

APRIL 2026		ACTIVITIES		
Monday	Tuesday	Wednesday	Thursday	Friday
		1 9am Exercise 12:15pm The Art Cart w/Sue 1pm Alzheimer's Association Brain Health presentation	2 12:30 Chair Yoga 1pm Tai Chi	3 CLOSED IN OBSERVATION OF EASTER
6 Sole Solutions by appt only) 9am Exercise 12pm Euchre 1pm Chair Volleyball	7 8am Tuesdays with Tech 10:am BINGO 11am Blood Pressure Clinic 12pm Bridge 3pm Clogging	8 9am Exercise 10:15am Board Meeting 12:30 Board Games	9 12:30 Chair Yoga 1pm Alzheimer's Support Group 1pm Tai Chi	10 9am Exercise 10am BINGO 10:15am Bible study 12pm Euchre 1pm Line Dancing
13 Sole Solutions by appt only) 9am Exercise 12pm Euchre 1pm Chair Volleyball	14 8am Tuesdays with Tech 10:am BINGO 12pm Bridge 3pm Clogging	15 9am Exercise 9:30am O.S.H.I.P. 1pm S.A.L.T MEETING	16 12:30 Chair Yoga 1pm Tai Chi	17 9am Exercise 10:15am Bible study 12pm Euchre
20 Sole Solutions by appt only) 9am Exercise 12pm Euchre 1pm Chair Volleyball	21 COMMODITIES 8am Tuesdays with Tech 10:am BINGO 11am Hidden in Plain Sight 12pm Bridge 3pm Clogging	22 9am Exercise 12:15pm The Art Cart w/Sue 12:30 Board Games	23 12:30 Chair Yoga 1pm Tai Chi	24 9am Exercise 10am BINGO 10:15am Bible study 12pm Euchre 1pm Line Dancing
27 9am Exercise 12pm Euchre 1pm Chair Volleyball	28 FELLOWSHIP 8am Tuesdays with Tech 12pm Bridge 1pm Cooking Together 3pm Clogging	29 9am Exercise	30 12:30 Chair Yoga 1:15 Sound Bowl Meditation	