

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| <p>Weekly Fitness Schedule</p> <p>9am-1pm Table Tennis-RSF 3pm-5pm Water Volleyball (Open Play)-RSF</p> <p>Fitness Center Hours</p> <p>The Palms Fitness Monday-Thursday 6:30am-9pm Friday 6:30am-7pm Saturday-Sunday 7am-7pm</p> <p>Riviera Spa & Fitness Monday-Thursday 6:30am-9pm Friday 6:30am-7pm Saturday-Sunday 7am-7pm</p> | <p>8am Group Barbell-PA 8am Tabata H2O-RSF 9am Group Barbell-PA 9am Splash & Tone-RSF 9am Total Body Toning Exercise-RSF 10am Low Impact Aerobics-RSF 10:15am Breathe, Stretch & Relax-PA 10:30am Swim Lessons Level 1-RSF** 11:15am Swim Lessons Level 2-RSF** 11:30am Drums Alive! Chair Exercise-RSF 11:30am H.I.I.T. Cardio Body Blast-PA 1pm Zumba-PA 1pm Zumba-RSF 2pm Joint Relief (Aqua)-RSF 3:45pm Fit Body Circuit-PA 4pm-6pm Open Lap Swimming-RSF 4:15pm Gentle Chair Yoga-RSF 6pm Muscle Ignite-PA 6pm Relaxation Yoga-RSF 6:30pm-8:45pm Water Volleyball (League Play)-RSF</p> | <p>7:45am Express Total Body Sculpt-RSF 8am TRX Suspension Training-PA 8am Walk & Tone (Indoor Track)-RSF 9am Body Sculpting-RSF 9am Splash & Tone-RSF 9am Zumba Step-PA 10:15am Barre-RSF 10:15am Zumba Toning-PA 11:30am Aqua Zumba-RSF 11:30am Cardio Ballroom-PA 12:30pm Intermediate Line Dance-RSF 12:45pm Pilates-PA 1:30pm Advanced Line Dance-RSF 2pm Beginning Tai Chi-PA 2:30pm Balance Training-RSF 3pm Intermediate Tai Chi-PA 3:45pm-6pm Table Tennis (Open Play)-RSF 5pm-6:30pm Open Lap Swimming-RSF 6:45pm-8:45pm Water Volleyball (League Play)-RSF</p> | <p>8am Body Sculpting-PA 9am Aqua Zumba-RSF 9am Body Alive-RSF 9:15am Everybody Steps-PA 10:30am Core & More-PA 10:30am Breathe, Stretch & Relax-RSF 10:30am Swim Lessons Level 1-RSF** 11:15am Swim Lessons Level 2-RSF** 11:45am Gentle Joints-Zumba Gold Toning-RSF 11:45am IGNITE! Cardio H.I.I.T. Party-PA 1pm Zumba-PA 1pm Zumba-RSF 2pm Belly Dancing-PA 2pm Joint Relief (Aqua)-RSF 3:15pm Beg. Balance Training-PA 6pm Power Yoga-RSF 6:30pm-8:45pm Water Volleyball (League Play)-RSF 7pm Muscle Conditioning-RSF</p> | <p>8am TRX Suspension Training-PA 8am Walk & Tone (Indoor Track)-RSF 9am Boot Camp-PA 9am Splash & Tone-RSF 9am Total Body Conditioning-RSF 10am Swim Lessons Level 1-RSF** 10:15am Breathe, Stretch & Relax-RSF 10:15am Yogabeat-PA 10:45am Swim Lessons Level 2-RSF** 11:30am Cardio Ballroom-PA 11:30am Gentle Joints (Land Based)-RSF 11:30am Splash & Tone-RSF 1pm Beginner Line Dance-PA 2pm Ballroom Dancing (Beg.)(12/6 & 12/13)-PA* 2pm-4pm Open Lap Swimming-RSF 2:30pm Balance Training-RSF 3pm Ballroom Dancing (Int.)(12/6 & 12/13)-PA* 4pm-6pm Table Tennis (Open Play & Instruction)-RSF 6pm Hatha Yoga-PA 6:30pm-8:45pm Water Volleyball (League Play)-RSF</p> | <p>8:30am Splash & Tone-RSF 8:45am Yoga-PA 9:45am Body Sculpting-RSF 10:45am Cardio Kickboxing-PA 10:45am Gentle Joints-Zumba Gold Toning-RSF 11:45am Drums Alive! Chair Exercise-RSF 1pm Zumba-PA 1pm Zumba-RSF 2pm Joint Relief (Aqua)-RSF 2pm-6pm Table Tennis (Open Play)-RSF 3:45pm Power Trip-PA</p> | <p>8am Foam Rolling-PA 8:30am Body Alive-PA 9am Aqua Craze-RSF 9am Yoga Flow-RSF 9:30am Yogabeat-PA 10:15am Barre & Pilates Fusion-RSF 10:30am Zumba Combo-PA 11:15am Tai Chi-RSF 12:30pm Everybody Steps-RSF 3pm-5pm Water Volleyball (League Play)-RSF</p> <p><i>*Small fee for Ballroom classes. Please call 863-427-7130 for more information.