



Dental Implants-
Bar over Dentures
Ridge Preservation
Bone Grafting
Osseous Distraction
Pre-Prosthetic Surgery
Exposure/Bracketing
Impacted Teeth
Apicoectomies
Frenectomies
Connective Tissue
Grafts
Gingivectomies
Mouth/Facial Lesions
Extractions
Wisdom Teeth
Orthognathics-
Jaw Surgery
Laser Surgery-
Moles
Scars
Wrinkles

Sinus Precautions

Due to the possible opening into the sinus, it is important that the following instructions are adhered to in order to aid in healing and closure of the sinus membrane.

1. **Do Not** blow forceful air through the nose for the next week. Any sneezing should be done with an open mouth to relieve sinus pressure.
2. If you were given a prescription for sinus medication, please follow the dosage directions.
3. Some minor bleeding through the nose may occur for the next few days. If the bleeding seems excessive, or you have any discomfort, please contact Dr. Cieslak at (502)231-2230. If you are calling after office hours Dr Cieslak can be reached at (502)609-2867