



## THE CADUCEUS

The Official Newsletter of the  
Texas A&M Pre-Medical Society

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## TONIGHT'S MEETING

- Welcome to Texas A&M Pre-Medical Society! Gabrielle Sakel, our Philanthropy Chair, will be presenting on our work with the Alzheimer's Association. In addition, we will be hearing from some of our MCAT scholarship sponsors.

## ANNOUNCEMENTS

- In order to officially become a member (and earn points), you **MUST** fill out a membership form and pay dues! Dues are \$45 for the semester or \$60 for the full year. Dues can be paid by cash, check, or through online credit card payment.
- VOLUNTEERING:** You must be a member to volunteer and are required to wear your Pre-Med Society shirt, long pants, and closed toed shoes. Sign up to volunteer on our website!
- Apply to be a part of our Philanthropy Committee! Be sure to listen to Gabrielle's presentation tonight for more details.
- Join our intramural GroupMe! QR code is on the bottom of the last page.

### POINT OPPORTUNITIES

Pre-Med meeting attendance	3 points
ECHO meeting attendance	2 points
Intramural game attendance	2 points
Social event attendance	3 points
One hour of volunteering	1 point
Wearing Pre-Med shirt at any meeting	1 point

### MEMBERSHIP

Exemplary	100 Points
Distinguished	75 Points
Honored	50 Points
Member	<50 Points

The points system is used to determine our members' participation within the society. The various echelons of awarded membership allow one to truly benefit from all the society has to offer and to capitalize on this involvement during the medical school application process.

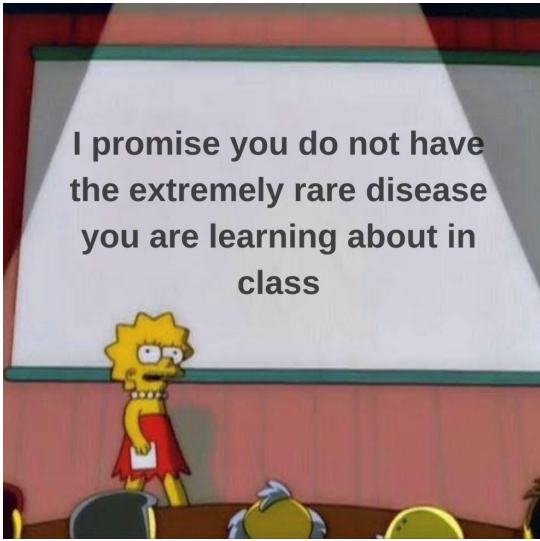


Congratulations to our

Member of the Week

**Aliah Arafat**

Thank you for being an  
active member!!



## DUES AND MERCHANDISE

\$45 membership dues for one **semester**  
 \$60 membership dues for the **full year**

*Dues include a New T-Shirt*

New T-Shirts - **\$15**  
 Old T-Shirts - **\$5**  
 Athletic Shirts - **\$12**  
 Hats - **\$15**  
 Fleecees - **\$50**

### Practice MCAT Question

Simultaneous processing of conscious emotions and physiological activation is the defining feature of which theory of emotion?

- A. Schachter-Singer theory
- B. James-Lange theory
- C. Incentive theory
- D. Cannon-Bard theory

*Answer at the bottom of next page*

### UPCOMING OPSA WORKSHOPS

#### Portal Workshops

- October 6, 12:00pm - 1:00pm
- October 19, 3:00pm - 4:00pm
- November 18, 2:00pm - 3:00pm
- December 16, 11:30am - 12:30pm

Medical Portal Workshops are required if you plan to attend medical school in Fall 2023!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	1 <i>Start of October</i>	2
3	4 BUILD 3-5pm Soccer 7:45pm Volleyball 10:10pm	5 Profit Share 2-7pm <b>Pre-Med Meeting 7-8pm, PSYC 338</b>	6 Basketball 7:45pm	7 Phoebe's 5-7pm	8 Arts and Crafts	9
10	11 BUILD 3-5pm Soccer 7:45pm Volleyball 10:10pm	12 ECHO Meeting 7-8pm	13 Basketball 7:45pm	14 Phoebe's 5-7pm	15 Arts and Crafts	16 Walk to End Alzheimer's
17	18 BUILD 3-5pm Soccer 7:45pm Volleyball 10:10pm	19 <b>Pre-Med Meeting 7-8pm, PSYC 338</b>	20 Basketball 7:45pm	21 Phoebe's 5-7pm	22 Arts and Crafts	23
24	25 BUILD 3-5pm Soccer 7:45pm Volleyball 10:10pm	26 ECHO Meeting 7-8pm	27 Basketball 7:45pm	28 Phoebe's 5-7pm	29 Arts and Crafts Pumpkin Painting	30

NOTE: Volunteering opportunities are meant for members to attend as they please.

Check your volunteering requirements! (orientation/application/vaccines)

## Imperfect Premeds Make Great Medical School Candidates

“Perfection is the enemy of progress.” That saying goes for human traits as well.

When it comes to being a premed, there’s a perpetual myth about a need to appear perfect. This way of thinking is so outdated.

The last thing our healthcare system needs is someone who is perfect. Our mistakes, our slip-ups, or missteps bring much needed perspectives to the table.

Understand this – embrace everything that comes your way as a premed. Every situation you encounter or challenge face will undeniably shape who you are. So, take this with you as you pursue a career in medicine. Reflect on how the “not so perfect” things that happen will make you a great physician. Reflect on how the “not so perfect” things will help you contribute to healthcare and connect with patients on a different level.

And what is the definition of perfect anyway? Who decided what a “perfect” medical school applicant looks like? Who decided what the perfect medical school admissions essay who sound like? Who decided that low stats means you won’t get into medical school?

Now is the time to own your imperfections. Embrace how they have shaped you. Period.

Source: <https://www.premedlife.com/imperfect-premeds-make-great-medical-school-candidates/>

MCAT Answer: D

Pre-Med Society IMs 21-22

