TN 38583 (931) 739-7767 (*Call for fees*)

THE SECRET GARDEN

258 NORTH SPRING STREET SPARTA, TN 38583 (931) 837-5337

WOODLAND PARK ELEMENTARY B/A CARE (-E-)

88 PANTHER DRIVE SPARTA, TN 38583 (931) 738-3505 (*Call for fees*)

Resources to Help in Child Abuse Situations

Avalon Center

Crossville, TN. 38555 1-800-641-3434 24-hour crisis line (931) 484-4642 24-hour crisis line (931) 456-0747 Center office (Crisis line for those being physically or sexually assaulted)

Child Abuse Hotline

900 2nd Avenue North Nashville, TN 37201 877-237-0004 (*Hotline Only. Provides a 24-hour line* to take reports of abuse and neglect from anyone who knows about a child abuse situation.)

Crossroads Counseling

Crossville, TN 38555 931-707-8921 Contact: Tom Netherton, LPC, LPE (Child Abuse, Domestic Violence, Drug/Alcohol Abuse, Mental Health and Counseling, Rape & Sexual Abuse Provides individual counseling, sex offender counseling, anger management counseling, A&D/chemical dependency counseling, parenting counseling, psychological assessments, psychosexual, psychosocial and/or psychological evaluations.)

Sparta City Police

323 E. Bockman Way(931) 836-3734911 Emergencies(Assist with emergency situations)

The Exchange Club/Stephens Center for the Prevention of Child Abuse

616-B North Church Street Livingston, TN 38570 Contact: Carolyn Isbell, Executive Director 931-823-6432 & 800-635-5199 (Assist parents with building nurturing home-environments and prevent abuse/neglect through home-visitation programs, parenting classes, & community education programs)

Tennessee Commission on Children/Youth

1000 Neal Street Cookeville, TN 38501 (931) 520-4445 (Assist with issues concerning the welfare of children)

White County Health Department

135 Walker Street Sparta, TN 38583 (931) 836-2201

White County Sheriff's Department

Justice Center 111 Depot St. (931) 836-2700 911 Emergencies (Assist with emergency situations)

Youth Services Officer

White County Justice Center 111 Depot Street Sparta, TN 38583 (931) 836-2069

Dental Providers who take TennCare:

Algood Family Dental

172 W Main St Cookeville, TN 38506 931-537-9948 931-537-2808 fax

Cavity Commando

1265 Interstate Drive Cookeville, TN 38501 931-783-1491

Cookeville Regional Dental Clinic

350 S. Lowe Ave. Cookeville, TN 38501 (931) 528-5105

Crossville Dental Clinic

Dr. Teresa E. Ellis 1720 West Ave., suite 106 Crossville, TN 38555 (931) 484-3007

Cumberland Pediatric Dentistry

510 S Jefferson Ave Cookeville, TN 38501 931-854-1200

Dr. Charles Burdeshaw

107 Bonnabrook Dr. Hermitage, TN 1-800-373-3330 615-889-1654

Dr. Chuck Krusa

289 Highland Sq. Crossville, TN 38555 (931) 484-3664

Dr. Gentzler 106 Babb Dr. Lebanon, TN 37087 615-443-3633

Dr. Richard Prichard

10480 Walden Street Soddy Daisy, TN 37379 (423) 332-5544

Dr. David Snodgrass

4761 Andrew Jackson Parkway Hermitage, TN 37076 615-866-3343

Dr. Witherington

815 Webber Avenue, #101Crossville, TN 38555(931) 484-3053(Oral surgeon/need referral)

Dr. John Bell

2931 Essary Rd. Knoxville, TN (865) 687-4450

Dr. Eric Wood

206 Rivergate Parkway, Suite A Goodlettsville, TN 37072 (615) 859-9994

Upper Cumberland Dental

554 W. Main St. Algood, TN (931) 537-2254

White County Health Department

135 Walker Street Sparta, TN 38583 (931) 836-2201

Dental Providers, who may not take TennCare, but offer services to low-income families:

