

## Addictions

### **Addictions defined:** (Merriam-Webster)

1. *A compulsive need for and use of a habit-forming substance or action characterized by tolerance and by well-defined physiological symptoms upon withdrawal; broadly : persistent compulsive use of a substance/action known by the user to be harmful*
2. *An unusually great interest in something or a need to do or have something, being bound or captive*

Synonyms: *Dependence, habit, controlled, affliction, constriction, restriction, transfixion*

Is there any area in your life where you are negatively controlled or persistently focused that is a gateway to harm? As a Christian we are to control satan's influence in our lives and not to be controlled. When we allow satan to dominate or control any part of our life we become subject to his plans for us being to "steal, kill and destroy".

### **John 10:10** <sup>(AMP)</sup>

*The thief (satan) comes only in order to steal and kill and destroy. I (Jesus) came that they may have and enjoy life, and have it in abundance (to the full, till it overflows).*

Steps of deliverance from negative addictions:

1. To start you must realize there is a hurtful addiction in your life. Only with this honest realization can you take the controlling action needed to be free through the Power of God and His Word.
2. You must realize and acknowledge that your right of choice is defended by God Himself. Satan (*the thief*) can exercise no level of control over our lives if we choose otherwise.
3. You must humble yourself to a third party for support if you are going to get/stay free from satan's controlling grip. Find that Godly person and confess your weakness to receive God's strength/freedom.
4. You can be and remain free when you choose Life and become consecrated unto God.

### **Consecrate defined:** (1913 Noah-Webster)

1. *To make, or declare to be, sacred, to appropriate to sacred uses; to set apart, dedicate, or devote to the service or worship of God; as, to consecrate a church; to give (one's self) unreservedly, as to the service of God.*

Synonyms: Addict, addiction

Do you see the synonym of consecrated unto God? Addict! We are designed to be connected to a Higher Power and when we choose God we will receive Life in the connection instead of death. Read again John 10:10 from above.

### **Scriptures:**

#### **James 1:25** <sup>(NIV)</sup>

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*But whoever looks intently into the perfect law that gives freedom, and continues in it—not forgetting what they have heard, but doing it—they will be blessed in what they do.*

### **Deuteronomy 30:2-3, 6, 19-20** <sup>(AMP)</sup>

<sup>2</sup> *And shall return to the Lord your God and obey His voice according to all that I command you today, you and your children, with all your [mind and] heart and with all your being,*

<sup>3</sup> *Then the Lord your God will restore your fortunes and have compassion upon you and will gather you again from all the nations where He has scattered you.*

<sup>6</sup> *And the Lord your God will circumcise your hearts and the hearts of your descendants, to love the Lord your God with all your [mind and] heart and with all your being, that you may live.*

<sup>19</sup> *I call heaven and earth to witness this day against you that I have set before you life and death, the blessings and the curses; therefore choose life that you and your descendants may live*

<sup>20</sup> *And may love the Lord your God, obey His voice, and cling to Him. For He is your life and the length of your days...*

### **James 5:16** <sup>(AMP)</sup>

*Confess to one another therefore your faults (your slips, your false steps, your offenses, your sins) and pray [also] for one another, that you may be healed and restored [to a spiritual tone of mind and heart]. The earnest (heartfelt, continued) prayer of a righteous man makes tremendous power available [dynamic in its working].*

### **Philippians 2:10** <sup>(AMP)</sup>

*That in (at) the name of Jesus every knee should (must) bow, in heaven and on earth and under the earth,*

### **Philippians 2:10** <sup>(NASB)</sup>

*So that at the name of Jesus EVERY KNEE WILL BOW, of those who are in heaven and on earth and under the earth,*

### **Luke 10:19** <sup>(AMP)</sup>

*Behold! I have given you authority and power to trample upon serpents and scorpions, and [physical and mental strength and ability] over all the power that the enemy [possesses]; and nothing shall in any way harm you.*

### **James 4:17** <sup>(AMP)</sup>

*So be subject to God. Resist the devil [stand firm against him], and he will flee from you.*

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### **1 John 1:7-9** <sup>(AMP)</sup>

<sup>7</sup> But if we [really] are living and walking in the Light, as He [Himself] is in the Light, we have [true, unbroken] fellowship with one another, and the blood of Jesus Christ His Son cleanses (removes) us from all sin and guilt [keeps us cleansed from sin in all its forms and manifestations].

<sup>8</sup> If we say we have no sin [refusing to admit that we are sinners], we delude and lead ourselves astray, and the Truth [which the Gospel presents] is not in us [does not dwell in our hearts].

<sup>9</sup> If we [freely] admit that we have sinned and confess our sins, He is faithful and just (true to His own nature and promises) and will forgive our sins [dismiss our lawlessness] and [continuously] cleanse us from all unrighteousness [everything not in conformity to His will in purpose, thought, and action].

### **Romans 8:26** <sup>(AMP)</sup>

So too the [Holy] Spirit comes to our aid and bears us up in our weakness; for we do not know what prayer to offer nor how to offer it worthily as we ought, but the Spirit Himself goes to meet our supplication and pleads in our behalf with unspeakable yearnings and groanings too deep for utterance.

### **Confessions:**

1. Read the above Scriptures aloud and place yourself in each Scripture as if it was written just for you. Be like Jesus and say "It is written!"
2. Confess aloud:
  - a. "I have a God protected right to choose Life or death... and I choose Life!"
  - b. "I choose to become subject to God and resist satan including all his holds on me."
  - c. "I admit I have sinned but now confess that Jesus' Blood has washed me clean."
  - d. "With the God Given Authority over satan I take away all power of this addiction in my life and claim the Promise that I am free."
  - e. "I ask that the Blood of Jesus cleanse me now and break all power satan has on me for death."
  - f. "I will to be consecrated unto God and confess the Power of God is my strength"

### **Prayer:**

"Father I bow my knee to Your Will, Purpose and Power in my life. I choose Your Life to be my addiction and now consecrate myself to You. I confess my sin and ask that You cleanse me from all things ungodly, or unhealthy for my life. I thank You that satan's grip of death has been terminated no matter how I feel and I can rest in Your Amazing Delivering Power.

Today is a new day for me and I ask that You send me now people that I can connect to for accountability, deliverance and support. Begin the Restoration process in my life today and walk me into Your Wonderful and Peaceful Will. In the Mighty Name of Jesus I pray and to Him be all the Glory."