



He listens before he teaches. He explains before he challenges. He breaks bread before he reveals Himself.

This is the heart of synodality: God walks with His people at their pace.

Peter's preaching in Acts shows us something similar — faith grows when people are helped to understand the story of salvation, not just told what to do.

SCRIPTURE of the DAY

Acts 2: 14, 22-33
Psalm 15: 1-2, 5, 7-11
1 Peter 1: 17-21
Luke 24: 13-35



Our young people today are on many Emmaus roads: questioning faith, struggling with identity, navigating digital culture, carrying unspoken wounds.

At MCYD, youth expressed this clearly: "We do not need perfect leaders. We need adults who walk with us, who listen, and who journey with patience." (MCYD Synthesis, Accompaniment & Mentorship)

Youth empowerment is not about handing over responsibility too quickly. It is about walking beside, forming, guiding, and trusting gradually.

A prophetic Church does not abandon the questioning. A synodal Church refuses to walk alone.

When young people feel accompanied, their hearts begin to burn again with faith and purpose.

And like Emmaus, they will rise and return — not because they were forced, but because they were met by Christ through His people. ✦

✠
"Remember that you are never alone, Christ is with you on your journey every day of your lives. "

- St. John Paul II

INTERNAL CIRCULATION ONLY
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NEWBEC

NEW WAY OF BEING CHURCH | 3rd Sunday of Easter | 19 April 2026

WALKING TOGETHER TOWARDS A SYNODAL AND PROPHETIC CHURCH

A People for Missionary Discipleship

MONTHLY FOCUS: SOCIETY: Youth Empowerment



Walking With the Confused Faith Grows Through Accompaniment

The disciples on the road to Emmaus were not rebellious. They were disappointed, confused, and tired. And Jesus does not scold them. He walks with them.



PARISH OF OUR MOTHER OF PERPETUAL HELP

Redemptorist Community

Rev.Fr. Joseph Stephen,C.Ss.R. (Parish Priest)

Rev.Fr. Patrick Massang,C.Ss.R. (Assistant Parish Priest)

Celebrating, Listening and Walking as Pilgrims of Hope.

Address: 19-21, Jalan La Salle, Ipoh Garden, Ipoh, Perak.(Priest address)
1, Jln Serindik, Ipoh Gdn., Ipoh (Church & Pastoral Centre address)
Tel. Nos.: (office – 05 5458220) (Fax: 05 5468495) website: omhip.org

ANNOUNCEMENTS:

Appeal for your help

Dear Parishioners and Friends

Our Parish of OMPH is 56 years old. We continue to maintain our church as a safe and welcoming place for worship.

Recently, we have identified an urgent maintenance issue affecting the church structure. The fascia boards along both the left and right sides of the upper and lower roof have deteriorated due to prolonged exposure to rain water from the roof tiles. If left unattended, this could lead to further structural damage and increased repair costs.

To carry out these necessary repairs, the estimated cost is RM50,000/-.

For one person to contribute RM50K is a hefty amount; but if the community can 'chip' in we will be able to raise the needed amount.

You can transfer your kind contribution to Public Bank account no. **3096 86 4807, Parish of Our Mother of Perpetual Help, Ipoh Garden, Ipoh.**

If you need a receipt, please submit your name, address, at the parish office.

There will be No Tax exemption receipt given. The Government does not give us permission for this matter.

You have been generous in caring for the parish. Kindly help us to see through this project.

Thank you & Blessing to you

(Parish Priest)

PARISH ACTIVITIES & MEETINGS: (APRIL / MAY 2026)

