

The Dharma Horses & their stories

Penny



Penny came to DH from a ranch where she just could not keep up with the larger, stronger horses working cattle. Her conformation predisposed her to injury and, after years of teaching children and taking riders on their first trail rides, she tore the tendons in her front leg. For the first 4 months, she stayed lying down 20 hours out of 24. Katharine carried water to her every 2 hours and slept many a night beside her. Volunteers brought her fresh food and cared for her. With Chiropractic care, herbs, homeopathics, massage, cold laser therapy and much more, Penny has improved dramatically. Taran Rogers created a shoe to support her legs, Sox for Horses donated silver infused socks to keep her skin safe and Iconoclast support boots (also donated) have saved her life by relieving stress that even caused other joints to swell.



Now, almost one year after the initial injury, Penny can walk on her own. Her pressure sores have healed. She never faltered in her appetite, her bright eyes and her desire to continue. She was on strong pain relievers in the beginning. Now she is sustained by the simple diet at DH enhanced with yams, carrots, lettuce, apples, carrots, melons, beets, bananas and pears - all filled with healing enzymes and minerals.

Penny used to love giving little rides to the homeless children and their families here on field trips. Penny has been a shoulder to cry on for many and an inspiration to all who experience her courage.