Bread of Life Homeless Shelter and Clinic 281 4th Street

Crossville, TN 38555 931-707-0503 (Primary care medical clinic for uninsured no-income and low -income persons. Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)

Cookeville Rescue Mission

1331 S Jefferson Ave Cookeville, TN 38506 931-528-5819

<u>Resources for persons with</u> <u>Disabilities:</u>

ARC - Cumberland County

269 Hayes Avenue Crossville, TN 38557 931-456-0206 or 931-432-7509

Children's Special Services

Sparta, TN 931-836-2201

Cumberland Veterans Affair 2 N. Main St. Crossville, TN 38555 (931) 456-0090

Hill Toppers

151 Sweeney Dr. Crossville, TN 38555 (931) 484-2535

Social Security Administration - SSI Program 1145 Perimeter Park dr. Cookeville, TN 38501 1-888-717-1528

TN Early Intervention System (TEIS)

1519 E Spring St. #G Cookeville, TN Education/Training (931) 528-1623 (Assist children/families birth - 3 yrs)

Tennessee Department of Human Services - White County

620 Roosevelt Drive Sparta, TN. 38583 931-837-8256

Upper Cumberland Development District

1104 England Dr. Cookeville, TN 38501 931-432-4111

<u>Resources to help in Domestic</u> <u>Violence</u> Situations:

<u>Avalon Center</u>

196 10th St. Crossville, TN. 38555 1-800-641-3434 24-hour crisis line (931) 484-4642 24-hour crisis line (931) 456-0747 Center office (*Crisis line for those being physically or sexually assaulted*)

Genesis House

Street location is confidential Cookeville, TN N/A (931) 525-1637 **Hotline:** 800-707-5197 (*This shelter offers a 24 hour crisis line* (*will accept collect calls*), emergency shelter for women and children, legal advocacy, children's advocacy, case plans for employment and housing, supportive and transitional housing, and individual counseling for domestic violence issues. They will also provide services in non-crisis situation as well. They offer support groups for victims of domestic violence and rape/sexual assault).

Omni Community Health

665 S Jefferson Ave.Cookeville, TN. 38501(931) 528-0051(615) 781-0688

Sparta City Police

323 E. Bockman Way(931) 836-3734911 Emergencies(Assist with emergency situations)

The Exchange Club/Stephens Center for the Prevention of Child Abuse

616-B North Church Street Livingston, TN 38570 Contact: Carolyn Isbell, Executive Director 931-823-6432 & 800-635-5199

White County Sheriff's Department

Justice Center 111 Depot St. (931) 836-2700 911 Emergencies (Assist with emergency situations)

<u>Resources available to help fight</u> <u>the Alcohol and Drug Abuse</u> (<u>Including METH</u>) <u>Problems in</u> <u>your area:</u>

All Local Churches in Area

Alcoholics Anonymous 180 Janice Dr.

Sparta, TN 38583 931-239-3761

Cumberland Heights Drug Treatment Center

66 Hermans Ln Crossville, TN 38555 931-250-5200 1-800-646-9998

Cumberland County Medical Center

421 South Main St. Crossville TN 38555 (931) 484-9511

Cumberland Mtn. Mental Health Center

4325 Hwy 127 North Crossville, TN 38555 (931) 484-8020

Department Of Children's Services

620 Roosevelt Drive Sparta, TN (931) 837-8259

Drug Tip Hotline

Sponsored by: Cumberland County Sheriffs Department (931) 484-4444

Drug Abuse Hotline

1 - 800 - 888 - 9383

Fourth Dimension Inc.

