



2025 - 26

BASKETBALL BULLETIN 1

STATEWIDE RULES INTERPRETER:

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Pennsylvania Interscholastic Athletic Association, Inc.

2025-26 Basketball

Bulletin 1

Rules, Revisions, and Interpretations

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2025-26 Season Updates

Swinging of Elbows – Excessive Contact

Officials must recognize rough play and quickly take action to limit it. Excessive actions when boxing out, cutting off and screening opponents must be eliminated. Coaches need to realize that rough play will not be tolerated and officials must rule on all infractions when they occur.

4.19.3 SITUATION F: After a rebound, A1, while holding the ball, pivots and A1's elbow contacts B1 above the shoulders. A1's elbow is violently and excessively swung at a speed in excess of the player's torso. **RULING:** If the contact is violent or excessive, a flagrant foul shall be called. (4-19-2, 4-19-4, 4-27)

SWINGING ARM(S) OR ELBOW(S)

9.13.1 SITUATION A: The ball has been released on a try or tap for field goal by A1 towards A's basket: (a) A2, or (b) B1, excessively swings arm(s) or elbow(s) without contacting an opponent. The ball goes through the basket. **RULING:** In (a), the official will sound the whistle immediately for a violation. The ball is dead, the goal is not scored and Team B is awarded a throw-in at the spot closest to the violation. In (b), the ball is dead when the try ends. The goal is scored and Team A is awarded a throw-in at one of the four designated throw-in spots based on the location of the violation relative to the three-point line. (6-7-9 Exception d, 7-5-3a)

9.13.1 SITUATION B: A1 is trapped in the corner by B1 and B2 in Team A's backcourt, who are in legal guarding position. In an attempt to create space, A1 rapidly swings arms/elbows while using the shoulders as pivots (a) without making contact; (b) making contact with an opponent above the shoulders and elbows are moving faster than the body. **RULING:** In (a), A1 excessively swinging arms/elbows without contacting the opponent is a violation. Team B is awarded a throw-in at one of the four designated spots based on the location of the violation relative to the three-point line. In (b), this is considered an intentional foul. **COMMENT:** In (a), Team B will gain possession in its front court and therefore inbound the ball from one of the four designated spots based on the location of the violation relative to the three-point line.

9.13.2 SITUATION: A5 catches the ball on a rebound, "chins" the ball and then turns (with the elbow at the same speed as the body) to make an outlet pass with the elbow leading the way. Prior to releasing the ball, A1's elbow contacts B5 above the shoulders. **RULING:** Depending on whether or not the contact displaces or inhibits the defensive player, this may be ruled incidental contact or a player control foul.

DISQUALIFICATION PROCEDURE

2.8.4 SITUATION: Who informs the coach when a player is disqualified on fouls? **Ruling:** It is recommended that the ruling official be responsible for notification to the coach. The scorer is to indicate to that official when a player has committed a fifth foul (personal and technical) or second technical foul. The official will immediately notify the coach, the timer and then the player of the disqualification. The player is officially disqualified and becomes bench personnel when the coach is notified. **Comment:** Once the coach is notified, the disqualified player becomes bench personnel and any subsequent technical foul on that disqualified player is also charged indirectly to the head coach. (2-12-5, 4-14, 10-6-2)

2.12.5 SITUATION: A4 commits a fifth foul. The official notifies the coach, then signals the timer sound the warning horn and begin the 15-second interval for replacing the player and then notifies the player regarding the disqualification. In (a), the required substitute reports within 5 seconds; (b) no substitute has reported by the end of the 15-second interval. **RULING:** In (a), the substitute is beckoned into the game by the officials and play resumes. In (b), the timer shall signal a warning horn at the beginning of 15 seconds and then sound another horn at the end of the 15-second interval. If a substitute is not ready to enter, a technical foul is charged directly to the head coach which results in the loss of the coaching box. (10-6-2 Penalty)

PIAA ITEM OF NOTE:

Officials with their nose in the rules book may have seen the following when reviewing this year's rules book: the word "draped" has been grayed out in the basketball rules book on page 22 (2-11-12) as it pertains to the official scorer.

When an inquiry was made to the NFHS basketball rules editor about this change, PIAA was advised this was not a rule change and not an editorial change.

The language in Rule 2-11-12 remains intact as written, including the reference to "draped" was added as an option to the rule in addition to wearing the shirt.

This addition falls under an "other change," since the rule itself was not modified in any way and thus the reason it is shaded.

When questioned about the word drape, PIAA was advised that the term drape means drape over the table area in front of the official scorer.

