



## Atypical: Life With Asperger's in 20 1/3 Chapters

by Jesse A. Saperstein



I enjoyed reading this book. It was real! Not only because Jesse talks about real life events, but also because the language he used made it real. It made it easy to follow and it captured my attention. It helped me understand what and how someone with Asperger's syndrome may think/feel/dream about. It's not a generalization of everyone with Asperger's.

The way Saperstein shares details of his personal life provided me with a different frame of reference. It gave life and meaning to what others would refer to as psychopathology. I would recommend it to anyone who would like to really know what it means to have Asperger's. It's also pretty inspirational. ~**Nancy Arocho-Mercado**

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An entertaining and important read that offers rare insight into the life of someone diagnosed with Asperger's syndrome. The author keeps the story light and at times funny, but the social struggles that one with Asperger's experiences is evident. I think the author does a great job providing understanding to an often misunderstood diagnosis. I recommend this book to anyone who is looking for a firsthand account of someone living with this syndrome. ~ **Susan McVey**

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I would highly recommend this book, as the author is a brilliant writer. The book offers the reader a window into the world of Asperger's in a real, painful and delightful way. He shares it all.

While the disorder has been around for years, I do not know of any book written on Asperger's with such honesty or candor. The painful part is that he writes about his experience of chronic rejection, being bullied, his bizarre habits of the neurotypicals, and his dating attempts.

He wrote in one passage: "New York City harbors more Jewish women than the entire nation of Israel. All of them have rejected me." I would love to hear him speak, as he is offering hope to many who have this disorder. ~**Michele Winchester-Vega**

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This book is the creative brainchild of a young local fellow from Pleasant Valley who has defied the odds of limitation and is living an adventurous life. Based on his understanding of his Asperger's syndrome and the encouragement from his parents, this creative and humorous writer managed to outsmart his diagnosis.

He writes his memoir in a stream-of-consciousness style I am not fond of; however, I can appreciate it. You may find, as I did, his search for self-knowledge, disclosure and acceptance a noteworthy read.

Follow along his rambling road through mainstream education, a degree in journalism, his social commitment to autism and AIDS Awareness foundations to inspiring many on his 2,174-mile Appalachian Trail hike. He is known for his public speaking, his inspiring talks and poignant statements. ~**Diane Light-Spiro**