

*Community Resources  
For White County  
Bondecroft & Sparta  
Head Start Centers*

*2020-2021*



To locate additional information on Community  
Resources access,  
[www.tennhelp.com](http://www.tennhelp.com) or Call 211

*Developed and Distributed by L.B.J. & C. Head Start*

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**Adult Education:**

**St. Raphael’s Episcopal Church**

Crossville, TN 38555  
931-484-2407  
931-788-5073 = Directors Number  
*(Assists adults with reading comprehension, remedial work, and understanding English as a Second Language)*

**Roane State Community College**

Crossville, TN 38555  
931-456-9880  
*(Assists adults with furthering their formal education. Assistance with financial aid & scholarship sign-up is available)*

**TENNESSEE RECONNECT**

TENNESSEE RECONNECT IS THE STATE OF TENNESSEE’S INITIATIVE TO HELP ADULTS ENTER HIGHER EDUCATION SO THAT THEY MAY GAIN NEW SKILLS, ADVANCE IN THE WORKPLACE, AND FULFILL LIFELONG DREAMS OF COMPLETING A DEGREE OR CREDENTIAL.

[ask@tnreconnect.gov](mailto:ask@tnreconnect.gov)  
Or call 800-342-1663

**Tennessee Technology Center**

910 Miller Ave.  
Crossville, TN. 38555  
(931) 484-7502  
*(Assists Adults to further their education and job skills training)*

[www.UCReconnect.com](http://www.UCReconnect.com)  
931-526-2211

**Adult Job Training Services:**

**American Job Center**

931-520-9502

Anthony.scionti@tn.gov

**Families Resource Center**

Sponsored by: White County Board of Education  
Sparta, TN. 38583  
(931) 836-2229  
apriyoung@whitecoschools.net  
*(Assists Adults to further their education)*

**Career Center**

60 Ridley Street  
Crossville, TN. 38555  
(941) 484-7456  
*(Assist adults to find jobs and provides basic training on job seeking skills)*

**Social Security Administration - SSI Program**

1145 Perimeter Park Dr  
Cookeville, TN 38501  
1-888-717-1528  
*(Assists with Disability Services, Money/Employment Assistance. The SSA administer a program called SSI for persons with disabilities who are age 65 or older, a blind adult or child, or disabled adult or child - children under 18. If under 18, substantially reduced ability to function independently, appropriately and effectively in a manner expected of children of similar age due to a physical or mental impairment, which has lasted or is expected to last at least 12 months or end in death.)*

**Tennessee Technology Center**

910 Miller Ave.  
Crossville, TN. 38555  
(931) 484-7502  
*(Assists Adults to further their education and job skills training)*

**Upper Cumberland Human Resource Agency – White County**

826 Valley View Drive

Sparta, TN 38583

931-738-6255

*(Assist with Children's Issues, Food, Health, Housing, and*

*Money/Employment Assistance*

*Transportation/Utilities. UCART*

*provides public transportation services*

*for low -income individuals, financial*

*assistance for daycare expenses for*

*Family First participants, food*

*commodities program, emergency funds*

*for utility, rent and prescription*

*medication payment, meals on wheels*

*services, home energy assistance*

*program.*

**Resources for Bereavement:**

**Heart of the Cumberland**

377 Short St or P.O. Box 717,

Cookeville, TN 38503

Phone: 931-525-2600

heartofthecumberland@gmail.com

*Specifically for children and teens that are hurting because of losses suffered through death, divorce or family circumstances*

**Healthy Bereavement & Grief Classes/Education**

Highlands Medical Center

401 Sewell Rd

Sparta, TN

931-738-9211

**Gentiva Hospice**

Sponsored by: Lazarus House Hospice

851 South Willow Ave Ste 102

Cookeville, TN.

931-520-1705

931-528-5133

**Hospice of Cumberland County**

Meets at the First United Methodist Church

First Tuesday of each month at 11:00 a.m.