- * 21/4/2026 - 8.00 p.m. – Legion of Mary (C) (St.Mt. Rm.)
- * 21/4/2026 - 8.00 p.m. - Tamil LSS (church)
- * 23/4/2026 – 7.30 p.m. – RCIA (E) (St.Mk.Rm.)
- * 23/4/2026 - 8.00 p.m.- RCIA (BM) (Wallace Rm.)
- * 24/4/2026 - 8.00 p.m. – RCIA (C) (ven Francis Xavier Rm.)
- * 24/4/2026 – 8.00 p.m. – Area Coordinators (St.Mk.Rm.)
- * 25/4/2026 – 8.30 a.m. – RCIA Deanery Retreat (Fancis Xavier Rm, St.Paul Rm
Wallace Rm, St Mt.Rm.,Cafeteria)
- * 25/4/2026 – 10.00 a.m. – Infant Session & Rehearsal (St.Mk.Rm.)
- * 28/4/2026 - 8.00 p.m. – Legion of Mary (C) (St.Mt. Rm.)
- * 30/4/2026 – 7.30 p.m. – RCIA (E) (St.Mk.Rm.)
- * 30/4/2026 - 8.00 p.m.- RCIA (BM) (Wallace Rm.)
- * 30/4/2026 – 8.00 p.m. – Tamil Choir practice (St.Paul Rm.)
- * 1/5/2026 - 2.00 p.m. – PPC Retreat (ven Francis Xavier Rm.)
- * 6/5/2026 – 8.00 p.m. – PPC meeting with VP Council (parish hall)

APRIL/MAY 2026 COFFEE MORNINGS:

- 19/4/2026 - BEC St.Francis de Sales
- 26/4/2026 - Hospitality Ministers.
- 3/5/2026 - RCIA
- 10/5/2026 - BEC St.Jude
- 17/5/2026 – BEC St.Philip
- 24/5/2026 – Tamil Hospitality Ministers
- 31/5/2026 - Hospitality ministry (E)

BIBLE REFLECTION & HOME-GATHERING:

- * Sun. 19/4/2026 – 6.00 p.m. – BEC St.Benedict; Home of Sebastian
- * Wed. 22/4/2026 – 8.00 p.m. – BEC St.Peter; (Cafeteria)

ETERNAL HAPPINESS TO:

- + John Kennedy a/l Arakappa Thevar Pitchai departed on 7 April, 2026.
- + Mary Yeoh Peak departed on 9 April, 2026.
- + Linnox Ivan a/l Wilfred departed on 14 April,2026



Community

All B.E.C.

leaders, please take note that the Parish is trying to revive the B.E.C.s of all language groups.

Kindly inform the parish office to insert into the bulletin of your BEC monthly meetings.

NEXT MEETING:

Fri 24/4/2026 @ 8.00 p.m. in St.Mark's room.

CHRISTIAN MEDITATION TIME

All are welcome to join the Christian Meditation group which meets

* **EVERY SATURDAY** AT 11.00 A.M. – 12 NOON in the Meditation room.

BAPTISM: Please contact the Parish Priest at least **ONE MONTH** in advance.
Next Infant baptism: **26 April, 2026.** Session and Rehearsal on Sat. 25 April, 2026 @ 10 a.m

MARRIAGE:

Please contact the Parish Priest at least **SIX MONTHS** in advance.

EVENING FOR THE ENGAGED 2026.

Please see your Parish Priest for registration.

Couples planning to get married in the year 2026, please take note of the EE Weekends english during the year.

You are requested to register six (6) weeks before the weekend

EE147 8-10 May, 2026
EE148 7-9 Aug., 2026
EE 149 13 – 15 Nov., 2026

For enquiries: Tel.: 016 4413494
Nicholas (after 6 p.m only)

Tamil Catholic Marriage Preparatory Course 2026 (TCMPC)

1. May Fri 8 to Sun 10
2. Aug Fri 21 to Sun 23
3. Nov Fri 6 to Sun 8
(venue) Domus St.Anne, B.M

LENTEN BASKET 2026

Caritas OMPH acknowledge your generosity for the lenten food items contribution. The total food items received amounted to RM27,086.36.

Thank you for your support!

MONTFORT BOYS TOWN

Admission open for youth ages from 16 – 19 years old;

It will be held on 23 & 24 July 2026.

The course offers electrical, hospitality, automotive, bakery & pastry, facilities maintenance and graphic design & multimedia.

