

NOVEMBER MONTHLY SCHEDULE:

DAILY: Congregate Lunch 11:30 am

Please RSVP 24 hours prior.

MONDAY:

Exercise Class 9:00 am Euchre 12:30 am

TUESDAY:

Bingo • Free • 10:15 am Learn to play Bridge w/Al 12:00 pm

Clogging Group 3:00 pm

WEDNESDAY:

Exercise Class 9:00 am

THURSDAYS:

Chair Yoga 12:30 pm

FRIDAY:

Exercise Class 9:00 am
Bible Study 10:30 am
Bingo • Free • 10:15 am
Euchre Tables 12:00 pm
Line Dancing 1:00 pm

NOVEMBER CALENDAR NOTES

1ST, 2ND, 3RD Mondays by appointment SOLE SOLUTIONS footcare clinic

Tuesday, November 18th Commodity Box Delivery 8am

Wednesday, November 12th Board Meeting 10:15am

Wednesday, November 19th S.A.L.T. Council 1pm

Pickaway Senior Center

From the Desk of the Director

Welcome to November! The holiday season is upon us. Thanksgiving is one of my favorites! We have so much to be grateful for at the center.

Coming up at the center this month.

The S.A.L.T. annual Pancake Breakfast will be held at the center on Saturday, Nov. 8 from 7:30 to 11 a.m. Tickets are \$10 and can be purchased at the center. Proceeds go to support the S.A.L.T. Council.

Medicare open enrollment is happening now. OSHIIP will be here on Wednesday, Nov. 5 from 9 am until 3 pm if you need help finding the right plan for you. Please call the center at 740-474-8831 to schedule a time to meet with one of their representatives.

Our Veterans Day Luncheon is scheduled for Monday, Nov. 10. Veterans eat for free. Please call ahead for a reservation and let us know if you are a veteran and which branch you served.

Our Monthly Fellowship will be held on Tuesday, Nov. 25. This will be our Thanksgiving meal. Please give us a call to RSVP for this fellowship.

We thank you for your continued generosity and support of the center. Donations to the center are essential to help keep our senior programs running. We appreciate you! If you need more information on how you can support the center, please give us a call at 740-474-8831.

The Center will be closed on Tuesday, Nov. 11 for Veterans Day and Thursday, Nov. 27 and Friday, Nov. 28 for the Thanksgiving holiday!

Hope to see you soon at YOUR Senior Center!

Holly Romine

Pickaway County Commission on Aging BOARD OF DIRECTORS:

Ellery Elick President
Andy Bull Vice President
Joy Ewing Treasurer

Al Canarsky Membership Rep Holly Romine Director

Dennis Bothel Fiscal Officer
Robin VanGundy Secretary

Bob Mabe Krista Bower
Jenna LoganSally Galecki
Grant Davis Harold Henson

Sheriff Matthew Hafey

Pickaway County Commissioners: Jay Wippel

Gary Scherer Harold Henson

MEETING: 2ND WEDNESDAYS

SUGGESTED CONGREGATE
LUNCH DONATION IS \$4
FOR SENIORS 60+

ALL AGES ARE WELCOME!

PLEASE RSVP THE DAY PRIOR

PICKAWAY SENIOR CENTER

2105 Chickasaw Drive Circleville OH 43113

pickawayseniors.org

Office 740-474-8831
Toll Free 888-397-7246

Fax 740-477-8114

Office Hours: Monday-Friday 8am — 4pm

Services provided Monday - Friday

Adult Day Care:

Provides respite relief for those caring for a loved one with a dementia or Alzheimer's.

Services available
Tuesday—Thursday
9am—1pm.
Transportation and
lunch provided.



Congregate (Shared) Meals

Hot lunch is served at the Pickaway Senior Center 11:30 am, Monday — Friday.



Meals on Wheels:

A hot, nutritious lunch delivered to your home five days a week.

Transportation

Transportation, for those over 60, residing and traveling within the County, is available by request for medical appointments, with grocery and other types of trips, as time allows.

National Family Caregiver Support Program

Respite, personal care, financial help with co-pays and medicine, utility bills, and home repair. The recipient of care must be over 60 years of age.

Supportive Services

Paperwork assistance related to Medicare & Medicaid, HEAP and Commodities.

For additional information on any of these services, call Pickaway

Senior Center: 740-474-8831



PROVIDED MONTHLY

Commodity
Supplemental Food
Program (CSFP)

A federal program that provides eligible seniors with a monthly box of shelf-stable items. The box may include juice, cheese, cereal, pasta, peanut butter, canned goods, and more. Pick up on THIRD Tuesdays.