Crossville, TN. 38555

(931) 484-4748

**Childcare:**

**BLUE SPRINGS DAY CARE**

2175 DORAN ROAD

SPARTA, TN 38583

(931) 738-9394

*(Call for fees)*

**BONDECROFT HEAD START**

9020 CROSSVILLE HWY

SPARTA, TN 38583

(931) 935-8420

*(Free Service)*

**CASSVILLE ELEM PRE-KINDERGARTEN (-E-)**

261 WILL THOMPSON ROAD

SPARTA, TN 38583

(931) 761-2277

*(Call for fees)*

**DEBBIES DAYCARE**

336 LEON DRIVE

SPARTA, TN 38583

931-836-8480

**DOYLE ELEMENTARY SCHOOL AGE CARE (-E-)**

174 W.GOOSENECK ROAD

DOYLE, TN 38559

(931) 657-2287

*(Call for fees)*

**FINDLAY ELEMENTARY PRE-KINDERGARTEN (-E-)**

576 HALE STREET  
SPARTA, TN 38583  
(931) 738-2412  
*(Call for fees)*

**HEAVENLY SUNSHINE**

LISA SCOTT  
COOKEVILLE, TN 38506  
(931) 738-3882  
*(Call for fees)*

**Mary Poppins Daycare**

Cliffview Dr  
Sparta, TN 38583  
931-492-1282

**MS. JENNIFER'S DAY CARE**

149 CENTRAL CIRCLE  
SPARTA, TN 38583  
(931) 738-0149  
*(Call for fees)*

**MISS PATI'S DAY CARE**

137 NORTH CHURCH STREET  
SPARTA, TN 38583  
(931) 836-2866  
*(Call for fees)*

**NORTHFIELD ELEMENTARY SCHOOL AGE CARE (-E-)**

570 S.BUNKER HILL ROAD  
SPARTA, TN 38583  
(931) 761-7979  
*(Call for fees)*

**Shepard's Little Flock Preschool**

1461 Sparta Hwy  
Crossville, TN 38572  
931-707-0508

**SPARTA HEAD START**

430 N Spring St  
SPARTA, TN 38583  
(931) 836-2615  
*(Free Service)*

**Tender Care**

958 McMinnville Hwy  
Sparta, TN 38583  
931-739-8145

**TLC**

3235 MONTEREY HIGHWAY  
SPARTA, TN 38583  
(931) 739-7767  
*(Call for fees)*

**THE SECRET GARDEN**

258 NORTH SPRING STREET  
SPARTA, TN 38583  
(931) 837-5337

**WOODLAND PARK**

**ELEMENTARY B/A CARE (-E-)**  
88 PANTHER DRIVE  
SPARTA, TN 38583  
(931) 738-3505  
*(Call for fees)*

**Resources to Help in Child Abuse Situations**

**Avalon Center**

Crossville, TN. 38555  
1-800-641-3434 24-hour crisis line  
(931) 484-4642 24-hour crisis line  
(931) 456-0747 Center office  
*(Crisis line for those being physically or sexually assaulted)*

**Child Abuse Hotline**

900 2nd Avenue North  
Nashville, TN 37201  
877-237-0004  
*(Hotline Only. Provides a 24-hour line to take reports of abuse and neglect from anyone who knows about a child abuse situation.)*

**Crossroads Counseling**

Crossville, TN 38555  
931-707-8921  
Contact: Tom Netherton, LPC, LPE  
*(Child Abuse, Domestic Violence, Drug/Alcohol Abuse, Mental Health and Counseling, Rape & Sexual Abuse Provides individual counseling, sex offender counseling, anger management counseling, A&D/chemical dependency counseling, parenting counseling, psychological assessments, psychosexual, psychosocial and/or psychological evaluations.)*

**Sparta City Police**

323 E. Bockman Way  
(931) 836-3734  
911 Emergencies  
*(Assist with emergency situations)*

**The Exchange Club/Stephens Center for the Prevention of Child Abuse**

616-B North Church Street  
Livingston, TN 38570  
Contact: Carolyn Isbell, Executive Director  
931-823-6432 & 800-635-5199  
*(Assist parents with building nurturing home-environments and prevent abuse/neglect through home-visitation programs, parenting classes, & community education programs)*

**Tennessee Commission on Children/Youth**

1000 Neal Street  
Cookeville, TN 38501  
(931) 520-4445  
*(Assist with issues concerning the welfare of children)*

**White County Health Department**

135 Walker Street

Sparta, TN 38583  
(931) 836-2201

**White County Sheriff's Department**

Justice Center 111 Depot St.  
(931) 836-3028  
911 Emergencies  
*(Assist with emergency situations)*

**Youth Services Officer**

White County Justice Center  
111 Depot Street  
Sparta, TN 38583  
(931) 836-2069

**Dental Providers who take TennCare:**

**Algood Family Dental**

172 W Main St  
Cookeville, TN 38506  
931-537-9948  
931-537-2808 fax

**Cavity Commando**

1265 Interstate Drive  
Cookeville, TN 38501  
931-783-1491

**Cookeville Regional Dental Clinic**

327 North Cedar Street  
Cookeville, TN 38501  
(931) 528-5105

**Crossville Dental Clinic**

1720 West Ave., suite 106  
Crossville, TN 38555  
(931) 484-3007

**Cumberland Pediatric Dentistry**

510 S Jefferson Ave  
Cookeville, TN 38501  
931-854-1200

**Dr. Anderson**  
815 Webber Avenue  
Crossville, TN 38555  
(931) 484-3053  
*(Oral surgeon/need referral)*

**Dr. Charles Burdeshaw**  
107 Bonnahbrook Dr.  
Hermitage, TN  
1-800-373-3330

**Dr. Chuck Krusa**  
289 Highland Sq.  
Crossville, TN 38555  
(931) 484-3664

**Dr. Gentzler**  
615-443-3633

**Dr. Richard Prichard**  
10480 Walden Street  
Soddy Daisy, TN 37379  
(423) 332-5544

**Dr. David Snodgrass**  
4761 Andrew Jackson Parkway  
Hermitage, TN 37076  
(615) 885-3525

**Dr. Witherington**  
815 Webber Avenue  
Crossville, TN 38555  
(931) 484-3053  
*(Oral surgeon/need referral)*

**Dr. William Bell**  
2931 Essary Rd.  
Knoxville, TN  
(865) 687-4450

**Dr. Eric Wood**  
206 Rivergate Parkway, Suite A  
Goodlettsville, TN 37072  
(615) 859-9994

**Upper Cumberland Dental**  
Algood, TN  
(931) 537-2254

**White County Health Department**  
135 Walker Street  
Sparta, TN 38583  
(931) 836-2201

**Dental Providers, who may not  
take TennCare, but offer  
services to low-income families:**

**Bread of Life Homeless Shelter and  
Clinic**  
281 4th Street  
Crossville, TN 38555  
931-707-0569  
*(Primary care medical clinic for  
uninsured no-income and low -income  
persons. Medication, clinic, dental  
services for extractions only. Long-term  
day shelter program for families, single  
men and women or single parents with  
children. Employment and emergency  
food assistance is available)*

