

Aromatherapy Workshop Series

Wkshp 1 - Sept. 11, 2018 ~ 6:00-7:30 PM

Wkshp 2 - Oct. 9, 2018 ~ 6:00-7:30 PM

Wkshp 3 - Nov. 13, 2018 - 6:00-7:30 PM

RISE for Autism

510 McCormick Drive, Ste U-W

Glen Burnie, MD 21061

Heidi Chesla is the founder of EOSTHENICS, a Certified Aromatherapist, and a Physical Therapist. She believes that we all have a unique story, gifts, and the desire to live a fulfilled life. Heidi's mission is to meet people where they are; to educate them, to guide them, and to connect them with essential oils in the way that is most meaningful to them. Heidi has been a physical therapist for almost 20 years receiving her Master's degree from University of Maryland, Baltimore within their School of Medicine and she received her Aromatherapy Certification in November of 2017 through NAHA (National Association of Holistic Aromatherapy).



FREE WORKSHOP SERIES

Topics

Workshop 1 - Aromatherapy: Support for General Health

Workshop 2 - Aromatherapy: Sleep Support for Children and Adults

Workshop 3 - Aromatherapy: Support for Management of Emotions and Self Regulations

visit www.riseforautism.org for
more info or to register

