

## THE

# UNRECABLES

NEWS

THE UNRECABLES • LOS ANGELES CHAPTER OF MOVE UNITED

Summer Issue Official Publication of The Unrecables

JULY-SEPTEMBER 2022

## THE UNRECABLES REPRESENT WELL AT CONVENTION

## PRESIDENT'S MESSAGE MICHELLE MCCARTHY



Felcome Summer! Hopefully everyone has been finding a way to unwind and re-

connect this summer.

In June we held our Annual Meeting and Elections. Thank you to our returning Board Members for agreeing to serve another year. We truly appreciate your time and effort!

#### **Elected Board Members:**

President Michelle McCarthy Vice President: open Secretary Amanda Davis Treasurer Will Chung Membership Director John Gray

#### **Appointed Board Members:**

Winter Trips Director Victor Chan Ski Dir. & Webmaste: Dee Armstrong Equipment Mgr Hannah Nishimoto Historian Steve Lefkowitz Sunshine Sigrid Noack LA Council Reps Sigrid Noack & Randy Benson Communications Dir Gordon Cardona PR Chair: open Fundraising Chair: open



The Unrecables parties at Convention with FWSA VIPs and the Mahre brothers.

As you can see, our Club is in need of volunteers to help keep us running smoothly. Please contact me if you are interested in helping with, or would like more information regarding, one of the open positions. We are in need of a Vice President, Public Relations and Fundraising Chairpersons. There is very little time commitment involved, but your service would greatly help our Club. Have a fabulous summer! •

Michelle

#### **INSIDE THIS ISSUE**

- History of Ski Equipment
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- Charities & Our Community
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- Support Unrecables Fundraisers
- 2022 FWSA Awards Winners
- Unrecables Merchandise
- 2022 Snow Gala
- Free Skis & Clothing Available
- 2023 FWSA Ski Week

## HISTORY OF SKI EQUIPMENT STEVE LEFKOWITZ



his newsletter article will feature some of the changes in ski equipment over

the last 65 years. It will include both hardware and software innovations. In the days before the electronic and hightech era, these terms took on drastically different meanings than they do today. Hardware referred to the physical equipment while software was the clothing associated with the sport (think "The Great Pacific Iron Works", Yvon Chouinard's climbing hardware company (which was probably known only to serious climbers) and had its beginnings in Ventura, CA, and its spinoff offshoot, software company "Patagonia" which is vastly more widely known today). I've been skiing since 1958 and the following is only based on my memories and not on an exhaustive Google search.

#### Hardware

Skis: For those of you skiers out there who think that nothing significant has happened in the skiing industry in their lifetimes except that skis are now shaped (parabolic), wider at the tips and tails with a narrower waist so that turning them is a bit easier and you can ski a shorter ski, I just have to say that you just haven't lived long enough. I bought my first pair of skis at a thrift store in 1958. They were solid wood, had "bear trap" bindings with a cable that fit around the heels of my boots, no metal edges, and were about 7' long. When not in use they had to be clamped at the tips and tails with a wooden block between them at the center so the skis wouldn't warp and lose their camber. It was not so dire, however. because I grew up in Minnesota where ski jumps and X-country terrain were in abundance, mountains for downhill skiing, not so much. These huge slats were no hindrance to jumping and to a teenager, a means of getting out in nature which was covered with snow 5 months of the year, was a reward in its own right. Notice I said that these skis were made from solid wood and were long. Skiing (and being able to control) long skis was a sign of an advanced skier. It was not unusual for skiers in those days, when standing in a gondola line, with skis detached and being held vertically at one's side, to prop them up on one's toes, to make them appear even longer. Later skis were made from aluminum, steel, fiberglass, plastics, foam, and laminates of several different materials sandwiched together in layers. The bases also have undergone tremendous changes with today's bottoms made out of synthetic wax or P-tex.

Bindings: As mentioned above, these were the "bear trap" type where any significant fall could mean a broken leg. Your heel was "free" which was OK for Nordic skiing and/or jumping, but pretty sloppy for downhill. The 1st "safety" bindings had been developed but were neither very safe nor widely in use. I remember "Cubco" as being 1 of the many manufacturers that were trying to solve the quick-release, safety dilemma so that at any given time a significant percentage of the skiing population would not either be in the hospital or waiting for their broken legs (and/or ankles) to mend. Notched toes (on ski boots) and screwed on steel plates were all part of this evolution which is still an ongoing thing today.