Hwy 70 North Crossville, TN 38555 (931) 484-4255

House of Hope

Cumberland Children's Center 165 Bob Tollett Loop Crossville, TN 38555 (931) 707-2273

Omni Community Health

665 S Jefferson Ave. Cookeville, TN. 38501 (931) 528-0051 (615) 781-0688

Mary Scott Turner Foundation

<u>www.mstrc.org</u> 180 Janice Dr. Sparta, TN 38583 931-239-3761

Meth Hotline/Statewide

1-877-866-6384

Narcotics Anonymous

2229 West Ave Crossville, TN 38555 931-484-6384

Sparta City Police

323 E. Bockman Way (931) 836-3734 911 Emergencies

Teen & Adult Challenge

200 Freedom Ln Livingston, TN 38570 1-888-688-0470

Thirteenth Judicial Task Force

1270 W. Broad St. Cookeville, TN. 38501 (931) 528-5400

Upper Cumberland-Community

Services Agency 1000 England Drive #F Suite A.200 Cookeville, TN 38501 (931) 520-0200

White County Sheriff's Department

Justice Center 111 Depot St. (931) 836-2700 911 Emergencies

White Co Anti Drug Coalition

755 Millers Pt Sparta TN 931-269-3761

Assistance in the event of an Emergency Situation:

Air Evac Life Team

106 Emergency Services Dive Albany, KY 42602 (606) 387-9099

Bondecroft Volunteer Fire Department Bondecroft, TN 931-935-9001

Disaster Assistance DisasterAssistance.gov

Eastland Volunteer Fire Department 931-935-8200

Putnam County Emergency Management Agency 700 County Services Dr. Cookeville, TN 931-528-7575

Poison Control 1-800-222-1222

Sparta City Police

323 E. Bockman Way (931) 836-3734 911 Emergencies

Shriners of Tennessee

1354 Brick Church Pike Nashville, TN. 37207 615-226-7766

Sparta Fire Department

715 North Spring St. (931) 738-7380 911 Emergencies

TEMA www.tn.gov/tema

Thirteenth Judicial Task Force 1270 W. Broad St. Cookeville, TN. 38501

(931) 528-5400

White County Sheriff's Department

Justice Center 111 Depot St. (931) 836-2700 911 Emergencies

<u>Assistance with</u> <u>Food/Clothing/Utilities Needs:</u>

Bread of Life Homeless Shelter and Clinic 281 4th Street Crossville, TN 38555 931-707-0503

Cumberland Co. Good Samaritans 281 10th St. Crossville, TN 38555 (931) 484-3225

Community Education Office for the Food Stamp Program *Legal Aid Society of Middle Tennessee and the Cumberlands* 9 South Jefferson Avenue, #102 Cookeville, Tennessee 38501 Phone: 931.528.7436 Toll Free: 800.262.6817

DeRossett Church of Christ 931-935-2662

First United Methodist Church 100 Braun Street Crossville, TN. 38555 (931) 484-3537

Lansden Church of Christ

4250 Fanchers Mill Sparta, TN 931-761-3240

Linary Church of Christ

1244 Old Hwy 28 Crossville, TN 38555 (931) 484-5961

New Beginnings Fellowship Church

12 Mariners Point Crossville, TN. 38555 (931) 484-7729

Pennies for the Needy

5 W. Maple St., #35 Sparta, TN. 38583 931-836-2344

Pleasant Hill Baptist Church

No Kids Do Without 699 Pleasant Hill Rd Sparta, TN 38583/Pastor Mike Prater

Pleasant Hill Community Church

67 Church St. Pleasant Hill, TN (931) 277-3193

Saint Alphonsus Community Services

51 Saint Alphonsus Way Crossville, TN 38555 (931) 484-8074

Tennessee Department of Human Services - White County

620 Roosevelt Drive Sparta, TN. 38583 931-837-8256

United Fund of Crossville 348 Taylor St.