**Cookeville Rescue Mission**  
1331 S Jefferson Ave  
Cookeville, TN 38506  
931-528-5819

**Resources for persons with  
Disabilities:**

**ARC - Cumberland County**  
269 Hayes Avenue  
Crossville, TN 38557  
931-456-0206 or 931-432-7509

**Children's Special Services**  
Sparta, TN  
931-836-2201

**Cumberland Veterans Affair**  
Crossville, TN 38555  
(931) 456-0090

**Hill Toppers**  
151 Sweeney Dr.  
Crossville, TN 38555  
(931) 484-2535

**Social Security Administration - SSI Program**  
Cookeville, TN 38501  
1-888-717-1528

**TN Early Intervention System (TEIS)**  
Education/training  
(931) 528-1623  
*(Assist children/families birth - 3 yrs)*

**Tennessee Department of Human Services - White County**  
620 Roosevelt Drive  
Sparta, TN. 38583  
931-837-8256

**Upper Cumberland Development District**  
1225 South Willow Avenue  
Cookeville, TN 38501  
931-432-4111

**Resources to help in Domestic Violence**

**Situations:**

**Avalon Center**  
Crossville, TN. 38555  
1-800-641-3434 24-hour crisis line  
(931) 484-4642 24-hour crisis line  
(931) 456-0747 Center office  
*(Crisis line for those being physically or sexually assaulted)*

**Genesis House**  
Street location is confidential  
Cookeville, TN N/A  
(931) 526-4730

**Hotline:** 800-707-5197  
*(This shelter offers a 24 hour crisis line (will accept collect calls), emergency shelter for women and children, legal advocacy, children's advocacy, case plans for employment and housing, supportive and transitional housing, and individual counseling for domestic violence issues. They will also provide services in non-crisis situation as well. They offer support groups for victims of domestic violence and rape/sexual assault).*

**LifeCare Family Services**  
Cookeville, TN. 38501  
(931) 528-0051  
(615) 781-0688

**Sparta City Police**  
323 E. Bockman Way  
(931) 836-3734  
911 Emergencies  
*(Assist with emergency situations)*

**The Exchange Club/Stephens Center for the Prevention of Child Abuse**  
616-B North Church Street  
Livingston, TN 38570  
Contact: Carolyn Isbell, Executive Director  
931-823-6432 & 800-635-5199

**White County Sheriff's Department**  
Justice Center 111 Depot St.  
(931) 836-3028  
911 Emergencies  
*(Assist with emergency situations)*

**Resources available to help fight the Alcohol and Drug Abuse (Including METH) Problems in your area:**

*All Local Churches in Area*



**Alcoholics Anonymous**  
(931) 484-6467

**Crossroads Counseling**  
Crossville, TN 38555  
931-707-8921  
Contact: Tom Netherton, LPC, LPE

**Cumberland Heights Drug Treatment Center**  
1-800-646-9998

**Cumberland County Medical Center**  
421 South Main St.  
Crossville TN 38555  
(931) 484-9511

**Cumberland Mtn. Mental Health Center**  
4325 Hwy 127 North  
Crossville, TN 38555  
(931) 484-8020

**Department Of Children's Services**  
620 Roosevelt Drive  
Sparta, TN  
(931) 837-8259

**Drug Tip Hotline**  
Sponsored by: Cumberland County  
Sheriffs Department  
(931) 484-4444

**Drug Abuse Hotline**  
1-800-888-9383

**Fourth Dimension Inc.**  
Hwy 70 North  
Crossville, TN 38555  
(931) 484-4255

**House of Hope**  
Cumberland Children's Center  
165 Bob Tollett Loop  
Crossville, TN 38555  
(931) 707-2273

**LifeCare Family Services**  
Cookeville, TN. 38501  
(931) 528-0051  
(615) 781-0688

**Mary Scott Turner Foundation**  
[www.mstrc.org](http://www.mstrc.org)  
PO Box 935 Sparta, TN 38583  
931-254-1306

**Meth Hotline/Statewide**  
1-877-866-6384

**Narcotics Anonymous**  
2229 West Ave  
Crossville, TN 38555  
931-484-6384

**Joe Papaio**  
180 Janice Drive Sparta  
1-800-407-7195

**Sparta City Police**  
323 E. Bockman Way  
(931) 836-3734  
911 Emergencies

**Teen & Adult Challenge**  
200 Freedom Ln  
Livingston, TN 38570  
1-888-688-0470

**Thirteenth Judicial Task Force**  
Cookeville, TN. 38501  
(931) 528-5400

**Upper Cumberland-Community Services Agency**  
417 East Broad Street  
Suite A.200  
Cookeville, TN 38501  
(931) 520-0200

