

Harvest Years

1977



2018

Senior Center

Harvest Years Monthly

DECEMBER 2018
VOLUME 16 - ISSUE 12

30 SOUTH STREET, CAMDEN, DE 19934

302 698-4285 - Website: <http://harvestyears.org>

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1977 Celebrating 41 Years 2018



Christmas Luncheon

Wednesday, December 19, 2018

You are all invited to join us for this very special day. We look forward to celebrating with all of you. A traditional Holiday luncheon will be served. Please call Harvest Years and make your reservations early.

HOURS

Monday - 8 AM - 3 PM
 Tuesday - 8 AM - 3 PM
 Wednesday - 8 AM - 3 PM
 Thursday - 8 AM - 3 PM
 Friday - 8 AM - 3 PM
 Closed Saturday & Sunday

Harvest Years Senior Center, Inc. Board of Directors 2018

Richard Reynolds.....President
 Don Blakey.....Vice President
 Linda McDonald.....Treasurer
 Don Dean.....Secretary
 Tom Bones.....Executive Director
 Board Members: Vivian McDonald,
 Dick Bewick, Barbara Morton, Joan Schwartz,
 Judie Burke

Next Meeting: DECEMBER 13, 2018
12:30 PM



Let's Celebrate!! Welcome 2019

New Year's Eve Luncheon

Friday, December 28, 2018
11:30 AM

Happy "December 2018" Birthdays

1 Luis Bechini	12 Thomas Nevins	22 Karen Baker
1 Pat Brown	13 Ann Burke	22 Lynda Davis
1 Glenda Perry	13 John Stuart	23 Carol Likens
2 William McNiece	14 Philip De Rocili	23 Carol Malloy
3 Bill Burke	14 Vera Kundler	23 Lewis Shields
4 Joseph Daniels	14 Evelyn White	24 Ronald Miccarelli
4 George Justus	15 Clarena Jones	24 Joanne Semple
5 J.W. Vincent Longfellow	15 Howard Lehuquet	25 Lynda Hultman
6 Lillie Mae Harris	15 Mary Lou Rowlands	25 Luther Wagner
7 Leroy Bookhultz	16 Joyce Diltz	26 Amelia Watson
8 Doris Brown	17 Darlene Guidry	27 Donald Dean
8 Gloria Fili	17 James Hanacek Jr	27 Leota Farrall
9 Elaine Ford	18 Elwood Lord	27 Frances Fox
10 Nancy Gardner	19 Jeanette Kossman	27 Carol Whyte
10 Frank McSweeney	20 Hannah McLennan	28 Joann McIlvain
10 Kenneth Smith	20 Tess (Teresa) Urban	28 John Strausbaugh
11 Irene Pernal	21 Lois Ayvazian	28 Jean Tassinari
12 Larry Dougherty, Sr.	21 Betty Harris	29 George Brummell
		29 Bertina Ward

*****PLEASE BE SURE TO CALL*****

(302) 698-4285***

*****PLEASE MAKE YOUR (RESERVATION) FOR A FREE BIRTHDAY LUNCH*****

We invite you to a **BIRTHDAY LUNCH** here at Harvest Years as part of your membership. HOWEVER, you must attend the **BIRTHDAY CELEBRATION** on our "**BIRTHDAY DAY**" which is always the **third** Thursday of each month. You must "eat-in". You may not "take-out" the free meal. If you do not see your name on the list of names for **DECEMBER** it may be because you are not current with your annual dues and are not eligible for a free birthday lunch. If you think we have made an error do not hesitate to see Tom or Diane..... **HAPPY BIRTHDAY and Thank You...**

LUNCH IS SERVED DAILY MONDAY THRU FRIDAY 11:30 AM - 12:30 PM

YOU MUST CALL HARVEST YEARS SENIOR CENTER TO MAKE YOUR LUNCH RESERVATION by 10 AM. LET US KNOW IF YOU WILL BE CELEBRATING YOUR BIRTHDAY WITH US PRIOR TO DECEMBER 20, 2018 .

PLEASE CALL (302) 698-4285.