Boots: Mine were leather and were little more than hiking boots. They were soft and pliable, especially when wet, and didn't offer much support. Also, they were a huge hindrance to the research and development safety/quick release bindings because they weren't of uniform shape and the soles didn't stay flat for very long. One other thing, they were all of the lace-up style. If you've ever laced up a pair of ski boots with frozen fingers, you know what a pain that was. Gradually, buckles were developed to replace the laces, the 1st ones having little hooks to fit in the places where the holes had been for the laces. Soon, all new boots were made with buckle attachments and the lace-up boots were history (thank God). Next, the materials were worked on. The leather of old became thermoplastic. These boots gave more support, were much warmer, and worked much the development better in safety/quick release bindings. They now provided a flat, uniform sole for the spring-loaded bindings. While helping to solve 1 medical problem, it created another. It used to be that almost every time you went out skiing, you were risking a broken ankle. These new higher, plastic boots cradled and supported the ankle so well that this was not the weak point to be destroyed anymore. Ankles were saved from being broken, but a new injury, the boot-top fracture was now becoming more common. The ankle bones themselves were being saved but the long leg bones were wrapping around each other and twisting until they broke. Better binding helped this but we still have that problem today.

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#### FWSA CONVENTION IN OREGON SIGRID NOACK



hat a f u n convention this year in Portland, Oregon! This was the convention, that had

been planned for 2019, but was postponed due to the pandemic. The Northwest Ski Club Council was ready three years ago, and they were really ready this year hosting the 89th FWSA convention "Rollin' on the River". The Holiday Inn Portland was the host hotel, located directly on the Columbia River, a beautiful setting. Actually from my room, we could watch the Interstate 5 highway bridge open and close for the taller, larger ships.

What was especially fun for me, was that we had four Unrecables members attending this convention! Hannah Nishimoto represented LA Council as Woman of the Year, now renamed Volunteer of the Year, John **Gray**, this year's winner of the Jimmie Heuga Humanitarian award, Dee Armstrong, past winner of the Jimmie Heuga award, and Sigrid Noack, FWSA Charities & Our Community Chair. Actually all four of us, the Unrecables delegates, are Jimmie Heuga award winners. Other past Unrecables members, who have been awarded this recognition, are Gordon Cardona, Dianna Digiandomenico, and Linda Fryback.

If you are not familiar with Jimmie Heuga, please google him. What an amazing person, what an honor to win this special FWSA recognition. The FWSA awards booklet describes the award: The Jimmie Heuga Award is given to the individual who, like Jimmie, has demonstrated courage & skill

in three arenas - the ski slope, the human body, and the courageous heart. Congratulations John and all our Unrecables winners.

Before the Convention officially began on Friday, Hannah, Dee, Sigrid & others took part in the "Mt. Hood Adventure". This was a beautiful day adventure, which included touring the historic Timberline Lodge, dedicated in 1937 by President Franklin Roosevelt, Government Camp with a tour of the Mt. Hood Cultural Center & Museum, a delicious lunch at the "Crooked Tree Tavern & Grill" at Cooper Spur Mountain Resort, then on to Hood River & a view of the fabulous Multnomah Falls in Columbia River Gorge.

The annual Pub Crawl on Thursday evening was a very popular event, a great time to visit with our Industry friends in a relaxed atmosphere.

Friday was a busy day, but sadly the Michael German Memorial Golf Tournament had to be cancelled due to rain. But many people enjoyed the Western Washington Wine Tour. The Pool Party in the afternoon, had to be moved inside to a meeting room, because of cold & rain. But nobody seemed to mind.

Friday night was the 36th annual Trade Show & Silent Auction with many really phenomenal deals on trips & hotel visits. Normally scheduled for Saturday, the Travel Expo this year was incorporated into the Friday night Silent Auction. Delegates were encouraged to spend some extra time with Industry partners to discuss possible future trips.

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#### **CONVENTION HIGHLIGHTS**







## FWSA CHARITIES & OUR COMMUNITY SIGRID NOACK

t this year's FWSA Convention we presented our second Charity Recognition video. Last year was our first attempt, and it turned out very well. This year we had more club involvement in this FWSA Charity Recognition program, which made the video more interesting.