Crossville, TN 38555 (931) 484- 4082

Upper Cumberland Human Resource Agency – White County 826 Valley View Drive Sparta, TN 38583

931-738-6255

<u>Resources to assist with</u> <u>Housing/Homeless Needs:</u>

Bread of Life Homeless Shelter and Clinic 281 4th Street

Crossville, TN 38555 931-707-0569

Crossville Housing Authority

67 Irwin Avenue Crossville, TN. 38555-4746 Phone: (931) 484-2990

Habitat for Humanity

329 McLarty Lane Crossville, TN 38555 931-484-4565

HART

Homeless Advocacy for Rural Tennessee Grant based program, which allocates homeless assistance P.O. Box 3311 Crossville, TN 38557 931-484-3207

Pennies for the Needy

Community Assistance Agency 5 West Maple St Suite 35 American Legion Bldg. Sparta, TN. 38583 931-836-2344

Seeds of Hope of TN

Homeless Shelter and Resources Seeds of Hope of TN is a Non-profit organization that helps families achieve Freedom from addiction & homelessness. They offer supportive services and assist families to maintain a self-sufficient lifestyle in recovery using a trauma informed approach. Sparta, TN 38583 seedsofhopetn@yahoo.com Tina Lomax 931-303-6695 Stacy Scott 931-212-8915

Self-Help Housing Program

Crossville, TN. 38555 931-484-2990

Sparta Housing Authority

300 Cragrock Drive Sparta, TN. 38583 931-836-3357

United States Department of Agriculture

Rural Development 390 South Lowe Avenue Suite K Cookeville, TN 38501 (931) 528-6539

Upper Cumberland Homeless Shelter

15 Division Street Crossville, TN. 38555 (931) 456-8172

Upper Cumberland Human Resource Agency - UCART

73 Methodist Campground Loop Crossville, TN 38555 931-456-0691

WHITE COUNTY SCHOOL

FAMILY RESOUCE CENTER CONTACT: BEVERLY DRONEBARGER 931-738-9238

SERVICES OFFERED BY THE FRC

- EMERGENCY FOOD AND CLOTHING
- SECOND HARVEST FOOD BANK BACKPACK PROGRAM
- CONDFIDENTIAL ASSISTANCE AND REFERRALS

- ACCESS TO RESOURCES SUCH AS SCHOOL SUPPLIES AND BOOKS
- SCOTTISH RITES SHOE PROJECT WHICH PROVIDES SHOES TO CHILDREN IN NEED
- THANKSGIVING AND CHRISTMAS MEALS AND GIFTS
- SWAT-STOP WITH ALL TOBACCO
- ACCESS TO RESOURCES SUCH AS A LENDING LIBRARY WITH VIDEOS AND BOOKS REGARDING LICE EDUCATION, PUBERTY, SELF-ESTEEM, DRUG ADDICTION, SEX EDUCATION, CONFLICT RESOLUTION, HEALTH, EXERCISE, CRISIS MANAGEMENT, AND PARENTING IS AVAILIBLE TO THE COMMUNITY AND SCHOOL STAFF.

Assistance with Insurance Needs:

Blue Cross Blue Shield

(865) 588-4612 Group Insurance 1-800-845-2738 (Affordable Insurance for Families & Individuals)

Coverkids

Tennessee Department of Human Services - White County 620 Roosevelt Drive Sparta, TN. 38583 931-837-8256 (Assists with Children's Issues, Disability Services, Food, and Health. Responsible for a variety of functions including, but not limited to administering the Families First and Food Stamp programs, processing TennCare applications, regulating childcare centers, managing child support services and providing a widerange of services to Tennesseans with disabilities)

Partnership for Prescription Assistance

Phone: 1-888-477-2669

www.pparx.org If you do not have prescription coverage and/or can not afford your medicines, this organization may be able to help

Tennessee Justice Center

211 7th Ave. North #100 Nashville, TN 615-255-0331 Assists with strategies for obtaining TennCare and appeals process, etc.

