



Dr. Donald Liebell's Quick-Start Guide to



Bio-Energetic Supplementation

Holistic Wellness Support for Your Body's Ability to Naturally Regulate, Rejuvenate, and Repair Itself

Inside you will discover...

- The surprising scientific basis of bio-energetic medicine
- How the critically important first signs of diminished health are vibrational or electromagnetic abnormalities... and what can be done to help
- Why the electro-dynamic theory of disease must not be ignored
- Water Memory: the working principle of the bio-energetic supplements — confirmed by a world-renowned Nobel Prize-winning scientist
- How bio-energetic supplementation supports natural physiology... without any side effects or drug interactions
- Why energetic imbalances must be precisely and effectively addressed (drugs can *never* do this!)
- How medical research reveals that chronic infection and toxicity are the triggering factors for most illness... but are greatly ignored in clinical practice
- Why seeking methods that support the development of natural immunity to germs is one of the keys to wellness
- Why drug-free methods are more important than ever for our immune systems to get stronger
- Why we must improve our cells' efficiency to eliminate toxins (Hint: aggressive detox "cleanses" are NOT the answer!)
- The harmful effects of solar and geomagnetic activity (S-GMA)... and what can be done to combat it
- Why bio-energetic supplements do NOT contain any herbs!
- How bio-energetic supplements are 100% safe and compatible with prescription medicine (and *any* other treatment)
- Their role in helping patients naturally recover from chronic illness & pain
- Why your age may NOT be a factor in your chances to improve your health
- Answers to frequently asked questions

“In every culture and in every medical tradition before ours, healing was accomplished by moving energy.”

-Albert Szent-Gyorgi (Nobel Prize winning biochemist)

Liebell Clinic Bio-Energetic Supplements

Summary: Authentic natural healthcare is not merely using products from nature, nor does it simply mean drug-free treatment. Lots of substances are technically natural; it does not mean they have medicinal value, nor can we assume their safety. By its strictest definition, natural healthcare includes methods which support the body to regulate and repair itself, through its own inborn (natural) mechanisms. Liebell Clinic treatment methods fit this description precisely. My unique bio-energetic supplementation is one such approach, which has enabled my patients to naturally overcome a wide variety of health problems. They work based upon time-tested holistic wellness principles, combined with modern technology. However, they are not vitamin supplements, nor are they herbal medicines or oils. They are formulated based upon bio-energetic, rather than bio-chemical principles. We have all been raised with the bio-*chemical* model of medicine—so it can take some effort, time, and repetitive explanation to grasp bio-*energetics*. I have written this guide to get you started.

“What is Bio-energetic Medicine?”

Bio-energetic medicine is the detection and correction of energetic disturbances and weaknesses in the body, utilizing various medical devices and human observations. It involves attention to vibrational frequencies including those of electricity, magnetism, heat, light, sound, gravity, pressure, and mechanical energy.

The public currently maintains a certain discomfort with the term, *bio-energetic medicine* or simply, *energy medicine*. In the scheme of history, modern pharmaceutical-based medicine is relatively *new*. Many bio-energetic methods such as acupuncture have long *preceded* currently accepted medical practices.

The difference is that people are *accustomed* to mainstream pharmaceutical medicine. However, the public hardly has any more knowledge or understanding of the mechanisms of prescription drugs than they do for energy medicine. Doctors may be equally in the dark; it is scientifically *unknown* exactly how a high percentage of FDA-approved prescription drugs work!

Consider the example of aspirin. The chemical of aspirin was derived from willow bark, and used by ancient Egyptians and Sumerians approximately 4,000 years ago. In Greece (400 BC), Hippocrates (the “father of modern medicine”) treated patients with willow leaf tea. Although the pharmaceutical form of aspirin was extracted in Germany in 1828, it was not until the 1970s that scientists began to understand how it works. It was not until 1995 that researchers at the University of Chicago Medical Center declared knowledge of its precise chemical mechanism!



Despite this, conventional medical practitioners are generally not *expected* to explain much to their patients about the history, physiological mechanisms, and scientific basis of their diagnostic technologies, exam procedures, or medications. By contrast, we natural and holistic doctors are expected to give in-depth explanations for nearly everything we do. Patients do not simply follow doctor’s orders. This is quite okay; all doctors *should* explain everything they do for their patients. I am quite glad to provide all available information.

FACT: The United States Government’s National Institutes of Health (NIH) has long acknowledged many energy medicine disciplines as valid.

Bio-energetic evaluations can tell us a great deal about our health. They can provide feedback towards choosing safe, effective and affordable treatments that support natural inborn mechanisms of tissue repair and healthy physiology. The Liebell Clinic provides a wide variety of bio-energetic supplement products. These are not drugs, nor are they vitamins, minerals, herbs, or essential oils. Their mechanism of action is not chemical; it's energetic. Bio-energetic supplement are sprayed under the tongue to deliver a burst of energy signals which have been embedded into the liquid solution (similar to how a blank plastic CD or DVD is digitally encoded—explained later). Bio-energetic supplements are intended to alert our bodies' normal physiological defense and repair systems to respond, naturally, and without side effects. Clinical results suggest that they “remind” the immune system that there's a problem (when it might be acting sluggish), so it becomes a higher priority for it to take action itself.

Consider the role of an athletic coach. The coach does not *play* the sport. However, he or she provides an essential supportive role to encourage the athlete to work harder, faster, stronger, and smarter. Bio-energetic supplements do not treat any medical condition, nor do they make a person's body do anything that is not natural (and normal physiologically) for it to do itself. This holistic principle of providing an extra boost or trigger to get the body to work harder to heal itself dates back thousands of years to Hippocrates. The human body can do amazing things... with the gentle “push” provided by bio-energetic treatments. Clinical results suggest that bio-energetic supplements can encourage your body to help itself, when normal physiological function has been stalled or stagnant.

Imagine you are stuck in a rut. You have a problem you have been trying over and over to solve with no success. There comes a point where you realize that you're getting nowhere; it's time to just give up and focus on what you *can* accomplish, and cope with the other problem the best you can. This also seems to be true with the inner workings of the human body with chronic pain and illness. The human immune system wins its fights against disease-causing microorganisms, most of the time. But sometimes it fights a losing battle and seems to give up. Our bodies can become overwhelmed by certain problems and our normal healing mechanisms becomes hindered or blocked. It seems that the body can be weakened such that its systems are not fully aware that it needs help.

I am so proud to use bio-energetic supplementation both professionally and personally. I practice what I preach. It is however important to clarify its role. It is a wellness-supporting supplementation method. It does not involve conventional medical diagnosis, nor does it directly treat any specific conditions. It is pure holistic and natural health care—the body itself is solely responsible for its health improvements; there is no chemical or physical action forcing the body to do anything physiologically abnormal.

The working principle of bio-energetic medicine is that energy *is* the “medicine”

There is no denying the tremendous importance of pharmaceutical medicine. However, we must never ignore the electromagnetic forces that breathe life into the mechanical “machinery” of living bodies. The disciplines of mechanical and chemical engineering do not exist without *electrical* engineering. With regards to healthcare, it is time to unite biochemical and biomechanical medicine with bio-energetic. The integration of energy medicine with chemical and physical medicine creates a truly complete system. Bio-energetic evaluations and treatment are essential.

To a large degree, Western medicine practices are still based upon the notion that human beings are machines. We are not. Albert Einstein determined that energy and matter are dual expressions of the same thing. That's what his famous $E=mc^2$ is all about. The bio-energetic medicine view is based upon the scientifically proven perspective that human beings are complex networks of energy fields that coexist with the physical cellular systems.

Life is energy in motion. Bio-energetic means *living energy*. Every cell and tissue of our bodies generates electric currents. This is an undisputed and well-established scientific fact. Various bio-energetic changes can be monitored and measured using objective energy medicine technologies. Consider the electrocardiogram (EKG), which monitors heart function. An electroencephalogram (EEG) records electrical activity in the brain nerve cells. Muscle activity can be evaluated through an electromyogram (EMG). The MRI (Magnetic Resonance Imaging), like these other technologies is an energy medicine device! However, they are not referred to as such by mainstream doctors. Mainstream medicine firmly acknowledges humans as electromagnetic beings diagnostically, but rarely so *therapeutically*. It is peculiar that conventional medical doctors rely heavily on energetic diagnostic technologies (in search of physical evidence of disease or injury in the body); but scoff at the idea of treatment applications that can help the body heal itself, naturally.

Well-known energy medicine treatments have long existed, but they are not promoted as such. Cardiac pacemakers, ultrasound therapy, TENS units and various other electrical stimulation devices are examples. If doctors called them energy medicine; the public would likely be more comfortable with the term.

The Electro-dynamic Theory of Disease

Injury and illness is accompanied by alterations to the electromagnetic properties of molecules, cells, tissues, and organs. Our bodies possess an electromagnetic control network, in addition to the physical organ systems acknowledged by mainstream medicine. Practitioners of ancient methods such as acupuncture, as well as those using modern electrical, laser, and other frequency therapeutics recognize this, and treat accordingly. **Modern biophysical research has confirmed that tissues respond to very tiny energy fields of the appropriate frequency, intensity, and pulse shape.** Therefore, treatments that introduce beneficial frequencies can trigger a stalled or blocked healing process back into active natural self-repair. Like jump-starting a car with a dead battery, it can result in an operational “machine.” This can take place even for patients who have had their problems for decades.