Winter Weather Alert

Winter weather will be with us for at least the next five months, so please be sure to listen to your radio (WSDS or Eagle 97) or check WBOC stations or websites to be certain the Center is open if inclement weather hits through March. You may also call the Center at (302) 698-4285 before you head out. If we are closed there will be a message posted on the phone service. We will also post notices on the HYSC Facebook page. If you haven't "liked" our page yet, be sure to do so.



ATTENTION TO ALL HYSC VOLUNTEERS

To all our volunteers: If you volunteer at Harvest Years you must remember to keep track of your hours in our **RSVP Book** located at the Front Desk. Any new volunteer, please ask for the book & track your hours.



*From Your Executive Director
Tom Bones*

Welcome to the start of the Holiday Season of 2018! The Harvest Years has been trimming the tree and putting the final pieces in place for all of the festivities and December events to come.

With the calendar year coming to a close, it also means that it is Membership renewal time. Your Harvest Years membership registration for 2019 is due by January 1, 2019 to keep your membership current. Do not delay!

If you know of any other seniors in our area who are not already members, please invite them to join us. As you already know, The Harvest Years has so much to offer for just \$1.67 per month.

Our **Annual Giving Campaign** continues throughout the month of December. Please consider giving generously as we need your support. We never know what type of budget cut we will be facing in 2019. Please continue to ask family members and friends in the community to contribute as well, if they haven't already done so. Every little bit helps in some way to keep our senior community thriving.

A special **Thank You** at this time of year to all the members of our center who helped in some way. All of the volunteers before, during and after our Holiday Craft Show both here and off site were invaluable. A special thank you as well to the ceramic and craft class for all the beautiful items they made! Our Yard Sale, Sub Sale and Spaghetti Dinner would not have been possible without all of you. Next up is our Soup Festival in January! Stay tuned for more details.

Please note on our calendar, that we will be closed on Monday, 12/24 & Tuesday, 12/25 for Christmas and on Monday, 12/31 & Tuesday, 1/1 for New Years.

On behalf of the Harvest Years Board of Directors and myself, I would like to wish each of you a very safe and **Happy Holiday Season**. May you all enjoy much good health and happiness in 2019!!

Merry
CHRISTMAS AND A HAPPY
New Year



*Activity Notes
by Diane Amoroso*

***It's The Holiday Season!!
Let's Celebrate this special time
of the year together.***

***Our Golden Dinner Club
Christmas Party will be held at the
Stargate Diner on Route 13 in
Harrington, De on December 18th.
We always have a fun night out with
family and friends. Please join us!***

***Harvest Years' Annual Christmas
Lunch is scheduled for Wednesday,
December 19th at 11:30 AM***



***Our HAPPY NEW YEAR 2019
Luncheon will be held on Friday,
December 28, 2018 at 11:30 AM***

*Happy New Year
2019*



**Kent County Representatives
District General Assembly
Contact Information**

Name	Phone Number or E-Mail	District
Jeff N. Spiegelman - 302 744-4171 or Jeff.Spiegelman@state.de.us		RD 11
William J. Carson - 302 744-4113 or William.Carson@state.de.us		RD 28
Trey Charles Paradee - 302 744-4351 or Trey.Paradee@state.de.us		RD 29
William R. Outten - 302 744-4083 or Bobby.Outten@state.de.us		RD 30
Sean M. Lynn - 302 744-4351 or Sean.Lynn@state.de.us		RD 31
Andrea L. Bennett - 302 744-4351 or Andrea.Bennett@state.de.us		RD 32
Charles S. Postles Jr. - 302 744-4081 or Charles.Postles@state.de.us		RD 33
Lyndon D. Yearick - 302 744-4171 or Lyndon.Yearick@state.de.us		RD 34

**Senators Delaware General Assembly
Contact Information**

Name	Phone Number or E-Mail	District
Bruce C. Ennis - 302 744-4310 or Bruce.Ennis@state.de.us		SD 14
Dave G. Lawson - Dave.Lawson@state.de.us		SD 15
Colin Bonini - 302 744-4169 or Colin.Bonini@state.de.us		SD 16
Brian J. Bushweller - Brian.Bushweller@state.de.us		SD 17
F. Gary Simpson - 302 744-4134-Gary.Simpson@state.de.us		SD 18