</i></p> <p><i>**Fee for swim lessons. Please contact Martha Dennis at 305-323-1772 or visit swimfallc.fullslate.com</i></p> |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| <p>30</p> <p>1:30pm Solivita Dancing Diehards-RSF 2pm Solivita Bridge Club Duplicate Bridge-MSB 3pm Forever Young: Live Music-RSF2 3pm Water Volleyball-RSF 6pm Cribbage Club-GTR</p> | <p>31</p> <p>New Year's Eve</p> <p>Admin Closed. RSF & PA Close at 12pm. Fitness Classes Cancelled. Waterfront Galleries Closed. Bistro and The Grille Close at 2pm. Pro Shop Closes at 12pm.</p> <p>Village Drive Closed from 3pm-2am from ST to Pro Shop Roundabout.</p> <p>8:30am Bocce Boyz-Girlz-FP 9am Solivita Shuffleboard Club-FP 9am-3:30pm Farmers Market-FP 1pm Solivita Bridge Club Duplicate Bridge-MSB 6pm New Year's Eve Party-ST & MO 7:15pm New Year's Eve Party-GR 9:30pm New Year's Eve Street Party-Outside ST</p> | <p>Village Center Hours</p> <p>Waterfront Galleries (Library, Billiard, Ceramic, Computer & Art Galleries) Sunday-Saturday 8am-11pm</p> <p>Starlite Ballroom Sunday-Saturday 8am-11pm</p> <p>The Palms Amenity Center Sunday-Saturday 8am-9pm</p> | <p>Room Legend</p> <p>AR Art Gallery BL Billiards Gallery BP Bella Viana AM Amenity Center CM Computer Gallery CP Cooperstown Pavilion CR Ceramics Gallery FP Freedom Park GR The Grille at Stonegate GTR Gator Room LB Library LV Lago Vista Amenity Center MB Marketplace Bistro MG Magnolia Room MO Mosaics MSA Mediterranean Skyline, Aegean Room MSB Mediterranean Skyline, Baltic Room</p> | <p>Room Legend Cont.</p> <p>MSC Mediterranean Skyline, Caspian Room PA The Palms Amenity Center RC Resident to Resident (RZR) Resource Center RSF Riviera Spa & Fitness Center RSF2 Riviera Spa & Fitness Center Second Floor Classroom SGC Stonegate Golf Club Center ST Starlite Ballroom STA Starlite Ballroom A STB Starlite Ballroom B STC Starlite Ballroom C VP Venezia Amenity Center WP Wimbledon Pavilion</p> | | <p>1</p> <p>8am Horseshoes Club-FP 8am Solivita Cyclists-FP 9am Solivita Shuffleboard-FP 10:30am Mahjong-MSC 12pm CCA Poker-MSA 12:30pm Beginner Calligraphy-MG 7pm Guys and Dolls Holiday Concert-ST</p> |

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| <p>2</p> <p>Hanukkah Begins</p> <p>1pm Solivita Singles Club-RSF2 1:30pm Solivita Dancing Diehards-RSF 2pm Solivita Bridge Club Duplicate Bridge-MSB 3pm Forever Young: Live Music-RSF2 3pm Water Volleyball-RSF 6pm Cribbage Club-GTR 7pm Guys and Dolls Holiday Concert-ST</p> | <p>3</p> <p>8:30am Bocce Boyz-Girlz-FP 9am Main Ticket Sales-ST 9am Solivita Shuffleboard Club-FP 9am-3:30pm Farmers Market-FP 10am-3pm Blood Drive-FP 1pm Solivita Bridge Club Duplicate Bridge-MSB 1:30pm May I-RSF2 4:30pm Solivita Billiards-BL 6:45pm Ladies Poker-MSA 7pm CERT-RSF2</p> | <p>4</p> <p>Village Drive Closed from 5:30pm-8:30pm from ST to Pro Shop Roundabout.