**White County Sheriff's Department**  
Justice Center 111 Depot St.  
(931) 836-3028

911 Emergencies

**White Co Anti Drug Coalition**

755 Millers Pt  
Sparta TN  
931-738-9906

**Assistance in the event of an  
Emergency Situation:**

**Air Evac Life Team**

106 Emergency Services Dive  
Albany, KY 42602  
(606) 387-9099

**Bondecroft Volunteer Fire  
Department**

Bondecroft, TN  
931-935-3170

**Disaster Assistance**

DisasterAssistance.gov

**Eastland Volunteer Fire Department**

931-935-8200

**Emergency Management Agency**

90 Justice Center Dr.  
Crossville, TN 38555  
(931) 484-7016

**Poison Control**

1-800-222-1222

**Sparta City Police**

323 E. Bockman Way  
(931) 836-3734  
911 Emergencies

**Shriners of Tennessee**

1354 Brick Church Pike  
Nashville, TN. 37207  
(615) 226-7676

**Sparta Fire Department**

715 North Spring St.

(931) 738-7380  
911 Emergencies

**TEMA**

[www.tn.gov/tema](http://www.tn.gov/tema)

**Thirteenth Judicial Task Force**

Cookeville, TN. 38501  
(931) 528-5400

**White County Sheriff's Department**

Justice Center 111 Depot St.  
(931) 836-3028  
911 Emergencies

**Assistance with  
Food/Clothing/Utilities Needs:**

**Bread of Life Homeless Shelter and  
Clinic**

281 4th Street  
Crossville, TN 38555  
931-707-0569

**Cumberland Co. Good Samaritans**

281 10<sup>th</sup> St.  
Crossville, TN 38555  
(931) 484-3225

**Community Education Office for the  
Food Stamp Program**

*Legal Aid Society of Middle Tennessee  
and the Cumberland*

9 South Jefferson Avenue  
Cookeville, Tennessee 38501  
Phone: 931.528.7436 Toll Free:  
800.262.6817

**DeRossett Church of Christ**

931-935-2662

**First United Methodist Church**

100 Braun Street  
Crossville, TN. 38555  
(931) 484-3537

**Good Samaritans**

281 10<sup>th</sup> Street  
Crossville, TN. 38555  
(931) 484-3225

**Lansden Church of Christ**

4250 Fanchers Mill  
Sparta, TN  
931-761-3240

**Linary Church of Christ**

1244 Old Hwy 28  
Crossville, TN 38555  
(931) 484-5961

**New Beginnings Fellowship Church**

1433 Livingston Road  
Fair Park Senior Center  
Crossville, TN. 38555  
(931) 484-7729

**Pennies for the Needy**

Suite 36 American Legion Bldg.  
Sparta, TN. 38583  
931-836-2344

**Pleasant Hill Baptist Church**

No Kids Do Without  
699 Pleasant Hill Rd  
Sparta, TN 38583/Pastor Mike Prater

**Pleasant Hill Community Church**

(931) 277-3193

**Saint Alphonsus Community Services**

51 Saint Alphonsus Way  
Crossville, TN 38555  
(931) 484-8074

**Tennessee Department of Human Services - White County**

620 Roosevelt Drive  
Sparta, TN. 38583  
931-837-8256

**United Fund of Crossville**

Crossville, TN 38555

(931) 484- 4082

**Upper Cumberland Human Resource Agency – White County**

826 Valley View Drive  
Sparta, TN 38583  
931-738-6255

**Resources to assist with Housing/Homeless Needs:**

**Bread of Life Homeless Shelter and Clinic**

281 4th Street  
Crossville, TN 38555  
931-707-0569

**Crossville Housing Authority**

67 Irwin Avenue  
Crossville, TN. 38555-4746  
Phone: (931) 484-2990

**Habitat for Humanity**

329 McLarty Lane  
Crossville, TN 38555  
931-484-4565

**HART**

Homeless Advocacy for Rural Tennessee  
Grant based program, which allocates homeless assistance  
P.O. Box 3311  
Crossville, TN 38557  
931-484-3207

**Pennies for the Needy**

Community Assistance Agency  
5 West Maple St Suite 36 American Legion Bldg.  
Sparta, TN. 38583  
931-836-2344

**Seeds of Hope of TN**

Homeless Shelter and Resources  
Seeds of Hope of TN is a Non-profit organization that helps families achieve Freedom from addiction & homelessness. They offer supportive services and assist families to maintain a self-sufficient lifestyle in recovery using a trauma informed approach.

13 N. Main St.  
Sparta, TN 38583  
[seedsofhopetn@yahoo.com](mailto:seedsofhopetn@yahoo.com)  
Tina Lomax 931-303-6695  
Stacy Scott 931-212-8915

**Self-Help Housing Program**

Crossville, TN. 38555  
931-484-2990

**Sparta Housing Authority**

300 Cragrock Drive  
Sparta, TN. 38583  
931-836-3357

**United States Department of Agriculture**

Rural Development  
390 South Lowe Avenue Suite K  
Cookeville, TN 38501  
(931) 528-6539