Source: www.nih.gov

Dr. Harold Burr (1889-1973) was *Professor Emeritus of anatomy at Yale University School of Medicine*. He published 93 scientific papers regarding the nervous system and bio-energetic phenomena over a forty-year period. He also discovered the hormone, estrogen. Dr. Burr determined that our bodies possessed a **living electric field matrix**, which he called the L-field. Professor Burr made some phenomenal discoveries about energetic fields and their relation to health. He suggested that L-field measurements could be used to assess the general state of the entire body, as well as the effects of medical treatments. In one study he was able to detect malignant cancer by L-field... before any *physical* clinical signs could be found! Burr verified his hypothesis that bio-energetic fields fluctuate around all living things, and that they are the source of all communication—before any *chemical* activity takes place.

All living things are forged, organized, and guided by electro-dynamic fields. Dr. Burr scientifically confirmed that bio-electric fields function on a level beyond DNA to form the “blueprint” for the physical form of living things! Since abnormalities in L-field voltages can provide advanced warning of future problems—they may be equally utilized to find problems that physical and chemical tests may miss. Unfortunately, the extraordinary work of Professor Harold Burr was swept under the rug. He knew his research was poorly timed—it came at the time when the medical establishment was certain antibiotics were going to become the “silver bullet”—the cure for all disease. Despite his impressive credentials, Burr’s energy-based concepts were not consistent with the biochemical pharmaceutical model of medicine that was exploding on the scene. The medical establishment violently opposed any applications of electricity in medicine. He predicted that extensive application of living electric fields in medicine would not be quickly embraced.

In 1910, John D. Rockefeller funded the development of a doctrine called the Flexner Report. It enabled the American Medical Association (AMA) to monopolize Western medicine with a focus on pharmaceuticals. The well-executed plan was to eliminate any competition, which included any other treatment approaches. The claim was there were too many doctors and too many medical schools. The Flexner Report was positioned as a means of standardizing medical education. It successfully destroyed the development of and usage of many valid, safe, and effective natural health care methods—falsely labeling anything other than drugs as unscientific.

With medical schools overhauled as drug-based institutions, electrotherapies (and many other treatments) were banned from medical practice, regardless of effectiveness. The threat of imprisonment was real for those who would continue using them. It was the birth of Big Pharma. The AMA has consistently claimed their actions are in the interest of protecting patients. According to Nobel laureate Milton Friedman in his 1961 book, *Capitalism and Freedom* the AMA's attempts to control doctors and their services produced a reduced quality of care and technological advancement. More than fifty years later, little has changed. An academic bias still exists against the bio-energetic model of medicine.

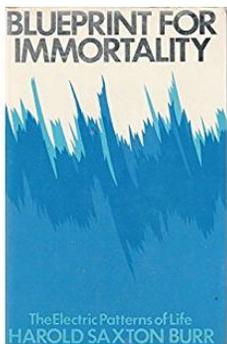
Conventional medicine has been reluctant to pursue bio-energetic treatment research, despite proof that the first sign of diminished health is vibrational or electromagnetic.

Frequency damage is stored like computer memory inside your cells. This can accumulate without any outward sign or symptom for years—long before any noticeable chemical or structural damage shows up. It appears that a great deal of disease begins due to electrical interference in our bodies, as well as altered cellular vibrational frequencies triggered by a variety of stressors.

With such energetic damage, germs can have more fertile ground to multiply.

In 1937, Professor Burr determined that abnormal voltage gradients preceded abnormal cellular growth such as cancer. Despite more than 40 years of extensive professional publication (*Yale Journal of Biological Medicine*), Dr. Burr's research findings were ignored by the medical community. However, biologists at Tufts University recently conducted experiments where they were able to cause frog tadpoles to grow new eyes—by altering electrical voltage on embryonic cells! The researchers concluded that the formation of organs is driven by specific voltages.

(Source: *Transmembrane voltage potential controls embryonic eye patterning in Xenopus laevis*. Pai VP, Aw S, Shomrat T, Lemire JM, Levin M *Development*. 2012 Jan; 139(2):313-23)



The implication is that bio-energetic stimuli interact with genetics to create developments in living systems. This is precisely what Harold Burr was proclaiming so many decades ago. We owe him a debt of gratitude. Dr. Burr was willing to further medical science at a time when the body was viewed as a machine whose ailments were to be managed chemically with drugs, or mechanically with surgery.

(Source: *Harold Saxton Burr, Blueprint for immortality; the electric patterns of life, 1972*)

An entire list of Burr's work can be found in the archives of *Yale Journal of Biology and Medicine*. I have many of the academic papers from Dr. Burr, which can be found at the US National Library of Medicine National Institutes of Health website:

<http://www.ncbi.nlm.nih.gov>. Sadly, Dr. Harold Burr's research is not mentioned in biology textbooks!

The human body is composed of approximately 30 trillion cells... human cells, that is! It is also host to approximately 40 trillion non-human cells! Viruses, bacteria, fungi, and parasites live in and on our bodies (even in perfect health). Every one of us battles them, non-stop throughout our lives. Medical research (both old and new) has clearly linked infection as the trigger for the majority of human illnesses. However, only *bacterial* infections are successfully addressed pharmaceutically on a grand scale.

The public seems unaware that viral, fungal, and parasitic infections are frequently ignored (or often not diagnosed). Perhaps this is because few safe and effective medicines exist to treat them. Antibiotics do not kill these other major types of infectious microorganisms! Plus, the effectiveness of antibiotics towards bacterial infection has been progressively diminishing. Antibiotic resistance is a serious global health threat, which is one of the reasons why methods that promote greater overall immune system strength are essential.

It is up to our immune systems to kill viruses.

When doctors evaluate patients, but see no distinctive evidence of bacterial infection, it is often casually remarked, *"It's probably just a virus."* I find this disturbing because viruses have long been linked to virtually everything from colds to cancer! Current scientific discovery reports 219 known virus species that infect humans. Yellow fever was the first virus to be discovered in 1901. However, 3-4 new virus species are being found every year!

Source: Woolhouse, Mark et al. "Human Viruses: Discovery and Emergence." *Philosophical Transactions of the Royal Society B: Biological Sciences* 367.1604 (2012): 2864–2871. *PMC*. Web. 13 Mar. 2018.

Search the Internet by typing any medical condition (or symptom) followed by "and viruses." You will be blown away at the vast amount of existing scientific knowledge. Using my simple and easy Internet search approach will reveal countless articles and medical journal research papers. You will understand how significant the effects of chronic infection are. You may be also wondering why doctors seem to rarely mention this mountain of mainstream medical research.

Here are some examples of Internet searches to do:

- Arthritis and viruses
- Cancer and viruses
- Fatigue and viruses
- Irritable bowel syndrome and viruses
- Migraines and viruses
- Autoimmune disease and viruses
- Joint pain and Epstein-Barr virus
- Arthritis and arboviruses (arboviruses are viruses spread by insects, ticks, and other bugs)

Try searches using the terms infection, bacteria, fungi, or parasites:

- Thyroid disease and Lyme bacteria
- Reflux and bacteria (GERD and bacteria)
- Chronic sinusitis and fungal infection
- Asthma and fungi
- Depression and infection

When people suffer symptoms for which no cause-related diagnosis is ever provided, they will likely receive treatment that does NOT address or affect the causes of the problems. I humbly state that people seek my care because they have failed to improve despite multiple efforts from multiple doctors and other health practitioners.

We must strive to support the health and effectiveness of our immune systems to win the ongoing fight against germs, as well as the constantly expanding levels of toxic substances and other environmental stressors.

Heavy metal toxicity is a serious health factor that is rarely mentioned or considered in most mainstream medical settings. However, scientific evidence clearly supports the demand for greater attention. Aluminum, lead, cadmium, mercury, and copper are just a few metals that have been implicated in numerous illnesses and symptoms.

Try searches regarding metal toxicity:

- Arthritis and metal toxicity
- Autoimmune disorders and metal toxicity
- Attention deficit disorder and metal toxicity
- Cardiovascular disease and lead
- Multiple sclerosis and aluminum
- Alzheimer's disease and aluminum

Metals get into our bodies; it's a fact of life. We must take measures to reduce our exposure to them, and pursue methods that support our bodies' ability to eliminate them, naturally, on a cellular level. This is one of the top priorities of bio-energetic supplementation. Our existing inborn natural detoxification and drainage systems must effectively eliminate toxins of all kinds throughout our lives. We cannot simply flush or cleanse them out like a plumber flushing out clogged pipes.

A recent study published in the Lancet Public Health journal revealed estimates that 256,000 premature deaths from cardiovascular disease in the USA (over a 20-year period) may be linked to lead exposure in people 44 years of age or older. This study questions the terrible assumption that low levels of metal exposure are considered safe.

Source: Bruce Lanphear, Stephen Rauch, Peggy Auinger, Ryan W Allen, Richard W Hornung. Low-level lead exposure and mortality in US adults: a population-based cohort study. The Lancet Public Health, 2018 DOI: 10.1016/S2468-2667(18)30025-2

Health Effects of Solar and Geomagnetic Activity (S-GMA)

There is a significant amount of scientific support for significant health effects resulting from solar and geomagnetic activity (S-GMA). According to one study, such energetic fluctuations affect the body through a mechanism of melatonin—the hormone produced in the pineal gland of the brain, which is involved with regulation of our sleep cycles and many other aspects of normal function. The author states that there is significant evidence that S-GMA is a natural health hazard, and that scientific evidence establishes a connection from the sun activity to human biological and health effects.

