

SEPTEMBER 2019 ACTIVITY CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Center Closed For Labor Day</p>	<p>3</p> <p>9-11 Coffee w/ Coach -ISU V-Ball 9:30 Trip Down Memory Lane 10:00 POP-UP with NPL 10/12:30 Poker 11:00 Bingo: Tech Tutor 12:30 Intermediate Bridge 1-3 Rummikub 1-1:30 Sign Language 2 (E) 3-7 PM Spades 4-7 Five Crowns</p>	<p>4</p> <p>8-4 All Day Painter's Wksp. 9:30 Mindfulness Meditation 9:30 Mexican Train Dominoes 10 & 1 Movie: La La Land 12:30 Women's Grief Support 12:30 Advanced Bridge 1-3 Chess 3-4:30 Men's Grief Support 5:45 Practices for Inner Peace</p>	<p>5</p> <p>9:00 8 Ball Tournament 10:00 Great Books 10:30 Computer Questions Answered 12:30 Intermediate Bridge 12:30 Poker 3-7 PM Spades</p>	<p>6</p> <p>10:15 ARC Avid Readers Book Club 12-4 Quilting and Sewing 12:30 Texas Hold 'Em Poker Tournament 12:30 Advanced Bridge</p>
<p>9</p> <p>9:30 Live Well Be Well Class 9:30 Mindfulness Meditation 10-12 Bird House Gourds (N) 10:00 Beginner Bridge 10:00 Brain, Wellness, and Chronic Disease 101 12:30 Advanced Bridge 1:00 What is Palliative Care? Hospice, Medical Aid & Dying 1-3 Healing Touch</p>	<p>10</p> <p>10/12:30 Poker 11:00 Bingo: Heritage Health 12:30 Intermediate Bridge 12:30 Pinochle Tournament 1-3 Rummikub 1-1:30 Sign Language 3 (N) 3-7 PM Spades 4-7 Five Crowns</p>	<p>11</p> <p>8-4 All Day Painter's Wksp. 9:30 Mindfulness Meditation 9:30 Mexican Train Dominoes 10:30 East Lawn Memorial: Veterans Burial Benefits 12:30 Advanced Bridge 1:00 Android Settings 1-3 Chess 3:00 iPhone Settings 5:45 Practices for Inner Peace</p>	<p>12</p> <p>9:00 8 Ball Tournament 9-11 Information & Assistance Outreach 10-12 Stamping 12:30 Intermediate Bridge 12:30 Poker 12:30 Ukulele Lessons (N) 1-3 SHIP 3-7 PM Spades 4:30 Glenn Wilson & Chip Stephens Jazz Concert</p>	<p>13</p> <p>8:30-11:30 Beginner Crochet 9:30 Live Well Be Well Class 12-4 Quilting and Sewing 12:30 Advanced Bridge 12:30 Bunco 1:00 Facebook 101 1-3 Showcase Launch</p>
<p>16</p> <p>8-4 All Day Stamping 9:30 Live Well Be Well Class 9:30 Mindfulness Meditation 10-11:30 Brain Focused Total Wellness Program: Dr. Uday Deoskar (N) 10:00 Beginner Bridge 12:30 Advanced Bridge 2:00 What You Should know about New and Current Vaccinations 1-3 Healing Touch</p>	<p>17</p> <p>9:30 Funeral Pre Planning 10:00 POP-UP with NPL 10/12:30 Poker 11:00 Bingo: McLean County 12:30 Pinochle 12:30 Intermediate Bridge 1-3 Rummikub 1-1:30 Sign Language 3 1 Parkinson's Support Group 3-7 PM Spades 4-7 Five Crowns 5:30-7 Stroke Support Group</p>	<p>18</p> <p>8-4 All Day Painter's Wksp. 9-11 Visions Screenings: Normal Lions Club 9:30 Mindfulness Meditation 9:30 Mexican Train