

**2023 VINTON-SHELLSBURG INVITATIONAL**

Vinton, IA  
 School Campus  
 Weather: Cloudy, ESE 10-20mph, 60% & 75  
 Host: Vinton  
 Tuesday, September 19, 2023

**MEET OFFICIALS**

**Meet Director:**  
 Jim Struve  
**Meet Referee:**  
 Bob Murphy  
**Timing:**  
 Andrew Kauder - Kauder Racing, LLC



KAUDER RACING

OFFICIAL MEET REPORT

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**Race #3**  
**JV Girls 5K**

**Final Results****TEAM SCORING SUMMARY**

| Final Standings                    | Score      | Scoring Order          | Total   | Avg.  | Spread |
|------------------------------------|------------|------------------------|---------|-------|--------|
| <b>1 Hudson</b>                    | <b>27</b>  | 1-2-3-9-12(15)(22)     | 2:05:18 | 25:04 | 3:00.2 |
| <b>2 West Delaware Mancheste</b>   | <b>30</b>  | 4-5-6-7-8(10)(11)      | 2:08:20 | 25:40 | 0:56.0 |
| <b>3 Cedar Rapids Jefferson</b>    | <b>88</b>  | 14-16-17-20-21(25)(26) | 2:21:44 | 28:21 | 2:36.0 |
| <b>4 Benton Community</b>          | <b>120</b> | 13-19-28-29-31         | 2:29:04 | 29:49 | 5:18.0 |
| <b>5 Beckman Catholic Dyersvil</b> | <b>122</b> | 18-23-24-27-30         | 2:31:13 | 30:15 | 3:05.4 |

**INDIVIDUAL RESULTS**

| Athlete               | YR | Team                | Score | Time    | Avg. Mile | Avg. km |
|-----------------------|----|---------------------|-------|---------|-----------|---------|
| 1 WILLAND, Madison    | JR | Hudson              | 1     | 23:40.8 | 7:36.8    | 4:44.2  |
| 2 STRAYER, Kate       | FR | Hudson              | 2     | 23:52.9 | 7:40.7    | 4:46.6  |
| 3 STEELE, Megan       | SO | Hudson              | 3     | 24:40.9 | 7:56.2    | 4:56.2  |
| 4 NOSBISCH, Callie    | FR | Vinton-Shellsburg   | -     | 24:49.7 | 7:59.0    | 4:57.9  |
| 5 BANGHART, Brooklyn  | SO | Independence        | -     | 24:52.3 | 7:59.8    | 4:58.5  |
| 6 MORMANN, Adler      | FR | West Delaware Ma    | 4     | 25:14.0 | 8:06.8    | 5:02.8  |
| 7 HANSEN, Lizzie      | FR | Springville         | -     | 25:17.5 | 8:07.9    | 5:03.5  |
| 8 ANTE, Brooklin      | SO | West Delaware Ma    | 5     | 25:17.5 | 8:07.9    | 5:03.5  |
| 9 LAROSA, Stephanie   | SR | West Delaware Ma    | 6     | 25:28.5 | 8:11.5    | 5:05.7  |
| 10 STEJSKAL, Abi      | JR | Springville         | -     | 25:57.3 | 8:20.7    | 5:11.5  |
| 11 HOEFER, Maryn      | FR | West Delaware Ma    | 7     | 26:09.9 | 8:24.8    | 5:14.0  |
| 12 DOMEYER, Taylor    | SR | West Delaware Ma    | 8     | 26:10.0 | 8:24.8    | 5:14.0  |
| 13 BIRKER, Isabel     | JR | Vinton-Shellsburg   | -     | 26:15.6 | 8:26.6    | 5:15.1  |
| 14 UBBEN, Ella        | SO | Hudson              | 9     | 26:21.8 | 8:28.6    | 5:16.3  |
| 15 KASS, Abby         | JR | West Delaware Ma    | (10)  | 26:21.8 | 8:28.6    | 5:16.4  |
| 16 BARDGETT, Alaina   | SO | West Delaware Ma    | (11)  | 26:33.7 | 8:32.4    | 5:18.7  |
| 17 VIDAL, Rebecca     | FR | Hudson              | 12    | 26:40.9 | 8:34.7    | 5:20.2  |
| 18 O'REAR, Abigail    | SR | West Delaware Ma    | -     | 26:42.3 | 8:35.2    | 5:20.5  |
| 19 KARTMAN, Avery     | FR | West Delaware Ma    | -     | 26:44.0 | 8:35.8    | 5:20.8  |
| 20 WELTE, Alex        | SO | Benton Community    | 13    | 26:45.9 | 8:36.4    | 5:21.2  |
| 21 BOCKENSTEDT, Ava   | SR | West Delaware Ma    | -     | 26:59.5 | 8:40.7    | 5:23.9  |
| 22 NICKELL, Ryiah     | JR | Cedar Rapids Jeffer | 14    | 27:03.0 | 8:41.8    | 5:24.6  |
| 23 LEWIS, Reagan      | FR | Hudson              | (15)  | 27:04.8 | 8:42.4    | 5:25.0  |
| 24 MCCULLOUGH, Kora   | SO | Vinton-Shellsburg   | -     | 27:35.0 | 8:52.1    | 5:31.0  |
| 25 SANDERS, Curstin   | FR | Cedar Rapids Jeffer | 16    | 27:45.1 | 8:55.4    | 5:33.0  |
| 26 EXCHANGE, Renee    | JR | Independence        | -     | 27:48.9 | 8:56.6    | 5:33.8  |
| 27 MILLENKAMP, Maggie | SR | West Delaware Ma    | -     | 27:56.4 | 8:59.0    | 5:35.3  |
| 28 JANDA, Mia         | FR | Cedar Rapids Jeffer | 17    | 27:59.4 | 9:00.0    | 5:35.9  |
| 29 CARROLL, Avery     | FR | West Delaware Ma    | -     | 28:03.7 | 9:01.4    | 5:36.7  |
| 30 REA, Mallory       | SR | Beckman Catholic    | 18    | 28:03.9 | 9:01.4    | 5:36.8  |
| 31 HODSON, Mia        | SR | West Delaware Ma    | -     | 28:04.2 | 9:01.5    | 5:36.8  |
| 32 PHILLIPS, Mary     | SR | Benton Community    | 19    | 28:07.3 | 9:02.5    | 5:37.4  |
| 33 WIELAND, Jasmine   | JR | Independence        | -     | 28:17.9 | 9:05.9    | 5:39.6  |
| 34 TOALE, Gabby       | SR | Independence        | -     | 28:49.5 | 9:16.1    | 5:45.9  |
| 35 MORRIS, Noel       | JR | Cedar Rapids Jeffer | 20    | 29:17.2 | 9:25.0    | 5:51.4  |
| 36 BANES, Emma        | JR | Alburnett           | -     | 29:18.3 | 9:25.4    | 5:51.7  |
| 37 PASKER, Gwen       | JR | West Delaware Ma    | -     | 29:20.8 | 9:26.2    | 5:52.1  |

