

## La Luz Early Childhood Center Travel Policy

## **UPDATED AS OF 6-2-2021-REINSTATED 9-1-21**

Since our last update, the Delta variant is now rapidly moving through our community, our state, our country and the world. This variant is slightly more than twice as contagious as previous ones, causes more severe illness and has broken through the vaccination barrier. Although it is still rare to have fully vaccinated individuals become infected, it can still happen, especially with those who are immunocompromised. Due to this, we are rolling back our Travel Policy to where it was on June 2, 2021. Worth mentioning again that <a href="eventhough the governor of the State of New Mexico and the NM Department of Health (NMDOH) have lifted quarantine restrictions, it is still their, along with the CDC's, recommendation that you do not travel unless it is necessary in the course of your business.

Due to increasing national and state positive numbers, we are hereby rolling back our current policy. If you have been fully vaccinated, there are NO quarantine restrictions! Fully vaccinated is defined as receiving both doses of either the Pfizer or Moderna vaccinations with 14 days passing from your 2<sup>nd</sup> dose or after 14 days from 1 dose of the Johnson & Johnson vaccine. In order to verify this, we will need to have an official copy of the full COVID-19 vaccination history of each staff or family member traveling showing the date given and the manufacturer. If you do travel, we ask, in an abundance of caution, that you continue with all local safety guidelines including those household members who are not fully vaccinated wearing masks, and using social distancing, even if fully vaccinated, while traveling.

For all others, (including those who are not yet fully vaccinated, defined as: one dose or not yet 14 days out from their one (1) Johnson & Johnson or 2<sup>nd</sup> Pfizer or Moderna (two total vaccinations)), if you do travel or stay with others who do not normally live in your household, our policy is as set forth below. Please note that this is subject to change based upon ever-changing guidelines from the CDC, the governor of the State of New Mexico, the NMDOH and the NM Early Childhood Education and Care Department (ECECD).

Instances requiring a <u>minimum</u> 4-day exclusion (1) non-vaccinated staff member, child or child of a non-vaccinated traveler or visitor, or 2) non-vaccinated staff member or child of a non-vaccinated patient, may return with their own negative COVID-19 test result, or with the non-vaccinated traveler's or non-vaccinated patient's, negative COVID-19 test results whereby the test was taken <u>on or after the <u>3rd day of return, visit or in-patient hospital stay</u>):</u>

- 1. Travel out of state, for anyone in the household for the return of a non-vaccinated staff member or non-vaccinated enrolled child.
- 2. Non-Vaccinated staff, non-vaccinated child, or a non-vaccinated household member receives a medical procedure requiring an overnight stay in a hospital setting.
- 3. Non-Vaccinated visitors are staying in the household and the staff member or enrolled child is unvaccinated.

NOTE: COVID results are currently taking about 24 hours to return but can take as long as 3 to 5 days to come back, making return likely to happen 4 to 7 days after the traveler's return. Should you (or your child)

NOT get tested, if not fully vaccinated, then your child may return after a 10-day quarantine.

**Instances requiring a <u>minimum</u> 6-day exclusion** (non-vaccinated staff member or non-vaccinated child of a non-vaccinated traveler or non-vaccinated visitor, may return with non-vaccinated traveler's, negative COVID-19 test results whereby the test was taken **on or after the 5th day of return**):

1. Travel – out of the country, for anyone in the household.

NOTE: COVID results are currently taking about 24 hours to return but can take as long as 3 to 5 days to come back, making return likely to happen 4 to 7 days after the traveler's return. Should you (or your child) NOT get tested, if not fully vaccinated, then your child may return after a 10-day quarantine.

THE ABOVE EXCLUSIONS DO NOT CONSIDER THOSE IN THE HOUSEHOLD EXPERIENCING ANY SYMPTOMS OF COVID-19 ILLNESS. Should anyone in the household have symptoms, then the child enrolled at La Luz ECC would need to be excluded until the last person with symptoms is cleared by the NMDOH (via negative PCR Covid tests taken on 5<sup>th</sup> day of symptoms and again after the 7<sup>th</sup> day of symptoms) or 10 days AFTER the last symptoms of anyone in the household have been resolved, i.e. a 10-day quarantine.

## **Common Symptoms of COVID-19 include:**

- Fever
- Body Chills and/or Night Sweats
- Body/Muscle Aches
- Dry Cough
- Pain and/or Difficulty with Breathing
- Vomiting and/or Diarrhea
- Extreme Level of Fatigue
- Headache
- Sore Throat
- A New Loss of Taste/Loss of Sense of Smell
- Changes in Vision and/or Eye Discharge

We reserve the right to change or modify our policies immediately (rolling back to our Policy dated February 6, 2021) based upon future guidance from the NM ECECD, NM DOH and/or the CDC. Please note that La Luz ECC's policies may not be the same as the NMDOH's policies. Again, the Governor, the CDC and NMDOH are still trying to discourage travel when at all possible. Further, La Luz ECC is trying to minimize exposure to our staff and the children enrolled, as well as their families. Should cases continue to rise, and we find ourselves experiencing COVID-19 infections inside of the school, class quarantines and a complete school quarantine/closure are very much a possibility. Tighter restrictions will become a reality should we see an uptick in COVID cases amoung our La Luz ECC community. Please note, we ask that these same policies are followed by our employees to protect you and your families.

La Luz ECC Travel Policies are subject to change as directed by the Governor's office of the State of New Mexico, the NMDOH, the CDC and the Early Childhood Education and Care Department (ECCED).