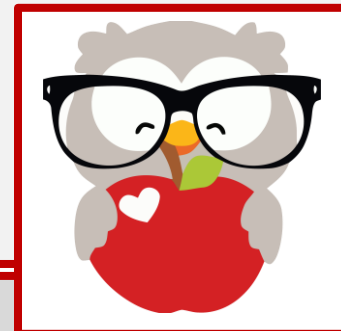




POWER NEWS

Important Dates:

September 6th – Welcome Back Party at Creekstone; 5:30 PM; Sign Up Genius online
September 7th – Saturday practice at Creekstone
September 13th – October Meet Entries Due
September 14th – Saturday practice at Creekstone
September 19 & 24 – No practice THIS HOME SWIM MEET
September 21st – Saturday practice at Creekstone
September 30th – All swimmers should have full equipment
October 12/13 – First short course meet of the season



Saturday Morning Practices

This month we have Saturday morning practices on Sept 7, 14, and 21 at the Creekstone pool. Thunder practices from 8:00 AM to 10:00 AM. Lightning practices from 8:30 AM to 10:00 AM. There is no Rain practice on Saturdays this month.

Our first Saturday Morning Live will be on October 5th at Taylor and will include Rain. Practice will start at 8:00 AM. There will be a parent meeting at 8:10 AM to discuss the first meet on October 12 & 13.



October Open Meet – Oct 12 & 13


Next week the coaches will begin talking with swimmers about which events they will swim at the October Open. To sign up for the meet:

1. Parents must fill in the online meet entry form telling us which days the swimmer will attend. The form will go live on Monday.
2. Parents must send in a check for the meet entry fee (\$50 per day) or pay online via PayPal. Swimmers will not be entered without the meet entry fee.
3. Coaches will work with the kids to pick events.
4. Fees and forms are due to us by September 13th. We will prepare a draft entry spreadsheet and send it out to parents for review. **IT IS YOUR RESPONSIBILITY TO CORRECT ERRORS.**
5. Changes are due back to us by Thursday, September 19th and go in to Gulf Swimming the next morning.

This is an IMX / IMR Meet. Swimmers who attend both days will be able to achieve their scores. For information on IMX/IMR, including which events must be performed to achieve a score, please see our website under “Meets.”

September



MON	TUES	WED	THURS	FRI	SAT/SUN
2 NO PRACTICE 	3 FALL Schedule Shark School starts!	4 FALL Schedule	5 FALL Schedule	6 WELCOME BACK PARTY 5:30 PM at Creekstone	7/8 Saturday practice at Creekstone
9 FALL Schedule	10 FALL Schedule	11 FALL Schedule	12 FALL Schedule	13 FALL Schedule OCT MEET ENTRIES DUE	14/15 Saturday practice at Creekstone
16 FALL Schedule	17 FALL Schedule	18 FALL Schedule	19 No Practice – THS Swim Meet No Shark School	20 FALL Schedule	21/22 Saturday practice at Creekstone
23 FALL Schedule	24 No Practice – THS Swim Meet No Shark School	25 FALL Schedule	26 FALL Schedule	27 FALL Schedule	28/29

Fall Meet Schedule – We will attend the October Open (Oct 12/13), the November Senior Meet (Nov 2/3), the November Open (Nov 9/10) and all December Champs Meets

Next T30 will be September 30th

Welcome Back Party!

Friday, September 6th

Creekstone Community Center Pool

22002 Eagle Meadow in Katy

\$5/ person

Siblings welcome but only PFL or Shark School registered swimmers may enter the pool.

We will be selling prior year t-shirts for \$5 each. Please bring cash or check.

D&J Sports will be there from 5:30 PM to 7:00 PM with equipment and team suits for purchase.



*** Don't forget to sign up for REMIND 101 ***
 Instructions on the website under Parent tab