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**Final Results****INDIVIDUAL RESULTS (cont'd)**

| <b>Athlete</b>         | <b>YR</b> | <b>Team</b>         | <b>Score</b> | <b>Time</b> | <b>Avg. Mile</b> | <b>Avg. km</b> |
|------------------------|-----------|---------------------|--------------|-------------|------------------|----------------|
| 38 TROH, Angeline      | FR        | Cedar Rapids Jeffer | 21           | 29:39.0     | 9:32.0           | 5:55.8         |
| 39 LOECKE, Emma        | FR        | West Delaware Ma    | -            | 30:00.7     | 9:39.0           | 6:00.1         |
| 40 ROLLINGER, Rachel   | SR        | Vinton-Shellsburg   | -            | 30:03.9     | 9:40.0           | 6:00.8         |
| 41 SMITH, Luca         | SR        | West Delaware Ma    | -            | 30:07.2     | 9:41.1           | 6:01.4         |
| 42 DEPPE, Jaden        | JR        | Hudson              | (22)         | 30:24.3     | 9:46.6           | 6:04.9         |
| 43 GREBNER, Marie      | JR        | Beckman Catholic    | 23           | 30:24.6     | 9:46.7           | 6:04.9         |
| 44 GOERDT, Alyssa      | SR        | Beckman Catholic    | 24           | 30:32.6     | 9:49.2           | 6:06.5         |
| 45 BODJONA, Mazama     | SO        | Cedar Rapids Jeffer | (25)         | 30:41.4     | 9:52.1           | 6:08.3         |
| 46 BRENNEMAN, Casandra | SR        | Alburnett           | -            | 30:42.0     | 9:52.3           | 6:08.4         |
| 47 ZUERCHER, Caitlin   | JR        | Cedar Rapids Jeffer | (26)         | 31:01.4     | 9:58.5           | 6:12.3         |
| 48 MCGRANE, Catalina   | FR        | Beckman Catholic    | 27           | 31:02.3     | 9:58.8           | 6:12.5         |
| 49 DEMOSS, Jessa       | SR        | Benton Community    | 28           | 31:03.2     | 9:59.1           | 6:12.6         |
| 50 KRAMER, McKenna     | SR        | Benton Community    | 29           | 31:03.2     | 9:59.1           | 6:12.6         |
| 51 CALDERON, Abigail   | JR        | Cedar Rapids Jeffer | -            | 31:05.0     | 9:59.7           | 6:13.0         |
| 52 GOEDKEN, Chloe      | JR        | Beckman Catholic    | 30           | 31:09.3     | 10:01.0          | 6:13.8         |
| 53 GRAUBARD, Isabelle  | SR        | Alburnett           | -            | 31:31.5     | 10:08.2          | 6:18.3         |
| 54 WOLOTOH, Thierrina  | JR        | Cedar Rapids Jeffer | -            | 31:45.6     | 10:12.7          | 6:21.1         |
| 55 RICHTER, Ellie      | SO        | Hudson              | -            | 31:46.6     | 10:13.0          | 6:21.3         |
| 56 GLAWE, Ana          | JR        | Benton Community    | 31           | 32:03.9     | 10:18.6          | 6:24.8         |
| 57 MCKINNEY, Jasha     | JR        | Cedar Rapids Jeffer | -            | 32:07.9     | 10:19.9          | 6:25.6         |
| 58 KRACHT, Alexia      | JR        | Cedar Rapids Jeffer | -            | 32:28.2     | 10:26.4          | 6:29.6         |
| 59 HILDEBRAND, Maddie  | SR        | West Delaware Ma    | -            | 32:31.6     | 10:27.5          | 6:30.3         |
| 60 JOLLEY, Audrey      | SR        | West Delaware Ma    | -            | 33:24.5     | 10:44.5          | 6:40.9         |
| 61 GONPUE, Theresa     | JR        | Cedar Rapids Jeffer | -            | 33:34.2     | 10:47.6          | 6:42.8         |
| 62 BUEDERI, Josephine  | SO        | Cedar Rapids Jeffer | -            | 33:34.4     | 10:47.7          | 6:42.9         |
| 63 SEELEY, Makayla     | FR        | West Delaware Ma    | -            | 33:36.8     | 10:48.5          | 6:43.4         |