

Sierra Rock Climbing School - Suggested Gear List

Because we cannot predict exact weather conditions, and weather conditions can change rapidly in the Sierras, being prepared is always the best choice. Bringing and/or wearing layers of clothing is a standard practice in all outdoor activities.

Please use your BEST judgment and bring appropriate clothing so your experience will be a comfortable one.

The following gear list is a "suggested" gear list:

Day pack

Water & water bottles/half gallon total each per person per day minimum capacity

Snacks and a lunch

Long sleeve shirt one with a collar/preferably not cotton

Fleece or insulated jacket

T-shirt/preferably non-cotton.

Collared Short-sleeve shirt/preferably not cotton

Shorts

Long nylon or stretch pants

Comfortable running or lightweight hiking shoes

Rain jacket

Sunglasses

Warm hat

Ball cap

Headlamp, flash light

Necessary Medications

Personal toiletries, sunscreen, chapstick, etc.

Camera

Climbing Shoes, harness helmet and belay device or request this equipment from us.

Please make sure you fill out the release forms including all info and send it to us @ to 3248 Shadow Springs Place, Bldg. M, San Jose, CA 95121. Release forms cannot be emailed or faxed. Please mail your forms to us at least 2 weeks prior to trip departure or bring forms with you the day of your trip. If you have any questions please call us (408) 833-8308.

Thank you,

Sierra Rock Climbing School