My goal as chairperson of this program has always been to get all FWSA ski clubs in every one of our ten councils to be involved with at least one charity. So far we have almost reached the goal.

Most of our clubs are involved with several charity activities every year. The challenge for me, is to get the clubs to take the time to share those activities with FWSA. I have tried to make it easier for the clubs. Now, when a club shares anything with me, like a photo with one of their favorite charity activities together with their club logo, that's enough to get their club featured

in the video. Last year we had six clubs included in the video, this year we had eleven groups! Making great progress!

At the convention in Portland, the TV ran the whole weekend showing our Charity Recognition video. On Sunday we even played it on the huge screen for the whole group of convention delegates to view. That was very exciting for me and for **Paul Vlasveld**, the BAC president, who put the video together.

These are featured groups in our 2022 video:

Bogus Basin Ski Club - Intermountain Council

Grindelwald Ski Club - Los Angeles Council of Ski Clubs

Four Seasons West Ski and Snowboard Club - LAC and National Brotherhood of Skiers - Western Region

Monterey Ski & Social Club - Bay Area Snow Sports Council

Mountain High Snow Sport Club -

Northwest Ski Club Council Reno Ski & Recreation Club - Sierra Council

SLO - Central Council of California Skiyente Ski Club - Northwest Ski Club Council

Get Off Your Rockers Ski Club - San Diego Council of Ski Clubs Arizona Ski Council

PacRat Racing - Northwest Ski Club Council

These outstanding clubs and one council were also presented with a Charity Recognition Certificate of Appreciation and received an electronic FWSA medallion to post on their website and to use in their newsletter.

All clubs involved with charity activities are winners!

Our two charity videos are posted on the fwsa.org website and also on YouTube. •

Sigrid





#### MEMBER SPOTLIGHT **JOHN GRAY**



would like you to meet Victor and Kenny Chan, volunteer ski instructors with The Unrecables for over

ten years. Victor and Kenny's contributions to the club have been innumerable and immeasurable ever since they joined The Unrecables.

This past season was no exception. They were the only ski instructor volunteers to make every single trip to Mammoth for the 2021-22 season\*. That is every trip from the December instructors' weekend to the spring thaw in May. Their willingness to help and support the club is limitless. They are gracious, humble, and self-less in their efforts to accommodate our student skiers and other instructors who may need a carpool or shared lodging up in Mammoth. Victor is always more than happy to cook a Friday night dinner for his condo mates, and both help at our Saturday night club dinner. Victor, with Kenny's help, has been our main videographer on the mountain which has led to many great moments of awe-inspiring skiing and a few laughs as well. They often give up their own free ski time to help students get extra time on the slopes. They are great volunteer ski instructor role models and each of us in The Unrecables family appreciate their dedication and service to others.

\*The only other person to make every trip to Mammoth is our beloved Hannah Nishimoto. Hannah is our Equipment Manager, and Ski Director when Dee Armstrong is not available, and nothing happens up in Mammoth for The Unrecables without Hannah. ◆

John

#### FWSA Trips

FWSA Annual Dive Trip 2022 Cozumel, Mexico October 8-15, 2022

FWSA Annual Ski Week 2023 Jackson Hole, WY January 21-28, 2023

FWSA Mini-Ski Week 2023 Big White, MT March 2023

International Ski & Snowboard Trips Croatia -- Sept. 2022 Zermatt, Switzerland -- Feb. 2023 Val Nevado, Chile -- Summer 2023 Madonna di Campiglio, Italy -- 2024 Val d'Isere, France -- Feb. 2025

#### **FWSA Adventure Trips**

East & Central Africa -- 2024 Galapagos Islands -- 2026 Check out details at fwsa.org.

#### CALENDAR OF EVENTS

#### July

12 Social on Zoom @ 6:30p

#### August

Social on Zoom @ 6:30p September

#### 13 Social on Zoom @ 6:30p

October

#### Social on Zoom @ 6:30p November

Snow Gala



### THE UNRECABLES' NEW FUNDRAISER **Order your Hand Santizer Today!**

Click on the link on our website, you will see our Unrecables logo. Click on our logo to order. All orders placed from the Unrecables logo will support our club.

If you have any questions, contact Amanda Davis. Thank you for your support of our newest fundraiser.