**Upper Cumberland Homeless Shelter**

15 Division Street  
Crossville, TN. 38555  
(931) 456-8172

**Upper Cumberland Human Resource Agency - UCART**

73 Methodist Campground Loop  
Crossville, TN 38555  
931-456-0691

**WHITE COUNTY SCHOOL FAMILY RESOUCÉ CENTER**

CONTACT: BEVERLY DRONEBARGER

931-738-9238

**SERVICES OFFERED BY THE FRC**

- EMERGENCY FOOD AND CLOTHING
- SECOND HARVEST FOOD BANK BACKPACK PROGRAM
- CONFIDENTIAL ASSISTANCE AND REFERRALS
- ACCESS TO RESOURCES SUCH AS SCHOOL SUPPLIES AND BOOKS
- SCOTTISH RITES SHOE PROJECT WHICH PROVIDES SHOES TO CHILDREN IN NEED
- THANKSGIVING AND CHRISTMAS MEALS AND GIFTS
- SWAT-STOP WITH ALL TOBACCO
- ACCESS TO RESOURCES SUCH AS A LENDING LIBRARY WITH VIDEOS AND BOOKS REGARDING LICE EDUCATION, PUBERTY, SELF-ESTEEM, DRUG ADDICTION, SEX EDUCATION, CONFLICT RESOLUTION, HEALTH, EXERCISE, CRISIS MANAGEMENT, AND PARENTING IS AVAILBLE TO THE COMMUNITY AND SCHOOL STAFF.

**SEEDS OF HOPE OF TN**

SEEDS OF HOPE IS A NON-PROFIT ORGANIZATION THAT HELPS FAMILIES ACHIEVE FREEDOM FROM ADDICTION AND HOOMELESSNESS. THEY OFFER SUPPORTIVE RECOVERY USING A TRAUMA INFORMED APPROACH.

CONTACT: TINA LOMAX  
826VALLEY VIEW DRIVE,  
SPARTA, TN 38583  
931-303-6695

**Assistance with Insurance  
Needs:**

**Blue Cross Blue Shield**  
(865) 588-4612 Group Insurance  
1-800-845-2738  
*(Affordable Insurance for Families &  
Individuals)*

**Coverkids**  
**Tennessee Department of Human  
Services - White County**  
620 Roosevelt Drive  
Sparta, TN. 38583  
931-837-8256  
*(Assists with Children's Issues,  
Disability Services, Food, and Health.  
Responsible for a variety of functions  
including, but not limited to  
administering the Families First and  
Food Stamp programs, processing  
TennCare applications, regulating  
childcare centers, managing child  
support services and providing a wide-  
range of services to Tennesseans with  
disabilities)*

**Partnership for Prescription  
Assistance**  
Phone: 1-888-477-2669  
[www.pparx.org](http://www.pparx.org)  
*If you do not have prescription coverage  
and/or can not afford your medicines,  
this organization may be able to help*

**Tennessee Justice Center**  
Nashville, TN  
615-255-0331  
*Assists with strategies for obtaining  
TennCare and appeals process, etc.*

**Legal/Governmental Assistance:**

**Child Support Services of Tennessee -  
Cookeville**  
1525 East Spring Street Suite G  
Cookeville, TN 38506  
931-528-8598

**Crossville Housing Authority**  
67 Irwin Avenue  
Crossville, TN. 38555-4746  
Phone: (931) 484-2990

**Legal Aid Society of Middle Tennessee  
and the Cumberland**  
9 South Jefferson Avenue  
Cookeville, Tennessee 38501  
Phone: 931.528.7436  
Toll Free: 800.262.6817

**Rape and Sexual Assault Response  
Center**  
1519 East Spring, Suite F  
Cookeville, TN 38506  
Hours of operation = 24 hrs/day, 7 days  
a week  
Phone: = 931-526-5197  
Hotline: 800-707-5197  
Translation services offered: Yes

**Tennessee Department of Human  
Services - White County**  
620 Roosevelt Drive  
Sparta, TN. 38583  
931-837-8256

**Tennessee 211**  
1-800-318-9335

**Upper Cumberland-Community  
Services Agency**  
417 East Broad Street  
Suite A.200  
Cookeville, TN 38501  
(931) 520-0200

**Resources to Strengthen  
Marriages:**

**Assessment/Counseling/training  
Services (ACTS)**  
Cookeville, TN. 38501  
(931) 528-9399

**Christian Counseling**  
53 North Main Street Crossville, TN  
38555  
931-707-8921

**Crossroads Counseling**  
Crossville, TN 38555  
931-707-8921

**Cumberland Mtn. Mental Health  
Center**  
4325 Hwy 127 North Crossville, TN  
38555  
(931) 484-8020

**Cumberland Worship Center**  
145 Interstate Drive Crossville, TN.  
38555  
(931) 707-9855

**LifeCare Family Services**  
Cookeville, TN. 38501  
(931) 528-0051  
1-800- 881-0359  
(615) 781-0688

**Patricia Guthrie, Therapist**  
44 Hayes Street Crossville, TN 38555  
(931) 456-9367

**Pastoral Counseling Center**  
Crossville, TN 38555  
931-484-0203

**The Exchange Club/Stephens Center  
for the Prevention of Child Abuse**  
616-B North Church Street  
Livingston, TN 38570

