



## Verdeen Ingram

In my spare time I like to run, bike, hike, kayak and ski. Just about anything to do with nature.

My inspirations and my heroes are one and the same - my mom and dad. They were hard-working farmers. They not only took care of their land, though; they made a difference in the lives of many people by sharing their time and talents.

I have been working with the agency since it was located on the grounds of the developmental center. We delivered food for the pantry. Had to load it in a grocery cart at the end of a long sidewalk because you couldn't drive up to the building.

Community Action Partnership of Central Illinois  
Empower. Create. Endeavor.



Phone: 217-732-2159  
E-mail: [veeingram@live.com](mailto:veeingram@live.com)