Legal/Governmental Assistance:

Child Support Services of Tennessee -Cookeville

580 South Jefferson Ave. Cookeville, TN 38506 931-528-8598

Crossville Housing Authority

67 Irwin Avenue Crossville, TN. 38555-4746 Phone: (931) 484-2990

Legal Aid Society of Middle Tennessee and the Cumberlands

9 South Jefferson Avenue Cookeville, Tennessee 38501 Phone: 931.528.7436 Toll Free: 800.262.6817

Rape and Sexual Assault Response Center

1519 East Spring, Suite F Cookeville, TN 38506 Hours of operation = 24 hrs/day, 7 days a week Phone: = 931-526-5197 Hotline: 800-707-5197 Translation services offered: Yes

Tennessee Department of Human Services - White County

620 Roosevelt Drive Sparta, TN. 38583 931-837-8256

Tennessee 211 1-800-318-9335

(931) 520-0200

Upper Cumberland-Community Services Agency 417 East Broad Street Suite A.200 Cookeville, TN 38501

<u>Resources to Strengthen</u> Marriages:

Assessment/Counseling/training Services (ACTS) 377 Short St.#D Cookeville, TN. 38501 (931) 528-9399

Christian Counseling

348 Taylor St. Crossville, TN 38555 931-707-8200

Cumberland Mtn. Mental Health Center 4325 Hwy 127 North Crossville, TN

38555 (931) 484-8020

Cumberland Worship Center

145 Interstate Drive Crossville, TN.38555(931) 707-9855

Omni Community Health

665 S. Jefferson Ave. Cookeville, TN. 38501 (931) 528-0051 1-800- 881-0359 (615) 781-0688

Patricia Gutherie, Therapist

44 Hayes Street **Crossville, TN 38555** (931) 456-9367

Pastoral Counseling Center

291 Sparta Hwy. Crossville, TN 38555 931-484-0203

The Exchange Club/Stephens Center for the Prevention of Child Abuse

616-B North Church Street Livingston, TN 38570 931-823-6432 & 800-635-5199

Upper Cumberland Development District

1104 England Dr. Cookeville, TN 38501 (931) 432-4111

WARRIOR COUNSELING

NATALIEWHORTON MA, LPC-MHSP 705 HOWELL ST SPARTA, TN 931-510-8365 COVER KIDS SELECT & TNCARE SELECT AND OTHER INSURANCES ACCEPTED

Pre- Marriage Counselors:

Assessment/Counseling/training

Services (ACTS) 377 Short St. #D Cookeville, TN. 38501 (931) 528-9399 931-528-6167

Bethlehem Baptist Church

626 Potato Farm Rd. Crossville, TN 38555 Church: (931) 456-0239

Cumberland Worship Center

145 Interstate Drive Crossville, TN. 38555 (931) 707-9855

Linary Church of Christ

1244 Old Hwy 28 Crossville, TN 38555 931-484-5961

Never Fail Community Church

13348 US 70 Sparta, TN. 38583 (931) 277-5032

Patricia Gutherie, Therapist

44 Hayes Street Crossville, TN 38555 (931) 456-9367

Saint Alphonsus Community Services

51 Saint Alphonsus Way Crossville, TN 38555 (931) 484-8074

Tollet's Chapel

95 Tabor Loop Crossville, TN 38555 (931) 484-5220

Medical Providers who take TennCare:

Children's Special Services

Sparta, TN 931-836-2201 (Assists with the medical needs of children and young adults from birth to age 21 with chronic health issues. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)

