



139 S Olive St. Old Towne Orange, CA 92866 714-786(SVN)-5994

SUNSPARK YOGA COVID-19 CUSTOMER GUIDELINES:

SunSpark Yoga is committed to the safety, health and well-being of our community!

Measures implemented to protect individuals from exposure to COVID-19 and help prevent the virus' spread

OUR TEAM:

- Staff will be required to have their temperature checked and symptoms screened prior to each shift, to self-screen for symptoms at home prior to each shift, to wear a face covering in common areas, to maintain safe social distancing and to wash hands and/or use hand sanitizer before and after each class and between customer interactions.
- Staff will be required to wear a face covering while in the community areas or when interacting with customers when not able to maintain a safe social distance.
- New plexiglass divider has been installed at reception desk to protect customers and staff when face to face contact is necessary.
- New contactless credit card reader installed for in studio purchases. Online purchases via our secure website are strongly recommended and encouraged.
- Once class begins, teachers will remain on their own mat and will not provide hands-on adjustments.

CLEANING PROTOCOL & GOOD HYGIENE PRACTICES:

- Scheduled daily cleaning for entire facility with EPA approved cleaning solution.
- Any communal areas including the yoga practice room will be specifically cleaned and disinfected after every class.
- Hand sanitizing stations consistent with CDC guidelines will be placed in the lobby, studio and restroom spaces with signage about the importance of frequent hand washing and/or sanitization.

AIR QUALITY:

- HVAC Fan equipped with an Ultimate Allergen MERV-13 Air Filter will run at least 30 minutes before, during and at least 30 minutes after class. Filter will be replaced once a month vs. every three months.
- HEPA Air Purifier will be placed within yoga room and reception area to run before and after class.

STUDIO PROPS:

- All customers and teachers will be required to provide their own yoga mat and props.
- No studio props will be available for use by customers or teachers. Each teacher will use their own set of props for both personal and teaching use.



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COMMUNITY & SOCIAL DISTANCING GUIDELINES:

- Class size will be limited to 12 customers in studio and 20 customers for outdoor classes at Hart Park.
- Customers will be required to register in advance via our online registration tool in order to limit face to face contact.
- Please arrive 10-15 minutes before class to check in and have your temperature taken and symptoms screened before entering practice space to find your reserved yoga mat space.
- Please maintain at least 6 feet of social distance at all times and respect others by resisting the urge to hug, shake hands or be in close contact.
- Please wear a face covering in all community areas, frequently wash your hands and/or use hand sanitizer, and if you choose to use the restroom please limit your time. Please use toilet seat cover and close toilet lid cover before flushing.
- Once you are positioned on your own yoga mat within the yoga practice room, you can remove your face covering, unless you prefer to wear it during class. If you leave your mat to visit the restroom or after class ends, please wear your face covering to protect yourself, staff and fellow yogis.
- If you are not feeling well, have a cough, fever or symptoms of COVID-19, please do not attend class or come to the studio for your own well-being and that of your teachers and fellow yogis. *No yoga class is worth putting the health of others at risk.*
- If you have tested positive for COVID-19 or have been in close contact with someone who has, we ask that you not come to the studio for 14 days or until you have tested negative.
- As much as we want to gather with you and our fellow yogis before and after class, please try not to linger in the lobby and only “air hug” your fellow yogis and teachers from a safe social distance.
- And lastly, if you are not quite ready to attend in-person classes, SunSpark Yoga will still be providing some online virtual classes so you can continue your practice from home.
- We are grateful for your help in keeping yourself and our community safe and healthy!