

Jean M. Monty, Ph.D.

Psychological Services, LLC

### Adult History Form

Client's Name: \_\_\_\_\_ Diagnosis: \_\_\_\_\_

Date: \_\_\_\_\_ Age: \_\_\_\_\_ Sex:  Male  Female

Date of Birth: \_\_\_\_\_ Place of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone Number: (H): \_\_\_\_\_ (C): \_\_\_\_\_ (W): \_\_\_\_\_

Emergency Contact Name/Number: \_\_\_\_\_

#### FAMILY INFORMATION

Marital Status:  Single  Married  Divorced  Partner Significant Other: \_\_\_\_\_

Number of Individuals in your household: \_\_\_\_\_

Name of Individuals living with you and their relationship to you:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Religion (optional): \_\_\_\_\_

#### EDUCATION AND EMPLOYMENT HISTORY

	Name of School	Year Graduated
High School		
College		
Advanced Degree		
Other		

Are you employed outside of the home? \_\_\_\_\_

Present Occupation: \_\_\_\_\_

Place of Employment: \_\_\_\_\_

How long have you worked at this job? Years: \_\_\_\_\_ Months: \_\_\_\_\_

Longest job held: Years: \_\_\_\_\_ Months: \_\_\_\_\_

Title and/or name of position: \_\_\_\_\_

Are you currently enrolled in a college or university? If yes, where, and what is your intended major and expected date of graduation?

\_\_\_\_\_  
\_\_\_\_\_  
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Ever served in the Military?: Yes No

If yes, please give dates and positions in Military:

\_\_\_\_\_  
\_\_\_\_\_

Honorable or Dishonorable Discharge: \_\_\_\_\_

HEALTH

Name of Primary Care Physician: \_\_\_\_\_

Medications and dosages:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Describe your present physical condition:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Do you drink?: \_\_\_\_\_ If so, how often and how much?: \_\_\_\_\_

Do you abuse Narcotics or other substances?: \_\_\_\_\_

If yes, please explain: \_\_\_\_\_

Have you been seen for mental health or substance abuse issues in the past? \_\_\_\_\_

If yes, with whom and for how long?:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Signature of Client: \_\_\_\_\_

Date: \_\_\_\_\_

Therapist Signature: \_\_\_\_\_

Date: \_\_\_\_\_