### NO ONE WHO BELIEVES IN GOD WILL BE PUT TO SHAME

## March 5/6, 2022

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No one who confesses that Jesus is Lord will be put to shame, because He has overcome the evil one and He knows how to rescue us from the trials we face every day. His temptation is not different from what we experience.

Our daily needs may be a source of worry for us and that may lead us to do something against our faith, but if we believe that Jesus is the great provider, and we remember how He fed the thousands, (Jn.6:1-12) then we will stand firm and not give in to that trial. Even though Jesus was hungry, He did not let hunger make Him forget about His mission, that is, to save the world.

This is a period of self-abandonment, that is, doing away with things which take us away from God. We are to check what we watch, measure what we taste, and control our sense of touch. We are to tame the tongue and close our ears to certain chats and conversations.

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## March 5/6, 2022

As we begin the season of Lent, we are reminded of the trials we encounter in our lives, and the faith we should have in God in order to overcome the trials. How important is Lent to you? What is required of you as a Catholic?

In the first reading, the Jews were to profess faith in God and to offer the first fruit of their labor to God in thanksgiving to God for all the marvels the Lord had done for them when they were in Egypt. God rescued them from the Egyptians and the shame of being slaves was taken away. Like the Israelites, we are to express our thanks to God for what He has done for us and to express our dependence on Him. We are wanderers on this earth as they were, and so we have to take refuge in Him.

St. Paul encouraged the Romans to profess faith in Christ and to believe in Him. This would lead them to salvation because "the Scripture says, No one who believes in Him will be put to shame". This salvation is for both Jews and Gentiles because Jesus' victory over sin and death is for everyone who professes faith in Him.

No one who confesses that Jesus is Lord will be put to shame, because He has overcome the evil one and He knows how to rescue us from the trials we face every day. His temptation is not different from what we experience.

Our daily needs may be a source of worry for us and that may lead us to do something against our faith, but if we believe that Jesus is the great provider, and we remember how He fed the thousands, (Jn.6:1-12) then we will stand firm and not give in to that trial. Even though Jesus was hungry, He did not let hunger make Him forget about His mission, that is, to save the world.

This is a period of self-abandonment, that is, doing away with things which take us away from God. We are to check what we watch, measure what we taste, and control our sense of touch. We are to tame the tongue and close our ears to certain chats and conversations.

We are called upon also to build good relationships with everybody, especially those who give us a lot of trouble. The other person's needs should be our needs, as St. Paul told the Romans: "Rejoice with those who rejoice and weep with those who weep. Give the same consideration to all others alike (Rom.12:14-18).