

Program Health & Safety Information

Camp Arrah Wanna, Inc. (CAW)

EMERGENCY CONTACT INFORMATION**OUR LOCATION:**

Camp Arrah Wanna
24075 E Arrah Wanna Blvd.
Welches, OR 97067
About .6 miles South of Hwy 26
(503) 622-3189

LOCAL DOCTOR:

Murlan E. Grise, D.O.
Hoodland Adventist Medical
24461 East Welches Road
Welches, OR 97067
(503) 622-3126
M-T 8:00 am – 5:00 pm
Fri 8:00 am – 4:00 pm
CLOSED Sat & Sun

CLOSEST URGENT CARE:

Adventist Health Urgent Care
17055 Ruben Lane
Sandy, OR 97055
(503) 668-8002
M-F 9:00 am – 8:00 pm
Sat & Sun 9:00 am – 5:00 pm

Legacy Health/GoHealth Urgent
Care – Gresham
2850 SE Powell Valley Rd., Ste. 100
Gresham, OR 97080
(503) 666-5050
Open every day 8:00 am – 8:00 pm

CLOSEST EMERGENCY:

Legacy Mount Hood Medical
Center
24800 SE Stark St.
Gresham, OR 97030
(503) 674-1122

FIRE:

Hoodland Fire District #74
69634 E Hwy 26
Welches, OR 97067
(503) 622-3256

CLACKAMAS CO. SHERIFF

Office: (503) 785-5000
Non-Emergency: (503) 655-8211

CAW Leadership Staff:

Executive Director	Laura Young	(971) 219-8015
Program Coordinator	Corey Hughes	(541) 515-4872
Operations Manager	Shannon Morehead	(971) 235-7376
Facilities Director	Sean Clark	(503) 803-2554
Hospitality Director	Raquel Alvarado	(323) 335-0914
Guest Relations Director	Anna Baker	(360) 718-1827
ABCCPC Executive Minister	Rev. Steve Bills	(503) 228-8394

AED (AUTOMATIC EXTERNAL DEFIBRILATOR)

Camp Arrah Wanna will maintain and AED (Automatic External Defibrillator) on our property for emergency use at all times

The location of the device will be made known through appropriate signage and through our facility usage agreements to each group using our facility for an overnight event. At this time, the AED is centrally located on the front porch of the Main Office (behind Bell Tower near Main Lodge).

All fulltime onsite Arrah Wanna Staff will be trained in the use of the AED, and at least one trained adult operator will be onsite for more than three consecutive nights. Documented maintenance and service records, including the batteries and electrodes according to guidelines set forth by the manufacturer, shall be maintained in the Main Office.

Other medical equipment (scissors, CPR mask, protective gloves, disposable razor and absorbent pad) will be carried by appointed Medical Personnel or at the Main Office.

Procedures for using the AED:

1. Upon determining the need for using an AED, both the appointed Medical Personnel and CAW Staff shall be immediately informed of the emergency.
2. CAW Staff trained in the use of the AED, along with the Medical personnel, will be contacted and immediately proceed to the location of the emergency.
3. CAW Staff shall be immediately dispatched to the Main Office to get the AED and other medical equipment necessary for its use.
4. The CAW Director or their designee shall immediately call 911, and give them the location of camp
5. A CAW Staff person shall be sent to the main entrance to guide emergency medical personnel to the location of the emergency within camp

EXPECTATIONS FOR PROGRAM MEDICAL PROFESSIONAL:

DHS/Oregon law only requires CAW to have a designated medical person on site who is trained and certified in First Aid, CPR & AED. However, because the health and safety of our campers is so important, CAW is committed to providing (2) experienced healthcare professionals during all CAW programs that have one of the following certifications:

- | | |
|-------------------------------|----------------------------------|
| 1. Physician | 5. EMT or Paramedic |
| 2. RN / LPN / CNA | 6. AMR Emergency Response |
| 3. Physician Assistant | 7. Wilderness Advanced First Aid |
| 4. Certified Athletic Trainer | 8. Military Medical Corpsman |

Medical Professional applications, reference forms, and copies of certification documents are required to be on file BEFORE someone is cleared to serve in this capacity.

Camp Arrah Wanna provides the following First Aid and Medical equipment:

AED with adult & child pads

(2) fully-stocked First Aid bags that include:

Basic bandages, dressings & band-aids; OTC medications (Acetaminophen, ibuprofen, allergy meds, etc.); Thermometer; Gloves; Wound cleaning supplies; Antibiotic ointment, itch cream, & much more!