Cookeville Pediatrics Associates

150 N. Willow Ave. Cookeville, TN. 38501 (931) 528-1485 (*Takes TennCare*)

Crossville Medical Group

100 Lantana Road, Suite # 202 Crossville, TN. 38555 (931) 484-5141

Crossville Medical Group/Walk-in Clinic

60 Crossville Medical Group Drive Suite # 109 Crossville, TN. 38555 931-484-5141

Cumberland County Medical Center

421 South Main St. Crossville TN 38555 (931) 484-951

Dr. Berman

3234 Miller Ave. Crossville TN 38555 (931) 707-8700

Dr. Kimberly Claypool-Johnson

49 Cleveland St. Suite 240 Crossville TN 38555 (931) 456-5814

Dr. Robert Baker

207 East Bockman Way Sparta TN 38583 (931) 836-6461

Dr. Buchanan

1645 South Main Street Crossville TN 38555

Dr. Mollie Dodson

705 Howell St. Sparta TN 38583 (931) 836-6461 or 739-0048

Fast Pace Urgent Care

150 Sam Walton Dr Sparta, TN 38583 931-739-4000

Dr. Flint

65 Sewell Drive Sparta TN 38583 (931) 738-9316

Dr. Griffin

433 Sewell Drive Sparta TN 38583 (931) 739-3000

Dr. Hallmark

1036 North Main St. Crossville TN 38555 (931) 484-7040

Dr. Hassler

3234 Miller Ave. Crossville TN 38555 (931) 707-8700

Dr. Johnson

4147 Hwy 127 N #102 Crossville, TN 38555 (931) 484-2220

Dr. Koucheki

40 Elmo Dr. Crossville TN 38555 (931) 484-5525

Dr. Victor Shada

1264 Dayton Ave. Crossville, TN 38555 (931) 484-4560

Dr. Vish

15 Walker Hill Circle Crossville TN 38555 (931) 484-1100

Dr. Ty Webb

457 Vista Drive Sparta TN 38583 (931) 738-3383

Kids Kare /Dr. Climico

758 South Willow Ave. Cookeville, TN. 38501 (931) 526-6173 (*Takes TennCare*)

Family Walk-in Clinic

42 Dooley Street Crossville, TN. 38555 (931) 707-7117

Providence Family Medicine

Katina England Huff, PA-C 287 W. Turntable Rd. Sparta, TN 38583 931-836-3262

White County Health Department

135 Walker Street Sparta, TN 38583 (931) 836-2201

White County Hospital Sparta, TN 38583 931-738-9211

White County Women's Health Care 435 Sewell Dr.

Sparta, TN 38583 931-738-9140 White County Walk-in Clinic Sparta, TN 38583 931-836-2228

<u>Medical Providers, who may not</u> <u>take TennCare, but offer</u> <u>services to low-income families:</u>

Bread of Life Homeless Shelter and Clinic

281 4th Street Crossville, TN 38555 931-707-0569 (Primary care medical clinic for uninsured no-income and low -income persons. Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)

Children's Special Services

Sparta, TN 931-836-2201 (Assists with the medical needs of children and young adults from birth to age 21 with chronic health issues. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)

White County Health Department

135 Walker Street Sparta, TN 38583 (931) 836-2201

White County Hospital

Sparta, TN 38583 931-738-9211

<u>Mental Health Providers who</u> take TennCare:

ACTS

377 Short St. Cookeville, TN 38503 (931) 528-9399

Cumberland Plateau Recovery

335 Newman Dr. Ste. A Livingston, TN. 38570 (931) 403-3577

Cumberland Mountain Mental Health Center

4325 Hwy 127 North Crossville, TN 38571 (931) 484-8020

Dale Hollow Mental Health Center

501 Spruce Street Livingston, TN. 38570 (931) 823-5678

Health Connect America

755 Millers Point Rd. Sparta, TN 38583 (931) 837-6042

Plateau Mental Health

1200 S. Willow Ave. Cookeville, TN. 38501 (931) 432-4357 **24-hour hotline**

Rape and Sexual Assault Response Center

1519 East Spring, Suite F Cookeville, TN 38506 Hours of operation = 24 hrs/day, 7 days a week Phone: = 931-526-5197 **Hotline**: 800-707-5197

