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# a message from our EXECUTIVE DIRECTOR



TRACEY IZZARD

MA, MBA, LPCC-S, LICDC-SC, LSW

EXECUTIVE DIRECTOR

### Dear Friends and Colleagues,

Thank you for the support you have continued to offer Youth Advocate Services (YAS) while we strive to advance our mission "to support children, youth, and families to realize their potential, hopes and dreams." This year YAS has benefitted from the outpouring of generosity from our community which has improved our efforts to serve children and families. We have seen many lives changed for the better in each of our programs: Foster Care, Adoption, Help Me Grow Early Intervention, Help Me Grow Home Visiting, Early Childhood Mental Health, Home Based and School Based Mental Health Programs.

The year of 2014 was an exciting year for us at YAS. A

satellite office was opened in Mansfield, Ohio in the TownsEdge Plaza at 1623 W. 4th Street where foster care, adoption, community-based and school-based counseling services are provided. YAS had five foster homes in the area and received significant interest for our mental health services which led to the establishment of a branch office. The opening of a second office location is the first in YAS history.

Every day, our Family Counselors, Clinicians, Home Visitors, and Service Coordinators provided needed services and supports to over 1,200 children and families in the Central Ohio area. To help support the needs of foster youth in our community, YAS

continues to successfully recruit, train, and license a number of new foster families. This year, YAS added 20 foster homes to our network. Additionally, YAS was able to provide placement for 157 foster youth in a YAS licensed foster home. We also facilitated a wonderful 4 adoptions this year, growing families for a lifetime.

YAS celebrated our successes with our foster and adoptive families through two events this year. The first was in June at our Annual Foster Parent Banquet. We celebrated our families again in December during our Annual Snowflake Festival where guests enjoyed a holiday meal, gifts donated by our community through a giving tree at Pathways—Members 1st Credit Union, holiday movies, holiday crafts, and pictures with Santa. Additionally,

Buckeye Community Health graciously donated hams and turkeys to give to our families during the holidays.

In 2014, the Help Me Grow Home Visiting Program served 178 children and their families in addition to the 329 clients served through the Help Me Grow Early Intervention Program. The YAS Help Me Grow Program continues to achieve extremely high marks on client satisfaction and has continued to provide high quality service throughout the year demonstrated by successful audits. The YAS Mental Health Program continues to partner with Columbus City Schools, Groveport Schools, and Whitehall City Schools. Currently, YAS Mental Health

Clinicians are providing needed behavioral and mental health counseling to children in over 200 schools in Central Ohio serving 616 students.

Our 4th Annual Youth Advocate Services All-Class Car, Truck & Motorcycle Show presented by Rife's Autobody was held in 2014. This event was again judged a success by sponsors, participants and spectators and helped raise over \$14,000 for the children and families served by our agency. Not only did the event raise funds, we raised friends. Two car show participants generously adopted three of our families in most need, to give them a most wonderful holiday. This event was held at the Grandview Yard

on Bobcat St., which is where the 5th Annual Show will be held in September of 2015.

The goal of Youth Advocate Services is to continue to make a difference in our community by strengthening families, which are the core of our community. Our vision is to improve every life we serve by putting quality care and customer service above all else. We are so grateful to all of our friends for your support of our efforts promoting positive futures. You truly help to make our mission and vision possible. May peace and good prosperity bless you in 2015.

WE ARE SO GRATEFUL

TO ALL OUR FRIENDS
FOR YOUR SUPPORT
OF OUR EFFORTS
PROMOTING
POSITIVE
FUTURES.

YOU TRULY
HELP MAKE OUR
MISSION AND VISION
POSSIBLE.

Warmest regards,

Tracey Izzard

# who we are & WHAT WE BELIEVE





YOUTH ADVOCATE SERVICES (YAS) IS A NATIONALLY ACCREDITED, STATE-CERTIFIED, 501(C)(3), NON-PROFIT CHILD/FAMILY CARING AGENCY WHO HAS SERVED THOUSANDS OF CHILDREN AND FAMILIES SINCE 1978.

