

# Magic in Mo'orea Retreat 2023 Itinerary



## Monday, Day 1 Arrival day in Mo'orea, French Polynesia

10:00 am Arrive at the Cook's Bay Hotel & Suites and check into your room.  
 3:00 pm Welcome gathering and intention setting ceremony.  
 4:00 pm Snorkel practice  
 6:30 pm Dinner as a group at a local restaurant. (Dinner not included in price.)

## Tuesday, Day 2 Meet the Whales!

Breakfast on your own.  
 7:45 am Gather at the end of the dock  
 8:00 am Board the boat for our first day with the whales.  
 1:00 pm Return to the hotel  
 5:00 pm Meditation  
 Dinner as a group at a local restaurant. (Dinner not included in price.)

## Wednesday, Day 3 Day with the whales

Breakfast on your own  
 7:45 am Gather at the end of the dock  
 8:00 am Board the boat for more time with the whales.  
 1:00 pm Return to the hotel  
 5:00 pm Meditation  
 Dinner as a group at a local restaurant. (Dinner not included in price.)

## Thursday, Day 4 Whales and Ancient Temples

Breakfast on your own  
 7:45 am Gather at the end of the dock  
 8:00 am Board the boat for more time with the whales.  
 1:00 pm Return to the hotel  
 2:30 pm Depart for the center of the island and the ancient temples.  
 5:30 pm Return to the hotel  
 Dinner as a group at a local restaurant. (Dinner not included in price.)

## Friday, Day 5 Whales and Polynesian Culture

Breakfast on your own  
 7:45 am Gather at the end of the dock  
 8:00 am Board the boat for more time with the whales.  
 1:00 pm Return to the hotel  
 6:00 pm Depart for luau dinner and Polynesian cultural dance show  
 11:00 pm Return to hotel

## Saturday, Day 6 Day with the Whales

Breakfast on your own  
 7:45 am Gather at the end of the dock  
 8:00 am Board the boat for more time with the whales.  
 1:00 pm Return to the hotel  
 5:00 pm Group Dolphin & Whale healing session  
 Dinner as a group at a local restaurant. (Dinner not included in price.)

## Sunday, Day 7 Last Day with the Whales & Departure Day

Breakfast on your own and pack your bags to depart after the boat.  
 7:45 am Gather at the end of the dock  
 8:00 am Board the boat for more time with the whales.  
 1:00 pm Return to the hotel  
 Prepare to depart the hotel and start your journey home filled with memories of your magical time with the whales.



All times subject to change due to weather and whales.