With this ruling, officials are to ensure that if the striped garment is not worn by the official scorer, it must be draped over the scorer's table in front of the official scorer.

Q-COLLAR

- The FDA has authorized marketing of a new device intended to be worn around the neck of athletes aged 13 years and older during sports activities to aid in the protection of the brain from the potential effects associated with repetitive sub-concussive head impacts. The non-invasive device is called the Q-Collar.
- From a medical perspective, the NFHS SMAC consents to this device being worn by interscholastic athletes.
- The respective NFHS Rules Committees will determine if the Q-Collar will be permissible based on sport-by-sport risk assessments. The device is approved for use in NFHS Basketball.





2025-26 NFHS BASKETBALL RULES INTERPRETATIONS

Publisher's Note: The National Federation of State High School Associations is the only source of official high school interpretations. They do not set aside nor modify any rule. They are made and published by the NFHS in response to situations presented.

Dr. Karissa L. Niehoff, Publisher, NFHS Publications © 2025

2025-26 NFHS Basketball Rules Book Corrections: (Underlining shows additions; ~~strikethrough~~ shows deletions.)

Page 3, 7-5-4 : ... following a stoppage of play (not due to the ball going out of bounds) in the frontcourt or backcourt;

Page 41, 4-36-2a(2): In the backcourt at an ~~out-of-bounds spot based one of the four designated spots based~~ on the ball's location relative to the three-point line where the ball was located when the interruption occurred.

Page 65, 9-12 PENALTIES 1: See Rule 10-4-~~89~~ for additional penalty for goal-tending during a free throw.

2025-26 NFHS Basketball Case Book Corrections: (Underlining shows additions; ~~strikethrough~~ shows deletions.)

4.34.1 SITUATION: Team A requests a time-out; at the conclusion of the time-out as the teams are returning to the court, A1 curses at the game officials. **RULING:** A1 is assessed a technical foul. The foul will count as one of A1's fouls toward disqualification and count toward the team foul count. An indirect technical foul is also charged to the head coach resulting in the loss of coaching-box privileges as A1 is considered bench personnel in this situation. **COMMENT:** During a time-out, A1 is considered a player and not bench personnel. Once the official has instructed the timer to start the time-out, all players become bench personnel. They remain bench personnel until the ball becomes live following the time-out.

2025-26 NFHS Basketball PowerPoint Corrections: (Underlining shows additions; ~~strikethrough~~ shows deletions.)

Slide 16: THROW-IN PROVISIONS 9-2-~~12f~~;

Slide 17: OUT OF BOUNDS 9-3-4 (NEW) Previously in rule 10-4-2 as it pertained to a thrower delay. This was added to out-of-bounds section as a proposal approved by the Rules Committee in April 2025.

Slide 18: ~~PLAYER TECHNICAL 10-4-4b~~; content added to Slide 19

SITUATION 1 (Basket Interference): A1 attempts a layup. As the ball approaches the ring, B1 intentionally slaps the backboard in an unsporting manner, which also causes the basket to vibrate when the ball is on or within the basket. Both technical foul and basket interference were ruled. **RULING:** Correct procedure. **COMMENT:** The unsporting slap of the backboard by B1 is a technical foul. The slap causing the basket to vibrate while the ball is on or within the basket is basket interference. Team A is awarded two points for the basket interference. Following the score, Team A is also awarded two free throws for the technical foul and the ball at the division line opposite the scorer's table. These two acts are independent violations/fouls and are both penalized. Basket interference provisions address the legality of touching the ball or basket while the ball is on or in the basket, touching the backboard or within the cylinder, while technical foul provisions address unsporting actions. Officials should penalize each infraction separately, applying both the basket interference and the technical foul. (4-6, 10-4-4, 10-4-5)

SITUATION 2 (Throw-In Provisions): Team A is in control of the ball in its frontcourt. A1 is dribbling near the division line. While still holding the ball in the frontcourt, A1 steps with one foot onto (but not completely over) the division line. A backcourt violation has occurred. The division line is part of the backcourt, and when any part of a player's body touches it while they have team control in the frontcourt, the ball is considered to have been in the backcourt. Team B is awarded the ball for a throw-in at one of the two designated spots at the 28-foot mark along the sideline in the offended team's frontcourt nearest to where the violation occurred. **RULING:** Correct procedure. **COMMENT:** A player shall not cause the ball to be illegally returned from the frontcourt to the backcourt. Stepping on the line while in frontcourt control constitutes a violation even if the player does not completely cross into the backcourt. The throw-in procedure requires the awarding of the ball, for all backcourt violations, to the opponent at one of the four designated spots closest to the violation. In this case, it will be one of the spots along the sideline, 28 feet from the end line. (4-13-2, 7-5-2, 9-9-1)