Source: Cherry, N. Natural Hazards (2002) 26: 279. <https://doi.org/10.1023/A:1015637127504>

Another study discussed eruptive activity of the sun and the production of intensive fluxes of energetic particles and disturbances in geomagnetic field. These scientists also concluded that solar and geomagnetic activities affect the cardiovascular system, including increased hospital admissions due to heart attacks!

Source: Vencloviene, J., Babarskiene, R., & Slapikas, R. (2013). The association between solar particle events, geomagnetic storms, and hospital admissions for myocardial infarction. *Natural Hazards*, 65(1), 1-12.

Schumann resonance harmonics are energy waves that surround the earth, associated with lightning. Dr. James Oschman (one of the world's top energy medicine scientists) says that energy flows through water molecules in the collagen protein found throughout the body. These proteins function as semiconductors, and our brain waves may even be tuned to Schumann resonance harmonics.

A 2018 study confirmed that our nervous systems respond to changes in geomagnetic and solar activity which fluctuates over time. The scientists revealed that these energetic phenomena result in stress responses affecting heart rate. Increases in cosmic rays, solar radio flux, and Schumann resonance power were reported to be associated with various human physiological responses. The authors concluded that *“energetic environmental phenomena affect psychophysical processes that can affect people in different ways depending on their sensitivity, health status and capacity for self-regulation.”*

Alabdulgader, Abdullah et al. “Long-Term Study of Heart Rate Variability Responses to Changes in the Solar and Geomagnetic Environment.” *Scientific Reports* 8 (2018): 2663. *PMC*. Web. 13 Mar. 2018.

What about human-created electromagnetic fields? Power supply systems, wireless devices, computers, and other technologies produce extremely powerful fields, which have been associated with many serious illnesses. Some people seem to be more sensitive or susceptible to the adverse effects from such energy fields than others. Our ancestors were exposed only to natural energy field phenomena. There were different types of dangers, but no unnatural electric fields (and toxic industrial chemicals).

Part of my holistic healthcare approach includes advisement for reducing exposure to harmful electromagnetic fields from both natural and human-created sources. It also includes bio-energetic supplementation. We must take whatever measures we can to improve our resistance to harmful energy fields.

NOTE: I am not claiming to have scientific proof that bio-energetic supplementation improves our bodies' ability to manage fluctuations in geomagnetic and solar activity. However, bio-energetic evaluation observations and excellent clinical outcomes reported by patients (in many cases after many years of unsatisfactory results from previous treatments) suggest their effectiveness, unparalleled safety, as well as the importance of considering such energetic phenomena.

To the best of my knowledge, conventional Western medicine does not make any effort to address the adverse effects of Schumann resonance phenomenon or other solar and geomagnetic activity. Despite much published scientific research revealing its importance, it is scarcely considered medically in the evaluation and treatment of chronic pain and illness.

**Much of what makes you feel bad...
think or behave badly... is the result of
undetected chronic infection and toxicity,
as well as structural and energetic disturbances**

“What Are the Bio-energetic Supplements?”

Our proprietary bio-energetic supplements are encoded liquids. They are custom created for us by a sophisticated process of embedding virtual blueprints of substances. These are called **energy signatures**. The process of creating an energy signature was introduced around 2007. Precise multi-layered images of the desired substance (for energetic simulation) are created from symbols, shapes and colors. They are interwoven with alpha-numeric characters, which may be up to 300,000 pages long. These signatures are then converted to a digitally-formatted card. This process is called *Coherent Energy Transduction*. To create the liquid sublingual spray supplements, the card is placed in an instrument called an *Alpha-numeric Transducer* (ANT). The ANT imprints the energetic signatures into a liquid solution of water, a miniscule amount of pure organic alcohol (less than 0.0017 ounce per spray), and a few trace minerals.

Different products are created by embedding specific encoded data into a blank solution. Each one is composed of many dozens of different encoded energy signatures, crafted from a constantly expanding database. **The energy signatures are replicas of a wide variety of substances from plants, animals, minerals, vitamins, amino acids, and other natural sources.** This includes energy signatures replicating the signals of several thousand long-established natural remedies. **However, no actual physical substances are ever used.**

Does the concept of encoding water with energy signatures sound far-fetched or outrageous?

Encoded water is as comprehensible as many long-established technologies. Consider how music records have been made, dating back to Thomas Edison’s first phonograph. Vibration patterns are etched by a stylus into the blank record during live sound recording. The master imprint gets processed, and duplicates can be made. The sound can be played back by the phonograph’s player’s needle sitting in the record’s groove, which contains the preserved energy pattern of the original sound. Amazing!



With audio or videotape, complex data is stored **magnetically** on iron coated plastic tape (can you believe that this is *old* technology?).

Modern CDs and DVDs store information optically, embedded into a piece of polycarbonate plastic. With usage, laser beams detect embedded coding of numbers, spaces and microscopic bumps. Quite

frankly, vinyl records and magnetic tape seem easier to understand!



DVDs bring us the complexities of motion, color, and sound to our televisions and computers. A blank disc can have infinite combinations of digital data encoded into it. This determines what movie, music, or other computer data can be accessed and utilized.

Scientists have developed many astonishing ways to capture and utilize energy patterns. Much of what was once considered science fiction has been surpassed by scientific reality.

We open car doors with keypads projecting frequencies specific to our own vehicle. A radio can be tuned to a specific frequency. We transmit messages, data, video, photos, and voice around the world, instantly via smart phones. We can use Skype or Facetime, and stream Netflix to our televisions and phones. There are so many astonishing ways that scientists have enabled us to transmit and store signals, instantly. Quite frankly, the idea of energy signatures embedded in water supporting our health seems comparatively simple in comparison! Bio-energetic supplements are created by embedding signals into water.

Water Memory

The term used by Nobel Prize-winning scientist Dr. Luc Montagnier is **water memory**. Montagnier has declared that DNA emits electromagnetic waves that can be retained in water. He confirmed the hypothesis that water can retain the frequencies, imprints, or energetic signatures of substances. Dr. Montagnier won the 2008 Nobel Prize for discovery of the AIDS virus (HIV).



Dr. Montagnier also verified that the electromagnetic signals retained in water can have dramatic *biological* effects! Unfortunately some of Dr. Montagnier's peers do not get it. Oddly, many have criticized his water research because its mechanisms are not yet fully understood. Isn't investigation and discovery the purpose of scientific research? It is peculiar how much energy and time has been spent throughout history criticizing anything different from established and old ways.

"Discovery consists of looking at the same thing as everyone else and thinking something different"

-Albert Szent-Gyorgi (Nobel Prize winning biochemist)

My patients, family, friends, and I are quite certain that water memory and the beneficial physiological effects of energy signatures have propelled them towards better health. So, if your local MD doesn't believe it, perhaps you might put more trust in the opinion of a world-renowned scientist.

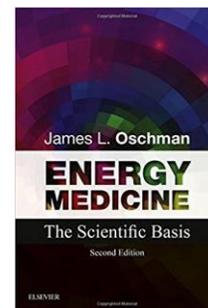
In his 2010 interview with *Science Magazine*, Dr. Montagnier reminded readers of the impressive results of similar remedies (homeopathic) during the nineteenth century with epidemics of cholera, typhoid, yellow fever, scarlet fever, and influenza.

The professor has declared that water structures can mimic molecules of substances—without any physical substance present. Montagnier plans on continuing research on the phenomenon of electromagnetic waves produced by DNA in water—in particular the DNA of bacteria and viruses, and its impact on treatment of chronic disease. Dr. Montagnier has pointed out however, that funding for research will be scarce since the conventional pharmaceutical companies cannot benefit from furthering drug-free treatments. Luc Montagnier is a medical doctor. He is certain that the principle of water memory brings tremendous research opportunity for modern medicine.

Here's a link to an interesting documentary film about Dr. Luc Montagnier's water memory research. He shows how virus DNA signal can be captured in water, recorded, and transmitted as a computer file:

<https://www.youtube.com/watch?v=R8VyUsVOic0>

Dr. James Oschman, another world-renowned scientist holds the same view about water. He is a physiologist, cellular biologist, and biophysicist. Dr. Oschman is the most prominent academic scientist to explore the basis for natural and holistic therapies. He has published dozens of articles in academic scientific journals. Dr. Oschman references that the same scientific methods that have been utilized to provide the basis for *conventional* chemical medical practice have been used equally to evaluate energy medicine.



According to Oschman, in his book “*Energy Medicine—the Scientific Basis*” the principle of water memory does *not* violate any known laws of physics or nature (as some naysayers insist). He indicates that this is the thinking of scientists from ten different nations. Oschman acknowledges that our scientific understanding of the physics of water is incomplete. He has described the human body as a living crystal with electricity, magnetism, and light flowing through it, often at higher speeds than the standard neurology model.

Dr. Oschman’s book is a fantastic resource. It shows how bio-energetic science can be used to help people overcome illnesses, which have responded poorly to pharmaceutical medicine. It provides a deep understanding about energy and energy flow in the human body, with well-established and documented scientific research. He describes how various methods can restore natural energy flow within the body, which supports recovery from many problems.

Like many things used in *conventional* medicine, it is not yet fully understood to science how encoding water with energy signatures facilitates the clinically-observed health improvements. What my family, my patients, and I know for sure is that bio-energetic supplementation absolutely does work!

The principle of embedding energy signals into water described by these Nobel Laureates is the mechanism behind the bio-energetic supplement products I provide in my practice.