O.S.H.I.I.P. WILL BE HERE TO ANSWER ALL OF YOUR MEDICARE QUESTIONS 11/05/25 9am--2pm The Pickaway Senior Center is a non-profit organization.

We are supported by financial contributions from:

- Title III, as administered by Ohio Department of Aging
- Senior Levy monies, as approved by Pickaway voters
- Private donations and fundraisers

equal



PROVIDER

NOVEMBER BIRTHDAYS-HAPPY BIRTHDAY!



NOVEMBER

Nancy Radcliff

Dee Brown Pat Strous Jimmy Laux Gary Iles Sandra Manson Sandy Oliver

Victoria Reed Marg Rhoads

Lori Jeffries Robert Wolf Dianne Good Vickie Fanska Jeffrey Ebert

Rosemary Baker Shirley Leffler 7

Doug Moss Beverly Martin Ellen Hilsheimer Ruth Hoover Sharon Dickey

Joyce White Sandra Edgar Judy Tolley Lana Hatfield 10

Peggy Miller Barbar Fuller Kenzie Endicott Daniel Stehly

12 Debby Boyer

13 Donald Strawser Karen Frey Betty Lou Detty

14 Arthur Kester Mary Ann Miller Joan Savage Julieanne Temple

15 Carrol Hammond Nancy Looney Melissa Janks

17 Wayne Meiner Sr

18 Charlene Grambo

Debbie Fouch

20 Norma Eyerman Debra McFarland Clark McFarland Marcia Helwagon

21 Donna Martin Lee **Becky Yates**

Donna Raines

22 Mary Blair

23 Don Wolford Carol Bolts

24 Carol Blaney Rita Rader Carolyn Hardin Alma Simons

25 Don Hall Lisa Kelley Jackie Hunt Michelle Callahan

> 26 Susan Gregg

27 Roger Southward Sharon Neil Shirley Oberley

28 Jim Stauffer Tammy Hughes Jane Strawser Pat Tait

29 Mary Arnold David Martin Donnie Bethel

30 Earl Degen Hart

A good friend is someone who thinks you're a good egg: Even if you're cracked

SPECIAL THANKS EXERCISE CLASS **DONATED A GRAND** TOTAL OF \$324 DOLLARS IN THE MONTH OF **SEPTEMBER**



Pickaway County S.A.L.T. Council Meetings

Come Join the Pickaway County S.A.L.T. Council

WHEN: Every Third Wednesday of the month

NOVEMBER 19th

WHERE: Pickaway Senior Center 2105 Chickasaw Dr Circleville

TIME: 1:00 pm

New Members

Linda Leatherwood
Jackie Kerns
Karen Detty
Debbie Fouch
David Fouch
Debbie Hanley
Glenda Hannigan
Bruce Hannigan
Sue Watson
Tom Liston
Kathy Liston
Stella Garazach
Lloyd McManus Sr.

Program Donations

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Jeane Crider
Sylvia Christy
Joan Savage
Susan Patrick
Kimberly Morris
Florence Fogler
Trenny Wharton
Karen Sue Ballou
Linda Harden
Patricia Harden

