



Nora Mill Granary
7107 South Main Street
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noramill.com

Nora Mill Pioneer's Porridge

Directions

1 Cup Nora Mill Pioneer's Porridge
3 Cups water
1 tsp. salt

In a heavy saucepan, bring water and salt to a rapid boil. Slowly add porridge and return to a boil. Reduce heat to low, cover, and let simmer for 20-25 minutes, stirring often. Turn off heat and let stand for a few minutes before serving.

Serve with butter, white or brown sugar, honey, mashed or chopped fruit, raisins, nuts, cream, etc. - just like you would serve oatmeal.

**Sample porridge served at the Mill has about 3 tablespoons each of white and brown sugar and 2 tablespoons of butter.



To maintain the flavor and nutritive qualities of whole grains, they should be kept in airtight containers in the refrigerator or freezer.

