



ODE CNP CACFP Menu Form



Sponsor name/site name Gentog Menu F - 2020

Month and Year February 22-26, 2021

| Meal Patterns | Monday Feb 22 | Tuesday Feb 23 | Wednesday Feb 24 | Thursday Feb 25 | Friday Feb 26 |
|--|---|--|---|--|--|
| Breakfast <ul style="list-style-type: none"> Grains, or meat/meat alternate (no more than 3 times per week) Vegetables or Fruits Fluid Milk Other Foods | Scrambled Eggs (Meat Alt) Orange Rolls Bananas Whole or 1% Milk | French Toast (WG) Applesauce Whole or 1% Milk | Cheerios (WW) Toast Bananas Whole or 1% Milk | Great Value Light Vanilla Low-fat Yogurt (Meat Alt) Toast (WW) Peaches Granola Whole or 1% Milk | WW English Muffins with Sausage Patties (WW) Grapes Whole or 1% Milk |
| AM Snack (Select two of these five components) <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits Grains | Graham Crackers Mandarin Oranges | Great Value Light Vanilla Low-fat Yogurt Blueberries | Peaches Cheese Sticks Seniors: Mixed Nuts instead of cheese | Toasted WW English Muffins (WW) Cheese Slices | Cheese Slices Crackers |
| Lunch <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits/Veg Grains Other Foods | Chicken Fingers (CP) Angel Hair Pasta Alfredo Bread (WG) Green Beans Applesauce Whole or 1% Milk | Beef Fajita Salad (HM) (Lettuce, Black Beans, Tomato, Cheese, Steak, and Corn) Dinner Rolls Peaches Whole or 1% Milk | Corn Soup (HM) Ham Sandwiches (WW) Pears Whole or 1% Milk | Turkey Tetrazzini (HM) (Turkey, Noodles, Parmesan cheese, & Cream of Celery) Cooked Carrots Bread (WG) Pineapple Whole or 1% Milk | Pepperoni Pizza (CP) Tossed Salad Mandarin Oranges Whole or 1% Milk |
| PM Snack (Select two of these five components) <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits Grains | Vegie Sticks Cheese Sticks | Quesadillas (Cheese Meat Alt) | Oatmeal Scotchies Whole or 1% Milk | Animal Crackers Raisins | Rice Cakes Orange slices |

Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.

This institution is an equal opportunity provider.