931-823-6432 & 800-635-5199

**Upper Cumberland Development  
District**  
1225 South Willow Avenue  
Cookeville, TN 38501  
(931) 432-4111

**WARRIOR COUNSELING**  
NATALIEWHORTON MA, LPC-  
MHSP  
705 HOWELL ST  
SPARTA, TN  
931-510-8365 COVER KIDS SELECT  
& TNCARE SELECT AND OTHER  
INSURANCES ACCEPTED

**Pre- Marriage Counselors:**

**Assessment/Counseling/training  
Services (ACTS)**  
Cookeville, TN. 38501  
(931) 528-9399  
931-528-6167

**Bethlehem Baptist Church**  
626 Potato Farm Rd.  
Crossville, TN 38555  
Church: (931) 456-0239

**Crossroads Counseling**  
Crossville, TN 38555  
931-707-8921

**Cumberland Worship Center**  
145 Interstate Drive  
Crossville, TN. 38555  
(931) 707-9855

**Linary Church of Christ**  
1244 Old Hwy 28  
Crossville, TN 38555  
931-484-5961

**Never Fail Community Church**

13348 US 70  
Sparta, TN. 38583  
(931) 277-5032

**Patricia Gutherie, Therapist**

44 Hayes Street  
Crossville, TN 38555  
(931) 456-9367

**Saint Alphonsus Community Services**

51 Saint Alphonsus Way  
Crossville, TN 38555  
(931) 484-8074

**Tollet's Chapel**

95 Tabor Loop  
Crossville, TN 38555  
(931) 484-5220

**Medical Providers who take  
TennCare:**

**Children's Special Services**

Sparta, TN  
931-836-2201  
*(Assists with the medical needs of children and young adults from birth to age 21 with chronic health issues. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)*

**Cookeville Pediatrics Associates**

345 West Broad Street  
Cookeville, TN. 38501  
(931) 528-1485  
*(Takes TennCare)*

**Crossville Medical Group**

100 Lantana Road, Suite # 202

Crossville, TN. 38555  
(931) 484-5141

**Crossville Medical Group/Walk-in Clinic**

60 Crossville Medical Group Drive  
Suite # 109  
Crossville, TN. 38555  
(931) 456-3674

**Cumberland County Medical Center**

421 South Main St.  
Crossville TN 38555  
(931) 484-9511

**Dr. Berman**

49 Cleveland St. Suite # 210  
Crossville TN 38555  
(931) 707-8700

**Dr. Kimberly Claypool-Johnson**

421 South Main St.  
Crossville TN 38555  
(931) 456-5814

**Dr. Robert Baker**

207 East Bockman Way  
Sparta TN 38583  
(931) 836-6461

**Dr. Buchanan**

1645 South Main Street  
Crossville TN 38555

**Dr. Mollie Dodson**

207 East Bockman Way  
Sparta TN 38583  
(931) 836-6461 or 739-0048

**Fast Pace Urgent Care**

150 Sam Walton Dr  
Sparta, TN 38583  
931-739-4000

**Dr. Flint**

65 Sewell Drive  
Sparta TN 38583  
(931) 738-9316

**Dr. Griffin**  
433 Sewell Drive  
Sparta TN 38583  
(931) 739-3000

**Dr. Hallmark**  
1036 North Main St.  
Crossville TN 38555  
(931) 484-7040

**Dr. Hassler**  
49 Cleveland St. Suite # 210  
Crossville TN 38555  
(931) 707-8700

**Dr. Johnson**  
Crossville, TN 38555  
(931) 456-9434

**Dr. Kouchecki**  
Crossville TN 38555  
(931) 484-5525

**Dr. Stover**  
Sparta, TN  
931-738-4596

**Dr. Victor Shada**  
1645 South Main St. Suite 101  
Crossville, TN 38555  
(931) 484-4560

**Dr. Vish**  
15 Walker Hill Circle  
Crossville TN 38555  
(931) 484-1100

**Dr. Ty Webb**  
457 Vista Drive  
Sparta TN 38583  
(931) 738-3383

**Kids Kare /Dr. Climico**  
758 South Willow Ave.  
Cookeville, TN. 38501  
(931) 526-6173  
(Takes TennCare)

**Family Walk-in Clinic**  
42 Dooley Street  
Crossville, TN. 38555

(931) 707-7117

**Providence Family Medicine**  
Katina England Huff, PA-C  
287 W. Turntable Rd.  
Sparta, TN 38583  
931-836-3262

**White County Health Department**  
135 Walker Street  
Sparta, TN 38583  
(931) 836-2201

**White County Hospital**  
Sparta, TN 38583  
931-738-9211

**White County Women's Health Care**  
163 Mose Dr.  
Sparta, TN 38583  
931-738-9140

**White County Walk-in Clinic**  
Sparta, TN 38583  
931-836-2228

**Medical Providers, who may not  
take TennCare, but offer  
services to low-income families:**

**Bread of Life Homeless Shelter and  
Clinic**  
281 4th Street  
Crossville, TN 38555  
931-707-0569

*(Primary care medical clinic for  
uninsured no-income and low -income  
persons. Medication, clinic, dental  
services for extractions only. Long-term  
day shelter program for families, single  
men and women or single parents with  
children. Employment and emergency  
food assistance is available)*



**Children's Special Services**

Sparta, TN  
931-836-2201

*(Assists with the medical needs of children and young adults from birth to age 21 with chronic health issues. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)*