For 37 years, Youth Advocate Services (YAS) has believed in the premise that all children, and especially those who are vulnerable or at-risk, should live in a family-centered, caring and nurturing home. As the oldest **therapeutic foster care** program in Ohio, YAS has provided high-quality treatment foster care, while working collaboratively with other child serving agencies to develop and implement a community support system for families.

### YAS is proud to provide:

- Mental health and behavioral health services to children and families through a holistic, wrap-around approach;
- Coordination services for families with children ages birth to three and links them with resources through the Help Me Grow programs;
- Respite and emergency care for children who must leave their families temporarily; and
- Family support, home-based and school-based programs to prevent the need for children to be placed away from home.

YAS' main office is located at 825 Grandview Avenue, one block north of the Grandview Avenue Exit off of I-670. The YAS location provides state of the art facilities with a large training space and opportunities for foster parents, children, families and staff to grow and develop. It enables YAS to continue and build on its tradition of serving thousands of children and families in our community each year.

YAS expanded the outpatient mental health program to Mansfield, OH (Richland County) in May 2014. The agency opened it's second office in Mansfield to provide outpatient mental health services to Richland County and surrounding counties and is the first addition in YAS history. The new office is located in the Townsedge Plaza at 1623 W. 4th Street.

### wour philosophy

YAS APPLIES INNOVATIVE THINKING ALONG WITH EVIDENCE-BASED PRACTICES TO PARTNER WITH CHILDREN AND FAMILIES IN ORDER TO IDENTIFY AND TREAT THEIR NEEDS. YAS INCORPORATES A PREVENTATIVE PHILOSOPHY INTO ITS MODEL WITH THE INTENTION OF STRENGTHENING CHILDREN AND FAMILIES IN THEIR NATURAL ENVIRONMENT, WHILE DECREASING THE NEED FOR MORE RESTRICTIVE OR OUT-OF-HOME PLACEMENTS.

our vision

IN ORDER TO IMPROVE EVERY LIFE WE SERVE, YOUTH ADVOCATE SERVICES DEDICATES ITSELF TO A CULTURE THAT PUTS CUSTOMER SERVICE AND QUALITY CARE ABOVE ALL ELSE.

## WE BELIEVE...

- In family.
- ALL children have the right to be in a safe, secure, family-centered environment.
- Sound, culturally competent, clinically relevant services should be available and easily accessible to children and families.
- Short term interventions we provide should focus on promotion of health, wellness, and self-sufficiency of families.
- It is important to <u>ONLY</u> use placement as a form of treatment for children and families.



### our programs & services 2014 PROGRAM POPULATION

329 H

MENTAL HEALTH CLIENTS

HELP ME GROW CLIENTS EARLY INTERVENTION

**178** 

HELP ME GROW CLIENTS HOME VISITING

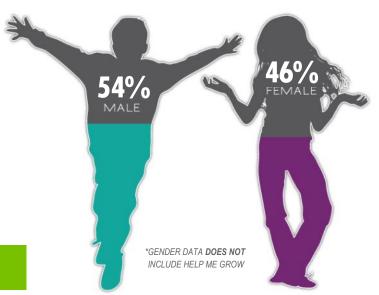
**157** 

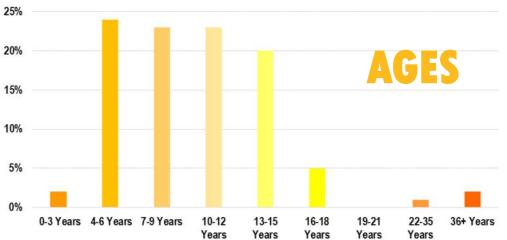
FOSTER CARE CLIENTS

**16** 

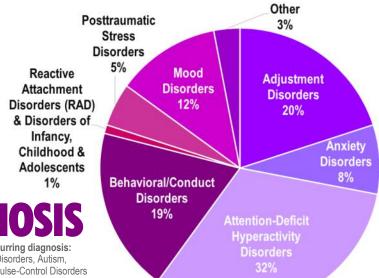
COMMUNITY RESPITE CARE CLIENTS

### 1,296 TOTAL CLIENTS SERVED





\* AGE DATA **DOES NOT** INCLUDE HELP ME GROW, AS HELP ME GROW SERVES 100% AGE 0-3



**41%**WHITE

51% BLACK / AFRICAN AMERICAN

2%
HISPANIC

6%
OTHER
INCLUDES ALASKAN,
NATIVE & ASIAN

DIVERSITY

\*RACE DATA **DOES NOT**INCLUDE HELP ME GROW

DIAGNOSIS

\*OTHER Includes reoccurring diagnosis: Sleep disorders, Eating Disorders, Autism, Learning Disabilities, Impulse-Control Disorders

