

An annual event since 2008

5K • FITNESS • SPORTS • CYCLE • FUN

There's Something For Everyone.



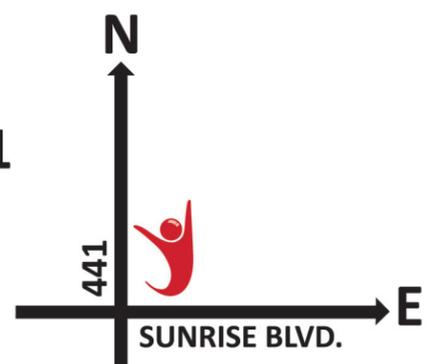
**5K Run/Walk • 1-Mile Prayer Walk • Cardio Class • Obstacle Course Competition • Yoga • Kid's Fitness
Pickleball • Soccer • Volleyball • Basketball • Kid's Soccer • Fun Zone • Food • Entertainment**

Saturday, May 2, 2026

**Central Broward Regional Park
3700 NW 11th Place, Lauderdale, FL 33311
(NE corner of Sunrise Blvd and US 441)**



www.bigcardio.org



**THIS
COULD
BE
YOU!**

JOIN OUR TEAM and support South Florida's at-risk youth.

TEAM NAME _____

TEAM CAPTAIN _____

CONTACT # _____

**Registration Fee: \$40 Adults (age 13 & up) / \$25 children (age 6-12)
FREE children 5 & under and spectators.**

Register now at www.bigcardio.org and select "Join A Team"



Proceeds Benefit
**CHILDREN'S
FOUNDATION**

Providing opportunity and hope for at-risk youth.

On any given day in South Florida, there are 4,000 teens in foster care. Without family and a proper support system, most will experience a negative outcome upon their emancipation. BIG Children's Foundation is on a mission to change these outcomes. We aim to restore their health, improve their quality of life, and set them on a path that leads to success. We reshape their future! To learn more, please visit bigcf.org