

# “Winterberry Café” Supply List and Jump Start directions

- \_\_ sewing machine (oiled, cleaned and must know how to thread & use your machine)
- \_\_ walking foot (very important)
- \_\_ thread for piecing AND to match appliqué
- \_\_ extra needles & extra bobbins
- \_\_ rulers: 24” & 12-1/2” square (or your favorite!)
- \_\_ 505 basting spray
- \_\_ small scissors with micro-sharp points
- \_\_ quilting gloves
- \_\_ travel iron and ironing pad
- \_\_ extension cord (at least a 9’ cord)
- \_\_ AND chocolate is always good too!
- \_\_ open toe appliqué (or darning) foot
- \_\_ filled bobbins to match appliqué
- \_\_ rotary cutter with new blade
- \_\_ cutting mat – 18” x 24”
- \_\_ safety pins if NOT using spray
- \_\_ long straight pins AND magnetic pin holder
- \_\_ appliqué pressing sheet (Teflon sheet)
- \_\_ fabric marking pen or pencil or chalk
- \_\_ Ott-Light

## “Jump Start” for cutting AND appliqué for “Winterberry Café”

This is **NOT** the pattern! It's only for use prior to our class!

### Step 1- Cutting the “B’s” – Backing, Batting, Background, Borders, and Binding.

Backing fabric & Batting . . . . .	cut 22”w x 30”h <b>each</b>
Hanging Sleeve (usually from backing fabric)	cut 18”w x 4”h
Background . . . . .	cut 11-1/2”w by 20-1/2”h
Inside Border (from fat eighth – 9” x 21”) . . . . .	cut four – 1-1/4” x 21”
Outside Border . . . . .	cut two – 3-1/4” x WOF (at least 42”)
Binding . . . . .	cut three– 1-1/2” x WOF

↪ Please note: this is for Single-fold Binding – which I use for wall hangings.  
if you’d rather use double-fold binding, please cut bindings to your preferred width.

*NOTE: If you purchased a Laser-Cut appliqué kit with fused & cut appliqué AND background fabric skip steps 2 thru 8 and go to “kit” directions*

*If you have done fusible web appliqué before you may want to get a jump start on fusing and cutting, HOWEVER, we can do this in class.*

*The following directions are ONLY if you feel comfortable doing some things on your own.*

NOTE: not all paper backed fusible webs are created equal! The following are the ones that I have used and know work well – I cannot guarantee the success of any others.  
So I’d recommend one of these . . . Print-N-Fuse – Lite Heat & Bond – Soft Fuse.

**Step 2** - Trace all the appliqué shapes from pages 3, 4 & 5 onto the **paper side** of fusible web sheets. (the BLACK appliqué is included with pattern.) Use either a light fusible web for tracing – OR – Use “printable” fusible web sheets and PRINT them with your **inkjet** printer.

☛ Cut apart the sections of the fusible sheets on the dashed lines. ☛

☛ Do NOT trace pages 6 & 7. They are placement guides and **NOT** appliqué pages!

**Step 3** - Fabrics – use unwashed fabrics (OR washed fabrics, but do NOT add fabric softener).

TIP: Batiks are *always* best for raw edge fusible web appliqué!

**Step 4** - Cut your fabric to the size listed on each section of the appliqué pages.

**Step 5** - Fusing – lay fabric, **RIGHT SIDE DOWN** on ironing pad. Lay fusible web sheet, sticky side down over fabric. The paper side that you traced or photocopied will be right side up.

**Step 6** - With a hot, dry iron (wool or cotton setting), apply heat to the paper side of the fusible sheet, fusing it to your fabric. This takes approx. 6 to 8 seconds.

Check after 8 seconds – webbing should be fused evenly to fabric. If not, apply a bit more heat. Do NOT over fuse. Do not slide iron around, instead “lift and press”.

**Step 7** - Take out Seven Baggies – label them “W”, “CD”, “T”, “C”, “J”, “BF” and branch.

After fusing all the appliqué sheets to your fabrics, cut out the shapes on the traced lines.

TIP: for tiny pieces, cut a quarter inch margin around shape; you’ll cut them out completely in class!

Do NOT peel the paper from the back of the appliqué shapes.

**Step 8** - Separate cut out shapes according to their “part number”, NOT by color!

Place all “BF” shapes in the “BF” baggie AND all “CD” shapes in the “CD” baggie, etc., etc.

Be sure to bring your baggies to class, AND any leftover fabric!

(You never know if you might need a bit more.) ☺

## “Winterberry Café” Kit directions . . .

\_\_ The fabric in your kit is NOT cut to size. Please follow directions in step 1 to cut them to the size needed. Place all fabrics (and any extra) in a large baggie to bring to class.

\_\_ The appliqué shapes included in your kit is pre-fused AND laser cut for you, however you must LABEL all shapes.

\_\_ Remove the pattern from the kit and separate the pages.

\_\_ Take out Seven Baggies – label them “W”, “CD”, “T”, “C”, “J”, “BF” and branch

\_\_ Match the shapes to those on pages 2 thru 5 and write the part number on PAPER side of the shape with a pencil.

\_\_ Place pattern back in kit bag.

\_\_ Once all shapes are labeled, snip apart any shapes that are attached.

\_\_ Place all shapes in baggies according to their part number. Example all “W” shapes in the “W” baggie; all “CD” shapes in the “CD” baggie, etc., etc.

\_\_ Place all baggies into the kit bag along with the cut fabrics and bring to class.

*See you in class! Sue Pritt*