
PARENTS WHO CHEAT: HOW CHILDREN AND ADULTS ARE AFFECTED WHEN THEIR PARENTS ARE UNFAITHFUL

Whether you are a betrayed parent, a parent who cheated, or an adult child whose parent was unfaithful, reading this book will help you understand and courageously deal with the adverse effects of parental infidelity.

In *Parents Who Cheat*, Ana Nogales, Ph.D., combines her reflections from her thirty-five years of clinical practice with her current research, which includes an unprecedented 'Parents Who Cheat Survey,' to reveal the profound effects on children and adult children when one parent betrays the other.

- What are the emotional consequences for the child—young or adult—when his or her parent cheats?
- What does infidelity teach children, and is there a difference between how boys and girls process and react to the circumstances?
- How can parents undergoing an infidelity crisis help their child cope with his or her reactions?
- How might adult children deal with their own parental infidelity-related issues?

Parents Who Cheat explains how a child's perception of love and marriage can be forever altered, how self-esteem and trust are often severely damaged, and why adult children whose parents were unfaithful often choose unfaithful partners or become unfaithful themselves. Ana Nogales offers advice and practical solutions and points the way toward healing, forgiveness, and healthier and more trusting relationships with parents and partners.

Purchasing Information:

Parents who Cheat \$14.95 paperback.

Please contact (714) 667-5220 for purchasing information. Book can be shipped immediately.

Book Presentations by Dr. Ana Nogales:

For information on how schedule Dr. Nogales for a presentation of the book and topic, please contact Natalie McFee: nmcfee@nogalespsychological.com .