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or visit www.aarp.org/findacourse



2019 TRIPS

APRIL: Thursday, April 18th - Rainbow's Dinner Playhouse - Presents, "NANA DOES VEGAS" - ALL INCLUSIVE \$89.00 PER PERSON - Motorcoach Transportation, Driver Gratuity, Tickets, and Buffet Lunch. Deposit on Sign-Up \$25.00 Per Person RATED: (E)

APRIL: Tuesday, April 30th - Hershey's Chocolate World - Fun-filled, exciting day. If you LOVE CHOCOLATE, this trip is for you! All Inclusive: \$89.00 Per Person RATED: (E)

MAY: Friday, May 3rd, - Let's visit the United States Marine Corps Museum, Quantico, VA. All Inclusive: Tour Bus, Driver Gratuity and a Private Tour of the Museum. \$50.00 Per Person Lunch on your own in one of the two restaurants in the Museum.

MAY: Monday, May 13th - Thursday, May 16th - Wildwood, New Jersey Seafood Fest - Also including a visit to Cape May, Atlantic City and Smithville, New Jersey. \$535.00 Per Person Dbl. Occupancy - Single: Add \$200.00. Trip insurance Recommended - Trip Insurance Recommended RATED: (MD)

JUNE: Monday, June 17 - Saturday, June 22nd - Springtime in Connecticut and The Newport Rhode Island Flower Show - Call for Itinerary - All Inclusive: \$779.00 Per Person - Singles add \$250.00 additional. RATED: (MD)

JUNE: Wednesday, June 26th - The Fulton Theatre Presents "Mama Mia" - \$90.00 Per Person for Tour Bus Transportation, Driver Gratuity, Show tickets. Lunch on your own (\$21.95) at Huckleberry's Restaurant RATED: (E) SOLD OUT - A WAIT LIST IS AVAILABLE

JULY: Tuesday, July 16th - American Music Theatre Presents "Ovation" - A must see Musical Theatre Show!! All Inclusive: \$90.00 Per Person. Tour Bus, Driver Gratuity, Show Tickets and Lunch at Huckleberry's Restaurant RATED: (E)

AUGUST: Wednesday, August 7th - Rainbow's Comedy Playhouse - "DIVORCE SOUTHERN STYLE" - All Inclusive: \$89.00 Per Person - RATED: (E)

AUGUST: Tuesday, August 27th - Riverboat Queen Paddleboat Excursion along the Delaware River. Dine aboard and enjoy the beautiful ride and watch the sun set on the way back to dock. All Inclusive: \$110.00 Per Person - Tour Bus, Driver Gratuity, Dinner and our own Private Charter.

SEPTEMBER: Tuesday, September 17th - Visit the U.S. Holocaust Memorial Museum, Washington, DC - \$55.00 Per Person - Lunch off the Menu & on your own at the Fisherman's Inn on the way home.

OCTOBER: Thursday, October 10th - Dutch Apple Theatre - "Will Rogers Follies" - ALL INCLUSIVE - \$90.00 Tour Bus Transportation, Driver Gratuity, Buffet Lunch, Show Tickets

MORE TRIPS WILL BE ON THE SCHEDULE IN THE UPCOMING MONTHS - KEEP A CLOSE EYE ON THE CALENDAR

SOLD OUT—WAIT LIST ON FOLLOWING TRIPS:

SHOREBIRDS - JULY 26th - MYSTERY RUN - MARCH 22nd - FULTON THEATRE - JUNE 26th

- DECEMBER 2018 MENU -

Monday	Tuesday	Wednesday	Thursday	Friday
3. Taco's Hard/Soft Fix-ins Bar Chips/Salsa Cookie	4. Roast Beef Mashed Potatoes Gravy/Broccoli Bread or Rolls Pudding	5. Sweet & Sour Chicken Rice Mixed Vegetables Bread or Rolls Fruit Cocktail	6. Stuffed Peppers Baked Potato Carrots Bread or Rolls Peaches	7. <u>Pearl Harbor Day</u> Tom's 3 Bean Chili Rice House Salad Assorted Desserts 
10. Liver & Onions Mashed Potatoes Beets Bread or Rolls Fruit	11. Baked Flounder Macaroni & Cheese Stewed Tomatoes Bread or Rolls Cake	12. Beef Goulash Buttered Carrots Bread or Rolls Fruit Cocktail	13. Roasted Pork Loin Mashed Potatoes Gravy/Mixed Vegetables Bread or Rolls Jell-O / Whipped Cream	14. Chef's Salad Turkey, Ham, Tomato, Egg, Lettuce Italian Bread Assorted Dessert
17. Chicken Pot Pie Tossed Salad Bread or Rolls Peaches	18. Pulled BBQ Pork Sandwich Pickles/Chips Pudding	19. <u>Christmas Luncheon</u> Baked Honey Ham Sweet Potatoes Green Beans Cole Slaw/Rolls Assorted Desserts \$6.00	20. <u>Happy Birthday Lunch</u> Baked Meatloaf Mashed Potatoes Gravy/Peas & Carrots Bread or Rolls Cake & Ice Cream	21. <u>WINTER BEGINS</u> BLT Sandwich Baked Fries House Salad Assorted Desserts
24. <u>CLOSED</u> <u>CHRISTMAS EVE.</u> 	25. <u>CLOSED</u> 	26. <u>Kwanzaa Begins</u> Spaghetti w/Meatsauce House Salad Italian Bread Pineapple	27. Oven Fried Chicken Baked Beans Cole Slaw Bread or Rolls Tropical Fruit	28. <u>Toast to 2019</u> Baked Salmon Brown Rice Broccoli Fruit Sparkling Cider
31. <u>CLOSED</u> NEW YEAR'S EVE	1. <u>CLOSED</u> 	2. Swedish Meatballs Noodles Peas Bread or Rolls Pudding	3. Beef Stew Biscuit Applesauce Brownie	4. Meatball Sub Pickles/Chip Assorted Desserts







IMPORTANT INFORMATION FOR YOU!

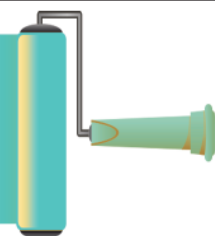
Anyone taking a trip with Harvest Years Senior Center must carry a photo **ID**. Many of our trips will require security screenings. If you do not bring your **ID** you will not be permitted on the trip.

THANK YOU

- DECEMBER 2018 ACTIVITIES -

Monday	Tuesday	Wednesday	Thursday	Friday
3. 9:45 AM - L.I.F.E. Aerobics Class 9:30 AM - 500 Rummy	4. \$\$ 8:30 AM - Yoga \$\$ 9:30 AM - Crafts 12 NOON - Domino's	5. 9:30 AM - 10:30 AM Land Aerobics 9 AM - 11:30 AM Ceramics 12:30 - Hand & Foot	6. \$ 8:30 AM - Yoga \$ 9:45 AM - L.I.F.E. Aerobics Class	7. <u>Pearl Harbor Day</u> 10 AM - 11 AM Line Dancing w/Ben & Charlotte 12 NOON - Mah Jong 12:30 - Spades
10. 9:45 AM - L.I.F.E. Aerobics Class 9:30 AM - 500 Rummy	11. \$\$ 8:30 AM - Yoga \$\$ 9:30 AM - Crafts 12 NOON - Domino's	12. 9:30 AM - 10:30 AM Land Aerobics 9 AM - 11:30 AM Ceramics 12:30 - Hand & Foot \$1 - 3 PM Art Class\$\$	13. <u>Harrington Slots</u> \$ 8:30 AM - Yoga \$ 9:45 AM - L.I.F.E. Aerobics Class	14. 10 AM - 11 AM Line Dancing w/Ben & Charlotte 12 NOON - Mah Jong 12:30 - Spades
17. 9:45 AM - L.I.F.E. Aerobics Class 9:30 AM - 500 Rummy	18. 9:30 AM - Crafts 12 NOON - Domino's	19. <u>NO LAND AEROBICS</u> 9 AM - 11:30 AM Ceramics 12:30 - Hand & Foot	20. 9:45 AM - L.I.F.E. Aerobics Class	21. 10 AM - 11 AM Line Dancing w/Ben & Charlotte 12 NOON - Mah Jong 12:30 - Spades
24. <u>CLOSED</u> 	25. <u>CLOSED</u> 	26. 9:30 AM - 10:30 AM Land Aerobics 9 AM - 11:30 AM Ceramics 12:30 - Hand & Foot	27. 9:45 AM - L.I.F.E. Aerobics Class	28. 10 AM - 11 AM Line Dancing w/Ben & Charlotte 12 NOON - Mah Jong 12:30 - Spades
31. <u>CLOSED</u> 	1. <u>CLOSED</u> 	2. 9:30 AM - 10:30 AM Land Aerobics 9 AM - 11:30 AM Ceramics 12:30 - Hand & Foot	3. 9:45 AM - L.I.F.E. Aerobics Class	4. 10 AM - 11 AM Line Dancing w/Ben & Charlotte 12 NOON - Mah Jong 12:30 - Spades