\* DIAGNOSIS DATA **DOES NOT** INCLUDE HELP ME GROW

## our programs & services FOSTER CARE



### TRADITIONAL & TREATMENT FOSTER PLACEMENT

YAS provides family and therapeutic foster care services to youth ages 0-18 in and around the central Ohio region. Foster parents with Youth Advocate Services are specifically trained to provide a safe and therapeutic environment for children and teens of all races, genders and socioeconomic status'. Masters-level licensed clinicians provide ongoing and crisis support to foster parents. Clinicians also deliver home-based

counseling and CPST services to foster youth in order to achieve positive outcomes and continued success. Program staff, clinicians, and foster parents work collaboratively with the custodial agencies of youth in care to achieve their case plan goals. Youth Advocate Services actively recruits interested foster/adoptive families in the local community throughout the year. Parents attend Pre-Service training and complete a home-study to become a licensed foster family. YAS offers licensed foster parents monthly on-going training opportunities as well as annual dinners, holiday events, and picnics.

### **ADOPTION**

YAS supports those who are interested in adopting by providing the necessary training to prepare

them for adoption as well as providing a thorough adoption home study. YAS also provides pre- and post- adoptive counseling as well as respite support to families that are growing their family through adoption.

### **EMERGENCY SHELTER CARE**

Through this contract YAS provides short term placement housing to youth in crisis. Youth are placed in a Treatment Foster Home and assessed for needs to assist the youth with a plan to successfully discharge. The goal of this program is to provide a safe home, quickly assess youth's needs, and recommend the appropriate setting for each youth in order to ensure their success.



### **COMMUNITY RESPITE**

YAS provides respite to at-risk families in the community through our Family Foster Homes as well as our Therapeutic Foster Homes. Through this program, families in our community are able to utilize respite in order to maintain their children in their home in order to prevent their children from being placed in foster care or another higher level of care. YAS provides both short term and long term respite for children and teens.



### A SPECIAL THANK YOU TO OUR FOSTER PARENTS

OUR DEDICATED FOSTER PARENTS ARE AN ESSENTIAL PART OF THE YAS TEAM. WE GREATLY APPRECIATE AND RESPECT THEIR ONGOING COMMITMENT TO PROVIDE A SAFE, NURTURING HOME TO A CHILD OR YOUTH IN NEED AND THE TIME AND PERSEVERANCE IT TAKES TO BE A FOSTER PARENT.



## our programs & services HELP ME GROW

### **EARLY INTERVENTION**

The Help Me Grow Early Intervention Program is a home visiting program for children 0-3 with developmental delays or diagnosed medical conditions likely to result in developmental delays. YAS Service Coordinators assist in providing developmental evaluations for children to identify needs and linkage to Early Intervention services if recommended. The service coordinators assist families in learning about additional community resources to help meet other needs. Service coordination ensures the Individualized Family Service Plan is complete and up to date. Service Coordinators also provide parent education regarding child development.

### **HOME VISITING**

The Help Me Grow Home Visiting Program began in July 2010, replacing the old At Risk program. It is a home visiting program for children of first time parents who are prenatal or under six months of age and at risk for developing developmental delays. Children under the age of 3 with one parent

on active military duty are also eligible for Home Visiting. Home visitors provide parent education using the Parents As Teachers Curriculum and



assist families in linking with community resources and other programs that may be helpful to their

family. The home visitor is a support to the family and assists them in helping make sure that their child is developmentally on target.