</p> <p>8am Horseshoes Club-FP 8:20am SOB's Ride-PA 10am Ceramics-CR 10am Watercolor-AR 10am Solivita Dragon Boat Paddle Clinic-By Deck Boxes 10am TOPS in Solivita-MSC 10:30am AHCC General Meeting-ST 1pm Watercolor-AR 2pm Bunco-RSF2 4:30pm Solivita Billiards-BL 5pm-8:30pm Holiday Festivities Program: Annual Holiday Parade (6pm) & Lighting of Christmas Tree-MO & Village Drive 5pm SoulaVita Line Dancers-PA 7:30pm Entertainment Revue Holiday Charity Show-ST</p> | <p>5</p> <p>8am Solivita Cyclists-FP 8:30am Bocce Boyz-Girlz-FP 9am Chess Club-MSB 9am Solivita Shuffleboard-FP 9:30am Scarlet Chapeaux-MSA 10am Wellness Lecture: Robotic Knee Surgery with Osceola Regional Medical Center-RSF2 10am Yarners-MSC 11am Men's Softball Clinic-FP 11am Sculpture-CR 2pm Wellness Lecture: Long-Term Care with New York Life Insurance-RSF2 4pm CARAMVITA-RSF2 4pm, 5pm & 6pm Greeting Cards-CR</p> | <p>6</p> <p>8am Horseshoes Club-FP 8:30am SOB's Long Ride-MB 9am Sculpture-CR 10am Cancer Support Group-MG 4:30pm Solivita Billiards Club-BL 6pm Solivita Wii Bowlers-RSF2 6:30pm Pinochle-MSC 7pm Movie Night-ST CANCELLED</p> | | <p>8</p> <p>House Lighting Contest</p> <p>8am Horseshoes Club-FP 8am Solivita Cyclists-FP 9am Solivita Shuffleboard-FP 9:15am SOB's Couples Ride-MB 10:30am Mahjong-MSC 12pm CCA Poker Club-MSA 12:30pm Beginners Calligraphy-MG 5pm Holiday Gala-ST</p> |
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| <p>9</p> <p>House Lighting Contest</p> <p>1:30pm Newpicate Bridge-MSA 1:30pm Solivita Dancing Diehards-RSF 2pm Solivita Bridge Club Duplicate Bridge-MSB 3pm Forever Young: Live Music-RSF2 3pm Water Volleyball-RSF 6pm Cribbage Club-GTR 6pm Shalom Club Chanukkah Ball-ST</p> | <p>10</p> <p>Hanukkah Ends</p> <p>8:30am Bocce Boyz-Girlz-FP 9am Solivita Shuffleboard-FP 9am-3:30pm Farmers Market-FP 10am Sol. Artisan Guild-AR 1pm Solivita Bridge Club Duplicate Bridge-MSB 1:30pm May I-RSF2 4:30pm Solivita Billiards-BL 6:45pm Ladies Poker-MSA 7pm La Dolce Vita-RSF2</p> | <p>11</p> <p>8am Horseshoes Club-FP 8:20am SOB's Ride-PA 10am Ceramics-CR 10am Watercolor-AR 10am TOPS in Solivita-MSC 12:30pm CAP-RSF2 3pm Holistic Horizons-MSB 4:30pm Solivita Billiards-BL 5pm SoulaVita Line Dancers-PA 7pm BIHC-RSF2 7pm Solivita Fishing-MSB</p> | <p>12</p> <p>8am Solivita Cyclists-FP 8:30am Bocce Boyz-Girlz-FP 9am Chess Club-MSB 9am Solivita Shuffleboard-FP 10am Wellness Lecture: Colorectal Pain with Poinciana Medical Center-RSF2 10am Yarners-MSC 11am Sculpture-CR 2pm Wellness Lecture: Skin Care with Riviera Spa Massage-RSF2 4pm, 5pm & 6pm Greeting Cards-CR 6:45pm Euchre-MSC</p> | <p>13</p> <p>8am Horseshoes Club-FP 8:30am SOB's Long Ride-MB 9am Sculpture-CR 10am Cancer Support Group-MG 4:30pm Solivita Billiards Club-BL 6:30pm Pinochle-MSC 7pm Movie Night-ST CANCELLED</p> | | <p>15</p> <p>8am Horseshoes Club-FP 8am Solivita Cyclists-FP 9am Solivita Shuffleboard Club-FP 10:30am Mahjong-MSC 12pm CCA Poker Club-MSA 12:30pm Beginners Calligraphy-MG 6pm AHCC Holiday Party-ST 6pm Disney Cast Members Holiday Party-MO</p> |