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HARVEST YEARS SENIOR CENTER



"HAIRCUTS by PAT"

30 SOUTH STREET, CAMDEN, DE 19934

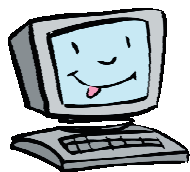
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Hours: Tuesday, Wednesday, & Thursday
9 A.M. TO 3 P.M.

PLEASE CALL FOR AN APPOINTMENT

(302) 698-4285



Don't know what to do now that you've turned on your computer or smart phone?

Let Terry help you! Terry Anderson, a retired Air Force Pilot and retired from the Department of Education, has volunteered his time and expertise to teach a one on one computer class.

Terry has now offered to teach a one on one class on how to use your **Smart Phone**. If you know the basics but would like to know more, please give your name and telephone number to Diane and she will set up an appointment with the

"Computer Guy"!

Call Diane: 302 698-4285

AARP DRIVER SAFETY COURSE



Harvest Years Senior Center
30 South Street, Camden, DE
302 698-4285

HAPPY HOLIDAYS
NO CLASS IN DECEMBER

See You In January 2019



Art Classes **Harvest Years Senior Center**

If you are interested in learning how to put your 'hidden artistic talents' onto canvas, you are welcome to join our art classes twice a month.

The cost for four classes is \$30.00.

Classes: Wednesdays - 1 PM - 3 PM

Call DIANE for more Information: 698-4285

Come In and Join Us For This Fun, Exciting and Educational Class!!

NEXT CLASS: WEDNESDAY, DECEMBER 12TH



GOLDEN DINNER CLUB
TUESDAY, DECEMBER 18th
4:30 'til 6:30 PM

HAPPY HOLIDAY PARTY

Stargate Diner, Rt. 13. Harrington, DE

JOIN US FOR OUR MONTHLY

FUNDRAISER - We Always Have A Great Time!!

PLEASE Call Diane before December 14th

if you are planning on joining us.



JOIN OUR NEW
"COFFEE MUG CLUB"

BUY A COFFEE MUG FOR
\$10.00 with Limited Edition Numbers
And Use It For Unlimited Coffee

HARVEST YEARS' CLOTHING **DOLLAR STORE FEATURES**

GENTLY USED WOMEN'S & MEN'S
- CLOTHING - SHOES - HATS -

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STORE IS OPEN MONDAY - FRIDAY
8:30 AM - 3 PM

New Items Added Daily

*You are invited to stop by and
browse at our really nice selections.*

PERIPHERAL NEUROPATHY WARNING!



Dover, DE - The most common method your doctor will recommend to treat your neuropathy is with prescription drugs that may temporarily reduce your symptoms. These drugs have names such as Gabapentin, Lyrica, Cymbalta and Neurontin, and are primarily antidepressant or anti-seizure drugs. These drugs may cause you to feel uncomfortable and have a variety of harmful side effects.



Figure 1: Notice the very small blood vessels surrounding each nerve.

Peripheral neuropathy is a result of damage to the nerves often causing weakness, pain, numbness, tingling and most debilitating balance problems. This damage is commonly caused by a lack of blood flow to the nerves in the hands and feet which causes the nerves to begin to degenerate due to lack of nutrient flow.