Your
donations
make a difference

in our Community!

~~~Memorial/Honor of Donations In Memory of

Donna Charlotte Groff On our anniversary

Given by, Richard Groff

In Memory of

James E Meyer

Given by, Patricia L. Meyer

In Memory of

J.R. Noble

Given by, Josie Noble

In Memory of

Ron Skaggs

Given by, Bonnie Skaggs In Memory of

Karen Bensonhaver On our October anniversary

Given by, Bob Bensonhaver

In Honor of

Joan Savage On her birthday 11/14

> Given by, Louis & Linda McFarland

> > ~~~~~~~~~

"As you get older,
you will discover that you
have two hands: one for helping
yourself, the other for helping others."



In Memory or Honor of ...

Recognition Gifts are life-giving donations which support the wellbeing of seniors throughout the county. THANK YOU.

> Please make checks payable to the Pickaway Senior Center. Mail gift to: Pickaway Senior Center • 2105 Chickasaw Drive • Circleville OH 43113

This is the **season of giving**; every contribution matters!

| @EMAIL ADDRESS |
|----------------|
| Birth Date |
| |

DONATION = CHECK TOTAL \$_____ CHECKS PAYABLE: Pickaway Senior Center MAIL TO: 2105 Chickasaw Dr, Circleville OH 43113

PLEASE HELP SUPPORT THE PICKAWAY CENTER WITH YOUR DONATIONS THIS SEASON OF GIVING

The Pickaway Senior Center

PROMEDICA PRESENTS:



12:30PM EACH THURSDAY





PLEASE JOIN US FOR BIBLE STUDY EVERY FRIDAY AT 10:15 AM

SOLE SOLUTIONS

Nurse Delivered Footcare



1ST, 2ND & 3RD MONDAYS 9am—1:30pm

BY APPOINTMENT ONLY

Call Kathy Maxon
614-361-5284
to set your appointmet
\$40 FOR ½ HOUR
APPOINTMENT



NOVEMBER 10⁵³ FET 1420 (1518 EAT FREE) CALL TUDAY TO SYNTERS

740-470-73

WEAR RED, WHITE & BLUE TO SUPPORT OUR VETS!

THANK YOU VETERANS



Trusted In-Home Core

Live life your way! From a few hours to 24/7 care, we're there when and where you need us.

Personal Care, Housekeeping, Companionship and More!

740-689-9410 homehelpershomecare.com/lancaster

Each office is independently owned & operated

LET'S GROW YOUR BUSINESS Advertise in our Newsletter!

CONTACT ME John Plagens

jplagens@4LPi.com • (800) 477-4574 x6112

PICKAWAY METROPOLITAN HOUSING AUTHORITY

Pickaway Terrace, Eden Place & Louise Terrace
• Providing affordable housing for
elderly/62 years or older and/or disabled
176 Rustic Drive • Circleville, Ohio 43113
740-477-2514 • Fax: 740-477-7456
email: pmha@pickawaymha.com
TTY/TDD Customers:



Contact Ohio Relay Services at 711 or 1-800-750-0750
This institution is an equal opportunity provider and employer

Heartland



HOSPIGE

116 Morris Rd., Suite B • Circleville, OH 43113 **740-420-0605**



(Formerly Crestview Rehabilitation)

REHAB SKILLED NURSING MEMORY CARE

Admissions 24/7 Including Evenings, Weekends & Holidays

740-654-2634 Fax 740-212-8488 admissions@luxerehabcenter.com www.luxerehabcenter.com

957 BECKS KNOB RD., LANCASTER, OH 43130





Department of Insurance

THE OHIO DEPARTMENT OF INSURANCE PROVIDES MEDICARE BENEFICIARIES WITH FREE, OBJECTIVE, HEALTH INSURANCE INFORMATION AND ONE-ON-ONE COUNSELING THROUGH THE OHIO SENIOR HEALTH INSURANCE INFORMATION PROGRAM (OSHIIP)

O.S.H.I

NOVEMBER 5TH 9AM-3PM





CALL 740-474-8831 TO MAKE YOUR APPOINTMENT FOR OUR MEDICARE CHECK UP EVENT!

Hear What You've Been Missing!

Trusted Care for 78 Years - Specializing in Hearing Aids and Hearing Tests

- Doctors of Audiology
 Hear clearly in
- · Be part of the conversation again
- noisy surroundings
- No-risk quarantee

1420 Circleville Plaza Dr (Free Parking off Route 23)

Call 740.571.4842



HearOhio.com



WE APPRECIATE OUR ADVERTISERS!

Pickaway County's Premier Senior Living Campus



- Independent Living Apartments
- Assisted Living

Winnie says "Give us a call or stop by!



www.wyngatecircleville.com



The Trusted Senior Care Provider For Over 125 Years

BrownMemorialHome.org



Pickaway Senior Center

2105 Chickasaw Dr. PO Box 565 Circleville OH 43113

RETURN SERVICE REQUESTED

Non-Profit Org. U.S. Postage PAID Permit #200 Circleville OH 43113

Current Resident



DON'T MISS OUT

Check out upcoming events and activities at the Center!

| Director's Deskp1 |
|-----------------------------|
| Overview of Servicesp2 |
| Birthdaysp3 |
| Welcome & Thanksp4 |
| Recognition Gifts Formp5 |
| Alzheimers Supportp6 |
| Activitiesp7 |
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| Vital Stats, Generosity p12 |

OCTOBER STATISTICS

<u>Transportation</u>

38 people 294 transports **4,203 miles**

Adult Day Care
7 people

63 transports 729 miles

Hot Meals Delivered

8496 meals 7,791 miles

Meals Served In Person 555 congregate meals

<u>Commodities Disbursed</u> **90 families served**

Your donations are VITAL to daily Center operations!

Donations received by the 10th of the month are included in the newsletter; those received after 11/10 will be included in the December newsletter

Thank you!