### SUPPORT THE UNRECABLES AND SHOP RALPHS! RE-REGISTER YOUR RALPHS CARD

- 1. Go to www.RALPHS.com
- 2. Scroll to bottom of the Home page.
- 3. Click "Kroger Community Rewards" under Community Contribution.
- 4. Click Link your Shopper's Card.
- 5. Fill in your info (NPO # WY343).
- 6. Watch your grocery shopping save YOU \$\$ and at the same time earn \$\$ for our club!

Thank you for your support! **Contact Sigrid Noack** sigrid@unrecables.org

#### SHOP AMAZONSMILE

The Unrecables is part of Amazon-Smile! It's simple fundraiser, somewhat similar to the Ralphs Program.

To order from AmazonSmile, first sign-in on Amazon. Then choose The Unrecables as your charity. The next time you sign-in, The Unrecables should be listed as your charity. It should be indicated at the top left of the web site. Have fun shopping! ◆



#### 2022 FWSA AWARD WINNERS

Service Awards		<b>Public Affairs Awards</b>		Outstanding	
(Great 8)		ern Ski Heritage Award	Council Publication		
		ll Skoog, author of "Written in	1st	Los Angeles Council	
Hans Georg Award	the Snows: Across Time on Skis in the			Gordon Cardona	
Sheri Parshall (NWSCC)	Pacifi	c Northwest."	2nd	Bay Area Snow Sports Council	
				Dennie Warren	
J. Stanley Mullin Award	Richard Lubin		3rd	Northwest Ski Club Council	
John Reinhardt (NWSCC)	Safety Person of the Year			Linda McGavin	
	No Award				
Elizabeth "Schatzi" Wood Award				Outstanding	
Sandra Blackwell (LAC)		<b>Environment Award</b>		Council Website	
		No Award		Northwest Ski Club Council	
Jordan-Reily Award				Linda McGavin	
Heidi Logosz (Mt Hood Meadows)		<b>Communications Awards</b>	2nd	Bay Area Snow Sports Council	
		Wentworth Outstanding		Cathy Wilson and Jenn Wilson	
Jimmie Heuga Humanitarian Award		Club Publication	3rd	Los Angeles Council	
John Gray (The Unrecables)	MASTERS			Sandy Blackwell	
	1st	Mt. High Snowsport Club			
Bill Mackey Award		Emilio Trampuz		Social Media Awards	
Michael J. Ballingall (Big White)	<b>2nd</b> The Unrecables Facebook:		ook:		
		Gordon Cardona	1st	Northwest Ski Club Council	
Tommie Tyndall Award			2nd	Reno Ski & Recreation Club	
Aspen Snowmass		ADVANCED		Get Off Your Rockers Ski Club	
	1st	Castro Valley Ski Club			
Terry Smith Award		Dennie Warren	Outst	anding Club	
Peter Dodd (NWSCC-PACRAT)			No awards		
		ICE			
<b>Snowsports Builder Awards</b>	No av	vards			
The Kohnstsamm Family Timberline				711 4	
Lodge & Ski Area (Mt Hood)		Outstanding Club Website		West SKI ASSOCIA	
The Drake Family Mt. Hood Meadows	MASTERS			2nd Place	
(Mt Hood)	1st	Mt. High Snowsport Club		Mentuncth	
Kirk Hanna Mt. Hood Skibowl (Mt		Emilio Trampuz		Outstanding //	
(Mt Hood)		Mt. High Snowsport Club		Wentworth Outstanding	





### Bill Berry - Hard News The Tahoe Weekly **Bill Berry – Featured Article** Lindsey Vonn, author of "Rise: My Story"

Media Awards

Hood)

Warren Miller Award Coolfire Productions, for documentary film "Magic in the Mountains"

**ADVANCED** 

2nd

3rd

Torrey Pines Ski Club 1st Judy Fontanella

**Bob Burke** 

The Unrecables

**Dee Armstrong** 

**NOVICE** 

1st Don Diego Ski Club Karl Cikst

Inskiers Ski & Snowboard

## The Unrecables Clothing & Merchandise Store



The Unrecables Merchandise and Clothing Store is now open! There are 38 products to choose from. All the profits (100%) from the items sold go directly to The Unrecables fund for continuing our mission to provide exciting and meaningful snow sports experiences on the slopes of Mammoth Mountain for individuals with a physical disability. We continue to offer these services with no charge to the student for ski equipment, ski instruction, and lift tickets. The link to The Unrecables Store can be found on our homepage (www.unrecables.org).

