

Dance And Theater Arts



An Adult Program for Body, Mind and Spirit!

Our studio offers a unique opportunity for adults to explore dance, acting, vocal performance and much more in a safe, supportive, and fun environment. We presently serve ages 21-92 and offer a full range of classes in a variety of levels. Whether you are a basic beginner, returning to classes or a professional we have what you are looking for!

FOR INFO AND TO JOIN CLASSES

WEBSITE: danceandtheater.com

REGISTER: danceandtheaterarts@punchpass.com

EMAIL: info@danceandtheater.com

PHONE: (845) 835-8059

CELL: (914) 471-1192

OUR MISSION:

Dance And Theater Arts offers an *adult* program taught in a supportive, joyful, and inclusive environment. Our goal is to offer a means to explore missed opportunities through our basic and beginner classes, to reignite one's passion with our intermediate levels and our advanced classes offer a means for experienced dancers to stay fit, hone their skills and develop their talents.

Most importantly, we focus on adults! Current age range for our students is 24-92! There are so many opportunities for youth to explore the performing arts, but adults and seniors are often forgotten or must resort to taking beginning classes for *teens* and adults. This can be intimidating and can cause injury if the level leans toward teen ability. Dance and Theater Arts is all about you – the *adult* dancer, actor, and singer!

Our goal is to create a means for all of us to age with a sense of worth, vitality, confidence, and grace. We focus on creating a diverse community to keep our minds and hearts open! We are a community of friends bettering our lives through the arts!

ABOUT ME AND MY FACULTY:

I am a former Broadway performer, professional director/choreographer, and longtime educator. I am turning 64 this year and understand the need for a program such as this! All our faculty hold degrees in the arts, have performed professionally and/or they are certified in the method that they teach. We all give individual attention to our students even in large group settings; we teach from our hearts not our ego. We allow for modifications when necessary and meet everyone right where they are!

OUR COMMUNITY:

We can proudly say that our community is nothing but kind, accepting supportive and joyful. Many a lunch date, impromptu field trip to see a performance or to get together have resulted from these classes. There are students in the room with many challenges: Parkinson's, sight issues, muscular issues and more. They are progressing and enjoying the results of our classes.

A FEW OF THE COMMENTS FROM OUR STUDENTS:

- "You make me feel like I can soar!"
- " I've gotten much stronger and improved my balance."
- "You've saved my life!"
- " Thank you for creating this space for us."

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Dance and Theater Arts

Class Schedule and Information

MONDAY:

- **MUSICAL THEATER DANCE**
(Intermediate)
6:00pm - 7:30pm
- **MEXICAN FOLKLORIC DANCE**
(Open to all levels)
6:00pm – 7:30pm

TUESDAY:

- **MOVE, GROOVE & IMPROVE**
(Open to all levels)
9:15am - 10:15am
- **BALLET**
(Adv – Beginning to Intermediate)
10:30am – 12:00pm
- **BALLET**
(Intermediate to advanced)
6:00pm – 7:30pm
- **CABARET CLASS**
(Requires some singing experience)
6:00pm – 7:30pm
Start date TBA!

WEDNESDAY:

- **ZENA ROMMETT FLOOR-BARRE®**
(Open to all Levels)
11:00am – 12:30pm
- **TAP**
(Intermediate)
4:00pm – 5:00pm

(Advanced)
5:00pm - 6:00pm
- **BALLET**
(Beginning)
6:00pm – 7:30pm

THURSDAY:

- **MOVE, GROOVE & IMPROVE**
(Open to all levels)
9:15am - 10:15am
- **BALLET**
(Adv – Beginning to Intermediate)
10:30am – 12:00pm
- **ACTING CLASS**
(Open to all Levels)
6:00pm – 7:30pm

FRIDAY:

- **TAP**
(Beginning)
9:45am - 10:45am
Start date TBA!
- **ZENA ROMMETT FLOOR-BARRE®**
(Open to all levels)
11:00am - 12:30am
- **BALLET**
(Intermediate)
12:30pm - 2:00pm

PRIVATES AND SEMI- PRIVATES:

AVAILABLE UPON REQUEST

- Privates offered in Dance and Acting
- Floor Barre and other Body Work
- Singing Lessons and Vocal Coaching
- Public Speaking Coaching
- Audition Coaching

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OFFERINGS COMING SOON:

- Dance Improvisation
- Modern
 - Isadora Duncan Technique
 - Limon and others
- Alexander Technique and Feldkrais Methd
- Audition Techniques
- Vocal Performance
- Chair Dance for Elders
- Dance movement for Parkinson's
- Master Classes
- And Much More!

OTHER OFFERINGS & OPPORTUNITES:

- Coaching for College Auditions
- Choreography for College Auditions
- Choreography for Wedding dances and Special Events

Contact Us:

- Info@danceandtheater.com
- (845) 293- 7737 cell
- (845) 835 -8059 studio

CLASS FEES:

1 Hour Classes:

- Single class 18.00
- 10 Class Card 165.00

1.5 Hour Classes:

- Single class 25.00
- 10 Class Card 225.00

1 Hour Private:

- 70.00

1.5 Hour Private:

- 100.00

1 Hour Semi – Private (1-3 students):

- 45.00 Per Student

1.5 Hour Semi - Private (1-3 students):

- 50.00 Per Student

College Student Discount

- \$5.00 per single class

Work-study Programs Available

- Please contact Mary Rotella directly for information.

REGISTRATION:

- Please sign waiver and register at: danceandtheaterarts.punchpass.com
- Group classes are ongoing, and students may join at any time.
- Workshops and Class series must be bought as a package.

PLEASE COME JOIN US!