## July 2021 – Wellness Center Central – Suggestion Box Comments and Responses

Thank you all for your wonderful suggestions! We, MAB and staff, have tried our best to comment on each suggestion/comment to meet your needs. Please let staff or a MAB member know if your question/comment has not been answered and/or addressed. Thank you!

## Suggestions

- "I would think a class on Folklore would be proof diversity for our center. Teaching culture and history would be fun
  and enlightening. I have to state our center is about education, diversity and discovering stepping out of comfort
  zones and having fun together. I think this class would be popular. Wellness Center Central (WCC) embrace, foster
  diversity and social inclusions"
  - Please see Sohail or Julia for further discussion on this topic. Thank you!
- "Can Coping Skills be put back on Mondays? I have a light day on Mondays"
  - Please keep a lookout for our August calendar, it will be on Mondays! Thank you!
- "Can we please add badminton when we're able to do sports again?"
  - Yes! Badminton will be added to our Calendar in the near future once we are able to re-add sports. Thank you for your suggestion!
- "Please extend the Watercolors Class to 2 hours"
  - We will be adding an additional half hour to our watercolor class. Thank you and please see our upcoming August Calendar!
- "I would love to go to a class called Folklore Culture?"
  - We will discuss your input with Wellness Center Central (WCC) Leadership. Thank you!
- "I would like to suggest Folklore or Mythology or maybe a class about the study on paranormal. That would be highly appreciated."
  - Please discuss with Sohail or Julia. Thank you!
- 'I would like to have a group about different cultures, the group is called Folklore"
  - Please attend our Diversity Group on Friday's to learn more about different Cultures and see Sohail or Julia to discuss more about this group.
- "I would love a class on Folklore. I'm Norwegian and would love to learn more about my Heritage and others as well
  - Please see above. Thank you!
- "I'd like to go on more outings"
  - Please sign up for our OC Fair Meet Up Outing on August 4<sup>th</sup>. And Movie Club will be back on our calendar in August.

Please see Sohail Eftekharzadeh, Program Director, if you have any questions or any other concerns. <u>Sohail.Eftekharzadeh@pathways.com</u> 714-640-7832

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