#### Convention

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Saturday was a fun, interesting & educational day, with several Snowsports Leadership Academy sessions & Public Affairs panels: Strategic Travelin a Changing World, Portland Mountain Rescue, Weather Changes Affecting Mountain Operations & Public Safety, How to Jumpstart Your Facebook Social Media Presence, and Athletes & 10th Mountain Division.

The highlight of the whole weekend was certainly the visit with Olympians **Phil & Steve Mahre!** These fun & funny twins became instantly our

new best friends. They were our Keynote Speakers, but then they spent the rest of the day with us, taking photos & joking around with all of us. See the special photo they asked to be taken with our John Gray! (Showing off their 3 bald heads!)

At Saturday night's banquet, John received his Jimmie Heuga Award. Congratulations John! Also, **Hannah Nishimoto** was one of the honorees for FWSA Volunteer of the Year. She had really tough competition, but we are very proud of our Hannah. The dancing went on till 11:00pm and Sigrid didn't miss a beat!

Congratulations to the new

FWSA officers who were elected by the club delegates on Sunday:
President Linda Westland
Secretary Tina Lyon
Treasurer Randy Lew
Trustees Fran Long & Jo Simpson
VP Communications Joe Harvis
VP International Travel Debbie Stewart
VP Marketing Debbi Kor
VP Membership Jean McCasey





#### Ski Equipment

continued -- p. 2

Poles: My originals were made of wood (bamboo?) and had large metal rings with leather attached baskets. Newer versions are shorter, made of hollow aluminum, and have smaller, plastic baskets.

Retention straps/ski brakes: With the advent of safety/release bindings, ski resorts faced another problem - runaway skis! This could be lethal. Imagine an unimpeded ski, hurtling down a steep, snow-covered slope. Big-time danger - an unguided missile! To temporarily allay this problem ski retention straps were developed. They were quick release straps that attached the ski binding (and thus the ski) to the leg (around the calf). But now another problem developed. After a fall, assuming the binding released (not always a fair assumption), while still sliding (the steeper the slope, the more you'll slide), the ski, now attached to your leg, would windmill around and smack you in the head, cut your face with their metal edges, and do all kinds of harm to your arms and body. To work on that problem, ski brakes were developed. These would stop the detached ski in the snow (supposedly) and away from your body. The problem was that it was hard to convince ski resorts that they worked. It wasn't until the mid-late 1970s that resort owners were finally convinced that they actually stopped a runaway ski (every time) and retention straps were relegated to the history books. (PS. I still have some should any of you knuckle-dragging snowboarders out there need one (John).

#### Software:

Clothing, for a long time, seemed com-

pletely fashion driven. All you ski-bunnies out there (and men too) had to have the latest fads and be completely color-coordinated. Over time, while fashion continued to be a driving force, function started gaining market share. As an avid mountaineer, I had all kinds of outdoor clothing. It seemed a waste not to also wear them while skiing. Once, a long time ago, my then girlfriend said while skiing that I looked like an ugly clown - no 2 things that I was wearing matched. Yeah, "but I'm warm" was my reply and so went the argument over ski clothing. Today, BOTH fashion and utility are driving forces. Time was that I thought that numb fingers and toes, and frozen ears and noses were just some of the things you had to endure in order to enjoy the sport of skiing. Modern science has changed all that. New materials for gloves make frozen fingers almost a thing of the past (almost). Thermoplastic boots and bladders keep toes warmer. Helmets are not only much safer but also keep the noggin warm. And in high wind or sleeting conditions, I'm glad my knit beanie (that's toque to you PJ) is back at the condo. Blue jeans - not in decades. Jackets are now breathable as well as wind and waterproof. Synthetic long underwear has replaced the scratchy woolies of years gone by. Jackets now have many pockets to hold our numerous electronic devices that some people just can't seem to ski without (Kenny). Besides, they come in handy to hold snacks to munch on while you're on the chair lifts. I could go on and on about today's software but sometimes it seems that modern ski clothing is restricted only by one's credit card limit.

### Steve

#### Free Skis & Ski Clothing Available!









Contact Sigrid for ski clothing.





## **FAR WEST SKI ASSOCIATION**



Sign up and relax, we take care of everything.

