

# FALL POOL SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00 am – Noon Lap Swim	5:30 – 8:30 am Lap Swim	5:30 – 8:30 am Lap Swim	5:30 – 8:30 am Lap Swim	5:30 – 8:30 am Lap Swim	5:30 – 8:30 am Lap Swim	7:00 – 9:00 am Lap Swim
Noon – 4:45 pm Open Swim	8:30 – 10:00 am 1/2 Open Swim 1/2 Lap Swim	8:30 – 10:30 am 1/2 Open Swim 1/2 Lap Swim	8:30 – 10:00 am 1/2 Open Swim 1/2 Lap Swim	8:30 – 10:30 am 1/2 Open Swim 1/2 Lap Swim	8:30 – 10:00 am 1/2 Open Swim 1/2 Lap Swim	9:00 – 11:30 am *** Swim Lessons
	10:00 – 11:00 am Water Exercise Deep Water		10:00 – 10:30 am Preschool Lessons  10:00 - 11:00 am Water Exercise Deep Water		10:00 – 11:00 am Water Exercise Deep Water	
	10:30 – 11:30 am Water Exercise	10:30 – 11:30 am Water Exercise II	10:30 – 11:30 am Water Exercise I	10:30 – 11:30 am Water Exercise I		
	11:30 am – 1:30 pm Lap Swim	11:30 am–1:30 pm Lap Swim	11:30am–1:15pm Lap Swim	11:30 am–1:15 pm Lap Swim	11:00 am–1:30 pm Lap Swim	11:30am–1:30 pm Lap Swim
	1:30 pm – 4:00 pm Open Swim	1:30 – 3:30 pm Open Swim	1:15 – 2:30 pm *** 2nd Grade Swim Lessons	1:15 – 2:30pm *** 2nd Grade Swim Lessons	1:30 – 4:00 pm Open Swim	1:30–4:00 pm Open Swim
		3:30 – 4:30 pm After School Care  4:30–5:00 Open Swim	2:30-3:30 *** Dundee Swim Lessons	2:30–3:30 Open Swim  3:30 – 4:30 pm After School Care		4:00 - 5:00 pm **Challenger Open Swim 10/6-11/17
	4:00 – 6:30 pm * Swim Team	5:00 - 6:30 pm *Swim Team	3:30 – 5:30 pm * Swim Team	4:30–5:00 Open Swim  5:00- 6:30 pm * Swim Team	4:00 – 6:30 pm * Swim Team	
	6:30 – 8:15 pm Open Swim	6:30 – 7:30 pm Aqua HIIT w/ Arlene	5:30 – 8:00pm *** Swim Lessons	6:30 - 7:30 pm Aqua HIIT w/ Tracy	6:30 – 9:15 pm Open Swim	
		7:30 – 8:15 pm Open Swim		7:30 – 8:15 pm Open Swim		
	8:15 – 9:15 pm Lap Swim	8:15 – 9:15 pm Lap Swim	8:00 – 9:15 pm Lap Swim	8:15 – 9:15 pm Lap Swim		

## AQUATIC EXERCISE SCHEDULE

### Monday

10:30 am - 11:30 am - Water Exercise I  
10:00 am - 11:00 am - Water Exercise Deep Water

### Tuesday

10:30 am - 11:30 am - Water Exercise II  
6:30 pm - 7:30 pm - Aqua HIIT

### Wednesday

10:30 am - 11:30 am - Water Exercise I  
10:00 am - 11:00 am - Water Exercise Deep Water

### Thursday

10:30 am - 11:30 am - Water Exercise I  
6:30 pm - 7:30 pm - Aqua HIIT

### Friday

10:00 am - 11:00 am - Water Exercise Deep Water

### Please Note:

- \* Swim Team begins September 10 and runs through June 2019
- \*\* Challenger Swim begins Oct. 6th and runs through November 17th

**\*\*\* The Hot Tub will be CLOSED & there will be NO LAP SWIMMING during After School Care Swim**

**Pool will be reserved for Kids Club from 1:30 - 3:00 pm on the following scheduled dates as well as any additional school closings or early dismissal days to be determined :**

Columbus Day	10/8/18
Conference Day	10/26/18
Veterans Day	11/12/18
Thanksgiving Break	11/21/18
Christmas Break	12/26, 12/27, 12/28/18
	1/2, 1/3, 1/4/19
Martin Luther King Day	1/21/19
February Break	2/18/19 - 2/22/19
Conference Day	3/15/19
Spring Break	4/15/19 - 4/19/19

**\*All Class and Program Times,  
And Dates are subject to  
change at any time.**