

What's Cooking in the Kitchen:

For the Week of: February 24—28, 2020

MONDAY—NATIONAL TORTILLA CHIP DAY

- BREAKFAST: Oatmeal w/Hint of Cinnamon, **ORGANIC** Blueberries, Milk
- AM SNACK: Juice Break
- LUNCH: Grilled Ham & Cheese Sandwiches on **WW**, Cucumber Spears, Honeydew Melon, Milk
- PM SNACK: Homemade Bean Dip, **ORGANIC** Tortilla Chips, **RED** Apple Slices, Water

TUESDAY—FAT TUESDAY

- BREAKFAST: **ORGANIC** Whole Grain Pancakes, Pure Maple Syrup, Sausage Patties, Applesauce, Milk
- AM SNACK: Juice Break
- LUNCH: One-Pot Jambalaya for Kids, **ORGANIC** Peas (from Frozen), Cantaloupe, Milk
- PM SNACK: “King Cake” (made from Cinnamon Rolls) (**Infants: Ritz Crackers**), Fresh Pear Slices, Water



WEDNESDAY

- BREAKFAST: Hard Boiled **ORGANIC** Eggs, Griddled English Muffin Halves w/Margarine, Berry Preserves, Orange Sections, Milk
- AM SNACK: Juice Break
- LUNCH: Cheese Tortellini w/Marinara Sauce, Parmesan Cheese on the Side, **ORGANIC** Broccoli (from Frozen) w/Hint of Margarine, Fresh Pineapple Chunks, Milk
- PM SNACK: Vanilla Greek Yogurt, Fresh Mango Slices, Graham Crackers, Water

THURSDAY

- BREAKFAST: Wheaties Cereal, Bananas, Milk
- AM SNACK: Juice Break
- LUNCH: Hebrew National Hot Dogs (Split lengthwise), **WW** Hot Dog Buns, Ketchup, French Fries, **ORGANIC** Strawberries, Milk
- PM SNACK: String Cheese, Pepperoni, Dried Mango Slices, Water

FRIDAY

- BREAKFAST: **ORGANIC** Whole Grain Blueberry Bread, Low Sodium Bacon, Cuties, Milk
- AM SNACK: Juice Break
- LUNCH: **SUPER** Cheesy Quesadillas, Multi-Colored Bell Pepper Strips, Homemade Pinto Beans, Fruit Salad, Milk
- PM SNACK: Laughing Cow Cheese, Multi-Grain Crackers, Garbanzo Beans, Water