



ODE CNP CACFP Menu Form



Sponsor name/site name Gentog C – Fall 2019

Month and Year November 11-15, 2019

Meal Patterns	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast <ul style="list-style-type: none"> Grains, or meat/meat alternate (no more than 3 times per week) Vegetables or Fruits Fluid Milk Other Foods 	French Toast (WG) Strawberries Whole or 1% Milk	Breakfast Burritos (Tortillas, Eggs, Sausage and Cheese) Oranges Whole or 1% Milk	Tasteeos Toasted Whole Grain Oat Cereal Toast (WG) Bananas Whole or 1% Milk	Granola Great Value Light Vanilla Low-fat Yogurt (Meat Alt) Pineapple Whole or 1% Milk	Banana Bread Tasteeos Toasted Whole Grain Oat Cereal Peaches Whole or 1% Milk
AM Snack (Select two of these five components) <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits Grains 	Apple Slices Yogurt	Pears Cheese sticks	Cheeze-Its Grapes	Banana Slices Graham Crackers	Applesauce Triscuits
Lunch <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits/Veg Grains Other Foods 	Tomato Soup (CP) Grilled Cheese (WG) (Meat Alt) Pickles Tropical Fruit Cocktail Whole or 1% Milk	BBQ Chicken Potato Salad (CP) Dinner Rolls Sliced Cucumbers Pineapple Whole or 1% Milk	Pot Roast (Beef) Mashed Potatoes Cooked Carrots Bread (WG) Apricots Whole or 1% Milk	Caesar Chicken Salad(HM) (Grilled Chicken, Roasted Corn, Tomato, Lettuce, & Parmesan Cheese) Bread (WG) Peaches Whole or 1% Milk	Ham/Hash Brown Casserole (HM) Bread (WG) Peas Mandarin Oranges Whole or 1% Milk
PM Snack (Select two of these five components) <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits Grains 	Crackers Beef Stick Cheese Slices	Ritz Crackers Cheese slices Whole or 1% Milk	Veggie Straws Whole or 1% Milk	Rice Cakes Whole or 1% Milk	Apple Slices Whole or 1% Milk

Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.

This institution is an equal opportunity provider.