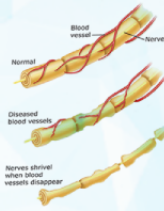


Figure 2: When these very small blood vessels become diseased they begin to shrivel up and the nerves begin to degenerate.

In order to effectively treat your neuropathy three factors must be determined

- **What is the underlying cause?**
- **How Much Nerve Damage Has Been Sustained.**
NOTE: Once you have sustained 85% nerve loss, there is likely nothing that we can do for you.
- **How much treatment will your condition require?**

The treatment that Dr. Steve Goldschlager, D.C. provides has three main goals

- 1) **Increase blood flow**
- 2) **Stimulate small fiber nerves**
- 3) **Decrease brain-based pain**

Figure 3: The blood vessels will grow back around the nerves much like a plant's roots grow when watered.



Dr. Steve Goldschlager, D.C. will do a neuropathy severity examination to determine the extent of the nerve damage for only \$60.00 for the first 25 callers. This neuropathy severity examination will consist of a detailed sensory evaluation, and a detailed analysis of the findings of your neuropathy.

Call 302-735-5501 to make an appointment to see if Dr. Goldschlager can help you.

Note: We are located at 77 Greentree Drive in the Greentree Shopping Center.

Supplemental Nutrition Assistance Program

Putting Healthy Food Within Reach
assist.dhss.delaware.gov

Meet Oscar Sebastian at 11 AM on the second Tuesday of each month during 2018. If you are 50 years old or older, Oscar can answer any questions you may have about the SNAP program or he can assist you in filling out the required application.



If you are unable to stop in to see Oscar please feel free to call him at 302 734-1200 Extension 174



MEDICAL APPOINTMENTS SERVICE

If you are in need of our "Medical Appointment Service", please call our front desk at 698-4285 to make your Doctor's appointment. Appointments must be made 2 - 3 weeks in advance, no later than 48 hours in advance. We will provide this service between the hours of 8 AM - 2 PM, Monday thru Friday. We will pick you up 1/2 hour prior to your scheduled appointment. There will be a \$3.00 Trip Charge payable by cash, check, or money order. We will not go into Sussex County or New Castle County due to cost.

Call Harvest Years Senior Center for more information and scheduling.



Our Annual Holiday Party will be held at the STARGATE DINER in Harrington, DE

Tuesday, December 18th - 4:30 - 6:30 PM

Join us for a Holiday Celebration. This is also our monthly fundraiser.

Diane must know by Dec. 14th if you are joining us.



**You Are All Invited To Join Us
For Lunch At
Harvest Years Senior Center**

Monday thru Friday - 11:30 AM - 12:30 PM

COST:

Member - \$4.50 - Non-Member - \$7.00

Delicious Food, Nice People & Good Times.
Bring A Friend Too!!

As a courtesy to our Kitchen Staff, please call by 10 AM if you are planning to join us for lunch or to order a take-out meal. Our lunch is cooked fresh daily in our kitchen and we want to be sure we can serve everyone.
698-4285

JOIN HARVEST YEARS AND SAVE \$1.00 !!
FOR NEW MEMBERS ONLY - 2018

YOU ARE ENTITLED TO A ONE-TIME \$1.00 OFF SAVINGS COUPON TOWARDS YOUR 1st LUNCH AT HARVEST YEARS SENIOR CENTER. SEE FRONT DESK RECEPTIONIST FOR YOUR \$1.00 OFF COUPON.



***It's Fall and *Our Soup To Go*
Is Now Open - Call Daily for
Soup Specials.***

EXTRA IN-HOUSE ITEMS

Desserts \$2.00 each
Just Entrees \$3.00 each
Starch/Vegetable \$2.00 each

Homemade Desserts
\$3.00 Cup / \$4.00 Pint / \$7.00 Quart

Sandwich entree price to be determined that day.
Any Other Items - See Tom or Marguerite

*As of October 1, 2016 we added an additional charge of \$1.00 for TO-GO MEALS.

Bon Appetite!!

