

Lent 2020 – St. Anthony Parish **Invitation to the 7 Corporal Acts of Mercy**

This is a parish-wide invitation to participate in Acts of Mercy throughout our Anchorage community!

Each week brings new challenges and new ways to activate your Catholic Faith in our world.

Watch for a "giving station" which will be set up in the entry of the church for donations needed for the week.

Monitors from the Knights of Columbus will be at each Mass for any assistance.

Information will be in the bulletin each week about the Act of Mercy for the upcoming week.

Week 1 - (2/26-3/3) - Feed the Hungry / Serve the Thirsty - Please begin collecting items now

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Gathering non-perishable food to supply 100 Boxes for Families of St. Vincent de Paul. These will be distributed as needed by St. Vincent workers. Boxes to be packed on 3/3 in Parish Hall.

(Questions? call co-chairs Jill or Mary Jo)

List of food needed for each box is as follows:

|                                       |                                 |
|---------------------------------------|---------------------------------|
| Pasta and sauce for a meal to serve 4 | Powdered milk                   |
| Canned Tuna and Mayo                  | Peanut butter and jelly         |
| Dried potatoes                        | Pasta and sauce packets         |
| Tang/fruit juice packets              | Soup/ toilet paper/laundry soap |

*Week 1 - second project - volunteers to pack lunches for 325 people to be distributed to Brother Francis*

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Week 2 - Clothe the Naked - (3/3-3/10) Questions? Call Chair John Nicely

Gather blankets, hats, gloves, teddy bears, coats, children's personal care products to distribute to local charities and schools for homeless children (couch surfers), APD, Clare House. Need items listed above and empty shoe boxes. Packing 3/11 Parish hall 5:00 PM - 7:00 PM

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*Week 3 - Visit the Sick - (3/11-3/17) Questions? Call Chair John Nicely*

- Visiting the sick / elderly in various residential facilities. Reading, playing cards, puzzles, coloring books, music, etc.
  - A Rosary for the Sick will be said Friday, led by the Knights at Soup and Stations (6-8pm)
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*Week 4 - Visit the Imprisoned (3/18-3/24) Questions? Call Chair Katie Berry*

Please join us in a 7-day Novena for those imprisoned. A children's book drive for distribution to Highland correctional facility for family visitation. (Novena format and information to follow)

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Week 5 - Bury the Dead (3/25 - 3/31) Questions? Call Chair Jaime Karns

- Mass of Remembrance - 7:00 PM on March 25th (Wednesday)
 - Pro-life activity - Lake Otis venue - the entire parish is encouraged to join the Youth
 - Bereavement Ministry to be established for continuing respect for the deceased and support of grieving families (many volunteers needed for this ministry)
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Week 6 - Alms for the Poor (4/1-4/8) Questions? Call Chair Ula Tafune

Three different types of soup packets and bread will be sold for donations at all Masses. This is an additional emphasis on the giving through CRS and the Rice Bowl Program. Packages will be prepared in the Parish Hall. Volunteers are needed.

† *The Corporal Acts of Mercy* †

Feed the Hungry

Give Drink to the Thirsty

Shelter the Homeless

Visit the Sick

Visit the Prisoners

Bury the Dead

Give Alms to the Poor