The water and its embedded energy signatures do not treat any symptom or medical condition. However, the clinical results suggest that their usage clearly encourages people’s bodies to do what they’re naturally supposed to do, when for whatever reasons, function has been suppressed. Clinical results suggest consistent daily exposure to their beneficial frequencies results in the ailing and struggling body developing a heightened sense of its existing problems. It seems clear that this serves as a safe and gentle “push” for the body to work harder itself to get better through its own inborn physiological mechanisms.

It is a scientific fact that people can naturally acquire better immunity, and improve their health by their bodies own internal inborn mechanisms. Some people never catch colds, regardless of their exposure to sick people. Others never succumb to the flu or other viruses and other germs spreading around a community. They are fortunate to have strong immunity towards *those* particular germs. For example, some people are immune to the infectious microbes transmitted by tick bites; they do not develop Lyme disease. Others are not so fortunate, and need help.

A Symphony of Support

It is well-known that music can have beneficial physiological effects. Imagine a symphony orchestra playing a specific musical chord. Imagine a violinist plays a certain note. The harpist plays another. The pianist strikes a complex chord with all ten fingers. The percussionist crashes the cymbals, while the clarinet, oboe, and trombonist all play different notes too. Each musician contributes a vibrational frequency to create the synchronized whole musical unit.





Each bio-energetic supplement is embedded with energy signatures each of which have a distinct role or function—like different notes being played by a variety of different musical instruments in a symphony orchestra.

This is what each bio-energetic supplement is meant to do: create a symphony of signals. When you take a spray, think of it like a symphony orchestra striking a specific chord, with each musician producing musical tones of a distinct vibrational frequency. Each time a bio-energetic product is sprayed under the tongue, you receive a burst of the beneficial “harmonies” of its specific combination of energy signatures. Each individual product is like a music CD; the plastic disc is identical for every music recording, but the embedded digital coding of the music recording is different. Each distinct bio-energetic supplement “plays a different chord.” The cumulative effect of the different chords from each supplement taking in succession produces the “song.”

Daily regular usage provides the whole-body, holistic wellness support. My job is to figure out what “chords” each person needs to produce the right “song” for each patient. This is obviously not a rigid protocol for any particular medical condition, nor is it the same for every patient. Although they do not treat any medical condition directly; every bio-energetic supplement has a unique combination of energy signatures for specific purposes. There are supports for specific organs and tissues such as the liver, kidneys, adrenal glands, brain, muscles, tendons, nerves, etc. Others serve to aid cellular detoxification or natural support for one’s natural physiology to deal with pathogens and parasites, solar and geomagnetic activity, and metal toxicity. What products are chosen depends upon the needs of the individual.

The bottles do not list the energy signatures. There are several reasons for this. For starters, there are too many to fit on the labels; some products have hundreds of them. Facsimiles or energetic representations of signals of thousands of natural substances can be used. Each product is like a music CD; the blank plastic disc is identical for every music recording, but the embedded digital coding of the music recording is different and unique for each. Having a list of the energy signatures would be sort of like printing the written musical score of a music CD on the disc label.

Bio-energetic supplements are classified and regulated as dietary supplements. It is required by law that only the water, mineral, and alcohol—the *physical* ingredients must be listed on product labels. The various products have different names (and purposes), but the liquid solution’s ingredients are always the same. Each product has a unique combination of embedded energy signatures. Listing all of each product’s specific energy signatures is neither required, nor feasible. This is like “natural flavors” listed as an ingredient on food product labels. Thousands of possible chemical substances extracted from plant or animal sources are used. A food product may contain natural flavoring composed of as many as 100 different substances. They are not listed, nor does the U.S. Code of Federal Regulations require it. Natural flavoring is not considered nutritional. It would not be feasible to list such components on labels. The same is the case for bio-energetic supplements.

These are proprietary formulas that have taken years of study, effort, and tens of thousands of dollars to research and develop. Unlike pharmaceutical drugs, bio-energetic supplement formulas cannot be patented or publicly traded on the stock exchange. The energy signature component formulas are however, intellectual property, like a book’s copyright or a secret formula. They are not for public distribution. If they were made public; they could be easily copied, stolen, and illegally used. Upon request, I can show you, or verbally describe some of them. They are mostly in Latin scientific terminology. All patients use bio-energetic supplements must do so with the understanding, acceptance, and trust that they are embedded with different combinations of energy signatures. Bio-energetic supplements are never represented as having any pharmaceutical action, nor are they suggested as treatment of any medical condition, in the conventional sense.

Key Points Regarding Our Bio-energetic Supplements:

1. **It appears that with our bio-energetic support, patients are developing their own natural immunity, which enables their bodies to better deal with stressors that result in pain and illness.** Let me be crystal clear that this is not a medical claim; we currently have no academic scientific proof. However, the response patients demonstrate and report suggests this is the case.
2. **The dynamic effects of bio-energetic supplements are solely the result of your body's natural and normal physiological mechanisms.** The intention of bio-energetic support is to fortify your body's awareness of its existing problems, so it acts more aggressively to improve itself, naturally.
3. **Unlike chemical pharmaceutical drugs (and some herbal products), our bio-energetic supplements cannot and do not make your body do *anything* that it is not physiologically supposed to do.**
4. **Each spray of a bio-energetic supplement delivers a burst of complex energy signatures, which simulate various supportive substances.** This is intended to serve as a stimulus to the body to "remind" it to carry out its own natural self-regulating processes, which are stagnated or "stuck."
5. **These products deliver NO chemical pharmaceutical effects, nor are they addictive.** They are safe and compatible for use with any other treatments, supplements, foods, as well as pharmaceutical medications provided by other physicians.
6. **Our bio-energetic supplements are NOT drugs, nor are they controlled substances.** They cannot and do not cause chemical side effects, nor is there any concern for drug interactions with pharmaceutical medication (or anything else you may be taking, eating, or doing).
7. **There is NO absorption, digestion, metabolism, or distribution of chemicals throughout the body.** Thus they cannot result in production metabolites (as per pharmaceutical, herbal, or other chemical products), which might show up in drug testing.
8. **Bio-energetic supplements are NOT herbs, nor do they bear any resemblance to them in form or function.** Herbal medicines work by means of chemical action, and are very similar to pharmaceutical medications. Herbs are the raw materials for many drugs.
9. **There is NO measurable chemically medicinal substance in our bio-energetic products. The physical ingredients are the same liquid solution for each product.** However, the complex bio-energetic encoding is completely different for each.
10. **The working principle of the bio-energetic supplements is *water memory*.** This is the terminology of Nobel Prize-winning scientist Dr. Luc Montagnier. Montagnier determined that DNA emits electromagnetic waves that can be retained in water. He confirmed that water can retain the frequencies, imprints, or energetic signatures of substances. Such signals can have dramatic *biological* effects!
11. **Our bio-energetic supplements are liquid solutions that have been embedded with formulated code.** A CD or DVD is a piece of plastic with digital code embedded within it. Similarly, each bio-energetic supplement product is a precisely encoded liquid with different specific components.

12. **These products do not contain any substance that could or would provoke a toxic response.** This includes a very insignificant amount of pure organic alcohol (0.0017 ounce per spray). An average protocol composed of 12 sprays delivers a miniscule total of 0.02 ounces of alcohol (that's two one hundreds of one ounce, one tenth of a teaspoon). The aerosol effect of the pump sprayer does tend to magnify the alcohol smell and taste; however, it is an extremely small amount of alcohol. The only consideration is if a person is known to be *allergic* to alcohol. Many prescription and over-the-counter medicines contain significant amounts of alcohol, as well as some foods.
13. **None of these bio-energetic supplements are represented, suggested, claimed, or intended to prevent or treat any specific medical condition, nor are they intended to replace or delay any necessary conventional medical care.** They are intended solely to support one's natural inborn physiological regulation.
14. **I claim no proof of any specific physiological mechanism beyond the fact of clinical improvements reported by patients and where physically possible, observed.**
15. **These products are not commercial stock items;** they cannot be purchased at a health food store or online. They are manufactured for us upon demand, and are constantly updated and improved as well.

Here's how an initial daily bio-energetic wellness regimen is done:

Each patient's customized daily protocol includes as many as fifteen different support products that work together as a whole. Each product is sprayed just once under the tongue, one after another. The order in which they are taken does not matter, nor must a strict timetable be followed. The entire process takes a minute or less, initially done three times daily, for the first two months. Whatever times of day that are convenient for you are fine. Leave at least one hour in between.

There's nothing to think about, otherwise. There's no swishing it around in your mouth or counting how many seconds to hold the liquid, or swallow it. No contemplating or questioning. Just spray, and go about your day! This is not the same as taking a pill, and waiting for its effects to kick in. This is supplying your body with a bio-energetic "reminder" of the critically important and complex job it must do to get healthier.

I cannot stress it enough that bio-energetic supplementation does not, and cannot make your body do anything it should not (or could not) do naturally. The translation of that: NO side effects.

The specific individual bio-energetic products in each patient's customized wellness protocol combine to function as ONE synchronized cohesive functioning unit—a whole-body support. They should not be viewed as individual *medicines* (they are not drugs).

All protocol component products are included specifically because I have determined you would likely benefit from them. A baker would never bake a cake, intentionally leave out one or more key ingredients... and expect the cake to come out right. An orchestra would not play Beethoven's fifth symphony without the violin section and the horns. Similarly, with a bio-energetic supplement protocols, please resist any temptation to use only *some* of your recommended products because (for some reason), you do not think you need them all. The same is the case for using all of the recommended products, at the frequency listed for each (3x/day, 2x/day, 1x/day, or 1x/week).

