



Diabetes Education, Nutrition & Healthcare Journey to India

OPTIONAL BHARATPUR EXTENSION

3 days | Explore rural India including a village visit

Continue your explorations of India with a rural village visit highlighting a chance to learn about the daily lives of the local people. Founded in 1733 by Maharaja Suraj Mal, the city is famous for its bird sanctuary and the Eastern gate to the State of Rajasthan.



DAY-BY-DAY ITINERARY

DAY 1: OCTOBER 13, 2019

Drive to Bharatpur

📍 Bharatpur, India

Say farewell to Agra this morning and make your way toward **Bharatpur** in Rajasthan.



In route you will stop to visit the **Agra Fort**, a great monument of red sandstone that dominates a bend in the Yamuna River and was constructed by the Mughals during 1565-1571. The Fort contains splendid mosques and palaces in red sandstone and white marble built by two generations of creative builders during the time of Akbar and later Jehangir and Shah Jehan.

Lunch will be provided this afternoon.

This afternoon, enjoy a village walk with your local guide. Learn about the lives of the villagers and interact with the people this afternoon. This will provide a chance to really experience rural life in India, working alongside local organic farmers. Also spend time with the village children and the

elderly people alike. See their ways of income generation like making of "Agarbatti" (essence stick), making of "dona & pattal" (bowls & plates), and traditional handicrafts.

Later in the afternoon visit the sites of animal husbandry and enjoy a 'chai' (masala tea) in "kullad" (mud cup).

Settle into your local hotel where dinner will be provided this evening.

Meals: Breakfast, Lunch & Dinner

Hotel: The Bagh (or similar)

DAY 2: OCTOBER 14, 2019

Explore the Village

📍 Bharatpur, India

After breakfast this morning, you will explore new levels of **service learning at a local school**. Experience an exclusive program specially designed to be immersed in service work with local students and build lasting relationships through education and cultural exchange. Assist in a variety of roles from teaching English to helping with computer education.



This afternoon visit a local family in the village and enjoy a traditional sit down meal with them for lunch.



This afternoon visit **Keoladeo Ghana National Park**, a small but important bird sanctuary. Originally a duck-shooting preserve, the wetland is now a world-renowned birding destination. In 2008, the water levels were increased and the habitat now attracts vast numbers of migratory birds during the winter months to swell the large number of native species. Walk or take a cycle along the narrow road to the open wetlands at the end. Common, pied and white-fronted kingfishers are plentiful. Painted storks nest and roost in the trees, while white-breasted waterhens and purple swamphens walk across the mats of water hyacinths. Woolly-necked and black-necked storks patrol the shallow water meadows. Many raptors may be found here, including imperial and steppe eagles, and long-billed and redheaded vultures are



also resident. We will keep a lookout for wild boar, as well as spotted mongoose, sambar and nilgai. Rock pythons may also be seen sunning themselves on rock piles.

Dinner will be provided this evening.

Meals: Breakfast, Lunch & Dinner

Hotel: The Bagh (or similar)

DAY 3: OCTOBER 15, 2019

Village Visit & Return to Delhi, Depart

📍 Bharatpur, India

Begin your final day in India with one last visit to the local school. Spend a few hours this morning interacting and helping the students.

Check out and head toward Delhi this afternoon with lunch provided in route (approximately a 4 hour drive).

After dinner, transfer to the international airport for your flight home (arrival next day).

PROGRAM INFO

Date & Length: 3 days October 13–15, 2019 **arrival home next morning (Oct 16)*

Extension cost: \$999 per person | *Single supplement: \$299*

Inclusions: Group airport transfers and baggage handling, meals and activities as mentioned, all tips and accommodations based on double occupancy.

Not Included: Hotel incidentals, and meals not mentioned.

To participate in the optional extension, complete and return the extension registration form. Return no later than 90 days prior to departure or within five days of receiving the information.



HOTEL INFORMATION

The Bagh Hotel

 www.thebagh.com

Old Agra

Achnera Road, Bharatpur, Rajasthan 321001, India

Phone: +91 5644 225 415



This 3-star heritage hotel is located in the periphery of Keoladeo National Park, Bharatpur, Rajasthan, Spanning over an area of 40 acres, it is flanked by an impressive 19th century garden.

While the bird sanctuary is barely 10 minutes away, it is a delight to spot over a dozen species from the comfort of your room. The dining room perfectly blends elements of modern comfort in this refreshing retreat in the lap of nature. It also houses an all-day multi-cuisine diner, a well-stocked bar, a spa & sauna facility, and several recreational activities for guests of all ages.

