



ODE CNP CACFP Menu Form



Sponsor name/site name Gentog Menu D 2020

Month and Year Dec 28, 2020 -Jan 1, 2021

Meal Patterns	Monday Dec 28	Tuesday Dec 29	Wednesday Dec 30	Thursday Dec 31	Friday Jan 1
Breakfast <ul style="list-style-type: none"> • Grains, or meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods 	Pancakes Blueberries Whole or 1% Milk	WW English Muffin/Egg Sandwich w/ Cheese(WW) Bananas Whole or 1% Milk	Great Value Light Vanilla Low-fat Yogurt (meat (alt) Berries Toast (WG) Whole or 1% Milk	Scrambled Eggs (Meat Alt) Cheesy Bread (WW) Oranges Whole or 1% Milk	Happy New Year!
AM Snack (Select two of these five components) <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits • Grains 	WW English Muffin w/ Melted Cheese (WW) Bananas	Graham Crackers Little Cuties (Oranges)	Grapes Crackers	Apple Slices Cheddar Cheese	Center is Closed
Lunch <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits/Veg • Grains • Other Foods 	Open Face Turkey Sandwich (WG) Stuffing Green Beans Pears Cranberry Sauce Whole or 1% Milk	Ravioli Casserole (HM) (Italian Sausage & Cheese, pasta for grains) Tossed Salad w/Italian Dressing Bread Sticks Fruit Cocktail Whole or 1% Milk	Swedish Meatballs (Beef) (CP) Over Noodles Broccoli Bread (WG) Pineapple Tidbits Whole or 1% Milk	Chicken & Fruit Salad – (HM – Grapes, Feta Cheese, Nuts, Lettuce, Rasp Vinaigrette) Corn Bread Peaches Whole or 1% Milk	Happy New Year!
PM Snack (Select two of these five components) <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits • Grains 	Teddy Grahams Whole or 1% Milk	Cheese-Its Grapes	Veggie Straws Cheese Sticks	Hummus Pita Chips	Center is Closed

Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.

This institution is an equal opportunity provider.