



# Coronado Hills Neighborhood Monthly Newsletter

## Summer Heat Safety

As we move into the hottest months of the year, here are some tips to prevent heat-related illnesses.

- **Stay hydrated** - Drink more water than usual and avoid sugary, caffeinated beverages. Even if you aren't thirsty, drink water before outdoor activities.
- **Dress for the weather** - Wear lightweight, light-colored, loose-fitting clothing
- **Protect your skin** - Apply sunscreen with at least SPF 15 regularly
- **Stay out of the sun when possible** - Find shade and wear a wide-brimmed hat when outdoors
- **Work and play safely** - Avoid high-energy activities and exercise during extreme heat, especially during the afternoon
  - **Employ the buddy system** - have someone with you for outdoor activities so you can look after each other
- **Protect your pets** - Provide your pets with plenty of water and shade when they need to be outdoors. Watch for heavy panting, a bright red gum color, a fast pulse or an animal that can't stand up.



## Shared Streets



## Construction Update



Thank you to Shelby for continuing to touch base with the City of Austin's Transportation and Public Works Department regarding the construction that has begun for the neighborhood Shared Streets Program.

Here are the current updates we have for this month:

- The next phase of construction will begin with the sidewalk on the north side of **Coronado Hills**,
  - followed by the pedestrian crossing islands, and then
  - the sidewalk and repairs along **Brookhollow**.
- Work will take place Monday through Friday, 9 AM–4 PM.
- If you're not already on our neighborhood email list and want to get updates like this directly, you can add your email here: [bit.ly/CoronadoHillsSurvey](https://bit.ly/CoronadoHillsSurvey) (you can skip the rest of the survey if you'd just like to sign up for updates)



## *Blast from the Past*

First introduced to the United States in the 1920's, icebox cakes started to become popular with the introduction of new home refrigeration appliances. While they hit their peak in the 1950's and 60's, we still think of them as the perfect summer treat to beat the Texas heat.

### STRAWBERRY PECAN ICEBOX CAKE

#### Ingredients:

8 ounces cream cheese, room temperature  
1 cup powdered sugar  
3 cups heavy cream  
1 tablespoon vanilla extract  
1 tablespoon lemon zest  
1 tablespoon lemon juice  
1 box graham crackers (14.4 ounces)  
4 cups sliced strawberries  
½ cup chopped pecans

1. In a large bowl, beat cream cheese at medium speed until smooth. Gradually add powdered sugar and continue beating until smooth.
2. Add 1 cup heavy cream and beat at low speed until smooth. Add remaining 2 cups heavy cream and mix at medium speed until light and fluffy, increasing the speed as the mixture begins to thicken. Fold in the vanilla, lemon zest and lemon juice.
3. Coat the bottom of a 9-by-13-inch pan with cooking spray. Line the bottom of the pan with ⅓ of the graham crackers.
4. Spread ⅓ of the mixture over graham crackers followed by ⅓ of the strawberries and pecans. Repeat layers two times using remaining ingredients, ending with strawberries and pecans.
5. Cover with plastic wrap and refrigerate at least 4 hours or up to overnight.



#### Donations

Consider supporting our neighborhood association with a donation to help fund community events & initiatives in 2025  
[paypal.me/CoronadoHills](https://paypal.me/CoronadoHills)

#### New Facebook Group!

Join our new neighborhood Facebook group for updates and a digital copy of this newsletter!  
[facebook.com/groups/coronadohills/](https://facebook.com/groups/coronadohills/)