CPR Mask & PPE

Backboard for water activities

Locking storage for medications

Refrigerator for storing temperature-sensitive medications

Dedicated space for treating campers & private space for quarantine

The Medical Professional will be responsible for:

Meeting each camper & parent during the check-in process & discussing health concerns

Recording in ALL camper medications during check-in and organizing it for the following days

Checking prescription containers to make sure dose information is understood

Distributing all medication to campers throughout the program days/nights

Documenting ALL medication distributed to each camper (Medication Log)

Keeping strict records of any health-related injury, treatment, and/or incident (Incident Log)

Performing & documenting daily wellness checks for each camper (Wellness-Check Log)

Attending to injuries of various seriousness: minor abrasions, dehydration, upset stomach, etc.

Initiating Emergency Action Plan when necessary: broken bones, head/neck injury, life-threatening accidents, etc. (see "CAW Emergency Action Plan")

Check-out of all camper medication at end of camp session: returning medications and all logs kept for each camper during program. Debriefing with parents

Return medical supplies to Main Office & fill out the "Medical Kit Inventory" form

How many Medical Professionals does CAW need?

CAW's goal is to have (2) Medical Professionals on site at all times when our programs are in process. When part of the group travels off of Camp for activities (Snow Bunny, the Lake, etc), and part of the group stays behind or travels somewhere else, (1) Medical Professional is required to attend EACH event location.

Physical Requirements for the Medical Professional:

CAW may have a vehicle or golf cart available in the case of an emergency, it is not a guarantee. Therefore, we encourage Medical Professional to bring a bicycle and be ready to travel around camp multiple times throughout each day. The use of their personal vehicle is allowed, but discouraged. The Medical Professional needs to be able to act quickly in an emergency, which may require running, carrying heavy items, and standing for long periods of time. If you have a physical challenge in any of these areas, please let us know so we can seek a way to accommodate that need while also making sure our campers are adequately cared for.

COVID-19 PROTOCOL & PROCEDURES:

Please read the "CAW Health & Safety Statement"

CAW will NOT be practicing any exclusion protocols that are specific to vaccinated individuals.

In addition to items noted in "CAW Health & Safety Statement", we will be doing the following:

1. Collecting required information from campers for contact tracing purposes (and general safety)
 - a. Name of person who is checking the camper in and out of camp
 - b. Names of all campers
 - c. Dates & time of arrival and departure
 - d. Names of all staff members & volunteers involved during programs & activities
2. Excluding any person who has tested positive for COVID-19, or knowingly come into contact with someone who has, during the 10-day period leading up to the start of camp.
3. Isolate any participant if they start experiencing cold/flu like symptoms at any time (other than symptoms of known/existing allergies)
4. Notify parent/guardian if any camper experiences cold/flu-like symptoms while at Camp
 - a. Create and carry out a plan to return camper to their home
5. Perform Daily Wellness Checks for each camper & volunteer that will include:
 - a. Cabin counselors will report any illness or symptoms of any kind to Camp Medic immediately
 - b. Symptom check: YES if they are experiencing fever or (2) others / NO if not
6. Encourage hand-washing and safe personal hygiene

Communicable disease management plan:

1. The COVID-19 Point of Contact at Camp Arrah Wanna is:
 - a. Laura Young, Executive Director – if/when Laura is unavailable, contact...
 - b. Corey Hughes, Program & Promotions Director

They will be responsible for facilitating communication, maintaining healthy operations, and responding to COVID-19 questions from state or local public health authorities, state or local regulatory agencies, families & staff. Their contact information can be found above.

2. During any CAW program, if a camper, volunteer, or staff member experience (2) or more COVID-19-related symptoms during Daily Wellness Check, or any other time, they should be immediately quarantined in the designated space (with an adult present) until parent/guardian can pick them up, or they can safely go home to quarantine. Symptoms include:
 - a. Fever
 - b. Cough

- c. Shortness of breath
- d. Fatigue
- e. Muscle or body aches
- f. Loss of taste or smell
- g. Sore throat
- h. Congestion or runny nose
- i. Nausea or vomiting
- j. Diarrhea

3. If (3) or campers, volunteers, or staff members experience (2) or more COVID-19-related symptoms, then the program must be terminated and arrangements will be made for all campers to be picked up as soon as possible.
4. CAW Program Director (or other designated staff member) must notify Clackamas County Public Health Authority (LPHA) if any confirmed COVID-19 cases are identified after program
Phone: (503) 655-8224 Web: <https://www.clackamas.us/coronavirus>