

# Daily Gratitude Tehillim Group

## Uniting to thank Hashem for all our blessings



Round 23

[www.DailyGratitudeTehillim.com](http://www.DailyGratitudeTehillim.com)

March 26 - August 23, 2021



~March 2021 ~						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
21	22	23	24	<b>Psalm 1!</b>	26	27
4	5	6	7		2	3
28	29	30	31			
~April~						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
				8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
32	33	34	35	36	37	
~May~						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
						38
39	40	41	42	43	44	45
46	47	48	49	50	51	52
53	54	55	56	57	58	59
60	61	62	63	64	65	66
67	68					
~June~						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
		69	70	71	72	73
74	75	76	77	78	79	80
81	82	83	84	85	86	87
88	89	90	91	92	93	94
95	96	97	98			
~July~						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
				99	100	101
102	103	104	105	106	107	108
109	110	111	112	113	114	115
116	117	118	119 **21	119 **22	119 **23	120
121	122	123	124	125	126	127
~August~						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
128	129	130	131	132	133	134
135	136	137	138	139	140	141
142	143	144	145	146	147	148
149	<b>Psalm 150!</b>	<b>Round 25!</b>				
29	30	31				

From the comfort of your own home, join people from all around the world saying one psalm a day, in gratitude for all the blessings Hashem gives us. We recommend thinking of 5 new things that you want to thank Hashem for before reciting your psalm for the day.

**\*\* Psalm 119**

- July 21: Aleph - Chet verses 1 - 64
- July 22: Tet - Samech verses 65 - 120
- July 23: Ayin - Tav verses 121 - 176

The Tzemach Tzedek said, "If you only knew the power of verses of Tehillim and their effect in the highest Heavens, you would recite them constantly. Know that the chapters of Tehillim shatter all barriers, they ascend higher and higher with no interference.; they prostrate themselves in supplication before the Master of all worlds, and they effect and accomplish with kindness and compassion."

If you miss a day or 2 or 3 (or more) of the psalms, it's OKAY. Either catch up or start again with the current psalm of the day.

This is a NO PRESSURE Tehillim Group. Say what you can, when you can.

Every one of our psalms helps us reach out to Hashem in unity and in gratitude.