Application forms can be downloaded from –

www.montfort.org.my

or, Contact: 03-5519 1735/36 (office)

Kursus pra-perkahwinan dalam BM

Tarikh : **25-26 April 2026**

Tempat : Domus, Minor Basilika

St. Anne Bukit Mertajam

Untuk pertanyaan dan maklumat lanjut sila hubungi;

Sr. Lucynia-0107966882

Sr. Tauria - 0139084578

Byron - 0135950232

Tarikh tutup penyertaan :
21 April 2026

CATHOLIC CHARISMATIC RENEWAL - Life in the Spirit Seminar in Tamil at O.M.P.H. church

(time) 8.00 p.m. - 9.30 p.m.
(venue) OMPH church

21/4/2026 - Transformation in Christ

NEW-INTAKE for "ADULT ENQUIRY TO THE CATHOLIC FAITH"

The RCIA (Rite of Christian Initiation of Adults) is a program of induction into the Catholic Church. If you know of friends who are interested in making enquiry into the Catholic Faith please register now at the Parish office.

The Program will start in July.

SCHEDULE: For MASS, DEVOTIONS and PRAYER MEETINGS.
(19 April 2026) (Mass at 8.00 a.m. if it is a PUBLIC HOLIDAY)
 (All in *English* unless stated otherwise.)

SUN. 19 THIRD SUNDAY OF EASTER (Year A)

8.00 a.m. Mass (E)
 10.00 a.m. Mass (T)
 11.30 a.m. Mass (C)

MON. 20 3rd Week of Easter (Wk 3)

7.00 a.m. Mass

TUES. 21 3rd Week of Easter (Wk 3)/St.Anselm

7.00 a.m. Mass

WED. 22 3rd Week of Easter (Wk 3)

7.00 a.m. Mass

THURS. 23 3rd Week of Easter (Wk 3)/St.George/St.Adalbert

7.00 a.m. Mass

FRI. 24 3rd Week of Easter (Wk 3)/St.Fidelis of Sigmaringen

7.00 a.m. Mass.

SAT. 25 ST.MARK, EVNGELIST/B.V.M

7.30 a.m. Mass. (Novena intentions)
 9.00 a.m. Novena devotion to Our Mother of Perpetual Help. (church)
 5.00 p.m. Novena devotion to Our Mother of Perpetual Help. (church)
 5.45 p.m. Mass (E)

SUN. 26 FOURTH SUNDAY OF EASTER (Year A)/GOOD SHEPHERD SUNDAY

8.00 a.m. Mass (E)
 10.00 a.m. Mass (T)
 11.30 a.m. Mass (C)

ST.MARY'S CHAPEL, TERSUSUN

* Sun. 19/4/2026 - 4.00 p.m – Blessing of chapel & Mass in Tamil.

2nd COLLECTION: 19/3/2026 - For parish maintenance.

DAILY SCRIPTURE READINGS

(WEEKEND READINGS: Year A) (WEEKDAY READINGS : Year 2)

SUNDAY 19 (19 April – 26 April, 2026)
 (a) Acts 2: 14, 22-33. (Ps 15: 1-2, 5, 7-11)
 (b) 1 Pt 1: 17-21
 (c) Lk 24: 13-35

MONDAY 20 (a) Acts 6: 8-15. (Ps 118: 23-24, 26-27, 29-30)
 (b) Jn 6: 22-29

TUESDAY 21 (a) Acts 7: 51 – 8: 1. (Ps 30: 3-4, 6-8, 17,21)
 (b) Jn 6: 30-35

WEDNESDAY 22 (a) Acts 8: 1-8. (Ps 65: 1-7)
 (b) Jn 6: 35-40

THURSDAY 23 (a) Acts 8: 26-40. (Ps 65: 8-9, 16-17, 20)
 (b) Jn 6: 44-51

FRIDAY 24 (a) Acts 9: 1-20. (Ps 116: 1-2)
 (b) Jn 6: 52-59

SATURDAY 25 (a) 1 Pt 5: 5-14. (Ps 88: 2-3, 6-7, 16-17)
 (b) Mk 16: 15-20

SUNDAY 26 (26 April – 3 May, 2026)
 (a) Acts 2: 14, 36-41. (Ps 22: 1-6)
 (b) 1 Pt 2: 20-25
 (c) Jn 10: 1-10