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| <p>16</p> <p>1:30pm Solivita Dancing Diehards-RSF 2pm Solivita Bridge Club Duplicate Bridge-MSB 3pm Forever Young: Live Music-RSF2 3pm Water Volleyball-RSF 6pm Cribbage Club-GTR</p> | <p>17</p> <p>8:30am Bocce Boyz-Girlz-FP 9am Solivita Shuffleboard-FP 9am-3:30pm Farmers Market-FP 1pm Solivita Bridge Club Duplicate Bridge-MSB 1:30pm May I-RSF2 4:30pm Solivita Billiards-BL 6:30pm AHCC Members Only Game Night-MSB 6:45pm Ladies Poker-MSA</p> | <p>18</p> <p>8am Horseshoes Club-FP 8:20am SOB's Ride-PA 10am Ceramics-CR 10am Watercolor-AR 10am TOPS in Solivita-MSC 12:30pm CAP-RSF2 3pm Holistic Horizons-MSB 4:30pm Solivita Billiards-BL 5pm SoulaVita Line Dancers-PA 6:30pm Sol. Sorcerers-MSB 6:30pm PALS-RSF2</p> | <p>19</p> <p>8am Solivita Cyclists-FP 8:30am Bocce Boyz-Girlz-FP 9am Chess Club-MSB 9am Solivita Shuffleboard-FP 10am Yarners-MSC 11am Men's Softball Clinic-FP 11am Sculpture-CR 2pm Wellness Lecture: Glaucoma with Eye Specialists of Mid Florida-RSF2 4pm, 5pm & 6pm Greeting Cards-CR</p> | <p>20</p> <p>8am Horseshoes Club-FP 8:30am SOB's Long Ride-MB 9am Sculpture-CR 10am Cancer Support Group-MG 4:30pm Solivita Billiards Club-BL 6pm Solivita Wii Bowlers-RSF2 6:30pm Pinochle-MSC 7pm Movie Night-ST CANCELLED</p> | | <p>22</p> <p>8am Horseshoes Club-FP 8am Solivita Cyclists-FP 9am Solivita Shuffleboard Club-FP 9:15am SOB's Couples Ride-MB 10:30am Mahjong-MSC 12pm CCA Poker Club-MSA 12:30pm Beginners Calligraphy-MG</p> |
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| <p>23</p> <p>1:30pm Newpicate Bridge-MSA 1:30pm Solivita Dancing Diehards-RSF 2pm Solivita Bridge Club Duplicate Bridge-MSB 3pm Forever Young: Live Music-RSF2 3pm Water Volleyball-RSF 6pm Cribbage Club-GTR</p> | <p>24</p> <p>Christmas Eve</p> <p>Admin & Lifestyles Closed. RSF & PA Close at 12pm. Fitness Classes Cancelled. Bistro Closed. Pro Shop Closes at 12pm.</p> <p>8:30am Bocce Boyz-Girlz-FP CANCELLED 9am Solivita Shuffleboard-FP 9am-3:30pm Farmers Market-FP CANCELLED 1pm Solivita Bridge Club Duplicate Bridge-MSB 1:30pm May I-RSF2 CANCELLED 4pm-7:30pm Curbside Cuisine-FP CANCELLED 4:30pm Solivita Billiards-BL 6:45pm Ladies Poker-MSA CANCELLED</p> | <p>25</p> <p>Christmas Day</p> <p>Admin & Lifestyles Closed. RSF & PA Closed. Fitness Classes Cancelled. Bistro and The Grille Closed. Pro Shop Closed.</p> <p>8am Horseshoes Club-FP 8:20am SOB's Ride-PA 10am Ceramics-CR CANCELLED 10am Watercolor-AR CANCELLED 4:30pm Solivita Billiards-BL 5pm SoulaVita Line Dancers-PA</p> | <p>26</p> <p>8am Solivita Cyclists-FP 8:30am Bocce Boyz-Girlz-FP 9am Chess Club-MSB 9am Solivita Shuffleboard-FP 10am Yarners-MSC 11am Sculpture-CR 4pm, 5pm & 6pm Greeting Cards-CR 6:45pm Euchre-MSC</p> | <p>27</p> <p>8am Horseshoes Club-FP 8:30am SOB's Long Ride-MB 9am Sculpture-CR 10am Cancer Support Group-MG 10am TOPS in Solivita-MSC 4:30pm Solivita Billiards Club-BL 6:30pm Pinochle-MSC 7pm Movie Night-ST CANCELLED</p> | | <p>29</p> <p>8am Horseshoes Club-FP 8am Solivita Cyclists-FP 9am Solivita Shuffleboard Club-FP 10:30am Mahjong-MSC 12pm CCA Poker Club-MSA 12:30pm Beginners Calligraphy-MG</p> |
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