Team Evaluation Center

600 North Holtzclaw Avenue Chattanooga, TN 37404-1220 (423)-622-0500 (Team Evaluation Center provides diagnoses for social, emotional, educational, or physical problems. After a diagnosis is made, Team will then help develop an intervention plan that includes referrals for treatment. Provides services to pre-school children)

Volunteer Behavioral Health Care System - Plateau Mental Health Center

1200 South Willow PO Box 3165 Cookeville, TN 38502 931-432-4123 **Hotline:** 1-800-281-4943

(Volunteer Behavioral Health Care provide a broad array of services and treatment strategies which include: psychiatric evaluations; individual, family, and group counseling; psychological assessments; chemotherapy; case management; residential facilities; crisis response; rehabilitative and supportive services – thus providing opportunity for people to help themselves)

<u>Mental Health Providers, who</u> <u>may not take TennCare, but</u> <u>offer services to low-income</u> families:

Assessment/Counseling/training Services (ACTS) Cookeville, TN. 38501 (931) 528-9399 (Provide Assistance with Marriage & Mental Health Counseling)

Insightful Pediatric and Family Therapy, LLC

410 Spring St Sparta, TN 38583 931-246-9449

Omni Community Health

Cookeville, TN. 38501 (931) 528-0051 (615) 781-0688 (A community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; <u>Child & adolescent</u> <u>counseling:</u> intensive and therapeutic case management: and family preservation.)

Plateau Mental Health Center

Substance Abuse Services 1200 South Willow Avenue Cookeville TN 38502 Phone: (931) 432-4123 Hotline: (877) 567-6051 (Assist persons with disabilities and mental illness in various ways)

Quit Tobacco Resources

Tennessee Tobacco Quitline: 1-800-784-8669

Cumberland County Health Department

Smoking Cessation Ruth Lucas 1503 S Main St. Crossville, TN 931-484-6196

White County Hospital

Quit 4 Life Smoking Cessation Greg Williams 931-738-9211

Cookeville Regional Medical Center-Algood Room Quit 4 Life Smoking Cessation Tandy Todd

142 W. 5th St. Cookeville, TN 38501 931-528-5176

March of Dimes and Tennessee Department of Health, WIC Program

S.M.A.R.T. – Smart Mothers are Resisting Tobacco 1-800-884-9301 **Nicotine Anonymous** www.nicotineanonymos.org

American Lung Association

Freedom From Smoking www.lungusa.org

American Lung Association of Tennessee 1-800-432-5864

www.lungusa.org

Former Smokers

The No Smoke Café http://clever.net/chrisco/nosmoke/stop.ht ml

<u>Resources to assist persons</u> <u>raising children possibly other</u> <u>than their own:</u>

Agricultural Extension Service -White County 117 South Main Street Sparta, TN 38583 931-836-3348

Department Of Children's Services 620 Roosevelt Drive

Sparta, TN (931) 837-8259

CHANT

Upper Cumberland Regional Office 1100 England Drive Cookeville, TN 38501 931-520-4219

Omni Community Health

Cookeville, TN. 38501 (931) 528-0051 (615) 781-0688

The Exchange Club/Stephens Center for the Prevention of Child Abuse

616-B North Church Street Livingston, TN 38570 Contact: Carolyn Isbell, Executive Director 931-823-6432 & 800-635-5199

Relative Caregiver Program

1104 England Dr.. Cookeville, TN. 38501 (931) 526-6900

Youth Villages

1420 Neal Street Cookeville, TN. 38501 (931) 525-6905

<u>Resources to assist with</u> <u>Transportation Needs:</u>

Upper Cumberland Human Resource Agency – White County

826 Valley View Drive Sparta, TN 38583 931-738-6255 (Assist with Children's Issues, Food, Health, Housing, Money/Employment Assistance, Transportation/Utilities. UCART provides public transportation services for low -income individuals, financial assistance for daycare expenses for Family First participants, food commodities program, emergency funds for utility, rent and prescription medication payment, meals on wheels services, home energy assistance program.