- Welcome reception at Snow King
- Seven Nights Lodging
- Banquet dinner/dance at Snow King
- Mountain picnic at base of Snow King (lift ticket NOT needed for picnic)
- · Council après event
- · GS race at Snow King
- Council Challenge Race at Jackson Resort
- And much more

Please select your accommodations. The lodging is all in town. There are frequent buses from the hotels to the Jackson Hole Resort. There will be bus from the 49er to Snow King for the events. New intermediate and beginner area chair lifts.

49er Hotel 2Q

49er Studios 2Q (slightly larger than hotel room)

49er DLX Bridger Fireplace 2Q

Snow King Hotel K or 2Q

\$1,035 (\$540 single supplement)

\$1,090 (\$595 single supplement)

\$1,135 (\$640 single supplement)

\$1,335 (\$870 single supplement)

#### **Payment Schedule**

To sign up and hold a spot: \$500 Due by June 20, 2022 \$400

Due by Aug 29, 2022 \$200 (if you plan to join the group air)

Due by Oct 1, 2022 \$300

Due by Nov 7, 2022 Balance

### **Cancellation Policy, Penalty:**

Aug 1 to Sept 7, 2022 \$200

Sept 8 to Oct 20, 2022 \$ Single supplement room cost

NO REFUND AFTER OCTOBER 21, 2022

Air and ground transportation will be available through FWSA at a competitive price. Information on the exact price to be available at a later date

#### Lift Tickets - Jackson Hole Resort

• Adult 4-day \$503 Senor (65 yrs.) 4-day \$430 • Adult 5-day \$604 Senor (65 yrs.) 5-day \$517

• Adult 6-day \$719 Senor (65 yrs.) 6-day \$615

#### **Lift Tickets - Snow King Resort**

1-Day \$77 2-Day \$144 3-Day \$213 4-Day \$280 5-Day \$300

IKON Pass—Skigroup.net and FWSA have a website where participants can order the IKON pass online. The website to purchase is live: https://go.tripstorm.app/#!/22ikonfwsa. Participants purchasing the pass on this site and who sign up for the Jackson Hole trip will get a \$50 lodging credit. Participants purchasing the pass from other vendors or directly through IKON will not get the lodging credit. The Full IKON pass and the Base Pass Plus are the passes that will give our trip participants access to Jackson Hole. The Full IKON Pass gives participants 7 days and the Base Pass Plus give participants 5 days at Jackson Hole.

### TRIP INSURANCE IS HIGHLY RECOMMENDED

Tear	Λff	and	fill	Out
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make checks payable to:

Los Angele Council

of Ski Clubs

Mail your check payable to Los Angeles Council of Ski Clubs: PO Box 10266, Glendale, CA 91209

Trip Leader: Laura Priess 18) 800-3166 E-mail: rokkaracers@aol.com

Trip Leader: Laura Priess	<b>3</b> 18) 800-3166	E-mail: rokkaracers@	@aol.com		
Name:	Name for your badge				
(As it appears on your government ID. We are not—for discrepancies between the name on you	ur ID and the name on your airline ticket) [Real ID req				
Address:	City:	State:	Zip Code:		
Roommate preference: I	Email:	Lodging choi	ce:		
Single Supplement: Yes / No Your Ski Club	or FWSA direct Member				
Υ	ou must be a member of an affiliate	d ski club or a FWSA direct member			
Do you have an IKON Pass Yes / No (If no, please com	pete the next line)				
Need a lift ticket for days at Jackson Hole; Adult / Senior	Need a ticket for days at Sno	ow King (Snow King ticket NOT include	d in trip price) Q		

#### HAPPY BIRTHDAY!

#### **J**ULY

- 2 Ian Kucma
- 4 Hannah Nishimoto
- 5 P.J. Sallaway
- 6 Steve Lefkowitz
- 14 Stella Levin
- 14 David Scheinfarb
- 17 Amade Nyirak
- 18 Dee Armstrong
- 20 Sigrid Noack
- 26 Doug Brown
- 28 Randy Benson
- 28 Don Taetsch
- 30 Casey Caputo



#### AUGUST

- 3 Hal Ellis
- 10 Gordon Cardona
- 11 Sue Taetsch
- 12 Helen DeBerard
- 17 Keith Bonchek
- 17 Brook Komar
- 26 Brent Myers

#### **SEPTEMBER**

- 12 Carolyn Galantine
- 15 Rob McCarthy
- 16 Herbert Raymond
- 16 Christopher Oakley
- 24 John Kriz
- 26 Scott Nakada
- 29 Marc Rosenberg

### Sunshine

#### Dina Garcia

recovering from neck surgery

#### Will Chung

recovering from a biking accident

#### Brian Cruise's brother

recovering from a stroke

## THE UNRECABLES ADVISORY BOARD

#### Honorable John Chiang

California Board of Equalization, Fourth District

#### Bob Darvish, M.D.

Physical Medicine & Rehabilitation, V.A. Medical Center, West L.A.

