

2019 INBF Northwoods Classic

Saturday August 03, 2019

www.northwoodsclassic.me Email inbfnorthwoods@gmail.com

Laurette Ayotte Auditorium, Thomas College, Waterville, ME

Prejudging Show begins at 11:00 AM – runs straight through

Entry fee for all amateur classes \$60.00 (*Competitors will pay the polygrapher directly for testing \$60 CASH.) -

Crossover Fee \$40.00 All entry fees are payable to: **Kate Williams**.

The final application due date is July 31, 2019. Any application received after July 20, 2019 will require a late fee of \$50.

Email or call to schedule your polygraph test.

All late applications fees must be paid with cash, bank check or money order.

All fees are non-refundable

Figure, Master's, Novice Men and Novice Women will be split based on entries. Classes will be determined on the day of the show.

Crossovers will be allowed (\$40 crossover fee). Exception - No crossovers from Novice to Open Classes. Women may do bodybuilding, fitness and figure, bikini and Fitbody

Please fill your height in exactly. DO not round it off. If you are 5'4 3/4" put it that way. Do not round up to 5'5".

The Overall winners for the open and master's classes will qualify for WNBFF Pro status if classes meet WNBFF requirements. All pro card winners are required to urine test.

DO NOT SEND US MAIL THAT REQUIRES A SIGNATURE!

Check Class:

<input type="checkbox"/> Open Women Bodybuilding <input type="checkbox"/> Master's Women Bodybuilding - over 40 years <input type="checkbox"/> Novice Figure Height ____ ft ____ in <input type="checkbox"/> Open Figure - Height ____ ft ____ in <input type="checkbox"/> Master's Figure - over 40 years Height _____ <input type="checkbox"/> NOVICE BIKINI Height ____ ft ____ in <input type="checkbox"/> OPEN BIKINI Height ____ ft ____ in <input type="checkbox"/> MASTER'S BIKINI (40 yrs and over) <input type="checkbox"/> Ms. Fit Body Height ____ ft ____ in <input type="checkbox"/> Ms. Fit Body Master's (40 yrs and over)	<p style="text-align: center;">MEN'S CLASSES</p> <input type="checkbox"/> Teenage Men BB (19 years and under) <input type="checkbox"/> Junior Men BB(Under 24 Years old) <input type="checkbox"/> Men's Novice BB Competition weight _____ <input type="checkbox"/> Open Men LW - Under-160 lbs <input type="checkbox"/> Open Men MW – 161 to 184 lbs <input type="checkbox"/> Open Men HW - 185 lbs and over <input type="checkbox"/> Master's Men - over 40 years <input type="checkbox"/> Grandmaster's Men - over 50 years <input type="checkbox"/> Men's Physique Height _____ <input type="checkbox"/> Novice Men's Physique Height _____ <input type="checkbox"/> Master's Mens Physique 40 Years+ _____
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Name _____

Address _____

City _____ State _____ Zip _____

Phone (____) _____ Email _____

Weight _____ DOB _____

Gym you represent _____

Trainer _____

Application is not complete without the signed waiver, banned substance sheet, and full payment.

Banned Substance Sheet can be found at: <https://www.worldnaturalbb.com/wp-content/uploads/2018/01/2018-INBF-WNBF-Banned-Substance-List-1.pdf>

Waiver: In consideration of your accepting this entry, I hereby intend to be legally bound for myself, my heirs, executors and administrators, and waive and releases any and all rights and claims for damages I may have against International Bodybuilding Federation Inc. (INBF), Thomas College, World Natural Bodybuilding Federation (WNBF), Tim and Kate Williams and any sponsors, agents, representatives and assigns for any and all injuries and/or losses suffered by me as a result of my participation and/or attendance at the 2019 INBF Northwoods Classic on August 03, 2019

Signature: _____ Date: _____

Signature of parent or guardian (if under 18): _____

Complete this form, print, and mail it along with signed Banned Substances sheet and full payment to:

Tim & Kate Williams 47 Russell Road, Skowhegan, ME 04976

Or submit electronically to:

inbfnorthwoods@gmail.com