**White County Health Department**

135 Walker Street  
Sparta, TN 38583  
(931) 836-2201

**White County Hospital**

Sparta, TN 38583  
931-738-9211

**Mental Health Providers who take TennCare:**

**ACTS**

312 E. First St.  
Cookeville, TN 38503  
(931) 528-9399

**Crossroads Counseling**

Crossville, TN 38555  
931-707-8921  
Contact: Tom Netherton, LPC, LPE

**Cumberland Plateau Recovery**

550 North Church Street  
Livingston, TN. 38570  
(931) 403-3577  
(931) 265-5382

**Cumberland Mountain Mental Health Center**

4325 Hwy 127 North  
Crossville, TN 38571  
(931) 484-8020

**Dale Hollow Mental Health Center**

501 Spruce Street  
Livingston, TN. 38570  
(931) 823-5678

**Health Connect America**

(931) 526-6042

**Plateau Mental Health**

1200 S. Willow Ave.  
Cookeville, TN. 38501  
(931) 432-4357 **24-hour hotline**

**Rape and Sexual Assault Response Center**

1519 East Spring, Suite F  
Cookeville, TN 38506  
Hours of operation = 24 hrs/day, 7 days a week  
Phone: = 931-526-5197  
**Hotline:** 800-707-5197

**Team Evaluation Center**

600 North Holtzclaw Avenue  
Chattanooga, TN 37404-1220  
(423)-622-0500  
*(Team Evaluation Center provides diagnoses for social, emotional, educational, or physical problems. After a diagnosis is made, Team will then help develop an intervention plan that includes referrals for treatment. Provides services to pre-school children)*

**Volunteer Behavioral Health Care System - Plateau Mental Health Center**

1200 South Willow  
PO Box 3165  
Cookeville, TN 38502  
931-432-4123 **Hotline:** 1-800-281-4943

*(Volunteer Behavioral Health Care provide a broad array of services and treatment strategies which include: psychiatric evaluations; individual, family, and group counseling; psychological assessments; chemotherapy; case management; residential facilities; crisis response; rehabilitative and supportive services – thus providing opportunity for people to help themselves)*

**Mental Health Providers, who may not take TennCare, but offer services to low-income families:**

**Assessment/Counseling/training Services (ACTS)**

Cookeville, TN. 38501  
(931) 528-9399

*(Provide Assistance with Marriage & Mental Health Counseling)*

**Crossroads Counseling**

Crossville, TN 38555  
931-707-8921

Contact: Tom Netherton, LPC, LPE  
*(Child Abuse, Domestic Violence, Drug/Alcohol Abuse, Mental Health and Counseling, Rape & Sexual Abuse Provides individual counseling, sex offender counseling, anger management counseling, A&D/chemical dependency counseling, parenting counseling, psychological assessments, psychosexual, psychosocial and/or psychological evaluations.)*

**Insightful Pediatric and Family Therapy, LLC**

410 Spring St  
Sparta, TN 38583  
931-246-9449

**LifeCare Family Services**

Cookeville, TN. 38501  
(931) 528-0051  
(615) 781-0688

*(A faith-based community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; **Child & adolescent counseling:** intensive and therapeutic case management: and family preservation.)*

**Plateau Mental Health Center**

Substance Abuse Services  
1200 South Willow Avenue  
Cookeville TN 38502  
Phone: (931) 432-4123  
Hotline: (877) 567-6051

*(Assist persons with disabilities and mental illness in various ways)*

**Quit Tobacco Resources**

**Tennessee Tobacco Quitline:**

1-800-784-8669

**Cumberland County Health Department**

Smoking Cessation  
Ruth Lucas  
131 South Webb  
Crossville, TN 931-484-6196

**White County Hospital**

Quit 4 Life Smoking Cessation  
Greg Williams  
931-738-9211

**Cookeville Regional Medical Center-  
Algood Room**

Quit 4 Life Smoking Cessation  
Tandy Todd  
142 W. 5<sup>th</sup> St.  
Cookeville, TN 38501  
931-528-5176

**March of Dimes and Tennessee  
Department of Health, WIC Program**

S.M.A.R.T. – Smart Mothers are  
Resisting Tobacco  
1-800-884-9301  
**Nicotine Anonymous**  
www.nicotineanonymos.org

**American Lung Association**

Freedom From Smoking  
www.lungusa.org

**American Lung Association of  
Tennessee**

1-800-432-5864  
www.lungusa.org

**Former Smokers**

The No Smoke Café  
<http://clever.net/chrisco/nosmoke/stop.html>

**Resources to assist persons  
raising children possibly other  
than their own:**

**Agricultural Extension Service -  
White County**

117 South Main Street  
Sparta, TN 38583  
931-836-3348

**Department Of Children's Services**

620 Roosevelt Drive  
Sparta, TN  
(931) 837-8259

**Help Us Grow Up Successful (HUGS)**

Upper Cumberland  
Regional Office  
200 West 10th Street  
Cookeville, TN 38501  
931-528-7531

**LifeCare Family Services**

Cookeville, TN. 38501  
(931) 528-0051  
(615) 781-0688

**The Exchange Club/Stephens Center  
for the Prevention of Child Abuse**

616-B North Church Street  
Livingston, TN 38570  
Contact: Carolyn Isbell, Executive  
Director  
931-823-6432 & 800-635-5199