#### Margo Kairoff

Senior Vice President, Wells Fargo Public Finance

#### Billy Kidd

Olympic Silver Medalist Director of Skiing, Steamboat Ski Resort

#### Hal Nelson

Director of Rehabilitation, Downey Regional Medical Center

#### Tom Safran

Developer of Senior Housing, Safran & Associates

## The Unrecables Staying Safe

Since 2020, The Unrecables have been staying safe, and not producing paper copies of the newsletter.

If you would like to have a paper copy mailed to you, please e-mail Gordon Cardona at communications@unrecables.org and he will send a copy.

### FWSA ANNUAL SKI WEEK 2023

### Jackson Hole, WY

January 21-28, 2023

**Contact: Laura Priess** 

LAC VP of Travel Call: 818-800-3166

Email: rokkaracers@aol.com

### Thank You Donors

LA Council Network for Good

## THE UNRECABLES 2022-23 BOARD OF DIRECTORS

Michelle McCarthy, President president@unrecables.org 310-795-5517

Amanda Davis, Secretary secretary@unrecables.org 949-887-3690

Will Chung, *Treasurer* treasurer@unrecables.org

John Gray, Membership Director membership@unrecables.org 858-740-8017

#### APPOINTED BOARD MEMBERS

#### Dee Armstrong,

310-562-5396

Ski Director/Webmaster skidirector@unrecables.org 323-605-3396

#### Victor Chan,

Winter Trips Director wintertrips@unrecables.org 858-208-6088

#### Hannah Nishimoto,

Equipment Manager equipment@unrecables.org 310-990-9474

**Steve Lefkowitz,** Historian historian@unrecables.org 310-306-5249

**Sigrid Noack,** *Sunshine/LAC Rep* sunshine@unrecables.org 310-499-8181

Jay Davis, Past President pastpresident@unrecables.org 949-378-7895

#### Gordon Cardona,

Communications Director communications@unrecables.org 562-480-4398 (text)

Vice President Public Relations Manager Vacant

## THE UNRECABLES NEWS

NEXT NEWSLETTER DEADLINE: SEPT 5

Coming up in the next issue:

- Summer party recap
- Snow Gala preview

... and much more

UNRECABLES
SOCIALS
ON ZOOM

## 2ND TUESDAY MONTHLY 6:30 PM

July 12 August 9 Sept 13 Oct 11

Check your e-mail or Facebook for Zoom meeting link, or e-mail info@unrecables.org. Stay safe, get vaccinated!

#### SPECIAL THANKS

John Gray Steve Lefkowitz Michelle McCarthy Sigrid Noack

#### **Photos Courtesy**

Victor Chan Sigrid Noack

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CARDONA COMMUNICATIONS

#### Gordon W. Cardona

Publisher gwcardona68@gmail.com

#### THE UNRECABLES MEETINGS

**Socials**: Every second Tuesday monthly at 6:30pm on Zoom. Check your e-mail or Facebook for the Zoom link. **BOARD MEETINGS**: Every second Tuesday monthly, following the Social on Zoom.

**LA COUNCIL MEETINGS**: Every first Monday quarterly at 7:00pm on Zoom. E-mail our LA Council Representative for Zoom meeting link. Everyone is welcome.

## FAR WEST SKI ASSOCIATION SAFETY SLOGAN

SKI WITH PRIDE, LET IT RIDE, WATCH ALL SIDES.
FIRST WITH SAFETY AWARENESS

#### CONTACT THE UNRECABLES

Text: 562-480-4398

Like us on Facebook

E-mail: info@unrecables.org Website: www.unrecables.org



P.O. Box 24856 Los Angeles, CA 90024-0856

#### **SUMMER 2022**