It's quite simple: patients who follow their protocol correctly get the best results.

Minimal Intervention... Maximum Results

Patients who resist the temptation to try to speed up healing by overtaxing their bodies with excessive nutritional supplements, herbs, cleansing regimens, and other products... get the best results. This is not a matter of ego or conceit; it is a matter of your best chances at success—and to save you money. Most people have arrived at my office having spent obscene amounts of money on all kinds of treatment, in a futile attempt to recover from chronic illness and pain. I have professional access to nearly any nutritional, herbal, and other health product—at good prices... but I rarely see these further my patients' progress. In fact, it has been quite the opposite. Those individuals, who insist on taking piles of vitamins, herbs, detoxification products, aggressive cleanses, antibiotics, and other products, do not respond as well. **I do not want to stress your body with a greater workload!**

My intention is to provide the *gentlest* possible treatment—so your body can allocate its energies toward rejuvenation and repair. I do not want you to become further burdened with the chore of breaking down and assimilating *more* chemicals and other physical components commonly found in many vitamins, minerals, herbs, and pharmaceutical medicines. My bio-energetic support approach adds nothing for your body to process, leaving maximum energy for your immune system to get to work at fighting the chronic infectious agents and toxins.

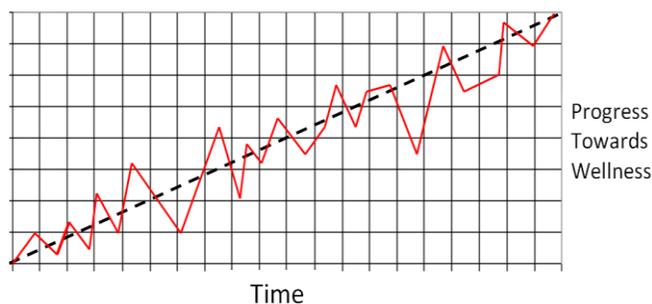
Great Expectations... With Realistic Time Frames

Everybody wants to feel better as quickly as possible. We should indeed all be grateful for the existence of prescription medications that provide relief; doing things naturally sometimes just doesn't "cut the mustard." However, one of the great tragedies of Western medical philosophy is trading long-term relief improvement and resolution of illness for instant gratification. Persistently pandering to pain with prescription medicine—symptom-masking drugs (that do nothing to you towards wellness) merely delivers the illusion of health. Health is much more than simply the absence of symptoms. It is well-known that some of the most serious illnesses, such as cancer and heart disease do *not* present with symptoms until they have progressed badly enough.

Think about it... an overweight, physically unfit, and chronically ill person cannot (under any circumstances) be given a pill or any other type of treatment...and radically transform into a slim, athletic and strong, and healthy individual overnight. Yet this is precisely what is *expected* from medical care. Could it be because that is precisely what marketers of drugs, fitness gadgets, and weight loss pills have been promising, promoting, and providing? By contrast, with my natural whole-body wellness treatment methods, no such outlandish and unrealistic promises or claims are made. Nearly every patient who seeks my care has been to many doctors, tried many types of treatment, with limited or no long-term success—many feeling worse than ever. These people, most of whom have been debilitated by a wide variety of complications of complex chronic illness... have taken many months, or even as much as a year or more to improve... but improve the majority have, after all else had failed. Now they have higher quality of life, and authentic improved health. **There is no illusion here.**

The results my patients achieve through my treatment protocol are true health and healing... NOT the temporary masking of symptoms. They are the natural result of reducing or eliminating blockages to normal physiology, and supporting normal and natural function—like removing a dam from a stream, enabling the water to flow... the person's body little-by-little improving function, and repairing and regenerating itself. Patients who seek my care typically have chronic and complex health problems that have not responded to conventional medical treatment, as well as various alternative medicine methods. I proudly state, without any excessive and egotistical boasting, drama, or fanfare that helping such patients to improve at *all* is inarguably an earth-shattering feat. Since 1992, I've had the unique privilege of regularly getting to see the extraordinary healing capabilities of the human body that relatively few get to witness. This is not because I'm some kind of genius, but rather my decisions to pursue, study, and apply several ingenious *methods* that support the body, rather than antagonizing or irritating it.

I have high expectations for those I accept as patients. Nevertheless, accompanying these high expectations are realistic time frames. Getting better from complex, chronic, and degenerative illnesses takes a long time. Like it or not, the road to recovery has challenges. It has its ups and downs. For some people, once the body begins to naturally eliminate long-accumulated toxins and overcome chronic infection—it can be *unpleasant*. Therefore, when it comes to the physical devastation caused by chronic effects of infection, such as Lyme disease... yes—there can be a no pain—no gain factor during recovery. **However, such changes must not be mistaken for side effects!**



The black dashed line on the graph hypothetically depicts progress as a steady improvement over time—the patient feeling a little better each day. This however, is not reality. The red line is what we expect: various ups and downs while climbing the mountain towards the goal of wellness. Notice that even though there are improvements and setbacks represented by the jagged red graph line—the trend is still upwards. **This is the reality of progressive, natural wellness care** (and for that matter, most things in life!).

Although we occasionally see some extraordinarily fast recoveries from chronic pain and illness; getting better naturally is usually a slow and gradual process. Be mindful that it is also not necessarily smooth sailing from start to finish. While progressing towards wellness, you can be doing great for a while, but still have setbacks. It's important to know this in advance, so you don't have unrealistic expectations. This means that you will not necessarily feel consistently and progressively better and better, everyday. Life has many stressors and setbacks. One can experience colds, flu, and other infections, as well as suffering injuries, and fatigue while progressing on the journey towards recovery from existing *chronic* illness.

Every symptom you experience while on your wellness journey is not a direct response to treatment, nor are all symptoms related to your chronic problems. Be mindful that we are all exposed regularly to viruses, bacteria, fungi, and a host of other parasites in our air, food, and through contact with others. There are chemical toxins everywhere, as well as radiation from technology and natural sources. Emotional stress plays an equally important role. Nearly every patient I encounter has suffered complex and chronic illness and/or injury. One may have dozens of different chronic symptoms—some related to each other, and some not. As one problem gets better, others can become more noticeable. You could have five of twenty original problems get completely better... but you're still left with fifteen other things that are making you miserable. Patience really *is* a virtue!

Progressive improvement from chronic illness can require toughing it out, and getting through an initial stage of your body naturally responding, which may not feel good. When you begin usage of bio-energetic supplements, you may have an increase of existing symptoms within a week or two. You may even have some old symptoms crop up that had gone away some time ago. This is known throughout natural and holistic circles as a **healing crisis**.

There are NO side effects!

Remember we are NOT trying to suppress symptoms. We want to (in the gentlest and safest manner possible) support the body's normal physiology—its natural function. Bio-energetic supplements cannot and do not artificially or chemically induce changes in your body. They are not prescription painkillers, nor can they chemically kill bacteria, viruses, or other parasites. It is your own immune system's job to deal with microorganisms. Bio-energetic supplementation is a means of supporting it in doing its job itself. I realize I have been repetitive with this point; it addresses one of the most common questions we are asked at the Liebell Clinic.

Frequently Asked Questions About Our Bio-energetic Wellness Supplementation

“Is it safe for me to take the supplements if I am also taking prescription, or over-the-counter medicines?”

YES, absolutely. They are completely safe and compatible with any and all conventional medicines, and for that matter, any other treatments. There are NO drug interactions. Bio-energetic treatments do NOT have chemical effects, thus they do not in any way affect the function of drugs, nor do they react in any manner with them. Any medications you are currently taken, as well as any prescribed in the future are 100% compatible with bio-energetic supplementation.

“I’m taking antibiotics for chronic Lyme disease... can I do bio-energetics too?”

Yes—for the safety reasons stated above. While long term antibiotics are not my personal choice; I ethically do not discourage any patients from using any medical treatment. However, if you choose to continue taking antibiotics, your results will likely be slower; one of the many significant side effects of long-term antibiotic usage is suppression of the immune system. On the contrary, bio-energetic supplementation supports normal physiology, and is thus safe and compatible before, during, or after antibiotic treatment. This principle has enabled me to provide successful holistic treatment for a lot of people who suffered the chronic effects of tick-borne illness (and related disorders) for whom antibiotics were an abyssmal failure... for lasting health.

“Is bio-energetic supplementation safe for children or pregnant women?”

Yes! It is safe for all ages. I don’t think there couldn’t be a better choice of treatment for pregnant women and children. Safety is unparalleled. Concerns of side effects are not an issue for mother or developing baby. With regards to children, you don’t have to worry about dosage size; it’s not a factor. A child’s age or weight does not determine the amount of remedy or “dosage” given. My three children have always used our products regularly for prevention and any needed treatment.

“Does it matter what time of day I take my products?”

No... it doesn’t matter at all. Do whatever is convenient for you. Most people take them upon rising in the morning... whenever they come home from work or school... and right before bedtime. Don’t worry about spacing them apart any exact amount of time. Just leave at least one hour in between each time you take all your sprays. You can take them at different times every day. A rigid schedule is unnecessary. Relax, and just spray, and go about your day!

“Why are the supplements sprayed under the tongue?”