## HOME-BASED MENTAL HEALTH





YAS serves children in over 200 schools in Franklin County, Richland County, and surrounding areas by addressing needs that present both in the home and in the school. Referrals often arise out of behavior management issues in the classroom as well as other needs that present as children acclimate to school and other life stressors or changes. Licensed clinicians meet with children and their families as well as school personnel in order to best identify and meet the needs of the client. YAS clinicians strive to empower families to identify their own goals. Together, families and clinicians set goals and celebrate successes large and small. YAS is able to provide individual, family, and group counseling as well as community support and psychiatric services.



### **SATISFIED CLIENTELE**

94% HELP ME GROW

**86%** FOSTER CARE

92% MENTAL HEALTH

90% OVERALL CLIENT SATISFACTION

## 200+ SCHOOLS SERVED



\$14,615

RAISED AT THE 4TH ANNUAL CAR SHOW

### 20 HOMES

WERE LICENSED AND ADDED TO OUR FOSTER CARE NETWORK







## JOINED STATE-WIDE PILOT PROGRAM

The YAS Help Me Grow (HMG) Home Visiting Team was asked by the Ohio Department of Health to take part in a nine month long Home Visiting Collaborative Learning Network, comprised of only 8 agencies throughout Ohio.

## 90 CLIENTS DISCHARGED

FROM OUR FOSTER CARE PROGRAM WITH AN AVERAGE OF

8.9 MONTHS

IN SERVICE

### BUCKEYE COMMUNITY HEALTH

DONATED 24 HAMS & 6 TURKEYS TO GIVE TO OUR FAMILIES



## OVER 70 FOSTER CHILDREN RECEIVED GIFTS

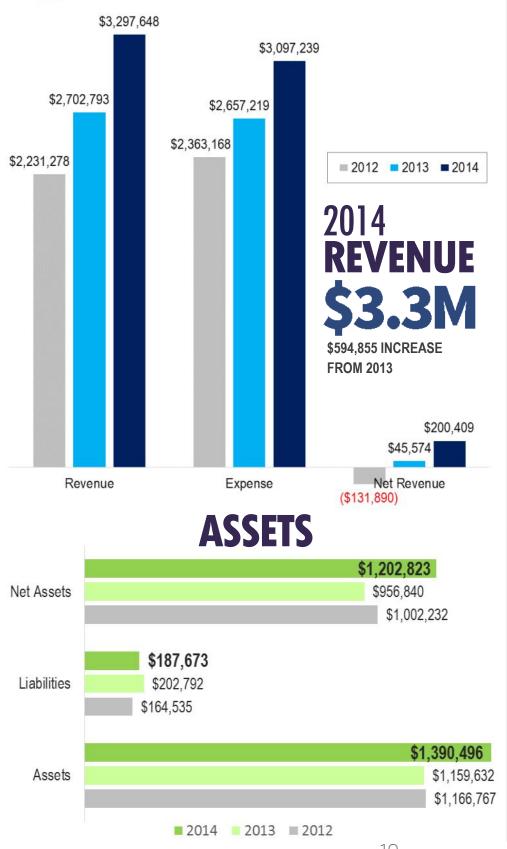
AT OUR ANNUAL SNOWFLAKE FESTIVAL, GRACIOUSLY DONATED BY MEMBERS OF THE COMMUNITY.