Holman's Taxi Service

15 West Maple Street Sparta, TN 38583 931-836-3888

Promoting Youth Involvement:

Agricultural Extension Service -White County/4-H Program

117 South Main Street Sparta, TN 38583 931-836-3348 The Agricultural Extension Service of Putnam County offers information on basic food preparation, storage, safety and/or preservation. The service also offers family life skills information and referrals related to parenting, communication, discipline, economics, and nutrition. Information relating to health issues such as exercise, health risks, stress, personal grooming, eating disorders, etc. is also available.

ASSE

International Student Exchange Programs 404-754-1667 1-800-473-0696 (Volunteers assist young people from other Countries and encourages American students to study abroad)

Crossville Recreational Youth Soccer Association

Crossville Centennial Park Crossville, TN. 38555 (931) 456-6632 Contacts: Geir Berwin (Provides opportunities for youth to become involved in soccer and community activities)

Cumberland Worship Center

145 Interstate Drive Crossville, TN. 38555 (931) 707-9855 Contacts: Tyler Vaughn, Donna Mullins & Joyce Green (Youth group provides opportunities for community involvement)

Cumberland Fellowship Baptist Church

1640 West Ave Crossville, TN. 38555 (931) 707-1883 (Youth group provides opportunities for community involvement)

First United Methodist Church

100 Braun Street Crossville, TN. 38555 (931) 484-3537 (Youth group provides opportunities for community involvement)

Neverfail Community Church

2080 Red Rd Sparta, TN 38555 Contact: Elliott or Emily Roberts (931) 277-5663 (931) 277 5032

Saint Alphonsus Community Services

51 Saint Alphonsus Way Crossville, TN 38555 (931) 484-8074 Contact: Mary Mitter (Youth group provides opportunities for community involvement)

Teens Against Drugs (TAD Center) Crossville, TN.

WCTE American Graduate & Ready To Learn LWray@wcte.org CPutman@wcte.org 931-528-2222

YMCA

123 Moore Street Sparta, TN. 38583 (931) 836-3330 (Assists young people to become involved in exercise activities and community events)

Language Assistance (All Counties)

Brent Simpson 931-212-8097

County Health Depts. - Primary Health Care Services

County operated outpatient health care facilities that provide a broad range of diagnostic and treatment services including primary adult and pediatric *care*, *prenatal care*, *dental care and specialty medicine as well as laboratory* and radiological services and allied support services like nutrition and health education. Some public clinics may also offer public health services such as immunizations and communicable disease screening and treatment. Services are available on an ability-topay basis and target low-income and indigent residents of the community. (Spanish Language Services)

Department of Human Services, Counties

A state government agency that provides the following financial assistance and health insurance programs to those who qualify: Families First - temporary cash assistance program; Food Stamp Program/Electronic Benefit Transfer (EBT) - nutritional assistance program, EBT Helpline (1-888-997-9444); Medicaid/TennCare - processes applications for health insurance coverage; Child Care Resource & Referral; & Adult Protective Services investigates reports of abuse, neglect, or financial exploitation of adults (1-888-277-8366). Interpreter Services available upon request

Hispanic Family Resource Center

(615) 227-7500(800) 280-8682

Hispanic Association

732 Lafayette Rd Red Boiling Spgs, TN 37150 (615) 699-6279

Hispanic Service Ebenezer

PO Box 712 McMinnville, TN 37111 Phone: 9314741551

Omni Community Health

665 South Jefferson Avenue Cookeville, TN 38501 (931) 528-0051 Provides a variety of counseling services such as academic and behavioral school issues, juvenile delinquency, marriage and family, separation and divorce, depression, alcohol and drug dependency & twelve step recovery, grief and loss, job and life transitions, parenting, and conflict resolution/communication training. (Spanish Language)