This is the most efficient way for the body to immediately receive the frequencies of the helpful energy signatures. This way, your digestive system isn’t involved. This also prevents the miniscule amount of alcohol in the supplements from reaching the stomach. But please do not worry if you swallow the tiny amount of liquid; your body receives the frequencies upon CONTACT, not digestion. Under the tongue is simply the quickest, easiest, and most efficient. Sublingual (under-the-tongue) vitamin supplements work the same way. **Do NOT spray on your body, eyes, nose, ears, or anywhere else but in your mouth!**

“What if I cannot tolerate alcohol... can I still take bio-energetic supplements?”

Yes. If one is bothered by alcohol, the various products can be sprayed into a dixie cup for 30 minutes to allow the alcohol to simply evaporate. Also, we can custom order some of the products in alcohol-free pellet form. It is extremely rare that the miniscule alcohol is a problem, even for alcoholics. The amount of pure organic alcohol is less than 0.0017 ounce per spray. For those who have a true *allergy* to alcohol, specialized ear acupuncture treatment (SAAT) can be performed to solve the problem.

“Why do I need so many different products?”

In most cases, wonderful clinical results come from a protocol of many different products. Several people could have the same symptoms or condition, but each needs completely different products. It all depends on individual needs. It is tempting to think that these supplements work like prescription drugs—where a medical condition is diagnosed, and the standard drug for that condition is prescribed. This simply is not the case. Each product must not be thought of as a separate treatment for a different condition. They have been selected as a result of your evaluation to address your body as a whole. Your specific health problems have many layers to them that must all be addressed at the same time. Remember that bio-energetic supplementation is not a treatment for any disease or medical condition; it is holistic support for the *person* suffering the effects of various disorders. By creating a protocol of many products, we are addressing essential components suited to each person’s needs.

“What about nutrition... don’t I need to take additional vitamin and mineral supplements?”

Not too likely with my program. The conventional medical establishment has been stunningly effective at convincing the public that every illness or symptom is something that requires treatment with a specific drug. The *natural* health community, on the other hand suggests that illness is mostly the result of poor lifestyle choices. This usually refers to diet and exercise. I say both medical viewpoints are equally too extreme. Health is not black and white. The cookie-cutter practice of prescribing a drug for every symptom as a means of health care is tragic on so many levels. However, the natural health advocates are oversimplifying things too. It is equally untrue that *everything* that goes wrong in your body is the result of nutritional deficiencies, leaky gut, and the need to eat gluten-free, dairy-free, and to take turmeric and glutathione supplements. Diet and exercise is not the answer to everything either, nor are processed nutritional supplements and herbs.

Everybody needs to work at getting healthier and staying healthy. It is essential to make every effort you can to treat your body better in your quest for recovery. It is tougher to get healthy and stay healthy today than ever before. Most patients I’ve encounter have spent many years, and a lot of money on nutritional supplements, with poor results.

My bio-energetic treatments are not a dietary approach. I certainly discuss and advise dietary matters with patients. However, most of my advice is about getting nutrition through whole natural foods rather than pills. You’ve got to spend money on food—so why buy loads of supplements too... just spend a bit more on higher quality food. In addition to dietary concerns I’ve compiled a list of health tips, which you can access on my LiebellClinic.com website. Please read them, and consider making some additional upgrades in your health over the course of the year: <http://www.liebellclinic.com/quick-health-advice.html>.

“I have some new symptoms... could the supplements be causing them?”

Bio-energetic supplements cannot and do not artificially disrupt any normal and natural biological function. Bio-energetic support supplements cannot make anything physiologically abnormal happen in your body. They cannot make anything happen that is not natural, expected, normal, and healthy for your body. They only support your body’s existing inborn capacity to regulate itself.

However, if in addition to bio-energetic supplements, you are taking prescription or over-the-counter medicine (and/or herbs, oils, or nutritional pills); consider that any or all of *them* can affect you with side effects and/or drug interactions. Any such reactions must NOT be attributed to the addition of the bio-energetic support. No such reactions take place. Pharmaceutical work by chemically affecting function. If you are taken any prescription or over-the-counter medications (or herbal medications), please discuss any concerns for such with your prescribing doctor.

Please forgive me for being so repetitive with this point. People have little-to-any background in bio-energetic medicine. The public is used to the conventional drug-based model of healthcare, which requires a never-ending awareness and careful monitoring of side effects and drug interactions. Chemical pharmaceutical medicine works by suppressing symptoms, or forcibly slowing down or speeding up biochemical actions of the body.

“What happens if I “catch” a cold or flu, get food poisoning, a bug bite, or some other new illness or injury, while making progress recovering from my chronic problems?”

Anybody can catch a cold, eat tainted food, or be exposed to any illness-causing factors. You can injure or stress your body in numerous ways. This means that even if you’re progressively recovering from *chronic* illness or injury... you can develop NEW problems. This is certainly NOT a sign that your current support protocol is failing. For those using bio-energetic supplements in support of recovery from chronic illness, any new stressors can cause new symptoms, or exacerbation of existing ones. It may be helpful to use an additional bio-energetic supplement designed for such support.

“What if I have a specific medical condition or symptom—do you have a specific bio-energetic product for each?”

Yes and no. This does not work like conventional Western medicine, where there’s a medication meant to treat a specific diagnosed condition or symptom. No bio-energetic supplement is a direct treatment for *any* condition, nor is any medical claim made. Most of the products are designed to support the immune system to naturally deal with microorganisms, toxins, scar tissue, solar and geomagnetic activity, and other stressors itself. Others are designed to support different body systems, organs, and tissues.

“What should I do if I have side effects or allergic reaction to prescription or over-the-counter drugs, while also taking bio-energetic supplements?”

If you have an allergic reaction or side effects from prescription medication, you must immediately discuss it with the physician who prescribed them. Any acute injury, illness, or other medical concerns should first be addressed by your family physician, hospital emergency room, or other specialists. By all means, please let the Liebell Clinic know about any new illness, injury, or exposure to anything of concern. We certainly want to know about anything that happens to you. However, the Liebell Clinic will not provide any advice regarding pharmaceutical medications. The bio-energetic sprays cannot and do not interact with drugs. Nor do they cause side effects.

“What if another one of my doctors is concerned about me using bio-energetic supplements?”

Any such concerns would be without foundation. I do not know of a safer treatment approach, and there are no concerns for usage of bio-energetic supplements at the same time of other treatments, including prescription drugs. Unfortunately, some doctors, despite having no background or training in energy medicine, may give negative opinions. If a doctor has no knowledge, experience, or training in bio-energetic supplementation; he or she is not qualified to comment or criticize.

Bio-energetic supplements and pharmaceutical medicines are complementary to one another. **However, it is only drugs that can produce abnormal side effects; bio-energetic supplements do not.** If your doctor expresses a concern over you taking them, perhaps you might ask, “*Why would they be unsafe?*”

I have found that physicians incorrectly assume bio-energetic supplements are herbal medications, which can indeed have drug interactions. It would indeed be wise for one to be concerned about herbs... but not bio-energetic supplements! If a doctor ever tells you to discontinue use of my products, let me know, of course... but tell the doctor that there are NO herbs in them, and that there are no side effects or drug interactions. Doctors are welcome to call or email if there are any questions about my bio-energetic supplements.

“I think my Lyme disease symptoms are worse... I think I’m having a Herxheimer reaction... is it the same thing as a healing crisis?”

No. Many people who suffer the chronic effects triggered by Lyme disease (and other tick-borne infection) are familiar with a phenomenon called the Jarisch-Herxheimer reaction (JHR). It is often referred to as “herxing.” However, a healing crisis some people experience with bio-energetic supplementation is absolutely NOT a Herxheimer reaction!

JRH are specifically a painful side effect triggered within hours of the beginning of antibiotic treatment of spirochete bacterial infections (Lyme disease, syphilis, leptospirosis). It is described in medical academic literature as being transient, meaning it lasts a short time, and requires no treatment. Herxheimer reactions were originally observed in treatment of syphilis with antibiotic mercury. Several possible explanations have been considered and made popular for the mechanism of JHR. However, despite advances in scientific knowledge, it has not been scientifically confirmed exactly what happens. There is no medical test which can confirm the JHR. The hypothesis of sudden and excessive toxin release has been considered, but not confirmed. Experimental studies conclude that spirochete bacteria do not have biologically active internal toxins.

Source: Belum, G. R., Belum, V. R., Chaitanya Arudra, S. K., & Reddy, B. (2013). The Jarisch–Herxheimer Reaction: Revisited. *Travel Medicine and Infectious Disease*, 11(4), 231-7.

It is thought by some that with antibiotic treatment, dead or injured bacteria suddenly release their harmful internal toxins directly into the blood stream at a pace that is overwhelming to the body (“die-off”). The patient’s immune system and avenues of detoxification and drainage remain weak and impaired, and thus the body is not remotely prepared and equipped to eliminate such a sudden and unnatural toxic workload. This toxin release hypothesis is a very popular explanation by both doctors and patients involved with Lyme disease. The medical research, however, suggests the Jarisch–Herxheimer reaction (JHR) is a significant and complex inflammatory response chemically caused by antibiotic treatment. It is not a normal healing response, nor is it a healthy-but-painful detoxification symptom; it is a drug side effect, which might be considered a necessary evil for treatment.

