

For Immediate Release

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**Alex Merritt – Founder and Host of “Dessert & Discussion”
to Appear on “Beyond Just Talk with S. L. Young” on WOL DC 1450 AM**

Arlington, VA – On Tuesday, October 27th at 11 a.m. EST, the guest on **“Beyond Just Talk with S. L. Young”** will be **Alex Merritt** who is the founder and host of Dessert & Discussion --- an unscripted conversation between men and women about love, sex, and relationships.

Ms. Merritt earned her bachelor’s in mechanical engineering at the Missouri University of Science and Technology (Missouri S&T). In 2010, Missouri S&T and the Sacramento Observer named her one of “30 Future Leaders under 30.” As an author and international speaker, Ms. Merritt was featured in several leading publications such as NSBE magazine, Sparkman, and St. Louis American. Furthermore, she frequently speaks about topics that empower individuals and organizations to maximize their performance potential by creating positive relationships.

As someone who is passionate about developing healthy relationships, Ms. Merritt works to improve communication styles that lead to meaningful conversations between men and women. Over the last 15 years, she has garnered observational life lessons and also conducted relationship research that’s used as the foundation for her work. Moreover, based on direct and anecdotal evidence, Ms. Merritt developed a solid understanding of relationship dynamics that she uses to help individuals to have better interactions with the opposite sex.

In 2009, Ms. Merritt launched “Desert & Discussion”, which is a provocative experience for men and women to have candid discussions about love, sex, and relationships. In 2015, she developed the “Loveinar”; a powerful interactive relationship course that defines and explains the art and science of relationships. Her discussions, course, and unique perspectives guide men and women toward the development of positive, healthy, and lasting relationships that are mutually beneficial.

“Beyond Just Talk with S. L. Young’s” host is honored to have Ms. Alex Merritt – founder of “Dessert & Discussion” --- an open environment for ‘real’ relationship talk, an author, and dynamic speaker – on the show.

About “Beyond Just Talk with S. L. Young” (facebook.com/beyondjusttalk)

“Beyond Just Talk with S. L. Young” is a 1-hour weekly show which addresses life and business topics from a solution-oriented perspective. “Beyond Just Talk” is a show for anyone who seeks positive, inspirational, and thought-provoking talk.

About “Dessert & Discussion” (dessertanddiscussion.com)

Dessert & Discussion is an experience that provides men and women with opportunities to have candid relationship conversations.

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