**Relatives as Caregivers**

1225 South Willow Ave.  
Cookeville, TN. 38501  
(931) 432-4111

**Youth Villages**

1420 Neal Street  
Cookeville, TN. 38501  
(931) 525-6905

**Resources to assist with  
Transportation Needs:**

**Upper Cumberland Human Resource  
Agency – White County**

826 Valley View Drive  
Sparta, TN 38583  
931-738-6255

*(Assist with Children's Issues, Food,  
Health, Housing, Money/Employment  
Assistance, Transportation/Utilities.  
UCART provides public transportation  
services for low -income individuals,  
financial assistance for daycare  
expenses for Family First participants,*

*food commodities program, emergency funds for utility, rent and prescription medication payment, meals on wheels services, home energy assistance program.*

**Holman's Taxi Service**

15 West Maple Street  
Sparta, TN 38583  
931-836-3888

**Promoting Youth Involvement:**

**Agricultural Extension Service -  
White County/4-H Program**

117 South Main Street  
Sparta, TN 38583  
931-836-3348

*The Agricultural Extension Service of Putnam County offers information on basic food preparation, storage, safety and/or preservation. The service also offers family life skills information and referrals related to parenting, communication, discipline, economics, and nutrition. Information relating to health issues such as exercise, health risks, stress, personal grooming, eating disorders, etc. is also available.*

**ASSE**

International Student Exchange  
Programs  
404-754-1667  
1-800-473-0696

*(Volunteers assist young people from other Countries and encourages American students to study abroad)*

**Crossville Recreational Youth Soccer  
Association**

Crossville Centennial Park  
Crossville, TN. 38555  
(931) 788-6166  
Contacts: Geir Berwin

*(Provides opportunities for youth to become involved in soccer and community activities)*

**Cumberland Worship Center**

145 Interstate Drive  
Crossville, TN. 38555  
(931) 707-9855  
Contacts: Tyler Vaughn, Donna Mullins  
& Joyce Green  
*(Youth group provides opportunities for community involvement)*

**Cumberland Fellowship Baptist  
Church**

1640 West Ave  
Crossville, TN. 38555  
(931) 707-1883  
*(Youth group provides opportunities for community involvement)*

**First United Methodist Church**

100 Braun Street  
Crossville, TN. 38555  
(931) 484-3537  
*(Youth group provides opportunities for community involvement)*

**Neverfail Community Church**

2080 Red Rd  
Sparta, TN 38555  
Contact: Elliott or Emily Roberts  
(931) 277-5663  
(931) 277 5032

**Saint Alphonsus Community Services**

51 Saint Alphonsus Way  
Crossville, TN 38555  
(931) 484-8074  
Contact: Mary Mitter  
*(Youth group provides opportunities for community involvement)*

**Teens Against Drugs (TAD Center)**

Crossville, TN.

**WCTE American Graduate & Ready To Learn**

LWray@wcte.org  
CPutman@wcte.org  
931-528-2222

**Youth Center of Cumberland County**

Hayes Street  
Crossville, TN. 38555  
(931) 484-9736  
Mon - Fri 6:00 a.m. – 6:00 pm  
*(Assist with childcare after school & summer programs also)*

**YMCA**

123 Moore Street  
Sparta, TN. 38583  
(931) 836-3330  
*(Assists young people to become involved in exercise activities and community events)*

**Language Assistance**  
**(All Counties)**

**Brent Simpson**  
931-212-8097

**County Health Depts. - Primary Health Care Services**

*County operated outpatient health care facilities that provide a broad range of diagnostic and treatment services including primary adult and pediatric care, prenatal care, dental care and specialty medicine as well as laboratory and radiological services and allied support services like nutrition and health education. Some public clinics may also offer public health services such as immunizations and communicable disease screening and treatment. Services are available on an ability-to-pay basis and target low-income and indigent residents of the community. (Spanish Language Services)*

**Department of Human Services, Counties**

*A state government agency that provides the following financial assistance and health insurance programs to those who qualify: Families First - temporary cash assistance program; Food Stamp Program/Electronic Benefit Transfer (EBT) - nutritional assistance program, EBT Helpline (1-888-997-9444); Medicaid/TennCare - processes applications for health insurance coverage; Child Care Resource & Referral; & Adult Protective Services - investigates reports of abuse, neglect, or financial exploitation of adults (1-888-277-8366). Interpreter Services available upon request*

**Hispanic Family Resource Center**

(615) 227-7500  
(800) 280-8682

**Hispanic Association**

732 Lafayette Rd Red Boiling Spgs, TN 37150  
(615) 699-6279

**Hispanic Service Ebenezer**

PO Box 712  
McMinnville, TN 37111  
Phone: 9314741551

**LifeCare Family Services - Cookeville  
- Counseling and Therapeutic Services**

665 South Jefferson Avenue

Cookeville, TN 38501

(931) 528-0051

*Provides a variety of counseling services  
such as academic and behavioral school  
issues, juvenile delinquency, marriage  
e Services)*

*and family, separation and divorce,  
depression, alcohol and drug  
dependency & twelve step recovery,  
grief and loss, job and life transitions,  
parenting, and conflict  
resolution/communication training.*  
**(Spanish Language**