Source: Butler, Thomas. The Jarisch–Herxheimer Reaction After Antibiotic Treatment of Spirochetal Infections: A Review of Recent Cases and Our Understanding of Pathogenesis. *The American journal of tropical medicine and hygiene* 01/11/2017, Volume: 96, Issue: 1, Page: 46-52, DOI:10.4269/ajtmh.16-0434

According to QJM: An International Journal of Medicine, Herxheimer reactions suffered from antibiotic treatment (for spirochete bacterial infection) can be severe and dangerous.

Source: S. Takamizawa, H. Gomi, Y. Shimizu, H. Isono, T. Shirokawa, M. Kato; Leptospirosis and Jarisch–Herxheimer reaction, *QJM: An International Journal of Medicine*, Volume 108, Issue 12, 1 December 2015, Pages 967–968

Although the exact mechanism of JHR is unknown, I am certain that adding more stress to an already stressed and depressed immune system, and a weakened body is a questionable approach. This may equally be the case for both antibiotics and herbal medications, which both work by chemical action.

Each spray of each separate bio-energetic supplement product supplies a subtle, yet powerful burst of beneficial frequencies. Clinical results suggest that they provide a gentle and safe support such that your body perceives a heightened awareness of its existing problems. This seems to result in your body experiencing a stronger call to action to work more efficiently, to heal itself. It’s like a gentle, persistent nag or reminder that there’s work to be done!

Naturally overcoming complex and chronic health problems takes place in phases. An initial period of feeling worse before feeling better (experienced by approximately 40% of my patients) is called a healing crisis. It is NOT a Herxheimer reaction. If one *does* experience a healing crisis (a safe and natural response), it typically begins within 3 weeks of beginning a regimen of bio-energetic supplementation. It may last a day, or occasionally a week or two.

It cannot be stressed loud enough, often enough, and strong enough that there are NO side effects from my bio-energetic supplements. They are NOT pharmaceutical drugs, nor are they herbal medications. There is absolutely no chemical effect that can cause any interactions with any medication (over-the-counter or prescribed) you may be taking. They cannot make your body do anything it shouldn’t be doing on its own. If they could, I would not be using them personally or professionally.

Your immune system naturally deals with microorganisms. Authentic natural healing is when your body is the agent of cure, rather than a chemically forced action.

The pain relief medicine industry flourishes because the public has been well-trained (dare I say, brainwashed) to seek drugs to make them feel better—regardless of the negative health consequences. I'm hardly unsympathetic when it comes to pain (my office door does say *Chronic Pain Solutions!*). However, it is my experience that progressive and lasting improvement sometimes requires weathering the storm of a healing crisis.

It is indeed a lot easier to numb the pain... rather than correct the causes, and rehabilitate and repair long-term damage and dysfunction. Many elite professional athletes have had to go through extremely difficult and painful rehabilitation from injuries. Clearly, it's not always as simple as taking a pill or getting a shot. The road to recovery is often quite challenging—no pain, no gain, as the cliché accurately states. Thus, you may feel worse before you feel better, and you can indeed have setbacks along the way. Getting to the wellness finish line is rarely an easy journey. Some people are not willing to even begin it. However, I am certain it is one of the most exciting and rewarding experiences one can have. As a doctor, who has had the privilege to witness it on a regular basis, I find it to be equally rewarding to help enable the journey.

“Will it take a long time for me to get well with this approach?”

What one considers a long time is a matter of opinion. It often takes a year or so for some patients to get better from complex chronic illness or injury. I consider such response as an impressively *short* period of time. Most patients who have sought my care had suffered for years, receiving little-to-no improvement from previous treatment. In most cases, their health was (in my opinion) further damaged by years of drug-based treatment, as well as irritating nutritional, herbal, and physical treatment approaches.

Each individual's speed of recovery depends upon how complex and chronic the health problems are. Simple and/or recently developed problems can heal very rapidly. However, your body certainly cannot overcome chronic illness or physical damage overnight. It is not a matter of how fast bio-energetic supplements work; **it's a matter of how much better your BODY works—and how complex your illness is.**

Bio-energetic supplementation is intended to support your body's inner environment so it can naturally overcome health problems itself. The results come from your body rejuvenating, regulating, and repairing itself. The treatment is best viewed as a boost or a push for your body to do the work. Both injuries and chronic ill health take time to get better. This is life. A broken bone, properly treated, takes a solid three months to heal. A chronic pain condition and/or illness may take years or even decades to develop before symptoms rise to the surface. It is unreasonable to expect instant health. Most patients notice improvement within 2-6 months.

How quickly do different cells of the human body replace themselves? It varies tremendously. There are cells in the digestive tract that replace themselves every few days. A minor scrape or cut can take up to several weeks to heal, if not irritated. A broken bone typically takes 3 months to heal, if conditions are good. The healing process of an injured tendon, for example takes place in phases. It goes through phases of inflammation, regeneration and remodeling. The inflammation phase lasts around one week. Regeneration of cells takes approximately one month. However, remodeling phase can take a year. The biochemistry and mechanical mechanisms of soft tissue healing are very complex. Plus, the time it takes for a tendon to heal can be lengthened if the injured area is further stressed.

Consider the adrenal glands, which are often badly affected as the result of years of chronic infection and toxicity. However, once the immune system gets strong enough to better manage damaging microbes; the adrenal glands have a fighting chance to regenerate themselves. The cells of the adrenal glands must constantly regenerate in response to the body's demand for necessary hormone production.

These are just a few examples to give perspective of what a person's ailing body must accomplish, and how long it takes for cell, tissue, and organ repair to naturally take place. Most patients seen at the Liebell Clinic had failed to achieve satisfactory results from various types of previous medical care (both conventional and alternative approaches). My natural and holistic wellness-based approach is a long-term process. It is unrealistic to expect to rapidly get better from complex, chronic pain, illness, and injury.

“What about age? Do younger people respond faster than older patients?”

Not necessarily. I do not predict how fast *anybody* might improve; there are too many factors. Surprisingly, age might be one of the *worst* indicators! Mainstream medicine tends to inappropriately blame health problems on age. Sometimes children are more difficult to help than adults. Some of my most extraordinary recoveries have been in patients in their seventies or eighties! The following factors are much more significant than age when considering how long it will take for improvement to be experienced.

- How long one has been ill
- Extent of physical damage
- Complexity of illness
- Weakness of immune system
- Emotional stressors
- Physical stressors
- Prescription drugs
- Exposure to Wi-Fi and other radiation sources
- Chemicals in diet and personal hygiene products
- Moisture & mold in home

“I’ve been feeling a lot better since starting my bio-energetic supplements... should I stop taking my products?”

No. Please take your sprays at the recommended frequency listed on your protocol sheet. Stopping or reducing them on your own would be a mistake. Spreading out frequency of usage below what is recommended will also result in poorer results. You are not seeking their supportive effect to suppress symptoms—you are seeking ongoing support for your body’s natural rejuvenating and regulating processes, which takes time. The good news is that you will need less and less support as time goes on.

“Does this work by the “placebo effect?”

No, it does not. The placebo effect occurs when a person experiences improvement from a fake treatment, for psychological reasons. Opponents of natural and holistic healthcare methods love to cry placebo for virtually any drug-free healthcare method. There is much evidence that such accusations are unfounded and, in my opinion slanderous. If anybody whom I’ve successfully treated asks me if it was a placebo effect, I first answer them with this question: Where was the “placebo effect” when they took all those prescription and over-the-counter medications that failed miserably? Didn’t they have “expectations” of success to influence their mind with them too? What about all the babies and small children I have helped? Was there a placebo effect for them? Belief and expectations for treatment success can only help, but it is not required if the method is truly good. Any healthcare method that works with the inborn healing capacity of the body does so, regardless of expectations of its effectiveness. I can assure you that I’ve helped way more people who were skeptical and negative, than those who had high expectations. Quite frankly, my patients rarely, if ever ask this question.

“Can I overdose on bio-energetic supplements?”

No. There is no overdosing because each spray is not a dosage in the conventional medicinal sense. It is a single *exposure* to the beneficial frequencies—the energy signatures embedded in the product. One could drink the whole bottle with no danger—your body would take it as one exposure in the same manner as one *spray!* It would indeed be a waste of money, but it would not cause any harm to your body. There are no medicinal or pharmaceutical substances in any of the products. Taking sprays more than recommended will not do any harm either.

“Will I have to take these products forever?”

The whole idea is to help your body restore its own self-regulating and functional environment within. This may mean days, weeks, months, or a few years. My family and many of my patients take some products once per week for preventative health support. If you have a severe and chronic health condition, you will need them longer—but the frequency of use always decreases throughout care. Some patients need support briefly. Everybody’s needs are different.

“Why aren’t natural health supports covered by health insurance?”

Like nutritional products, bio-energetic supplements are *not* covered by American health insurance. Insurance pays for most drugs, but it does not pay for wellness care and products. We at the Liebell Clinic are sensitive to patient costs. We recognize the obscene amounts of money most patients have spent out-of-pocket on previous care, in addition to what was covered by medical insurance. Comparatively, the costs of bio-energetic treatment are quite low, particularly in comparison to various other types of commonly pursued treatments that are not covered by health insurance. For example, people pay \$300-\$1,000 for Botox injections—hardly a health emergency procedure. The cost of orthodontic braces ranges from \$3,000 to \$10,000. Most braces are worn for an average of 24 months. Purely cosmetic procedures rarely have insurance coverage. It is not unusual for a sufferer of the chronic effects of Lyme disease to have spent tens of thousands of dollars out-of-pocket prior to visiting my office. The Liebell Clinic’s bio-energetic wellness program is designed to help sufferers of debilitating chronic illness and pain naturally get better, naturally (in most cases, after much previous care has failed). A year’s worth of care costs less than the lowest end of orthodontic care, and significantly less than many other programs.

