

May 2018 Health Observances

Mental Health Month*

<https://www.nami.org/faithnet>

Lupus Awareness Month*

www.lupus.org/awareness

Arthritis Awareness Month

www.arthritis.org

Melanoma/Skin Cancer Detection and Prevention Month

www.spotskincancer.org

Better Hearing and Speech Month

www.entnet.org

Older Americans Month

<https://oam.acl.gov/resources.html>

Better Sleep Month

www.bettersleep.org

Osteoporosis Month

www.nof.org

Healthy Vision Month

www.geteyesmart.org

Stroke Awareness Month

www.strokeassociation.org

Hepatitis Awareness Month

www.hepatitisfoundation.org

Teen Pregnancy Prevention Month

www.advocatesforyouth.org

High Blood Pressure Education Month

www.nhlbi.nih.gov

May 1-7

Anxiety and Depression Awareness Week

www.freedomfromfear.org

Liver Awareness Month

www.liverfoundation.org

May 6-12

Nurses Week

www.nursingworld.org/nationalnursesweek

BAPTIST GENERAL CONVENTION OF VIRGINIA HEALTH & WELLNESS MINISTRY

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