

## **Spiritual Health: Deliverance and Inner Healing Christian Prayer Ministry - May 2017**

Holistic nutrition includes body, mind and spirit. Articles will address each area.

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### **Deliverance and Inner Healing Christian Prayer Ministry**

For Christians, one path to healing goes beyond their traditional intercessory prayers of petition for God to heal them, to instead be in active participation with God through a prayer ministry team to facilitate healing of physical, psychological and spiritual illness or distress.

*Deliverance* in this context is about freedom from the things that bind you. It is not about being possessed, but rather oppressed by physical, mental, or spiritual illnesses and other things that you have said, done or thought; poor choices you have made; and other experiences or trauma that have been done to you or against you. It is a non confrontational model. It is about revealing the truth of what has happened in your life, repenting, renouncing specific things that opened the door to evil and then to restoration through God's power as the master healer through Jesus Christ and to being filled with the God's blessing.

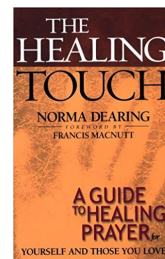
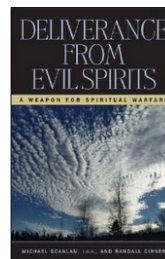
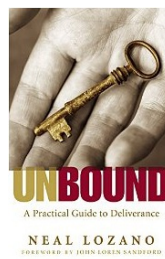
*Inner Healing* is about becoming aware of psychological and spiritual things, renouncing them if need be. It includes forgiveness of yourself and others, for healing on all levels and peace moving towards the whole, healthy person you were created to be. Humans are like the layers of an onion. As one thing is healed, there may be other things that you are not yet aware of that also need healing. More peace and a life in grace are two expected outcomes, one layer at a time like the onion. It brings hope and healing where there may not have been any.

In Christian Healing Ministries, *Generational Healing* "Patterns of physical,

emotional or spiritual sickness can descend upon individuals and families from generation to generation, such as diabetes or cancer. Exodus 20:5-6 "You shall not bow down to them or worship them; for I, the Lord your God am a jealous God, punishing the children for the sin of the fathers to the third and fourth generation of those who hate me, but showing love to a thousand generations of those who love me and keep my commandments." The sins of the fathers travel down the generations to affect the present time, but blessings also travel down the family lines. Jesus' healing power can touch our families with blessing as well as free us from the effects of sin." "Soaking Prayer is coming into the Presence of God in a posture of receiving, allowing Him to minister to you directly in body, mind, soul and spirit. It involves either sitting or lying in stillness, relaxed and inwardly turning toward Jesus. Often gentle worship music in the background helps to focus on God and experience His presence, for He dwells in our praise (Psalm 22:3)".

In the book *Unbound from Heart of the Father Ministries*, "*Unbound presents Five Keys* to freedom and how to use them to close the doors to sin and evil influence, and unlock the door to the Father's plan and blessing for your life."

Deliverance and inner healing prayer ministry is 100% confidential and is done in a team setting with a minimum of 2 prayer ministers present and others in different locations providing prayer cover, i.e. doing intercessory prayer during the session. A prayer ministry session can be 1-2 hours. There is always a person of the same gender as the person who is being prayed with on the team. The location for a prayer ministry session is arranged at a physically and spiritually safe place, with the knowledge and blessing of the pastor/priest/bishop that the prayer ministry is under the authority of.



## Books and Resources on Deliverance and Inner Healing

Both of the following organizations have courses, workshops, conferences, DVDs, CDs, books, videos, world wide prayer teams as well as online prayer.

*Christian Healing Ministries, School of Healing Prayer*

"Christian Healing Ministries is dedicated to praying with those in need of healing in the physical, emotional and spiritual areas of their lives. CHM's vision: To make Christian Healing Prayer a way of life in families, churches and medical professions." <https://www.christianhealingmin.org/>

*Heart of the Father Ministries, Unbound: Freedom in Christ*

"The ministry focus is empowering people to reclaim their true identity in Christ as sons and daughters of the Father through Unbound Ministry. We are dedicated to equipping people throughout the world to take hold of the freedom that they have been given in Jesus Christ, and to help others do the same."  
<http://www.heartofthefather.com/>

**Be healthy 4 life,  
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