“Is this “New Age” Medicine? Could its usage compromise my religious principles?”

I realize that there are various unusual methods in the “alternative” medicine field—some of which do have some principles contradictory to traditional faiths. You can rest assured that this is NOT the case with any of my treatment methods. The bio-energetic supplements I use were born from European science; physics and physiology. There is absolutely no aspect of ANY mysticism, or anything at all that compromises anybody’s religious principles. The same is the case for the ear acupuncture methods I utilize.

“What happens if I MISS a dosage of my support products?”

If you are supposed to be taking each of your products 1 spray, 3x/day for example, but you only took them *twice*... just take an extra dose the next day (4x/day for one day, for example). But do NOT try to make up for it by taking *2 sprays* at one time of dosage; that’s a waste of money, and it will not help you. Taking a single spray an extra *time* on any given day will reinforce the support, which is the whole point of this holistic treatment method. **Each time you spray, you are “reminding” your body to get to work!**

“What about herbal remedies? Is it safe to use bio-energetic supplements at the same time?”

Of course. The bio-energetic supplements are always safe; but the herbs may not be. Herbs work the same manner as drugs. Bio-energetic supplements do not interact with ANYTHING, including herbs. Herbs and drugs pose the concerns! Studies have shown that some herbal products actually contain pharmaceutical drugs! They can cause toxic side effects.

Bio-energetic Supplements are NOT Herbal Medications!

Occasionally, the proprietary bio-energetic supplements I use are confused with herbal medicine. **Herbal medicines operate in basically the same manner as pharmaceutical medicines—through bio-chemical action.** Chemical reactions from herbal substances affect the body in a similar manner to laboratory-synthesized drugs, to treat symptoms. Herbs are complex and concentrated substances. Herbal plant extractions are the **raw forms of many prescription medications**; thus, our bodies may process them in the same manner. Whether it’s pharmaceutical or herbal medicine, your body must break down the chemical substances of both through digestion to absorb them before our cells can use them. The same goes for various nutritional supplements. This is very important because your body requires energy for this. If you are sick, and *low* on energy, this may not be an easy process. In my experience, the secret to your success in overcoming chronic illness is minimal intervention or interference. We want your body to have the smallest amount of complication. It’s a less-is-more (done correctly) philosophy. We want MAXIMUM energy allocated for your immune system to fight off the various parasitic and abnormal life forms that can overwhelm it.

I emphasize that both herbal and pharmaceutical medicines (as well as many nutritional supplements) require energy to break down and utilize their chemicals. **Bio-energetic support requires absolutely no breakdown.** There is nothing to digest or assimilate. The physiological effects come from the body's natural and normal physiological response to energetic *signals* in contrast to the chemically-forced action of drugs and many herbs. Herbal medicine certainly has its place in the health care, but it is not *my* treatment choice.

I have found that the public is largely unaware that herbs can have interactions and side effects and risks just like any prescription or over-the-counter drugs. It is wise to think of herbal medications as pharmaceutical drugs, and to use them accordingly. We do not know the true ingredients or concentrations of many herbal preparations, nor do we know where (and how) the plants were grown or processed. Herbal medications come from nature rather than a laboratory, but that does *not* make them automatically safe. Plants come from nature, but that doesn't mean it's natural for your *body*. Not all plants are edible, nor should edible ones be consumed excessively. **Many pharmaceutical drugs are often based upon chemicals found in natural herbs. Herbs should be used with great caution and knowledge.** The majority of my patients have already tried herbal treatment protocols with little or no success. Thus, I do not seek to repeat what has not worked, nor will I risk any harm to my patients.

WARNING: If a doctor tells you to stop using my safe, drug-free, herb-free, and side effect-free products, you can be quite certain he or she is suggesting so based on the erroneous belief you are taking herbs. If my products were herbal, it would indeed be a legitimate concern. I must reinforce the fact that herbs have drug interactions and side effects, but bio-energetic supplements do not.

We must be grateful for all disciplines and approaches of medicine, and the variety of treatments, used worldwide that save lives, enable higher quality of life, and get people through a crisis. However, natural and holistic healthcare methods have become increasingly more popular. The public has shown a growing disillusionment with exclusively drug-based medicine; they are seeking (where possible and appropriate), natural treatments that do not contain toxic chemicals which cause side effects. The desire for doctors who treat the whole person (rather than a medical condition or disease) is expanding. Additionally, more people are seeking expert advice on self-care practices—so they can become more empowered to improve their own health.

I have proudly adhered to this philosophy of whole-person natural healthcare for over 25 years.

The public often views things such as herbs, foods, oils, vitamins, and many wonderful drug-free and time-tested treatments as natural treatments. With my bio-energetic approach, I am taking the definition of natural to an even higher level. By the strictest definition, natural healing occurs when your body repairs and regulates *itself* via normal physiology. This is always our highest health goal. I strive to support my patients to get healthier by improving and restoring natural function—without ongoing chemical intervention from prescription or over-the-counter drugs, herbal stimulants, or other outside chemical agents. Time-tested methods such as acupuncture and chiropractic do not treat conditions in the Western medical sense; they work by reducing or eliminating blockages or interference to normal function. Bio-energetic supplementation is another phenomenal natural, holistic, and complementary approach, which amazes me more and more every day.

My treatment is never represented as a replacement for conventional medical care. It is a complementary holistic wellness support program. This means it can be used at the same time as pharmaceutical or other conventional medical treatment. In no manner whatsoever is bio-energetic supplementation a treatment for any disease, by strict medical definition.

Thank you for the opportunity to help you using this fantastic wellness-based approach. It was the key to my wife, Sheila getting well from chronic illness, after all else failed. It is my privilege to implement it to help people from coast-to-coast as well.

Dr. Liebell's Guidelines for Taking Bio-Energetic Supplement Sprays

- ✔ **Pump ONE FULL spray under your tongue from each bottle on your list—one after another.**
- ✔ **DON'T worry about how long the liquids stay under your tongue...it does NOT matter.** You receive the energy signatures of treatment by CONTACT (not digestion). Spray, drop, and forget about it!
- ✔ **It is preferable to take your products before or after eating or drinking (this includes water).** But DON'T obsess over this... there's no need for a timer—just approximate!
- ✔ **If you are taking products 3x/day, it can be ANY 3 times** (leave an hour or more in between doses). There's no need to take them to work or school. Take all of them upon awakening... whenever you get home... and before bed. There's no right or wrong time of day, and it can be different each day.
- ✔ **Always continue to take medication prescribed by other physicians, unless instructed otherwise by them.** There is no danger of drug interaction or incompatibility. Medical drugs and homeopathy work by completely different mechanisms.
- ✔ **Store bottles in a box inside a cabinet or drawer.** Your bedroom is best. Never refrigerate them or store near a heat or bright light source. **KEEP THEM OUT OF THE KITCHEN!** Your refrigerator, microwave, and other appliances emit damaging electromagnetic radiation which could harm them. Keep them at least 5 feet away from cell phones, televisions, loud stereo speakers, magnets, and computers.
- ✔ **Do NOT carry around these products in your pocket**—you would be constantly giving yourself the energy signatures—your body would become accustomed to their effect, and they won't work.
- ✔ **Do not store them near coffee, chocolate, strong herbs, or perfumes.** They might reduce their effectiveness. If you have coffee or chocolate; do so 10 minutes or more after your homeopathy.
- ✔ The FDA does NOT require an expiration date. However, 3 years is the best shelf life, if unused.
- ✔ **Please inform me if you have allergies to alcohol, glycerin or lactose. Most products are available in pellet form**
- ✔ **Pellets (if applicable): 3-5 pellets from each product taken under your tongue. Allow to dissolve (no trouble, if swallowed)**
- ✔ **No formulas may be returned or refunded (after 5 calendar days),** unless they are completely sealed with original packaging. There is a 10% re-stocking fee.

Summary: Take your supplements as directed. Don't worry about the times of day you take them. Spray each product, one after another under your tongue. Don't worry about how long it takes to dissolve, or if you swallow the liquid—it's all good. Spray each spray only ONCE.

Don't over-think the process of taking these products! Take your products for 8 weeks, as directed on your protocol chart. Please don't worry about doing anything wrong. It's simple, safe, and easy. This is nothing like taking prescription or over-the-counter medications. There are no side effects, chemical interactions, dyes, or toxic ingredients to worry about. The concerns one must have for pharmaceutical medicines, herbal medicine, excessive vitamin and mineral supplements, diet pills, food additives, harsh detoxification cleanses, etc., do NOT apply to bio-energetic supplements!

Currently, many natural wellness products are being targeted by our government to be treated with obscenely harsh (and in my opinion, inappropriate) regulations and restrictions. *It appears to likely be in response to pressure felt by the pharmaceutical industry that safe and effective drug-free treatments could subtract from their profits (even if a miniscule amount). Many traditional natural remedies have a long history of success worldwide, with no side effects. However, as practitioners, we must be very careful to properly represent those which we use. Thus, I cannot repeat enough that my bio-energetic testing and supplements are NOT a replacement for your family medical doctor, other specialists, or their treatment. I do not represent this approach as diagnosis or treatment of any condition; it is complementary to conventional medical care. If you have an acute infection, medical emergency, or other situation (particularly those related to prescription medications), please contact your conventional medical doctor.*

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