Dominoes 10:30 Music Enrichment 12:30 Euchre Tournament 12:30 Women's Grief Support 12:30 Advanced Bridge 1-3 Chess 3-4:30 Men's Grief Support 5:45 Practices for Inner Peace</p>	<p>19 Talk Like a Pirate Day 9:00 8 Ball Tournament 9-12 One-on-One Durable Power of Attorney 10:00 Humana: Go 365 10:00 Pirate Movie 12-3 Mah Jongg 12:30 Poker 12:30 Inter. Bridge 12:30 Ukulele Lessons 3-7 PM Spades</p>	<p>20</p> <p>8-4 All Day Quilting and Sewing 9-12 Hand and Foot 9:30 Live Well Be Well Class 9:30-11 Internet TV 10 & 1 Movie: The Biggest Little Farm 12:30 Texas Hold 'Em Poker Tournament 12:30 Advanced Bridge</p>
<p>23</p> <p>9:30 Live Well Be Well Class 9:30 Mindfulness Meditation 10-11:30 Brain Focused Total Wellness Program: Dr. Uday Deoskar 10:00 Beginner Bridge 12:30 Advanced Bridge 1:00 ISU Audiology: Dizziness and Balance Testing 1-3 SHIP</p>	<p>24</p> <p>10/12:30 Poker 11:00 Bingo: Meadows Mennonite Retirement Cpmunity 12:30 Intermediate Bridge 1-3 Rummikub 1-1:30 Sign Language 3 3:00 Music Enrichment 3 New Member Orientation 3-7 PM Spades 4-7 Five Crowns</p>	<p>25</p> <p>8-4 All Day Painter's Wksp. 9:30 Mindfulness Meditation 9:30 Mexican Train Dominoes 10:30 IRA/401K Rollovers Foundation Financial Education 12:30 Advanced Bridge 12:00 ARC Tech Club 1:00 Senior Scholar: Democracy in America 1-3 Chess 5:45 Practices for Inner Peace</p>	<p>26</p> <p>9-11 Information & Assistance Outreach 10-12 Stamping 10:00 Scotland Travel Presentation 12:30 Int. Bridge Tourney 12:30 Poker 12:30 Ukulele Lessons 3-7 PM Spades 5:00 How Does Your Drug Plan Really Work?</p>	<p>27</p> <p>8:30-11:30 Intermediate Crochet 9:30 Live Well Be Well Class 10 & 1 Movie: Paint Your Wagon 12-4 Quilting and Sewing 12:30 Advanced Bridge Tournament 12:30 Bunco 1-2:30 Internet TV</p>
<p>30</p> <p>9-11 Dr. Cortese Foot Services 9:30 Mindfulness Meditation 10-11:30 Brain Focused Total Wellness Program: Dr. Uday Deoskar 10:00 Cigar Box Purses or Plaeinar drawing boxes 10:00 Beginner Bridge 12:30 Advanced Bridge</p>	<p>FREE and Ongoing..... Hand & Foot: Fridays, 9 AM Canasta: Mondays, 10 AM Mah Jongg: Mondays, 12-3 PM, Wed., 11:30-3:00 PM Thursdays, 12-3 PM Pinochle: Tues., 12:30 PM ARCooustic Jam: Thursdays, 2-4 PM Fun and Games: Mondays, 1-4 PM</p>	<p>Knitting/Needlework: Thursday, 12:30 PM Computer Assistance, Thursday, 9-11 AM Scrabble: Tuesdays, 10:00 AM Strat-O-Matic Baseball: Mondays, Tuesdays, Thursdays, 2-4 PM Euchre: Wednesdays, 12:30 PM</p>	<p>TALK LIKE A PIRATE DAY SEPTEMBER 19TH 10 AM MOVIE</p> <p>Join in festivities by dressing the part, watching a swashbuckling movie, participating in other pirate themed activities and enjoy treats.</p>	