SITUATION 3 (Offensive Faking Being Fouled): During a try, A1 (Team A) fakes being fouled, first infraction, in the act of shooting. The official immediately gives the "faking being fouled" signal (Signal 15) but withholds the whistle. The try is unsuccessful. If Team B secures the rebound, the whistle is then blown to stop the clock. A warning for faking being fouled is issued to Team A. Team B is awarded the ball for a throw-in at one of the four designated spots nearest to where play was stopped. If Team A secures the rebound and immediately shoots or attacks the basket, the whistle continues to be withheld. If Team A

secures the rebound but is no longer attacking the basket to score, the whistle is blown to stop the clock. A warning for faking being fouled is issued to Team A. Team A will resume play by throw-in at one of the four designated spots nearest to where the ball was located when the whistle was sounded. **RULING:** Correct procedure. **COMMENT:** This procedure ensures officials properly penalize faking while also respecting live-ball rebounding situations. In each situation, play was stopped when a team was in control of the ball. On the first offense, the warning procedure applies. All subsequent infractions by Team A result in a team technical foul. Team B is awarded two free throws and the ball at the division line opposite the scorer's table. (4-47-1, 7-5-2, 10-4-7 PENALTY)

SITUATION 4 (Defensive Faking Being Fouled): While A1 drives to the basket and attempts a try, B1 falls to the floor in an attempt to draw a player-control foul, but the contact is incidental. B1 has faked being fouled, first infraction. The official should immediately give the "faking being fouled" signal (Signal 15) but withhold the whistle. If the try is unsuccessful and Team B secures the rebound, the whistle is sounded to stop the clock. A warning is issued to Team B for faking being fouled. Team B retains the ball for a throw-in at the designated spot nearest to where the play was stopped. If the try is unsuccessful and Team A secures the rebound and imme-

diately shoots or attacks the basket, the whistle continues to be withheld. If the try is unsuccessful and Team A secures the rebound and is no longer attacking the basket, the whistle is sounded to stop the clock. A warning is issued to Team B. Team A retains the ball for a throw-in at the designated spot nearest to where the ball was located when the whistle was sounded. If the try is successful, the whistle is sounded immediately after the goal, the goal counts, and Team B retains the right to move along the end line for its ensuing throw-in. A warning is issued to Team B. For the first infraction, only a warning is issued and reported to the scorer's table and the head coach. **RULING:** Correct procedure. **COMMENT:** Officials should distinguish between a legitimate attempt to draw a charge and a "flop." When judged as faking being fouled, the official follows the same warning/technical foul progression as with an offensive player. All subsequent infractions by Team B result in a team technical foul. Team A is awarded two free throws and possession of the ball at the division line opposite the scorer's table. This approach provides consistency in handling faking being fouled, whether committed by the offense or defense, while preserving the integrity of live-ball situations. (4-47-1, 7-5-2, 6-7-5, 7-5-7, 10-4-7 PENALTY)

SITUATION 5 (Inadvertent Whistle): During a designated-spot throw-in by Team A in its frontcourt, the covering of-

official inadvertently blows the whistle before the throw-in is: (a) completed (legally touched by another player inbound) (b) controlled by a player on the court after it was deflected by B1. In (a), the ball is returned to Team A for a throw-in at the original designated spot using the point of interruption (POI) procedure. If, instead of an inadvertent whistle, the stoppage had resulted from another POI situation — such as a double foul or simultaneous foul during the throw-in — the same ruling would apply. Team A would retain the ball for a throw-in from the original throw-in spot. In (b), Team A maintains control of the ball and will be awarded a throw-in at one of the four designated spots nearest where the ball was located when the inadvertent whistle occurred. If, instead of an inadvertent whistle, the stoppage had resulted from another POI situation — such as a double foul or simultaneous foul — the same ruling would apply. **RULING:** Correct procedure. **COMMENT:** In any situation where play is interrupted without clear team control — whether by inadvertent whistle, double foul or simultaneous foul — officials return the ball to the team that was in control at the point of interruption. On a throw-in, team control begins at disposal and continues until there is player control by either team on the court. Therefore, Team A maintains its throw-in privilege in each of these scenarios. (4-36-1; 4-36-2a, b; 7-5-2)