

Ashtead All Stars Netball Club: Weekly Update

W/E Sunday 29th November 2015

DORKING LEAGUE

U12A v Wey Valley A	WON 32 – 3	Star Players: whole team
U12B v Wey Valley B	LOST 1 – 18	Star Player: Darcie Nash
U13A v Wey Valley A	WON 23 – 3	Star Player: Martha McRobb
U13B v Wey Valley B	LOST 5 - 22	Star Player: Caitlin Keenan
U14A v Wey Valley A	LOST 14 – 26	Star Player: Johanna Gadsby
U14B v Wey Valley B	LOST 10 – 20	Star Player: Amelia Moore
U15/16A v Wey Valley A	WON 18 – 12	Star Player: Ella McRobb
U15/16B v Wey Valley B	DREW 11 – 11	Star Player: Anna Thompson

U12 Match Reports - Lizzie

The B Team had a slow start this morning against an extremely good Wey Valley team, but worked tirelessly and improved steadily throughout the game. The attackers had a difficult job to get free against a very good defence but kept trying and at times played some lovely netball. The opposition were relentless in their attacking and the defence put in a huge amount of effort from start to finish and should be proud of themselves for never giving up. The final score was 18-1 to Wey Valley. Well done to all the girls for trying hard - we were just beaten by a better team today. Star player - Darcie Nash for putting in 100% effort.

The A Team also played against a Wey Valley team but this time the roles were reversed and we were by far the stronger team winning 32-3. All of the players were excellent - the defence played well together as a unit and made numerous interceptions, Sophie Conner controlled the centre court and the attackers linked up fabulously finishing off with consistent shooting. All of the girls were excellent but a special mention should go to Amelia Feltham who was playing her first match for the A team today and performed fantastically. Well done girls.

U13 Match Reports – Jane

The A team gave us a masterclass in good attacking play, with Martha standing out today, and earning herself Star Player.

The B team struggled today against an incredibly strong, tall and experienced Wey Valley B team. Unfortunately we had 3 players unavailable which didn't help the flow of play, but thank you very much to Rachel and Zoe who stood in admirably. Caitlin Keenan had a tough job against a tall GS, but she listened well, changed her game, and made a big difference putting them under pressure in the second half.

U14 Match Reports – Natalie

The A team weren't able to give their usual gutsy performance at the start of the match today and fell behind by the half time whistle. However, the third quarter saw them return to their normal selves, winning the quarter by 8-2, but overall it proved too tough and the opposition came away deserved winners. Star player was Johanna Gadsby for a solid, confident performance at WA.

The B team girls came up against a strong Wey Valley team and found it difficult to get a flow going, but they never gave up and worked hard to give the opposition a competitive game. Big

thank you to Izzy Makroum for boosting the team in both the circle and centre court. My Star Player goes to Amelia Moore for a steady performance at C, WA and GA!!

U15/16 Match Reports - Natalie

Lovely mature performance from the A team today, with some nicely flowing netball. Star player was Ella for a solid performance at GA.

The B team fought hard to stay in contention throughout the match. Thank you to both Alia and Alice from the U14s for playing up fantastically well and well done to Faye for stepping into the GS role so well. My Star Player however, goes to Anna for a wonderfully feisty performance at WA.

KINGSTON DISTRICT NETBALL LEAGUE

Ashtead Ladies v Elmbridge B

LOST 30 – 37

Star Players: Jonelle and Ella

Another fantastic game which saw our ladies/girls play brilliantly and were only one goal down at 3/4 time. They came up against a team who played a lot of "old school" netball with a lot of blocking and trying to cause contact. Our girls wouldn't have experienced this type of play before, but they coped phenomenally well, adjusting their play brilliantly to work against this way of playing. The improvement I've seen from all the ladies over this half season has been great, and we are giving every experienced team we come across, a run for their money. If this improvement continues, I'm sure we will be reporting more wins after Christmas. Keep up the good work!

Star player nominated by the opposition was Jonelle, for a confident and dominating performance at GD, and my Star Player was Ella. Ella was constantly targeted at GA by a number of the opposition defence, being blocked all the way down the court. Having not really experienced this before she adapted brilliantly and used her speed to get herself out of trouble time and time again. Well done ladies!!

THE FORTNIGHT AHEAD

30/11/2015	Monday	6 - 7pm & 7 - 8pm	12th training session, All U12s, U13s, U14s, U15/U16s
02/12/2015	Wednesday	6 - 7pm	12th training session, All U10s and U11s
02/12/2015	Wednesday	7 - 8pm	Match – You will know if you are playing
02/12/2015	Wednesday	6 - 7pm & 7 - 8pm	5th squad training U14 and U15/U16
02/12/2015	Wednesday	8 - 9pm	U16/Adult training
05/12/2015	Saturday	2 - 3pm	9th Minis
07/12/2015	Monday	6 - 7pm & 7 - 8pm	13th training session, All U12s, U13s, U14s, U15/U16s
09/12/2015	Wednesday	6 - 7pm	13th training session, All U10s and U11s
09/12/2015	Wednesday	6 - 7pm & 7 - 8pm	SPORTS HALL CLOSED
09/12/2015	Wednesday	8 – 9pm	U16/Adult training
12/12/2015	Saturday		Adults HOME V Thames Ditton
12/12/2015	Saturday	2 - 3pm	10th Minis
			CHRISTMAS BREAK

Kind regards
Jane

Please refer to our website www.ashteadallstars.com