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We Serve

**Camden - Wyoming
Lions Club**

"Unselfish Service to the Community"

**The Camden - Wyoming Lions Club meets
monthly at Harvest Years Senior Center
30 South Street, Camden, DE.**

***NEXT MEETING:
MONDAY, JANUARY 14, 2019***

Dinner: 6:30 PM - Meeting Follows

HAPPY HOLIDAYS

***Lions Club
Ready to Help, Worldwide***

Whenever a Lions Club gets together problems get smaller, and communities get better. That's because we help where help is needed - in our own communities or around the world - with unmatched integrity and energy.

TRANSPORTATION SERVICES

The Harvest Years Senior Center offers transportation to and from the center. Our pick-up times are between 9 AM to 10 AM and the return time will start between 1 PM to 2 PM. Members can apply for transportation at our front desk. Bus plan tickets may be purchased at our front desk. You may purchase tickets ahead of time. **You must reserve your slot 24 to 48 hours ahead of time. Cost per trip is:**

\$.50 per Trip
\$ 5.00 for 10 Trips
\$ 10.00 for 20 Trips
\$ 20.00 for 40 Trips



FYI NOTICE:

As a reminder, I will be out of my office beginning January 7th, 2019. If all goes well I intend on returning to work in 3 weeks. Deposits on 2019 trips will be taken after Feb. 1st.

THANKS, DIANE



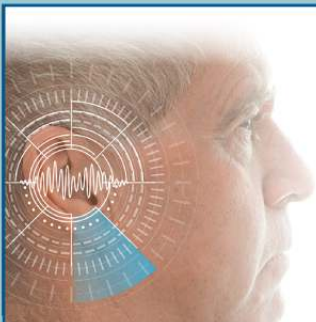
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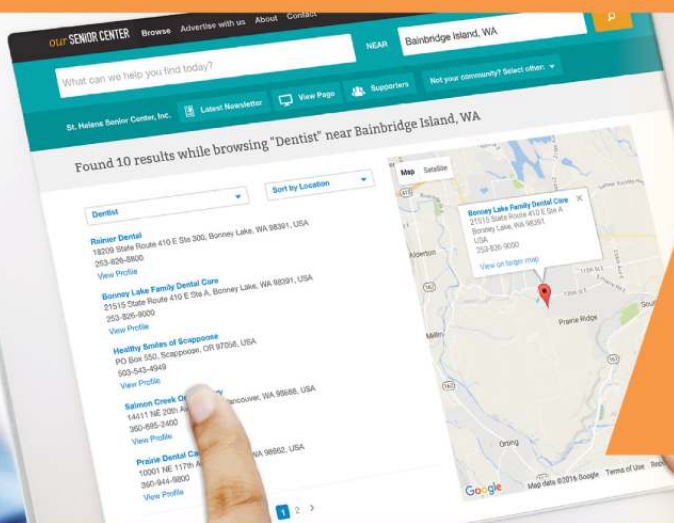
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Harvest Years Senior Center, Camden, DE

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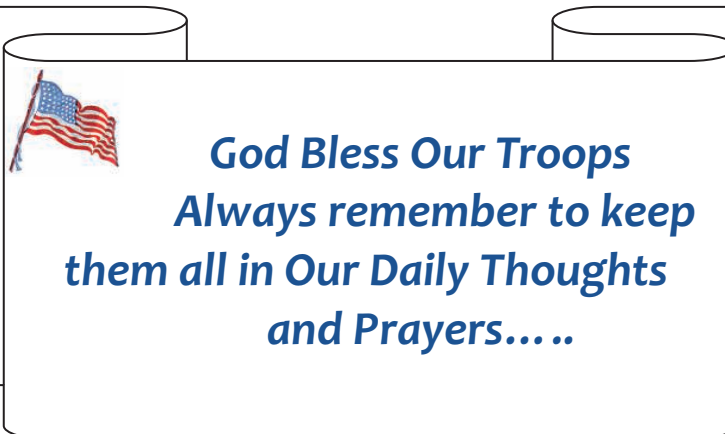
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E-mail: hysc@comcast.net



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Season's Greetings



DECEMBER 2018
Please Donate to The USO

