



Earn While You Learn

At Pathways we provide a variety of educational and informative videos and lessons for our clients to participate in to earn items from our Boutique.

Infant Health & Safety

Baby Steps Live From the Womb
Baby Talk: Breastfeeding
Breast Feeding Your Baby
Car Seat Safety
Caring for Yourself
Crib Safety & SIDS
Crying, Colic, and Sleeping
Emergency First Aid - Accidents
Emergency First Aid - Illnesses
Eye Contact Means Love
First Aid
Food for Growth
Getting Enough Milk
Goals and Benefits of Breast Feeding
Growth Spurts and Essentials
Healthy Start
Infant Massage
Infant Temperament
Newborn Care
Preventing Child Sexual Abuse
Quality Child Care
Reducing the Risk of SIDS
Safe from the Start
Shaken Baby Syndrome
Talk, Play, Music, and Reading
Techniques and a Good Latch
The Importance of Bonding
Your Baby's Development
Your Healthy Baby

Childbirth Education

Childbirth Ed #1
Childbirth Ed #2
Childbirth Ed #3
Childbirth Ed #4
Childbirth Ed #5
Childbirth Education

Prenatal Health & Development

Bonding with your Unborn Baby
Eating for Two
EWYL Prenatal Sessions
First Years Last Forever
Food and Fitness Matter
Getting Ready for Baby
Going it Alone
Learning to Think
Looking at Adoption
Postpartum: From Pregnant to Parent
Pregnancy - The First Trimester
Pregnancy - The Third Trimester
Pregnancy - The Second Trimester
Prenatal Care
Preparing for Parenthood
Returning to Work
Smoking
The Parent/Child Relationship
Ultrasound - Window to the Womb
What's Safe, What Isn't
Your Changing Body
Your Developing Baby
Your Unborn Baby's Secret World

Lifeskills

Apartment Renting 101
Basics of Budgeting
Character Matters
Checking Accounts
Furnishing & Decorating Your Home
Housecleaning 101
Insurance Needs
It'll Never Happen to Me
Making the Commitment
Menu Planning
Money Management 101
Positive Credit
Roommates - Conflict Resolution
Saving for the Future
And more...

Parenting Tips & Insight

1-2-3 Magic
Affirming, Attentive, and Connected
Anger vs. Action
Baby Talk: Diapering
Be Happier, BeThankful
Boundaries for Kids and Their Parents
Building Self-Esteem and the Payoff
Changing Discipline with Time
Changing Discipline with Time Part 2
Compliant vs. Defiant
Contracts: Setting Limits
Counting in Action and Conclusion
Developing a Close-Knit Family
Discipline - Teaching Limits with Love
Discipline and Consequences
Discipline Limits with Love
Eight Key Aspects of Character
Finding Balance in Discipline
Happiest Baby on the Block
Happiest Baby on the Block (HBOTB)-
HBOTB- The Calming Reflex
HBOTB- The Cuddle Cure
HBOTB-Helping Your Baby Sleep
HBOTB-Parent's Praise the 5 S's
HBOTB-The 5 S's
HBOTB-The Fourth Trimester
Homes of Honor #2
Honesty Is The Best Policy
How to Make Your Child Feel Special
I Can't Do It All, I'm Not Helpless Either
I'm Not The Only One Who Matters
Introduction and Review
Irresponsibility vs. Defiance
Jump-Starting My Engine
Toilet Training
Using the SALT Principle
What Type of Parent are You?
What Will Happen if I Do This?
Why Your Child Needs Discipline
Your Child's Personality Type

Parenting Tips & Insight (cont'd)

Learning to Talk
Leaving a Godly Legacy
Life Beyond "Because I'm the Mommy"
More 1-2-3 Magic
Overcoming Obstacles to Boundaries
Pain Can Be A Gift
Parenting With an Eye to the Future
Parenting, The Early Years
Protecting the Spirit
Providing Loving Support for your Child
Pulling My Own Wagon
Ready to Learn
Real World Application
Roll Up Your Sleeves
Seven Tactics for Good Behavior
Specific Applications
Straight Thinking
Styles and Roles
Tantrums Needn't Be Forever
Ten Ways to Motivate Your Child
Testing and Manipulation
The Family Meeting
The Major Destroyer of Families
The Seeds of Self Esteem
The Ultimate Priority
To Be A Father
To Spank or Not to Spank
Worrier or Visionary
Your Baby Can Sleep

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