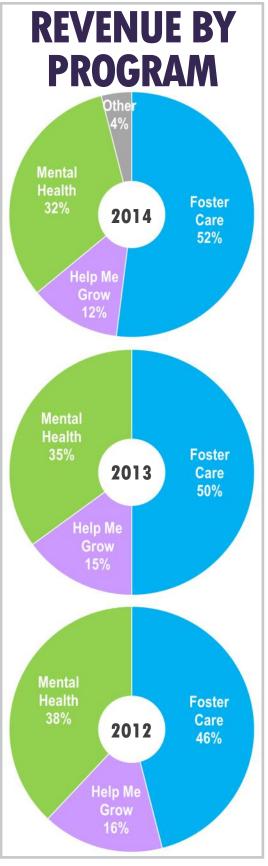


FROM OUR
MENTAL HEALTH
PROGRAM



## financial highlights





# thank you to our 2014 SPONSORS & DONORS

ACTIVE EDGE CHIROPRACTIC AD FARROW MOTORCYCLES AFFILIATED RESOURCE GROUP AKADA SALON **AUTOZONE** AVOLA LANZA HAIR STUDIO **BARNES & THORNBURG** RASE **BASI ITALIA BIG BURRITO RESTAURANT GROUP BILL POWELSON BLAGOI'S INTERNATIONAL CAR SERVICE BONO PIZZA BUCKEYE COMMUNITY HEALTH PLAN BUCKEYE HALL OF** FAME GRILL C&A HARLEY-DAVIDSON, INC. **CAMERON MITCHELL** RESTAURANTS CAPA CAR2GO CHEESECAKE FACTORY -**COLUMBUS** CHEESECAKE FACTORY -**POLARIS** CINCINNATI MUSEUM CENTER CINCINNATI REDS **CLB RESTAURANTS CLEVELAND BROWNS CLINTONVILLE AUTO** REPAIR SERVICE **COLUMBUS BLUE JACKETS** COLUMBUS CHILDREN'S THFATRE **COLUMBUS FUNNY BONE** COLUMBUS LASER SPA BY PRFMIFR **COLUMBUS MUSEUM** OF ART COSI CENTER OF SCIENCE & INDUSTRY **COWLIN INSURANCE FOR** HAGERTY CLASSIC CARS **CROWN CHRYSLER JEEP** DODGE RAM DUBLIN **DESTINATION GRANDVIEW DEWEY'S PIZZA** DIGITAL SOUNDWAVES, LLC **DONATOS PIZZARIA DUBLIN ROAD AUTO CARE** 

**ELLIOTT & PAT GRAYSON** 

**ENTERPRISE RENT-A-CAR EVOLVED BODY ART FARMERS INSURANCE** FIGLIO RESTAURANT FIRST INVESTORS CORP FRISCH'S RESTAURANTS, INC. **GHOSTLY MANOR** THRILL CENTER **GRANDVIEW AREA** CHAMBER GRANDVIEW DENTAL CARE **GRANDVIEW HEIGHTS** FIRE DEPARTMENT **GRANDVIEW YARD** HENDERSON INSURANCE HIGHLIGHTS FOR CHILDREN HYATT PLACE IMPROVEMENT WARRIOR FITNESS JAMIE GENTRY OF ENTERPRISE ADVISORY GROUP JEAN BOHAN **JEGS** JESSICA MCMILLEN KABUKI BODY ART KENNETH'S HAIR SALONS & DAY SPAS MAYOR KENT STUDEBAKER KINGS ISLAND LAUTERBACH AND EILBER LEMONFREE.COM LGR REALTY LIVINGSTON UNITED METHODIST CHURCH LOOPS MADIAB MAGIC MOUNTAIN **FUN CENTERS** MARK WILL MEISTER'S BAR MERRILL LYNCH MILLER'S ALE HOUSE -COLUMBUS MITTS ICE MOOMOO CAR WASH NED SEGELKEN **NEWPORT AQUARIUM** NORTH HIGH BREWING NURTUR THE SALON

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2015 YOUTH ADVOCATE SERVICES

### LEADERSHIP TEAM

### EXECUTIVE DIRECTOR TRACEY IZZARD

MA, MBA, LPCC-S, LICDC-SC, LSW

#### **ADMINISTRATIVE**

### **GLENN RICHARD**

DIRECTOR OF FINANCE & BILLING

### **JOCELYN HASENBALG**

PERFORMANCE & QUALITY IMPROVEMENT COORDINATOR

### MAKAYLA FISHER

**EXECUTIVE ADMINISTRATIVE ASSISTANT** 

#### **FOSTER CARE**

### KA'DAI CRAIG

MSW, LISW —S PROGRAM MANAGER

### LISA CHAKROFF

MSW, LSW CLINICAL SUPERVISOR

#### **HELP ME GROW**

### **SARAH COCHEY**

*BS, EIS* PROGRAM MANAGER

### **MENTAL HEALTH**

### **KRYSTAL MARTIN**

MSSA, LISW-S PROGRAM MANAGER

### **MATTHEW KSIAZK**

MSW, LSW CLINICAL SUPERVISOR

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COMMUNITY REPRESENTATIVES

HISTORICAL SOCIETY



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